Blue Mountain Eagle
Wednesday, October 14, 2015

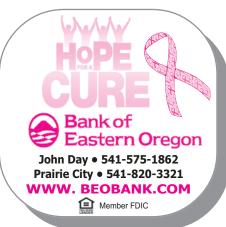


October is Breast Cancer Awareness Month, a good time to discuss your risk of the disease with your doctor. Set up an appointment to explore your family's medical history and see if you are at risk. If so, consider having annual screenings. While the debate on mammography is ongoing, the fact remains: mammograms save lives. Discuss the pros and cons with your doctor and consider scheduling a mammogram. Early detection is key to survival.











59989 Hwy 26, John Day









Our comprehensive breast care services and evidence-based approach means our patients receive complete care — from detection to treatment to rehabilitation. It's all part of our mission to change the meaning of the Big C for the better.

For more information call 541-706-5800

StCharlesHealthCare.org/cancer



208 N.W. CANTON JOHN DAY, OREGON 97845 **541-575-2725**  SKEINS

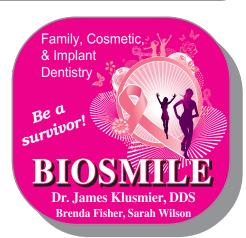
Fine Yarns & Fibers

Remember: Fiber is an important part of a balanced diet.

Stay healthy!!

516 S. Canyon Blvd., John Day • 541-575-KNIT











96% of women who are diagnosed and treated for early breast cancer will be cancer-free after five years. Our comprehensive team of breast health experts includes primary care providers, oncologists, surgeons and imaging specialists. With advanced digital imaging technology, including MRIs, 3D mammography and ultrasounds we help make early detection possible.

www.bendmemorialclinic.com Appointments: 541-382-4900

## Duke Warner Realty We are in the Fight Against Breast Cancer.

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Don't dismiss the importance of mammograms.

Call today to

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Zachary Bailey, MD, David Hall, MD • Shawna Clark, FNP
Emily Lieuallen, MD • Nora Healy, FNP • Bob Bomengen, MD





Dr. Keith Thomas provides women's surgical care including surgery for benign and malignant breast abnormalities as well as laparoscopic hysterectomies.

Check with your family doctor to see if a referral is right for you.



Blue Mountain Hospital 541-575-1311 Office Hours by Appointment



