

## Friends Notice a Big Change In Her Was Almost a Nervous Wreck When She Began Taking Tanlac—Gains Thirty- teen Pounds.

"Since I began taking Tanlac I have gained thirteen pounds in weight and my general health has improved so much all my friends remark on how well I look," said Mrs. B. M. Lichenberg, who resides at 4420 Forty-first St., South Seattle, Wash. recently, continuing, she said:

"For years and years I have suffered with nervousness and finally became so badly run down I was on the verge of a complete nervous breakdown. The least little excitement or noise out of the ordinary would upset me and it would be hours before I could compose myself. I could get but little sleep, and night after night I would lie awake all night long and just roll and toss from one side of the bed to the other and would get up in the morning feeling a great deal worse than when I went to bed, and in spite of all I could do I just kept getting weaker and weaker. I was also troubled a great deal with my stomach. I had a very poor appetite, and when I did manage to force down a little something it would sour and I would bloat terribly from gas, and would have such intense pains in my stomach after each meal I could hardly stand them. I lost so much in weight, was so badly run down I just had to drag around and it was with the greatest difficulty I managed to do my housework.

"I had read a great deal about Tanlac helping others and decided to try it, too and I noticed an improvement in my condition almost as soon as I began taking it. At this time I took a trip east, and as Tanlac had not been put on sale at that time where I was visiting I had the druggist order me some from the manufacturers, as I did not want to miss a single dose for fear of losing the benefits I had already received from it. Well, I continued taking it and kept getting better all the time, until now I have a fine appetite and can eat anything I want without suffering any bad after effects. I am never troubled with pains or gas and the improvement in my nervous condition is simply wonderful. I have gained my strength so that my housework is simply a pleasure to me. To see me now no one would think that only a few months ago I was almost a complete nervous and physical wreck. I think Tanlac is a remarkable medicine and I tell every body I get a chance about it."

Tanlac is sold in Burns by Reed Brothers, and in Crane by Vale Trading Co. —Adv.

We, of course, can see the faults of our neighbors quite clearly; and they, perchance, can see ours quite as clearly. It would seem, therefore, the part of wisdom to analyze our own dispositions before attempting to pass judgment upon those of others.

### CHRIST, EASTER, AND US.

Easter Sunday! We all know what it signifies. It was the day on which Christ arose from the dead and ascended into heaven.

Let us of this town make it the day on which we all arise to the occasion and go to church.

The church is the great stepping stone on the road to heaven, and Christ has blazed a clear trail to its door.

If Christ could give his life for mankind, surely mankind can give Easter Sunday in commemoration of his sacrifice.

What a day it would be if every person in this town—every man, woman and child—would go to church on Easter Sunday!

Probably such an event has never been recorded in this country since the days of the Pilgrim Fathers. But the impossible is always possible—in America. It is possible in this town.

Shall we make a clean sweep on Easter Sunday by ALL going to church?

The editor was expected to write a learned and rhetorical editorial on the glories of Easter Sunday. Instead we are making a humble but practical suggestion to the people of this community.

And we are ready to take our own places in the ranks of what would be the greatest procession ever known in American history—the spectacle of an entire community marching to church in honor of that good man who gave his life for them.

Will YOU go?

### WHAT OF TOMORROW

Today American products, exorbitant in price, are in great demand in Europe. This is so because Europe devastated by war, can not make these articles themselves fast enough to supply the immediate demand.

But in time Europe will be making sufficient for home consumption and will have an additional output for export.

In America wages are abnormally high, as are also the raw materials. The cost of manufacture is therefore "in the sky."

In Europe labor is much cheaper and articles can be marketed at a cost below that for which we can produce them.

In time, when Europe has recovered, America will be required to compete with these countries for world trade—America with its high cost of manufacture against Europe with its low cost.

That is the condition which the present insane price inflation will bring about.

The misfortune of others has made us fortunate today—has enriched us beyond the dreams of avarice.

But tomorrow it may be the reverse.

It is worth our serious consideration, when we hear people talk of prices going still higher.

Even a Shylock meets his Waterloo sooner or later.

Women admire a manly man for his strength of character. The "slay" is gauged by his pocketbook alone.

It is noted, however, that the "wise one" who knows how to do everything very seldom does anything. We have a few.

### WISE AND OTHERWISE

Strange, isn't it, how quickly you can detect when a young man is in love? Take, for instance, the alarming symptoms noted in the case of—but that would be telling.

Energy is a gift of the gods, and possibly that is why some people never employ it.

Preliminary plans have been made for a transcontinental passenger airship line, operating from coast to coast. The next step in the proceedings, presumably, will be the announcement of the customary strike.

And still, Major Dalrymple need not fear for a job. Rum rebellions could be worked up beautifully in the movies, and staractors with a reputation could command almost any price.

No, we have no objection to the other fellows "also running" for president provided they are discreet and keep a safe distance in the rear of our choice.

The high spots of life appear high only to those who are unable to attain them.

The fellow who "hits the pace" in time generally finds the pace hitting him.

England and France should not worry over what to do with the Turkish empire. Mexico is just as bad and it isn't bothering us a bit.

Some day we may elect a congress whom we won't feel like cussing three hundred and sixty-five days in the year. Yes, some day.

The modern photographer, of course, removes all facial defects from the picture—but only from the picture.

There are no doubt some husbands who pause long enough to kiss their wives a second time—a few, no doubt.

And still, there are times when the works of the good worker are not always good.

The tendency of prices, we note, is up one day and up the next.

There are some, we suspect, who object to the term "high cost of living." They only exist.

Charity of course should begin at home, but it is not always that we find charity in the home.

The wise man makes his own choice of a wife, and the shrewd wife allows him to continue to think that he did.

Our office devil is the most painfully energetic kid we ever saw. He struck us for a fifty cent raise a couple of years ago, and now has the cheek to demand another one. Who wants him?

### WE HAVE BOTH

A young man stood on a street corner, idling away a few moments of time.

Across the way, on another corner stood another young man, similarly occupied.

A lady came down the street, neatly and tastefully dressed. She passed on.

"There goes one of the sweetest women in town," remarked the first young man to a friend.

"Say, sport, that Jane's got some figure," said the second one to his friend.

We have them both in this town. But it is all a matter of breeding and taste.

## Illness Costs U. S. Wage Earners Billion Dollars Every 12 Months



The annual sick bill of 20,000,000 American wage earners is \$1,000,000,000. The time clock of the nation shows that each worker, through sickness, loses an average of nine days. This means that the working time of the nation is decreased by more than 850,000 years. Half of the billion-dollar sick bill represents wages lost—subtracted from the total of earnings expected to finance the budgets of millions of families. The other half represents the bill for doctors, nurses and medicines. And the total is twice the amount given annually in the United States for all philanthropic purposes, in normal times. This is the problem of illness as it is presented by the survey now being made by the Interchurch World Movement. The survey has formulated a program as a proposal for the cooperative effort of the evangelical churches. An increase in the efficiency and capacity of existing denominational hospitals is the first provision of this program. Construction of 31 new hospitals is the second. These hospitals include 12 general hospitals for white people; twelve for negroes; one tuberculosis sanitarium for Arizona; four hospitals for incurables and two children's hospitals.

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A super-tire, such as The Brunswick, can be made only by a concern which knows well and appreciates that there is nothing exclusive in the tire industry except high standards.

Since 1845 the House of Brunswick has held first place in every line it entered. Brunswick Tires, as more and more motorists come to know them, will certainly be awarded that coveted place held only by the super-tire.

Motorists who buy one Brunswick usually adopt it for complete equipment. Yet this is not strange, since the first one so completely proves its superiority.

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