

WHO WANTS TO LIVE 400 YEARS?

Senor Louis J. Abitia, Mexican lecturer and philosopher, has come into quite a bit of publicity by announcing a new scheme of longevity. He says man can live 400 years just as easily as he now manages to exist through his allotted three-score and ten. All one must do to attain the modern Methuselah age is to eat nothing but vegetable food, chiefly raw rice and oats.

The senor seems to have overlooked the fact that the horse lives upon a diet consisting largely of raw oats, a few cars of corn and such vegetable roughage as hay and straw will give the body. The horse's bill of fare, is according to the doctrine of Abitia long life, is ideal for 400 years. But whoever heard of a horse living a tenth of those years. At twenty Dobbin is a likely candidate for the Pasture of Aged Equines.

Until some human being has lived 400 years on raw oats and rice the rest of mankind will continue doubting the human ability to do so.

And why should the human being want to live four centuries? Especially on a diet of raw oats and rice! Can you imagine a more monotonous existence than one founded upon the absence of pie, cake, tenderloin steak, roast beef, fried chicken, ham and eggs, and wheat cakes for breakfast?

No, friends and fellow citizens, the real goal in human life should not be the mere selfish collection of days, months, and years.

Life is intended for more than mere living. It is given us for DOING.

What if we lived 400 years and at the end that was the sum total of our achievement—living 400 years? Of what benefit would that be to the world? None, absolutely none. It were better to have lived 40 years of a life crowded with achievement than to have dragged through 400 of an existence dedicated to keeping life in the body.

History has written down name after name of men who in less than 40 years did more, and greater things than Methuselah accomplished in all his hundreds of years.

This does not mean that we should make no endeavor to live long; as long as we are useful to the world. Rather does it mean that our goal should be something more and higher than the accumulation of years.

There are men who have lived 400 years in less than 80. These are the men who have quickened the stream of progress, civilization, democracy, humanity, justice, which has carried a world from the darkness of Methuselah's time to the brightness of our day.

One Year Ago—And Now

One year ago—November 11, 1914—the armistice was declared, and the world took its first deep breath in four years.

To us of America it was a happy day, for it meant that the enemy had given up in defeat, and that many thousands of lives were saved which otherwise would have been led to the field of gore.

The men of our armies were joyful, because it meant home and freedom again for them.

One year—but such a year! Then we thought the blood of our sons had made the world safe for democracy. Today we find it gasping in the throes of disintegration.

Jealousy, hatred and suspicion of one another has been engendered in the governments and peoples of Europe. No one trusts another. Open discord is everywhere.

Russia is a seething cauldron, the Balkans are a melting pot, and Turkey is a living hell.

Secret diplomacy and the conference of Paris have produced not honor and justice, but rather Shantung and Fiume.

The peace of nations is a misnomer—a phantom of the brain which does not follow its own convictions.

We see a cessation of armed conflict, but no where is there tranquility.

Europe is pauperized and a hotbed of bolshevism.

England is staggering under a mountain of debt and the burdens of the Irish question.

America is tottering on the brink of revolution.

Mexico is in perpetual eruption, and the lesser nations of the western hemisphere are smoldering with unrest.

Labor and capital are at each other's throats the world over, and governmental threats and appeals alike fall upon deaf ears.

Profiteering is rampant and no agency seems powerful enough to check it.

Collective sanity is nowhere to be found.

One year ago we exclaimed: "Safe for democracy!"

Today it is the survival of the fittest.

But this condition can not last. An end must come.

The greed of the capitalist and the arbitrariness of labor must be curbed.

The agency that will not voluntarily submit to reason must be forced to do so.

The government must take action, drastic as the conditions may warrant.

The man who considers himself greater than the people must be crushed by the nation.

There is no other alternative, if we are to preserve the free country our forefathers builded for us.

Those whom the gods would destroy they first make mad—and America is a madhouse today.



Edward Cookingham, Oregon War Loan Chairman, who sends Armistice Day greetings through local Liberty Loan Committee.

Permit me to extend greetings to yourself and your citizens, and to join with you in the celebration of that day destined to become memorable in history, which commemorates the glorious victory of our country and its allies in the great world war. I again congratulate the people of your community upon the overwhelming success which they achieved in the several Liberty Loan campaigns. The record of your district is a lasting monument to their self-sacrifice, and will be an inspiration to Americans whenever their country again stands in peril.

On this occasion shall we not pledge anew our lives and fortunes to our country and its institutions and resolve to bear our obligations of citizenship today with the same serious and high-minded enterprise that was shown in the dark days of the war? Let us not give less freely to our country now in the face of domestic peril than we gave when it confronted foreign enemies.

On this anniversary we celebrate the fulfillment by our soldiers and sailors of their obligations, but our citizen army is not yet discharged. It has assumed obligations which must be paid in full.

Your record during the war is undoubted assurance of quick response to every call of your country for financial support. I am sure it is only necessary to remind your citizens of the deficit in Oregon's War Savings quota to make certain its prompt subscription. Oregon has never failed.

EDWARD COOKINGHAM, Director War Loan Organization for Oregon.

The above was received as a telegram by Leon M. Brown, city chairman of the Victory Loan drive.

Sky Pilots of Present Day

In times past we have been accustomed to refer to the preacher as "a sky pilot." The name stuck, whether it pleased the preacher or not.

But it remained for a preacher himself to justify in fact the appellation applied in jest.

Lieutenant Maynard, a chaplain in the United States Army, carried off the honors in a cross country distance flight, in which ten aviators lost their lives.

As a sky pilot he is a pronounced success, for his feat required nerve and judgement of an exceptionally high order.

Now if he can preach as well as he can fly he should be able in time to tell the truth to the average congregation and get away with it.

Score one for the sky pilot.

WISE AND OTHERWISE

Every force makes for good or evil, with the steering wheel in your own hands. The wise man turns it with care, but the fool gives it a twist at random.

Power of will is a mighty force and can be fanned into a terrific gale. But without perseverance it becomes but a transient gust of wind.

When you speak well of others you forge a bright and unbreakable link in your own reputation. Think it over.

Living in the past but dims the glories of the future and renders futile the conquests of today. Come to life!

To speak fluently in public is a rare gift, but to say the correct thing at the right time is one of the most precious of all heritages.

They tell us that orators are born, and not made. From which, no doubt, we are to assume that some had soap boxes and jackasses for progenitors.

Every normal man admires a pretty woman, but few of us have the courage to tell our wives.

TALK IT OVER—AND TALK AGAIN

When two neighbors enter into a dispute there are usually two sides to the question at issue, with merit on both.

If each is willing to talk it over dispassionately it is not difficult to effect an amicable adjustment. But if one or both are stubborn, they come to blows, one gets licked, and the other is punished by the courts or his conscience.

Talking it over is a good thing. It is a jewel to be fostered and encouraged among our people. It brings to light the good and the weak points of both sides, inculcates an element of self-restraint into turbulent dispositions, and preserves that spirit of amity which supplies the sunshine of our community life.

Talk it over by all means—and if at first your talk does not succeed, talk again.

HEAD OFF THE RUSH

Anarchists, bolsheviks, agitators and scoundrels generally in Europe are preparing for a grand rush to the United States as soon as the war time restrictions on immigration are lifted.

Pickings on the other side are slim and anything but juicy, and the outlook over here seems bright and enticing to the hungry horde of Reds. America to them is a land flowing with milk and honey, and they would gorge themselves to repletion.

But the government should keep up the bars and head off the rush of undesirables, and those who have already found lodgment here should be sent back to the shores from whence they came.

We have room in this country for all who would come with the sincere intention of becoming good citizens and living in amity and in accordance with our established system of government.

But there is no room welcome for the agitator and the destroyer.

FALL LUSTER SPARKLE IN ORANGE AND BROWN



For the outdoor girl this costume has an appeal which mere words fail to express, once the rich fall colorful scheme is seen. A brown velvet coat and plaid skirt of tan and brown is topped off with an orange hat and scarf toned in with autumn colors. It is the snappiest outfit of the season.

FLIRTING WITH DEATH

One of the most pathetic poisoning cases in the history of this country has just been brought to a happy close by the recovery of the innocent victims.

A Detroit mother, in a moment of insanity or otherwise, administered deadly mercury to her two little daughters with the intention of ending their existence.

They were saved, however, by the prompt action and heroic efforts of a physician—and are now calling for the mother who is behind iron bars.

The lesson is one which should be taken into every home. There is entirely too much freedom in the manner in which people are permitted to purchase drugs of a poisonous nature.

In a majority of homes you can find these poisons standing on pantry shelves, in bath rooms, or in other places.

Invariably they are within the reach of children who know not that death lurks in those innocent looking bottles.

It is the acme of carelessness, and comes dangerously near to criminality.

Death dealing drugs should not be purchased at will. They should be accessible only through the medium of a practicing physician, and then should be kept under lock and key.

The person who employs these drugs with criminal intent should meet with swift and drastic punishment commensurate with the crime, and no maudlin sentiment should be permitted to interfere.

Flirting with death has become entirely too frequent in this country. It is time for the punishment to fit the crime.

Read the want-ads. You want the things they advertise.

WISE AND OTHERWISE

If, as we are told, "the wages of sin is death," it is a long time over-taking some of the hardened old reprobates of this world.

If the wage increase continues, business men will soon be throwing up the sponge and looking for fat jobs.

In large cities scrub woman are receiving \$3 and \$4 a day. Ministers and college professors receive nearly as much.

Here is a man who really ought not to be allowed to live. He has evolved a problem that reduces to mental chaos any man who tries to solve it: Suppose, he says, a pipe, with a bore little larger than the thickness of a man's body, were pierced through the earth, and a ladder ran through the length of the pipe. Assume a man starts through the pipe from London to an antipodean island. He descends the ladder feet foremost, and he is going downward until he reaches the center of the earth. When he reaches the center of the earth he, presumably, will thenceforth be going upward, until he emerges at the antipodes. But how can a ladder on which one is descending become a ladder on which one is ascending? Furthermore, how could one go up a ladder feet foremost?—Commercial Traveler

No longer can we say that nothing is sure but death and taxes. Agitation discounts them all.

In its ninth year of growing success the Pacific International Livestock Exposition will be given at Portland, Oregon, the week of November 17 to 22 under the roof of a new pavilion covering 7 1/2 acres and representing an investment of nearly half a million dollars. Three thousand pure-bred animals in the cattle, horse, sheep, swine and goat classes have been entered. Eleven states are represented in the exhibits. Coincident with the Exposition will be held the extensive exhibits and practical educational program of the western Dairy Products Show. The annual convention of the Western Dairy Instructor's Association will also be held in conjunction.

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