

OREGON QUALITY GOODS

Patronize Home Industries of Your State and Help Make Oregon Grow

SUPPORT of Home Industries is One Form of Patriotism.

WOMEN Are Purchasing Agents in Most homes. Their cooperation is necessary

PAY-ROLL Money Stays at home helps make Oregon prosperous

Promote Life and Vigor



GOLDEN ROD

- ROLLED OATS
- WHEAT FLAKES
- PANCAKE FLOUR
- WHEAT NUTS
- RALSTON BRAN

On "Wheat-less" days use Golden Rod Oats, Corn Meal, Rye Flour and Buck Wheat Flour.

Preferred Stock GROCERIES

FRUITS
VEGETABLES
TEAS, SPICES, EXTRACTS, ETC.

ALLEN & LEWIS BEST BRAND

PEARL SHORTENING

A Product of Home Industry
Government Inspected
Economical and highly dependable
wherever a high grade shortening is desired.

UNION MEAT CO.
North Portland,
Oregon



TRY HOUSEHOLD SODA CRACKERS

15¢
In The Handy Red Package

For Food Value you'll find them the ideal sodas for your family—crisp, tasty and satisfying

TRU-BLU BISCUIT CO.
PORTLAND

OLYMPIC PANCAKE FLOUR

Its the daily breakfast in thousands of western homes.

There is no other so digestible and healthful.

Honestly recommended as the daily diet of the entire household.

Because the ingredients are so blended as to produce a food that is appetizing and perfectly digested. Those who have found other pancakes indigestible will find OLYMPIC agrees with the most delicate stomach.

The Portland Flouring Mills Co.

Send us the end of the package and receive by return mail a Magnetic Top.

DISTINCTIVELY DELICIOUS

DIAMOND Steel Cut COFFEE

For particular people who appreciate GOOD COFFEE At all Leading Grocers.

"You'll never know how good it is until you've tried it."

Ask Your Grocer for DIAMOND "W" PURE FOOD PRODUCTS

Wadhams & Company

Manufacturers and Wholesale Grocers.

FOODS WITH CORN AS BASIS

Some Really Excellent Dishes That Are Popular in Different Parts of the World.

Maize was the chief aboriginal food of America and is still a favorite article of diet in Central America. "Samp" was adopted by the early colonists of New England from the Indians; it consisted, according to Roger Williams, of "Indian corn beaten and broiled and eaten hot or cold with milk or butter." "Hominy" was the name given to maize after it had been boiled with alkali, causing the skin of the grain to peel away and leave the soft inner portion. "Succotash" originally meant an ear of maize, but was afterwards used to describe a mixture of corn and beans. "Hoe cake" was taken over from the southern Indians. The Pueblo Indians ate gruel baked on stone stoves, calling it "paper bread." "Hulled corn or hominy, ground into a paste," says H. J. Spinden in his account of the Mexican dietary, "furnishes dough for the tortillas or unleavened cakes that take the place of bread in Mexico. Although the ordinary tortilla is rather soggy, it is delicious when made thin. For a breakfast dish nothing can surpass the enchilada, which is a tortilla rolled up cigar fashion with a little meat, cheese or chili pepper as a surprise in the center. This is toasted before the fire until it is crisp and crackling. Pinole is, properly speaking, a parched meal made from maize and other seeds. The word is applied to a variety of dishes such as steams of maize, neat and chili peppers."

Philosopher Asserts That the important Auto Fixture is Not Unlike Some of Human Race.

"The more I have to do with automobile tires," said Philosopher Jim, "the better I understand men. There is no limit to the comparisons that might be made, but let me ask your attention for just one of them. It turns upon the way they come to an end, men and tires alike.

"On my little roadster I may have at one and the same time two tires of such different character as this:

"One has served long and well. It seems sound as ever, and still looks good for a lot of work. But its healthy appearance is deceptive: It has a vast number of well hidden decayed cells.

"They began to go separately, not in masses. No one part of that tire wore out all by itself. The whole thing has been slowly, subtly honeycombed with wear.

"The limit is reached suddenly. The end, prepared for slowly and in the dark, comes swiftly; and it is a very complete end. The tire is a goner, the doctor can do nothing for it.

"Some men end like that; seemingly vigorous one day; and the next day, on the scrap heap.

"And then there are tires and men that go the other way. They seem worn and weakened, but they are sound inside. The shell goes first, the inner tube retains its usefulness. You know they are going, but they always seem good for another day's work, another hundred miles. They will stand a lot of patching.

"Tires are mighty human, and that's why I really enjoy fixing up with them."

"march."
"Some of the best medicines for people are dog medicines," said a physician.
"You see, all sorts of remedies are prescribed for human complaints, and sometimes they are beneficial. Many people have faith in patent medicines, which may be more or less justified. But a dog medicine is very sure to be a good thing. It wouldn't sell if it wasn't. And what is good for a dog is likely to be good for a human being—supposing that he really knows what is the matter with him.

"A doctor who started in business with no other equipment than a dozen prescriptions representing first-class dog medicines (supposing him to be a fair diagnostician) ought to make a fair professional success."

Famous Military Commanders.
Napoleon regarded Wellington as able, but lucky. He considered Tilly and Wallenstein far better generals than Gustaf Adolf. Turenne he placed far in advance of Frederick the Great. "If I had a man like Turenne as my second in command during my campaigns," he said, "I should now be master of the world." Hannibal, according to Plutarch, sometimes ranked Alexander; sometimes Pyrrhus as the foremost general of all time. Scipio he placed second. Himself he ranked but third or fourth. Posterity has modified his verdict to the advantage of his fame.

He Had Changed.
Mother—Why didn't you speak to that little boy who just passed?
Tommie—I don't know him, mama.

"Yes, you do know him. He's the little boy who just moved in next door to us. You were playing with him yesterday."
"Well, mama, if that's the same boy, he's over-washed today."

Not a Century, But Enough.
Lady hurrying across the broad concourse at a great railroad station, making for the train gate and evidently afraid of missing the train, with a long wait if she didn't get it. But at the gate she meets a colored porter, a man of tranquil mind and pleasant voice, who says to her, quite evenly: "You needn't hurry; you've got two minutes yet."

Now, two minutes is not a century; in fact the margin is still narrow; but the lady knew that the porter knew the time exactly and what he said and the way he said it relieved the tension. She surrendered her bag to him and gave the tip to him very willingly.

Old Rates of Interest.
Five per cent interest on a loan would have been scoffed at by the men who had money to lend in medieval times. In the thirteenth and fourteenth centuries the usual rate seems to have been 20 per cent, and in the preceding centuries it was probably higher, says the London Chronicle. The rate of interest decreased with the increase of specie, with an occasional limitation by the state. Elizabeth reduced the rate by law to 10 per cent, James I to 8, and Charles II to 6. In ancient Rome, according to Niebuhr, the rate was 8 1/2 for a ten-month year—the equivalent of 10 per cent per annum.

Husband and Wife
Mrs. Frank P. Wood, Box 25, D. 2, Morrill, Me., writes: "My Kidney Pills helped me so much, husband also has received much benefit from them. He was so lame could not stoop over and now he has no pain." Lane back, sore muscles, stiff joints, rheumatic aches, pains quickly conquered by Kidney Pills.—Sold by Reed & Co.

Reward: Estrayed from ranch, one pair rather light Mares one weighing around 1200, other 1250; branded with LAST R right stifle; should have collared them now; foretops have been read and grown out about three or four inches. W.M. pay \$25.00 to finder team.
J. W. CARTWRIGHT
Malheur City, Ore.

NAZARENE CHURCH
Rev. J. Stewart Maddox, Pastor
A cordial invitation is extended to you to attend our services—hours of the service on the Sabbath are as follows:
Sabbath School at 10 A. M.
Preaching at 11 A. M.
Young Peoples' meeting at 7 P. M.
Song service at 7:30 P. M.
Prayer meeting at 8:00 P. M.
Prayer meeting Wednesday at 7 P. M.

65
120
2300

270
500