



For 1919—Resolve to Join the Big Movement to Make Oregon Grow and Prosper



OLYMPIC PANCAKE FLOUR

Its the daily breakfast in thousands of western homes.

There is no other so digestible and healthful.
Honesty recommended as the daily diet of the entire household.

Because the ingredients are so blended as to produce a food that is appetizing and perfectly digested. Those who have found other pancakes indigestible will find OLYMPIC agrees with the most delicate stomach.

The Portland Flouring Mills Co.

PORTLAND

The King of Crackers

Tru Blu Graham's have the rare combination of rich food value and crisp deliciousness that make them ever welcome. At meals or between meals they are always popular. Made for you in the daylight food factory. Sold everywhere.

TRU-BLU BISCUIT CO.
Portland.

OREGON MADE FOR OREGON TRADE

"THE THRIFT SPREAD"

Columbia Brand Oleomargarine

Makes economy a double pleasure; a table treat; delicious on toast and bread and on steaks and vegetables. You'll like it right from the start. Composed of pure, carefully selected ingredients and churned fresh daily with pasteurized milk.

The most noticeable difference between Columbia Brand Oleomargarine and fancy creamery butter is the price — and it's in favor of users of Oleomargarine.

Packed in waxed, odor-proof cartons. U. S. Government inspected.

UNION MEAT CO.
North Portland, Oregon

TAKE NOTICE

INVESTIGATE

Call your nearest dealer for information **AT ONCE.** Then take the earliest opportunity of conveying to said dealer the idea that you wish to acquire one of these

This Man Takes Like It Was a Ford.

Hood River, Or., Route, Mar. 4.
Vaughan Motor Works,
Portland, Oregon.

Dear Sirs:—Am having fine success with the little old bug. Average ten miles to gallon of gas; also cut 300 miles at 4 1/2-8c cost per mile. Going some for an old rig. Respectfully yours, J. J. KRENEMACHER.

LABOR SAVERS
A Gasoline Motor Driven Drag Saw Machine that saws up to 25 cords of wood per day.

NOTE: We also suggest that for good results you should specify a VAUGHAN Drag Saw.

For further details address:

VAUGHAN MOTOR WORKS, Inc.,
475 East Main Street. Portland, Oregon.

The Sign of Good Quality

INSIST UPON Golden Rod CEREALS

They are the perfection of experienced milling—excellent in quality and the Product of a Home Industry

Golden Rod Milling Co.

Cereal Millers and Goultry Food Manufacturers
Portland, :: Oregon

These "flapjacks"

—savory hotcakes, full of goodness, are for your breakfast. A delightful treat, so inexpensive and simple to prepare you can enjoy them every day in the year.

MARKET REPORT, DEC. 31, 1919.

The run of live stock at the North Portland Union Stock Yards for the week to date has been very light and in consequence trading is brisk and prices are 25 to 50 cents higher than previous quotations.

Cattle quotations are: Prime steers \$12.50-13.50; Good to choice steers \$11.50-12.50; Medium to good steers \$10.50-11.50; Fair to Medium steers \$9.50-10.50; Common to fair steers \$7.50-9.00; Choice cows & heifers \$9.50-10.50; Medium to good cows & heifers \$8.00-9.00; Fair to medium cows & heifers \$7.00-8.00; Canners \$4.00-5.00; Bulls \$6.00-8.50; Calves \$9.00-12.50; Stockers & feeders \$7.00-9.00.

Hog quotations are: Prime mixed \$17.00-17.25; Medium mixed \$16.75-17.00; Rough heavies \$15.00-16.00; Pigs \$15.00-16.00; Bulk \$17.00.

Sheep quotations are: Prime lambs \$12.00-13.00; Fair to medium lambs \$9.00-11.00; Yearlings \$10.00-11.50; Wethers \$9.00-10.00; Ewes \$6.00-8.00.

MANAGEMENT OF CALVES ON PASTURE.

With good pastures the roughage portion of the calves' ration may be eliminated. The grain portion of the ration in some cases may be slightly reduced, although as a rule the calves should be given all the grain they will eat while on pasture. It is seldom advisable to carry calves through the entire finishing period on grass. A better finish is obtained when they are dry fed during the latter portion of the period. It is never advisable to change calves from the dry lot to pastures when on full feed. It is safe, however, to change from pastures to the dry lot during this period.

When pastures are very good some trouble may be experienced in getting the calves to consume enough grain for the best results. In such cases it is generally better to keep them away from the grass during a portion of each day.

In sections where winter pastures can be grown the feeder should make a strong effort to provide such pasture during the cold season, as the green feeds greatly reduce the cost of both growing the calves and fattening them.

In ancient days, if a man who visited the tyrant Procrustes was too long for the "spare bed," Procrustes calmly had him cut down to fit it. It is fortunate for President Wilson that he goes a-visiting in modern times. When the state bed in the French palace where the president lodged proved too short for him they simply sent out and got another bed.

You are doubtless provided with a beautiful new set of New Year's resolutions. It is to be hoped they are guaranteed to stand wear and tear.

The total number of Germans dead in war casualties amounts to about Two Million men. An utter loss far beyond any money disasters which could befall a nation.

WORTH \$50.00 A BOTTLE

Wm. Barnes, San Antonio, Texas, writes: "Foley's Honey and Tar has been worth \$50.00 a bottle to me. I had 'the flu,' followed by pneumonia, which left me weak, with a persistent cough. The cough hung on. Some one advised Foley's Honey and Tar. I have completely recovered and do not cough at all."—Sold by Reed Bros.

If all these little would-be republics become separate countries the map of Europe will bear a remarkable likeness to a patchwork quilt.

TO WARD OFF ILLNESS

If you are bloated, languid or lazy, have "the blues" headaches, palpitation, biliousness, bad breath, gas, constipation or indigestion, you will feel better in the morning if you take a Foley Cathartic Tablet to night. This is a wholesome laxative and cleansing physic that acts without inconvenience, griping or nausea. Sold by Reed Bros.

Make This Room Yours

Whether you are building a brand new home, making additions to the old one or merely repairing walls, you can have a room like this if you use genuine Beaver Board.

Beaver Board walls and ceilings are more handsome, more substantial and more sanitary than any other kind. They are the easiest walls to build. No lath or plaster—therefore, no litter. Beaver Board always gives satisfaction. But you can't expect Beaver Board results unless this trade-mark is on the back of the board you buy.

Burns Hardware Co.
Burns, Oregon

