## ©ast <br> regan

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ubliahed every wednesday
W. C. BYRD \& SON.


## official directory <br> 



## $\left\{\begin{array}{c}\text { K. S. Bean } \\ \text { F. A. P. . . . .ord } \\ \text { Rore }\end{array}\right.$




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## societies.

Sylvareberiah degree No. is

A. O. U. W. Burns Lodge, No. 47
Keetsery


## BURNONTA HONOR Lodge, No. 8


$\qquad$
harney post no. 48, G. A. R.


- virenand lepartidaily,



## Stimonsy "As old as never excel. end proven " <br>  <br> Better coll medicine t which you can pin your faith for a <br> Than Pills ain thy Druggists in Liquid, or in Powder <br> the King of Liver Methetnes.  <br> as:-v:ay packag: - <br> News In Gentral

## SHORT NAPS

## It I wiatake not

 Crichton Browne in, Sir Jamen recent address, remarked uion the curious elasticity of our brain asregards sleep. He cited the case of people who rarelv slept well or much and who, nevertheless, ar
with eaze and ability. I suouose there is a habit of brain in the matter of sleep as in other respects,
and while ordinarily we demand a fair quantum of absolute rest, some of us contrive, as a habit, to get along with a minimum of sommolent repose This sulject was latel recalled to mind when I happened to be dining alone with a well My friend is a man who, like my eelf, journevs over the length and breadth of the land. He had just returned from a long and tedious journey, tired and fagged. We rat down to dinner. Between the courses he fell sound asleep, let us
say, for three minutes-not more. say, for three thinutes-not more. up, fate his quantum, and went off again intoslumber. I said nothing. but watched him closely. I ob served that after each awakening disappeared, and by the time dinner was at an end Richard was himself again. I joked him on his
installments of sleep. His reply was characteristic.

## "Don't yon know," said he, "that

 it isn't a long sleep which is needed to refresh an active brain? Nerve tissue is repaired easily with mostiy little sleep which is needed to re-er comforts of male attire. -New fresh an active brain? Nerve tissue York Herald.is reparred easily with very little sleep if you also take food. "Of miv own experience the remark holds good; and it reverls a y.ry curious and in some respects
anomalous condition of the brain and its ways."-London Illustrated

## LABORS OF THE POPULISTS.

The populist
Oregon Citv vesterday eompleted its labors h. the nomination of the following ticket:
Governor-Nathan Pierce, Secretary of state-Ira Wakefield State treasurer-R. Caldwell Supreme Jucgn-R. P Boisw Attorney-general-M. L. Olm tead.
State printar-George M. Orton. Superintendent of public in struction-T. C. Jorv Congresemen-First district Charles Miller; second district, Joseph Waldrop
First judicial district-Ah Axtell. prosecuting attorney; Samuel Dix |on, board of equalization.
Second distr.ct-J. F. Amis. attorney; J. F. Weekly, board of equalization.
Third district-Jurge. S. R , Stntt: attorney, C. S. Dalrymple Rohertson.
Metiuire and A.S. Chute; attorney
Mctiuire and A. S. Chute; attoriey
T. A. Wond hoard of tqualization I. C. Miller

Fifth district-Attornev. Silak Al Laces hoard of equalization, Sixth district-Judge, Nat Hud sons; hoard of equalization. O.P. Gondall.
Seventh

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& \text { with eaze and ability. I supuos } \\
& \text { there is a "habit" of brain in th }
\end{aligned}
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Sine; hoard of equalization, R. K.
Joint r
保 and Tillamook counties-J. F Dver
Joint senator for Baker and Mal. hear counties-Will R. King.; Jomin senator for Morrow, Grant and Harney counties-George Gil

## She Has Discarded Skirts.

Miss Eugenia de Forrest, an act ress who makes her home in San Jose, Cal., has received the sanc on of the authorities of San Jose and proposes to obtain a legal right to appear in the same garb all over the country. She made he apparance on the streets of San Jose a lew days ago in a doubledark mack coat and waistcoat of pattern, and a derby hat of the
latest style. In her hand wung an ebony cance. She say she is realizing the dream of her

Seer "a/ine
Th ?
Pleasant Club
see me.

## 

ELKHART CARRIAGE and HARNESS MFG. OO.


A Presuming Creature.

Gius de $\mathrm{Sm}_{\mathrm{m}}$ th-it the ball
ther night you ouls danced one
with Miss Esmeralda Longeothon
Johnnie Masber-1 can't affor
encourage that girl. What if
yu think I smell whenever she
round?

ness, hence I must dis ouraze $h \cdot r$.
$\square$

are getting to be nowadays."-Tex
8 Siftings.

Fhe Filitc
The success of this Great Cough Cure fo without a parallel in the history of medicino.
All drugrists are authorized to sell it on a posHeckuarantes a test that no other e re cas
nucemmanty stand. That it may beoome Cown, the Proprietors, at na enormous exyon bome in the Caited states and Canads. Con have a Cough, 8ore Throat, or Bron-
 tht insidious disense Consumption, use it. rice 19 ett . Drugrist for SHILOH's' CURE, and $\$ 1.00$. If your are sore or Back lame, nse Shiloh's Porous
Plaster. Price 25 cts. For sale by all Drug sists and Dealers.

## SHILOH'S CONSUMPTION GURE.

