

# O So Good Essentials

## Massage and Essential Oils



- Deep tissue massage
- Swedish massage
- Pregnancy massage
- Relaxing massage
- Aromatouch technique
- doTERRA Essential Oils
- Chair massage - in our office or yours

**Charles Osgood, LMT#20237**

130 N Canyon Blvd., Suite B

John Day

Call or Text 541-953-5507



**NEW**  
patients &  
**EMERGENCIES**  
welcome

## Precious Smiles

Deserve special care

Taking good care of your oral health is important at any age. We offer comprehensive - routine cleanings to fillings, whitening, crown and bridge work, full and partial dentures, extractions and emergency - gentle dental care to help make sure your smile stays healthy and bright through the years.

**Dr. Norm DeJong**  
DDS, MPH, PC

*Prairie City, Oregon*

**541-820-4369**

- OR -

**888-820-4369**

**FAMILY DENTISTRY**

Melanie DeJong, RDH

prairiecityoregon.com



## Great Basin Chiropractic

**KEVIN S. JOHNSON D.C.**

*Chiropractic and Natural Medicine*

## Embrace Wellness

We offer natural, safe, alternative and complementary therapies to help you achieve optimal health and balance.

Auto Injury • Sports Injury • Work Injuries  
Back Pain • Disc Injury • Neck Pain  
Headaches • Leg & Arm Pain • Scoliosis

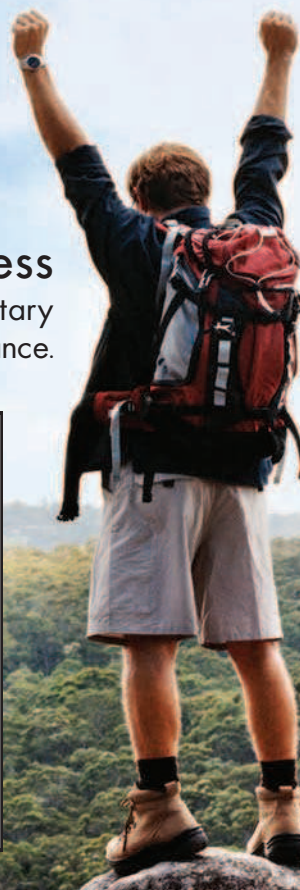
### Nutritional Support for:

Blood Pressure • Thyroid • Colon  
Arthritis • Diabetes • Weight Loss

Hillcrest Professional Center

229 N. Egan (across from the Hospital) • Burns, OR

**541-573-7733**



*"I will personally take time to explain the scientific basis and cause of your condition. You'll understand the seriousness, length of treatment, and how much it will cost."*

*In his practice of 30 years, Dr. Johnson has focused on helping people gain and maintain good health.*

*His specialty combines chiropractic, natural medicine, exercise and good nutrition.*