

OTEC accepts nominations

Blue Mountain Eagle

JOHN DAY – Oregon Trail Electric Cooperative is accepting nominations for the 2015 Peggi Timm Civic Leadership Award.

The honor is awarded annually to a woman living in OTEC's service territory, who most exemplifies Timm's spirit of volunteerism to improve life in the local communities. Emphasis will be placed on recognizing those who have led in the creation, revitalization

and success of local organizations and institutions.

OTEC will contribute \$25,000 to a qualified non-profit chosen by the recipient. The beneficiary must be based within OTEC's service territory.

Timm, who died in 2013, was the driving force behind the creation of the Cooperative, serving as the first president of its board of directors. She went on to serve numerous roles on the board and in the electric cooperative community, and gave

tirelessly to her community, attaining several awards and titles.

Nominations may be made by an individual or a group who wishes to acknowledge the work of the nominee, or by the nominee themselves.

Deadline for nominations is April 1, 2015. Selection of the winner will be made by the OTEC Board of Directors at the April board meeting.

Forms are available online at www.otecc.com, in the "community" tab.

Funds encourage conservation work

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Farmers, ranchers and forest landowners should submit applications by Feb. 27 to ensure they are considered for this year's funding through the Conservation Stewardship Program.

The program, offered through the USDA Natural Resources Conservation Service, is part of the 2014 Farm Bill and will make \$100 million in federal funds available this year.

Applications can be filed all

year, but those received after Feb. 27 are considered for future funding.

This year's total CSP investment may result in the enrollment of up to 7.7 million acres in the program by private landowners.

"CSP is a way of incentivizing farmers, ranchers, and private forest managers who maintain a high level of conservation on their land and agree to adopt higher levels of stewardship," said Ron Alvarado, of NRCS in Oregon. "By focusing on multi-

ple resource concerns, landowners are able to achieve a sustainable landscape and maintain or increase the productivity of their operations."

Program participants take additional conservation steps to improve the resource conditions on their land, including soil, air and habitat quality, water quality and quantity, and energy conservation.

For more information visit www.or.nrcs.usda.gov or the USDA service center in John Day.



Sharp shooting by Beau Stone earns a second-place trophy at the district contest.



Getting her participation medal is Aubrianna Osborne.



Cash Moore receives his medal from Elks Southeast District Vice President Mary Williams.



Quaid Brandon gets set to shoot in the boys 12-13 division.

Kids hit hoops at Elks district contest

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PRINEVILLE – Youngsters from Grant County fared well at the Elks Hoop Shoot District Contest, held Jan. 24 at Cecil Sly Elementary School in Prineville.

The participants qualified for district competition by placing at their local shoots in John Day, Burns, Bend, Klamath Falls, Lakeview, Madras, Ontario and Prineville.

Four of the winners from

the John Day Elks Lodge shoot were able to attend the event, and organizers said they performed well against tough competition.

Beau Stone, competing in the boys 12-13 age group, was tied for second at the end of the 25 free-throw regulation event, so he entered a shoot-off of five more shots. He sank all five, clinching second place in his age group.

Aubrianna Osborne came in third for the age 10-11 girls, and was awarded a participation medal.

Cash Moore, in the 8-9 boys group, and Quaid Brandon, in boys 12-13, also did well and earned participation medals.

That wraps up the shoot for the local Elks Lodge contenders, as only the first-place shooters from district qualify for the state contest. It will be held Feb. 14 in Milwaukie.

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Grant County Health Department does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment.

Caring for Young Teeth

It's easy to cuddle that cute baby that has just joined your family, and giving a lot of thought to his or her future dental needs is probably not on your radar screen, as yet. But some sage advice to consider as that baby grows would be to pay very close attention to the health and development of your child's primary teeth. Dental care, in the form of early prevention and possible intervention, is a commitment in time, daily routines, and some financial planning as well.



First, parents and caregivers need to understand how nutrition and regular dental care make a significant impact on a child's health. Tooth decay at any age has damaging effects throughout our bodies, but decay in primary teeth, leading to premature tooth loss, can affect long-term outcomes for oral health, lasting a lifetime. Bottle mouth, for example, describes the destructive process of decay, caused by excessive use of bottle feeding after baby teeth erupt and then allowing those liquids to linger on the teeth. Sugary snacks and soda pop are another trouble maker. You might think, "They're just baby teeth, and they're not important!" Not so!! Those first teeth are the framework for what comes next. It is crucial that primary teeth be kept healthy by daily brushing, flossing and regular exams, so permanent teeth have the best chance possible to develop properly.

**February is
National
Children's Dental
Health Month**

We will be offering child exams for free for the month of February, when cleanings for kids 12 and under are scheduled.

Pictured are Kati Snodgrass E.F.D.A. and ten year old patient, Quinn Larson.

Additionally, as normal transition from primary teeth to permanent teeth takes place from age six into adolescence, it is much easier to assist that change with regular dental visits. Radiographic observation may allow simple intervention to make room for permanent teeth, which may not be possible through natural development, and help keep orthodontic needs less complicated. Full orthodontic treatment may be eliminated all together, saving thousands of dollars!!!

Preventive care for baby teeth, fixing dental problems when they are small, and smart intervention at just the right time, is like money in the bank. You can, instead, save for a college education for that cute baby in your arms!!!

To make an appointment, stop by
**Dr. Michael B. DesJardin's
Office**
**208 NW Canton St.,
John Day**

or call,

541 575 2725

and talk to Barb, Becky or, new to the team at Dr. Mike's, Kati Snodgrass.

"We are here to help!"