

Creeks, meadows name change efforts continue

By Kyle Spurr
Blue Mountain Eagle

Grant County and the Confederated Tribes of the Umatilla Indian Reservation agree the name "squaw" needs to be removed from many creeks, meadows and springs in the county.

What to rename the local features is where the two groups continue to differ.

Considering the term "squaw" offensive, the Tribes originally proposed native-language names. County officials argued the names were not historically or geographically accurate and too difficult to pronounce, especially in an emergency situation.

Eventually, the county and Tribes compromised on a list with about half native-language names and half English names. The list was adopted by the Oregon Geographic Names Board and sent to the U.S. Board on Geographic Names for approval.

Before the compromise was approved, the county rejected it and submitted its own list to the federal board.

"I can't compromise when it comes to Grant County," County Commissioner Boyd Britton said. "None of the people from the state board have ever been here. They have never come here, nor had the Umatilla Tribes."

Britton, the county's delegate in deliberations over the name changes, and historian Gregg Smith, a former Bates resident, have worked together to promote the county's own list.

Proposals from both Grant County and The Umatilla Tribes are before the U.S. Board on Geographic Names, awaiting approval.

The county and Tribes have agreed on one name, Wewa Creek, which honors a chief of the Burns Paiute tribe.

Britton said he feels confident in the county's proposals, especially the names Elder Creek and Mona Creek, named after pioneer families.

All the names replace the redundant use of "squaw," which

is considered by some to be a derogatory term for a woman or a woman's anatomy.

"We felt it needed to be changed to something historically significant for Grant County," Britton said.

Britton recently visited multiple city councils in the county to gather support for the names.

John Day, Prairie City and Monument have agreed to write letters of support to the federal names board.

Smith has visited every site that is up for a name change. Each recommendation relates to the area, he said, such as the proposed Hawthorn Creek, named for the Hawthorn brush in the creek.

"We are trying to be authentic. If you are authentic, there is a story behind every name," Smith said. "We are interested in that."

Smith has questioned the Umatilla's connection to the area and choice of language in its proposed names.

In response, Teara Farrow Ferman — the manager of cultural resource programs for the Umatilla Tribes — has said the Tribes' proposals are affiliated with aboriginal place names for the area.

"Due to the ancient nature of these places, they are of utmost importance to the CTUIR through past association with the land," she wrote the county in 2013.

In addition, Farrow Ferman claims neither the Burns Paiute Tribe nor the Confederated Tribes of the Warm Springs Reservation of Oregon — both local to Grant County — have expressed opposition to or submitted counterclaims to the Umatilla's proposed replacement names.

Britton, who visited Washington D.C. in the spring to support the county's recommendations, said the federal board told him it likes to see consensus from a community before approving a change.

"It's still in a state of transition. It's up to the national board," Britton said. "We are going to keep going forward with our recommendations."

CURRENT NAME	COUNTY PROPOSAL	UMATILLA TRIBES PROPOSAL
Squaw Creek	Elder Creek	Skaypiya Creek
Little Squaw Creek	Little Elder Creek	Little Skaypiya Creek
Squaw Creek	Hawthorn Creek	Kuckuc Creek
Squaw Creek	no alternative	Wiwaanaytt Creek
Squaw Meadow	no alternative	Wiwaanaytt Meadow
Little Squaw Meadow	no alternative	Little Wiwaanaytt Meadow
Squaw Creek	Sharp Creek	Nikeemexs Creek
Little Squaw Spring	Myrtle Spring	no alternative
Squaw Creek	Mona Creek	no alternative
Squaw Creek	Trail Creek	no alternative
Squaw Meadow	Shootingstar Meadow	no alternative
Squaw Rock	Donaldson Rock	no alternative
Squaw Creek	Wewa Creek	Wewa Creek
Squaw Creek	no alternative	Ka Kwi-Tu-hu-u Creek
Squaw Creek	Goose Creek	no alternative
Little Squaw Creek	Frosly Meadow	no alternative

FIRST

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"One of my favorite parts about Healthy Families is having the ability to start providing the program to families prenatally then stay with them until their child enters kindergarten," Aasness said. "Our Frontier Healthy Families program serves children and families up to age 3, then they can transition into our Parents As Teachers program until kindergarten entry."

The Frontier Healthy Families has a goal for all communities to have nurturing caring families with healthy, thriving children through home visits which aim to enhance family functioning and promote positive parent-child relationships, Aasness wrote in a press release.

She said the work contributes to Oregon Early Childhood Benchmarks, including increasing school readiness, improving health outcomes for children and families and reducing the incidents of child abuse and neglect.

The program, "builds trusting, nurturing relationships with parents, teaches parents to identify strengths and utilize problem solving skills, and improves the family support system through linkages and appropriate referrals to community services," she said.

It was noted Healthy Families of Oregon offers families access to screening and personalized referrals to community services, and families may receive a Welcome Baby gift packet filled with information about parenting and child development.

Families determined to be at a higher risk for adverse childhood outcomes (through the use of a standardized research-based screening tool) are offered ongoing home visits.

Home visiting services may continue for as long as the family wants to remain engaged, for at least three and up to five years in some situations, depending on local site policy.

There will be two Frontier Healthy Families Oregon sites, with one at Families First Parent Resource Center and the other at the Early Childhood Center in Burns.

"These services ensure that families get the support they want and that all kids are ready for kindergarten," Aasness said.

She works with staffers Katrina Randleas, regional program supervisor; Jessica Perry, newly hired to be a parent educator/eligibility screener; and Ramla Richardson who will continue to serve as parent educator at the Harney County site.

Another part-time eligibility screener was also expected to be hired for Harney County.



Community HEALTH BEAT

Quality Healthcare Close To Home

170 Ford Road, John Day • 541-575-1311 • www.bluemountainhospital.org

We are pleased to announce that Blue Mountain Hospital will again be part of the National Diabetes Prevention Program, led by the Centers for Disease Control and Prevention. This proven program can help people with pre-diabetes and/or at risk for type 2 diabetes make achievable and realistic lifestyle changes, and cut their risk of developing type 2 diabetes by 58 percent.

This is a year-long program with 16 weekly sessions and 6 monthly follow-up sessions with a trained lifestyle coach who will empower participants to take charge of their health. All participants in the lifestyle change program are assigned two primary goals:

- Achieve and maintain a weight loss of 5-7% of their initial body weight.

- Achieve and maintain at least 150 minutes of moderate physical activity per week.

Kim Jacobs is the lifestyle coach for our program. She plans to begin the program again in January, 2016.

This program is covered by most insurances, but scholarships will also be available through Community Connection of Northeast Oregon and Blue Mountain Hospital.

If you are interested, please contact your

physician or Kim Jacobs at Blue Mountain Hospital.

541-575-1311 ext. 2369
kjacobs@bluemountainhospital.org



Next program will begin January, 2016

What?

The National Diabetes Prevention Program is a year-long lifestyle change program in which participants meet in a group with a trained Lifestyle Coach. Participants learn how to include healthy eating and regular physical activity in their lives in order to achieve a modest weight loss and help prevent developing type 2 diabetes.

Who?

Participants are eligible based on the following criteria:

- ✓ 18 years or older
- ✓ BMI >24
- ✓ Diagnosis of pre-diabetes or gestational diabetes
- ✓ Score 9 or higher on the CDC pre-diabetes screening test

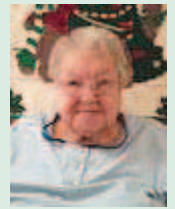
Talk to your primary care provider to see if you qualify.

When?

This is a year-long program with 16 weekly sessions and 6 monthly follow-up sessions with a trained lifestyle coach, Kim Jacobs. Sessions will begin January, 2016 and run through December.

For more information, contact Kim @ kjacobs@bluemountainhospital.org or @ 541-575-1311.

BLUE MOUNTAIN CARE CENTER Resident of the Month DOLLINA HUMPHREYS



Dollina Humphreys was born on January 13, 1927 in Dayville, Oregon to Horace and Mary Stewart. She has one brother. She was raised in Dayville.

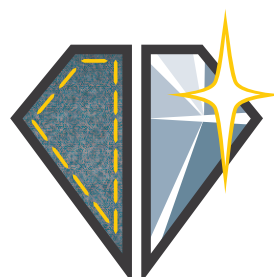
She married Rhys Humphreys on February 28, 1960. She and her husband worked on their sheep ranch. She has lived in Grant County her whole life. She has worked in Dr.'s offices, and was the deputy clerk at the Dayville school for 18 years. She was also the dispatcher for the People Mover.

Dollina enjoys sewing, needlework, doing crosswords, reading and visiting. She also plays the piano, and cards. She was the treasurer of her church and also played the piano during services. She is a member of Eastern Starr and was a Rebekah's member. Dollina came to the Blue Mountain Care Center on September 6, 2013.



Presents... November Visiting Specialists

- Nov. 4th
Dr. McLellan - Bend Cardio
Dr. Brewer - Bend Urology
- Nov. 5th
Korina Farris - Bend Neuro
- Nov. 6th
Dr. Sandefur - Baker Ortho
- Nov. 10th
Dr. Rushton - Baker Podiatrist
- Nov. 12th
Dennis Sell - Bend Hearing
- Nov. 18th
Dr. McLellan - Bend Cardio
- Nov. 20th
Dr. Sandefur - Baker Ortho
- Nov. 24th
Dr. Rushton - Baker Podiatrist
Dr. Riddock - Bend Cardio



Denim & Diamonds

This year's annual dinner and auction raised over \$20,000 for a new automated medication dispensing system, fetal monitor, and epidural pump.

Thank you to all who attended!