## EDUCATORS MAP THRIFT COURSE FOR SCHOOLS

N. E. A. Head Urges the Need of Savings Study in Our Schools.

gan Francisco, Cal.-Refore the end or the year there will be established a standardized course in thrift and saving in every public school in the seven states of the Twelfth Federal Reserve District, according to plans worked out by the state superintendents of public instruction of the West in cooperation with the war loan organiza-The superintendent of public instruction in each state will serve as state director of thrift education.

it is not at all unlikely that ar a reof this move in the West to found a batter American citizenship by the teaching and practice of thrift in the schools that the idea will be taken up throughout the United in this connection, Mrs. Joseptine Colliss Preston, state superintendent of public instruction for the state of Washington and president of the National Educational Association. has written as follows to each member of the executive committee of the assocation:

Here in the West we are going to put la every public school a standardized course in thrift and attempt to teach it on a plane with the fundamentals of the common school branches. In the nature of a laboratory, in connection with the course, ravings societies will be organized in each school with the idea of making the course habit-forming.

"I cannot too strongly recommend to you as a member of the executive committee that every state in the Union take steps immediately to introduce similar courses in the curriealom of every public school in America. We have reached a danger point in the American social and economic structure and it lies with us who are charged with the public education of our citizens to undertake the responsibility of meet.ng not only the present crisis, but the vital need for permanent thrift as a national habit."

First available reports of savings work among school pupils this term come from the San Francisco schools through Philip J. Lawler, manager of the school savings department of the Bank of Italy, which is co-operating with the government. The report shows a total of \$28,437.90 saved and invested in Thrift, War Savings and School Penny Stamps in 73 school days. The number of students investing was 65,149.

Within a short time Mr. Lawler said te would have a report on the work in 275 California schools which have an attendance of 90,000 school children. Of this total number of schools 174 are country schools.

"We must have the close co-operaof the West and of leaders of public opinion in this work of turning out better citisens," said Mrs. Preston. "We school superintendents, principals and teachers are undertaking this job because we think it is our job. However, it is every true American's job and we will need all the help and co-operation we can get."

Attending a conference called by Governor John U. Calleine of the Federal Reserve Bank of San Francisco at which the decision to introduce the study of thrift to school curriculas were the following superintendents of public instruction:

W. J. Hunting, Nevada. G. N. Child, Utah.

Mrs. Josephine Coritis Preston. Washington. Miss Ethel E. Redfield, Idaho.

Will C. Wood, California.

WES Forty million dollars' worth of eggs are destroyed in the United States sach year through careless handling.

### WISE AND OTHERWISE.

The "windy" man is more noisy than brainy. So, also, is a pig,

Man works eight hours and calls it a day. His wife works day and sight and is never through. Call a

That "flying parson" has one great advantage over his fellows. He knows how to pray when a squall rocks the boat.

This life contains many humanized diamonds in the rough; and, like-

"Curbing the profiteers" is the great national joke—but a joke devoid of mirth.

Don't whip your wife. If you feel that some one must take a licking, let her punch you. It's better to be a martyr than a beast.

The husband who has to wash dishes has at least one consolution. He gets his hands clean.

The wise man blows the other fellow's horn. The fool toots his

Destroyed happiness may be converted into a lasting blessing, if one understands how to assemble the shattered pieces.

Happiness honestly sought is readfound, but it seldom comes of its



#### PUBLIC HEALTH NURSE MENTIONED IN BIBLE

"I commend unto you Phoche, our sis er, who is a servant of the Church the la at Cenchrea," wrote St. Paul whatever business she hath need life. of you, for she hath been a succorer of many and of myself etso."

Phoebe, explains Biblical history, was a woman who went about nursing the sick and teaching them better methods of living. Phoebe was the their lot in life. first public health nurse.

Public health nursing, which is one of the most important enterprises in the peace program of the American Red Cross, is not a new movement. but it is one which heretofore has never received its just meed of attention as a factor in maintaining the health of the nation.

tenches betrer, cleaner living. Because the betterment of public health is now tion. definitely accepted as an individual and a community respons'bility, the to raise the standards of living in the United States by urging the employ pat. ment of public health nurses in all cities, towns and rural districts, par | mood and are also standing pat. ticularly in those where there are no organized public health activities. A healthler, happier America-that is what the Red Cross is striving toward in its Roll Call the first weeks in No- United States, or they may not—as

#### WHOLE WORLD EMULATES AMERICAN RED CROSS

With the Red Cross societies of al industry is at a standstill, and it twenty-six nations co-operating as will require a long time to recover members, the League of Red Cross the ground that is being lost. extending Red Cross efforts through-out the world, says a cablegram to the his workmen. If he is too proud to American Red Cross from Sir David meet them face to face he might del-Henderson, director-general of the egate the task to one of his officials breeding boishevism and national league.

The membership roster now includes, the cable said, the Red Cross of the following countries: Argentina.

The steel trust is powerful, we The beggar does not look for alms concede. But an aroused public in an empty hand. Neither does a opinion is even more powerful. Australia, Belgium, Brazil, Canada, China, Cuba, Denmark, France, Great Britain, Greece, Holland, India, Italy, Japan, New Zealand, Norway, Peru, Portugal, Roumania, Serbia, South Africa, Spain, Sweden, the United States and Venezuela.

#### MOTHERS MUST NOT DIE. SAYS THE RED CROSS

Sixteen thousand mothers die childbirth every year in the United States of America, more than are thus sacrificed in any other country of importance in the civilized world. The American Red Cross has announced its belief that these mothers, the very flower of the womanhood of America and heroines every one, shall no longer die through ignorance or neglect, if the public health nursing resources of the country can possibly be extended to give them the necessary care. This is one of the reasons for the Third Red Cross Roll Call which begins Sunday, November 2.

#### MERCY WOMEN PRODUCE FORTUNE IN GARMENTS

More than 8,000,000 women and girls participated in the sewing and kaitting of the American Red Cross during the war. Most of these workers will be active in soliciting members for the Red Cross for 1920, during the ten days ending Armistice Day. When it is remembered that these women and girls in two years' time produced nearly \$100,000,000 worth of surgical articles and garments, includ ing more than 375,000,000 surgical dressings, the fact that they are to assist in the Roll Call is a practical assurance that universal membership will be achieved.

## THIRD RED CROSS ROLL CALL

November 2 to 11, 1919

Time to Re-Join

# Seen Around Town Mrs. J. J. Jones

Recently the editor was strolling around town on the hunt for some item of news worth passing on to our renders.

We found It. In a certain home the mother was toiling diligently—washing dishes, pots, pans and kettles, sweeping the floor, dusting the furniture and tidy-

ing up generally. But that was nothing new. That mother is always doing the same

On the front doorstep reclined a "I can truthfully say I don't be-young lady, a daughter of the house, lieve I would ever have recovered She was persuing the latest novel.

pastime: But think of it.

ter lazing! Some day that daughter may in

turn become a mother herself. She may even see the day when household duties early and late. I had to be taken to my bed at once. while HER daughter idles away her

That dreaded "tired feeling" may to the Romans, "that ye assist her in become her constant companion in

Then, perhaps, she may think with and healthy girl, lolled the hours away while her own mother tolled that others might be content with

The lesson may be slow in coming. but it will be bitter when it arrives.

## Too Much Standing Pat

The policy of "standing pat" may be an admirable one at times, but in Physic's sister in the twentieth cen- the present industrial upheaval it is tury is the community nurse who apparently being carried to extremes. The steel strike is a fair illustra-

Judge Cary in the beginning assumed a sphinxlike attitude, refused Red Cross will make a definite effort to meet the labor peolpe for a con- at night and get up every morning ference, and has since been standing feeling fine. I live quite a distance

> The strike leaders are in a defiant The public is holding the bag and your fine medicine,' and the first is wondering if a time will ever come thing I did was to come here and get

when it can let loose. The strikers may be right in tying up the great steel industry of the

Judge Gary may be justified in his silent defiance ,or he may not-that, also, according to your views. But one thing is certain. Between the two elements a great internation-

Societies is now actively engaged in Judge Gary should come down

Throw out the radicals and bring grouch.

# Was Poisoned

Was in Serious Condition And Lost 25 Pounds-

> Tanlac Built Her Up

ne was persuing the latest novel. if it hadn't been for Tanlac," was That, also, was nothing new. Reclining and persuing is her favorite Mrs. J. J. Jones of 9316 Forty-fifth street, Southwest, Scattle, Wash., when she called at Bartell's Drug The parent slaving and the daugh- Store to get her fourth bottle of the medicine.

"One day I was eating in a restaurant down town," continued Mrs. necessity will force her to perform with ptomaine poison. I was so sick Jones, " and I was taken severly ill got worse rapidly and in just a short time I lost twenty-five pounds in weight. My appetite left me, and nearly everything I ate caused me great suffering by giving me terrible pains in my stomach. I couldn't regret of the time when she, a strong sleep at all and at times I lay awake for hours and hours. I tried every kind of medicine I knew, but nothing seemed to do me any good. I was growing weaker and geiting worse and worse each day.

"Finally I was advised to get something that would build up my system, and I immediately thought of Tanlac for I had noticed about it in the paper. And, Oh, I'll never forget it-the very first bottle helped me wonderfully and I've been imgroving rapidly ever since, I've taken three bottles now, and it's the actual truth, I never felt better in my life. I'v. gained thirteen pounds, eat any-thing I want and I feel better and stronger in every way. Those awful have entirely gone. I sleep sound from the shopping district, and today when I left to come to town and shop, my husband said: 'don't forget

My blood has been purified and I feel like another woman. Tanlac is the most wonderful thing of its kind in the world, and I tell all my friends and neighbors that it saved

Tanlac is sold in Burns by Reed Bros. and in Crane by Vale Trading

the more conservative brains of the two contending forces together and something tangible and satisfactory will result.

Standing pat in this instance is becoming a public calamity, and is

## AROUND THE WORLD WITH THE AMERICAN RED CROSS. In Siberia.



Possibly the most important Red Cross work in Siberia, and one which most demands the continuance of operations there, is the campaign against typhus. Over a stretch of 4,000 miles the American Red Cross has fought the scourge. Here is seen "The Great White Train," an anti-typhus institution which, with its crew of doctors and nurses and cargoes of drugs. food and cleansing apparatus, has saved the lives of thousands,

Everything for Everybody Anything Anybody

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## The Plumber is a Robber!



Only when the man inside the PLUMBER is crooked. Our aim is togive honest service, and install honest goods AL-WAYS. If you want any such goods and such service in your repairs. or in new work, it's easy to get it. Just call us

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