

"IN PERFORMANCE OF DUTY"

How many homes in this country have already become sadly familiar with this phrase: It seems to be hurled at them in a cold and unfeeling manner by the military authorities. It is the set phrase used in announcing the death, in the field of battle, of a brave American boy who has sailed three thousand miles at the call of "duty."

"Your son died in the performance of his duty."

Mothers, fathers, do you get only sorrow from the message? Do you not rather gather the sadly sweet conviction that all is well with the brave soul who saw his duty and went bravely to meet it—played the MAN to the end of the glorious, if brief chapter?

And what shall we say of ourselves, we who were not called to go "over there," yet were called to an equally honored task here at home? Have we not "died"—but LIVED in the performance of duty? The boy gave all he had—his life. He gave it like the hero that he was. Are we giving LIFE?

Think soberly for a moment. What does it mean to give life for country? It doesn't mean a dollar or two to the Red Cross and an auto for a daughter. It doesn't mean five dollars to the Y. M. C. A. and a sealskin coat or a diamond for mother. It doesn't mean a fifty dollar liberty bond, while we buy another farm. What DOES it mean?

Think!
"He DIED in the performance of duty."

NON-PRODUCTIVE OCCUPATIONS

Official from Adjutant General's office 650 Morgan Building Portland, Oregon.

All persons who can give information in regard to any draft registrant whose status is affected by the work or fight regulations, which become effective July 1, are particularly requested by the War Department to do so.

In fact, the regulations make it the duty of all citizens to report at once all facts which may come to their knowledge concerning registrants who are idle, or who are engaged in a non-productive occupation or employment. This report should be made to the nearest local draft board.

Persons writing or giving this information in person need have no fear their names will be revealed, for the information will be regarded in this sense as strictly confidential.

Under the head of "idlers," who will receive scant consideration from the local boards in their re-classification of such registrants who decline to enter a useful occupation of employment, the Government lists such occupations as "gamblers of all description and employes of race tracks and bucket shops, and fortune tellers, clairvoyants, palmists and the like."

And here are the regulations defining non-productive occupations or employment:

"The employment or engagement of any able-bodied registrant of military age in any of the following occupations or employments is not sufficiently effective, in the present emergency, to justify the postponement of his call into military service, notwithstanding he may have a late order number and notwithstanding he may have been placed in Class II, III or IV on the ground of dependency; and all registrants engaged as follows are to be considered by local and district boards as engaged in non-productive occupations or employments:

"Persons engaged in the serving of food and drink, or either, in public places, including hotels and social clubs;

"Passenger-elevator operators and attendants; and door men, footmen, carriage openers and other attendants in clubs, hotels, stores, apartment houses, office buildings and bathhouses;

"Persons, including ushers and other attendants, engaged and occupied in and in connection with games, sports, and amusements, excepting actual performers in legitimate concerts, operas, or theatrical performances;

"Persons employed in domestic service;

"Sales clerks and other clerks employed in stores and other mercantile establishments."

The United States has made wonderful advances in the dye industry during the past year, and is making many dyes that were formerly procured from Germany. The Germans, on the other hand, have been industriously dying lately.

The fact that a new star found ample space and opportunity to appear among the others and outshine many of them goes to prove that there is always plenty of room at the top.

POTATO FLOUR MADE AT HOME

Wheat flour must be saved and many of the substitute flours are high priced. You can make potato flour at home and it is just as useful a wheat substitute as many of the more expensive commercial flours.

In addition to saving flour it saves potatoes that might otherwise be wasted. Potatoes do not keep indefinitely, and annually many old potatoes are allowed to sprout in the cellars and are ultimately thrown away. The potato flour which can be made from them keeps well, so by taking time by the forelock and making the surplus stock of old potatoes into flour before they spoil you avoid the waste of valuable food material.

How to Make Potato Flour

It is easy to make the potato flour. Wash the potatoes, boil until tender, and remove the skins. Force, while still hot, through a potato ricer on to drying trays. These trays may be made of slats of wood covered with cloth or wire screening held in wooden frames; indeed, any tray that will let the air circulate freely from underneath as well as around the tray may be used. Clean cheesecloth should be spread over it before ricing the potatoes on the tray. Place the loaded trays in the blast of air from an electric fan, if you have one, or in a warm oven with the door ajar. When completely dry, grind to the desired fineness in a hand mill such as is found in many homes for grinding homegrown grain. A coffee mill may be used, or a food chopper, using the nut knife. If these do not grind fine enough, rolling with a rolling pin and sifting several times will help.

It takes three pounds of unpeeled potatoes to make a little over half a pound of potato flour, so if you have to buy potatoes you should reckon costs carefully. If you have potatoes that will go to waste otherwise, save them in the form of potato flour.

You can use either the commercial potato flour or the homemade product to greatly reduce the use of wheat flour in cakes, cookies, and breads. A few recipes for the use of potato flour are given below.

Barley and Potato-flour Muffins.
1 cup milk.
1 egg.
1 tablespoon shortening.
1 tablespoon corn sirup.
1½ cups barley flour.
¾ cup potato flour.
1 teaspoon salt.
4 teaspoons baking powder.

Chocolate Cake.
¼ cup fat.
3 tablespoons sugar.
1 cup corn sirup.
2 squares chocolate.
½ cup milk.
2 eggs.
1½ cups potato flour.
4 teaspoons baking powder.
½ teaspoon salt.
Cream fat and sugar; beat in corn sirup, melted chocolate, and yolk of eggs. Sift dry ingredients together and add alternately with the milk. Fold in stiffly beaten whites. Bake in loaf or in layers.

The finely ground flour makes the best product. Potato starch may be used in place of potato flour, if one prefers.

Sponge Cake.
4 eggs.
¾ cup sugar.
1 tablespoon lemon juice.
Rind of ½ lemon.
½ teaspoon salt.
1 teaspoon baking powder.
¾ cup potato flour.

Beat yolks until light and lemon colored; add sugar gradually and continue beating. Add lemon juice, rind, and whites of eggs beaten until stiff. Fold in flour that has been sifted with the salt. Bake in a loaf, or a pan with a stem, for one hour in a slow oven.

If America could have foreseen the consequences she would never have invented the submarine.

NAZARENE CHURCH

Rev. Lyman Brough, Pastor.
A cordial invitation is extended to you to attend our services. The hours of the service on the Sabbath are as follows:
Preaching at 11 A. M.
Sabbath School at 10 A. M.
Young Peoples' meeting at 6:45 P. M.
Song service at 7:30 P. M.
Preaching at 8:00 P. M.
Prayer meeting Wednesday at 7:30 P. M.

HOLY FAMILY CHURCH (Catholic)

Cor Miller and C. Sts.
Sunday High Mass at 10:30 o'clock
Week days Mass at 7 o'clock.
Instructions for children Saturdays at 9 A. M.
Rev. Father Francis, O. F. M.
Rector.

The truly patriotic family is cheerfully raising a war garden and joyfully canning the products.

If you want results, get the marine after the submarines.

A mother in Chicago had her son arrested for evading the draft. She didn't raise her boy to be a slacker.

Beans and onions and cabbage are allies of the Allies.



BILLS

The Packer's Bill for Live Stock

For the first six months of our operations under the Food Administration, ending April 30, 1918, Swift & Company paid for DRESSED WEIGHT LBS.
live stock - 1,558,600,000 \$323,800,000
For the same period in 1917 1,338,300,000 \$210,400,000
Increase in Weight 16½% 220,300,000
Increase in cost 54% - - - \$113,400,000

The Consumer's Bill for Meat

must necessarily have increased correspondingly, as Live Stock prices and meat prices fluctuate together.

When the producer gets high prices for his live stock, the consumer's meat bill must necessarily be larger.

Year Book of interesting and instructive facts sent on request.
Address Swift & Company, Union Stock Yards, Chicago, Illinois

Swift & Company, U.S.A.

20,000 Acres

--- SAGEBRUSH LANDS ---

with water rights for sale on Blitzen River in tracts of 80-Acres or more. Reasonable prices---one-fifth cash balance easy terms, six per cent interest.

Eastern Oregon Live Stock
CRANE Company OREGON

BUCKHECHT ARMY SHOE

Acknowledged the standard Army Shoe on the Coast—and small wonder:

"Extra Service Every Step Comfort Every Minute"

That's why it is being worn by thousands of men in all walks of life—

Office Men Attorneys Physicians
Hikers Farmers Orchardists
Motormen Conductors Hunters

Look for the name BUCKHECHT—stamped on the sole of every Shoe



BLACK GUNMETAL OR INDIAN TAN CALF

Dangers of Constipation

Neglected constipation may cause Piles, ulceration of the bowels, appendicitis, nervous prostration, paralysis. Don't delay treatment. Best remedy is Foley Cathartic Tablets. Do their work surely, easily, gently, without injury to stomach or intestinal lining. Contains no habit-forming drugs. Fine for fat folks.—Sold by Reed Bros.

Bad Kidneys Laid Mine Up

A slight kidney impairment may lead to dropsy or Bright's disease. Don't neglect it. Frank Miller, Bingham, Utah, writes: "I was troubled with my kidneys so bad I could not work. Tried many kinds of medicine which did me no good. Then I tried Foley Kidney Pills; now feeling as good as I ever did before."—Sold by Reed Bros.

WRAY'S AUTO STAGE

ALL TOURING CARS
Between BURNS and BEND DAILY



Leaves BEND at 7:45 a.m., arrive BURNS 7:00 p.m.
Leave BURNS at 7:00 a. m., arrive BEND 5:00 p.m.

FARE, each way \$8.00

50 Pounds Baggage carried Free. Excess 1c per lb.
Meets all trains in Bend. Passengers Arrive at Portland, from Burns, in 24 hours, fare \$16.05

Prompt attention given all shipments in our care, Especially Perishable Consignments.
Inland Empire Realty Company, Agents

Talking to You!

You man with a GOOD Car—you want to keep it good' don't you?

The way to do that is always to give it the attention it needs AT THE TIME IT IS NEEDED.

We are ready at all times—day or night—to attend to your needs. We have the most competent mechanics to be secured, and guarantee that your car will never be "butchered."

Supplies and Accessories for All The Popular Makes.

The upkeep of your car will not be such a burden if you will let us keep it up to its work.

Universal Garage Co.

N. BROWN & SONS

Brown's Satisfactory Store

QUALITY MERCHANDISE

Walk Over Shoes

Stetson Hats

Bon Ton Corsets

Burns, : : : : Oregon

We carry goods advertised on the "Home Products Page"

The Labor Problem

Of Special Interest to Farmers

There is but one solution of the farm labor problem—

Improved Farm Machinery

It is up to you, Mr. Farmer, to provide tools that will enable one man to do the work of two this year.

We Have These Tools

From the gee-whiz to the farm tractor, we have all the new labor-saving machinery. We want to show you how easily you can not only keep up your regular work but actually exceed what you have been accustomed to do.

See us if you want to increase farm efficiency.

I. S. GEER & CO.