

MONDAY EVENING 7/25/22

ALSO IN HD; ADD 600 TO CHANNEL No.

MOVIES

SPORTS

KIDS

*In HD, these channels run three hours ahead. / Sports programming may vary.
BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirectTV; D2-Dish Network

BROADCAST/CABLE CHANNELS																					
	BD	PM	L	D1	D2	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30				
KATU (ABC)		2				KATU News at 6 (N) (Live) (G)		Jeopardy! (N) (G)	Wheel of Fortune (G)	The Bachelorette (N) (PG) (DVS)					(10:01) Claim to Fame Alliances continue to form. (N) (14)		KATU News at 11 (N)	(11:35) Jimmy Kimmel Live! (14)			
KTVZ (NBC)	5	5	5	21	21	NewsChannel 21 at 6 (N) (G)	NewsChannel 21 at 6:30 (N) (G)	NewsChannel 21 at 7 (N) (G)	Family Feud (PG)	American Ninja Warrior Semifinals 2 The semifinals continue. (N) (PG) (DVS)					Weakest Link Contestants play trivia for \$1 million. (PG)		NewsChannel 21 at 11 (N) (G)	Tonight Show-J. Fallon			
KBNZ (CBS)	6	6	6	7	7	CO Daily News at 6pm (N)	CO Daily News at 6:30pm (N)	CO Daily News at 7pm (N)	CO Daily News at 7:30pm (N)	The Neighborhood (N) (PG)	Bob Hearts Abishola (PG)	NCIS Road to Nowhere Agent Knight goes under cover. (14)		NCIS: Hawai'i (14) (DVS)		CO Daily News at 11pm (N)	Late Show-Colbert				
KOHD (ABC)	9	9	9	51	9	Inside Edition (N) (PG)	ABC World News	Jeopardy! (N) (G)	Wheel of Fortune (G)	The Bachelorette (N) (PG) (DVS)					(10:01) Claim to Fame Alliances continue to form. (N) (14)		CO Daily News at 11pm	(11:35) Jimmy Kimmel Live! (14)			
KFXO (FOX)	10			69	69	The Big Bang Theory (PG)	Last Man Standing (PG)	You Bet Your Life	The Big Bang Theory (PG)	Don't Forget the Lyrics! A contestant from Las Vegas competes. (PG)		Beat Shazam Teams of mothers and daughters compete. (PG)		News Channel 21 First on FOX (N) (G)		TMZ (N) (PG)	Two and a Half Men (14) (G)				
KPDx (MNT)		13	13			Family Feud (PG)	Family Feud (PG)	The Big Bang Theory (PG)	The Big Bang Theory (PG)	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory (PG)	The Simpsons (PG)	Family Guy (14) (G)	Family Guy (14) (G)				
KOAB (PBS)	7	3	3	3	11	This Old House (G)	BBC World News Outside	PBS NewsHour (N) (G)		Antiques Roadshow An Otto Georgi painting; Kiddush cup. (G)		The 1934 Waterfront Strike: Solidarity on the Dock (N) (PG)		Antiques Roadshow Nakashima table; New York Yankees ring. (G)		POV Winter's Yearning Greenland anticipates economic renewal. (PG)					
KGW (NBC)		8				KGW News at 6: The Story (N)	KGW News at 6:30 (N) (G)	The Good Stuff (N) (G)	Inside Edition (N) (PG)	American Ninja Warrior Semifinals 2 The semifinals continue. (N) (PG) (DVS)		Weakest Link Contestants play trivia for \$1 million. (PG)			KGW News at 11 (N) (G)	Tonight Show-J. Fallon					
KTVZD2T (CW)	12	7	7	22	12	Nick Cannon Real Bailey. (PG) (G)	Housewife Cynthia	Family Guy (14) (G)	Family Guy (14) (G)	Roswell, New Mexico Liz and Max have a major disagreement. (PG)		In the Dark C.I. Was Right Murphy gets an unwelcomed partner. (14)		The Goldbergs Rush (PG) (G)	The Goldbergs (PG) (G)	Bob's Burgers (PG) (G)	Bob's Burgers Boywatch (PG) (G)				
OPBPL	175					Cook's Country	My Greek Table	Roadtrip Nation: Beating The Odds				The Story of China With Michael Wood (N) (PG) (G)		Amanpour and Company (N) (G)		Skindigenous (N) (G)	Skindigenous (N) (G)				
BASIC CABLE CHANNELS																					
*A&E	130	44	44	265	118	Intervention Joshua B. Addiction to hand sanitizer. (14) (G)		Intervention Tiffany A woman gets addicted to pain pills. (14) (G)		Intervention Jordan Jordan spiraled into his addiction. (14) (G)		Intervention Amber Rose travels home to find Tina. (N) (14) (G)		(10:01) Digital Addiction Seth & Monya (N) (G)		(11:04) Intervention Jesse Jesse smokes fentanyl. (14) (G)					
*AMC	102	50	50	254	113	*** "The Fugitive" (1993, Action) Harrison Ford, Tommy Lee Jones, Sela Ward. An innocent man must evade the law as he pursues a killer. (G)										(10:10) Better Call Saul Nippy A new player gets in the game. (N) (MA)		(11:20) **** "Forrest Gump"			
*ANPL	68	48	48	282	184	Naked and Afraid (14)		Naked and Afraid (14)		Naked and Afraid (14)		Naked and Afraid (14)		Zoltan the Wolfman (N)		Naked and Afraid (14)					
BRAVO	137	58	58	237	129	Below Deck Mediterranean (14)		Below Deck Mediterranean (N) (14)		Below Deck Mediterranean (N) (14)		Watch What	Below Deck Mediterranean (14)		Below Deck Down	Under (14)	Cast Away (G)				
CBSSN	262			221	58	My World	Poker Night	Athletes Unlimited Softball		Course Record		The Charlie		Club Life		My World	Poker Night				
CMT	190	80	80	327	166	Last-Standing	Last-Standing	Mike & Molly (N)		Mike & Molly (N)		Mike & Molly (N)		Mike & Molly (N)		Mike & Molly (N)	Mike & Molly (N)				
CNBC	54	70	70	355	208	Shark Tank (PG) (G)		Shark Tank (PG) (DVS)		Shark Tank (PG) (G)		The News With Shepard Smith		American Greed (PG) (G)		Dateline (PG) (G)					
CNN	55	67	67	202	200	CNN Tonight (N) (Live) (G)		Don Lemon Tonight (N) (Live) (G)		Don Lemon Tonight (N) (Live) (G)		Anderson Cooper 360 (PG) (G)		CNN Tonight		Don Lemon Tonight (G)					
COM	135	73	73	249	107	The Office (14)		The Office (14)		The Office (14)		The Office (14)		The Office (14)		The Office (14)					
COTV	11					CO Daily News	CO Daily News	CO Daily News	CO Daily News	CO Daily News	CO Daily News	CO Daily News	CO Daily News	CO Daily News	CO Daily News	CO Daily News	CO Daily News				
CSPAN	61	15	15	350	210	(2:00) Public Affairs Events (N) (G)										Public Affairs Events (N) (G)					
*DIS	87	23	23	291	173	(5:25) "The Secret Life of Pets 2"				*** "The Jungle Book" (2016) Neel Sethi. Premiere. (N) (G)				Ultra Violet	The Villains	Big City Greens	Big City Greens	Ladybug & Cat	Ladybug & Cat		
*DISC	156	43	43	278	182	Great White Battleground (N) (G)		Stranger Sharks (N) (N) (G)		Air Jaws: Top Guns (N) (N) (G)		Great White Serial Kill		Rise of the Monster Hammerheads		Mega Predators of Oz (N) (N) (G)					
*E!	136			236	114	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Nightly Pop (14)				
ESPN	21	28	28	206	140	(5:00) ESPN Films		SportsCenter (N) (Live) (G)		SportsCenter (N) (Live) (G)		SportsCenter (N) (Live) (G)		SportsCenter (N) (Live) (G)		SportsCenter (N) (Live) (G)					
ESPN2	22	29	29	209	143	The Basketball Tournament Third Round: Teams TBA (N) (Live)				NFL Live (G)		The Captain		The Captain		Around the Horn		Interruption			
ESPNN	24	29	31	207	142	Jalen & Jacoby	Around the Horn	Interruption	Jalen & Jacoby	Around the Horn		Interruption		World of X Games		Jalen & Jacoby	Around the Horn	Interruption	This Just In		
FNC	57	65	65	360	205	Hannity (N) (Live) (G)		The Ingraham Angle (N) (G)		Gutfeld! (N) (G)		Fox News at Night With Shannon		Tucker Carlson Tonight (G)		Hannity (G)					
*FOOD	177	56	56	231	110	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	BBQ USA Risk It for the Brisket (G)		Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay				
FREE	67	62	62	311	180	Shrek Forever	*** "Wreck-It Ralph" (2012) Voices of John C. Reilly. (G)				*** "Ralph Breaks the Internet" (2018) Voices of John C. Reilly, Sarah Silverman. (G)				The 700 Club (N) (G)						
FX	131	46	46	248	136	(4:30) ** "Transformers: The Last Knight" (2017) Mark Wahlberg. (N)				** "Underwater" (2020) Kristen Stewart, Vincent Cassel. (N) (G)				** "Underwater" (2020) Kristen Stewart, Vincent Cassel. (N) (G)							
HGTV	176	55	55	229	112	Love It or List It (PG) (DVS)		Love It or List It (PG) (G)		Love It or List It (PG) (G)		Great Giveback With Melissa		(10:05) Love It or List It (PG) (G)		Love It or List It (PG) (DVS)					
*HIST	155	76	76	269	120	American Pickers (PG)		Modern Marvels (PG) (G)		Modern Marvels California's date palm trees. (N) (PG) (G)		Fast History Of		Fast History Of		(11:03) Modern Marvels (PG) (G)					
LIFE	138	59	59	252	108	The First 48 (14) (G)		The First 48: Detective		The First 48 Bleeding Heart (PG)		TextMeWhenYouGetHome (N) (14)		Phrogging: Hider in My House (14)		(11:03) TextMeWhenYouGetHome					
MSNBC	59	69	69	356	209	The Rachel Maddow Show (N)		The Last Word With		The 11th Hour-Stephanie		The Rachel Maddow Show (G)		The Last Word With		The 11th Hour-Stephanie					
MTV	192	81	81	331	160	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness				
NICK	82	35	25	300	171	The Loud House (Y7) (G)		** "Wonder Park" (2019) Voices of Jennifer Garner. (N) (G)		Friends (N) (PG)		Friends (N) (PG)		Friends (N) (PG)		Friends (PG)		Friends (14)			
OWN	161	213		279	189	Dr. Phil (PG) (G)		Deadline: Crime With Tamron Hall		Deadline: Crime With Tamron Hall		Deadline: Crime With Tamron Hall		Deadline: Crime With Tamron Hall		Deadline: Crime With Tamron Hall					
PAC12	47	33	33		406	Pac-12 Football in 60 (G)		Pac-12 Football in 60 (G)		Pac-12 Football in 60 (G)		Pac-12 Football in 60 (G)		Pac-12 Classics		Pac-12 Classics					
PARMT	132	75	75	241	241	Two/Half Men		Two/Half Men		Two/Half Men		*** "Ghostbusters" (1984, Comedy) Bill Murray, Dan Aykroyd, Harold Ramis. (N) (G)		** "Ghostbusters II" (1989) Bill Murray. (N) (G)							
SYFY	133	49	49	244	122	(6:05) *** "John Wick: Chapter 3 -- Parabellum" (2019, Action) Keanu Reeves, Halle Berry. (DVS)				*** "Sicario" (2015, Suspense) Emily Blunt, Benicio Del Toro, Josh Brolin.				Hellboy-Army							
TBN	205	61	61	372	260	Takeaways With Kirk Cameron (G)		Derek Grier (G)		Centerpoint		Robert Morris: Expanding the		Joseph Prince		Takeaways With Kirk Cameron (G)		Jordan Rubin: Multi Collagen	Stop the Pain		
*TBS	16	41	41	247	139	Young Sheldon (PG)		Young Sheldon (PG)		Young Sheldon (PG)		The Big Bang Theory (PG)		The Big Bang Theory (14)		The Big Bang Theory (14)		American Dad! (14)		American Dad! (14)	
TCM	101	51	51	256	132	(5:00) ** "Breakin'" (G)		(6:45) ** "Smithereens" (1982, Drama) Susan Berman, Richard Hell. Would-be punk rocker club-hops her way around New York. (G)		** "Foxes" (1980, Comedy-Drama) Jodie Foster, Cherie Currie, Scott Baio. Drugs and promiscuity disrupt four girls' adolescence. (G)		*** "Pink Floyd - The Wall" (1982, Musical) Bob Geldof, Christine Hargreaves, James Laurenson. (G)									
*TLC	178	57	57	280	183	The Family Chantel (14) (DVS)		The Family Chantel (14) (DVS)		The Family Chantel (N) (14) (DVS)		90 Day Diaries (N) (14)		Seeking Sister Wife (N) (PG)		Welcome to Plathville (PG)					
*TNT	17	40	40	245	138	(3:43) *** "Star Wars: The Last Jedi" (2017) Mark Hamill.		** "Star Wars: The Rise of Skywalker" (2019, Science Fiction) Carrie Fisher, Mark Hamill, Adam Driver. Rey and her allies battle Kylo Ren and the First Order. (DVS)						Rich & Shameless A look at Clare Bronfman. (N) (MA) (DVS)		Rich & Shameless A look at Clare Bronfman. (MA) (DVS)					
*TOON	84			297	177	** "Garfield" (2004) Breckin Meyer, Jennifer Love Hewitt. (G)				King of the Hill		Bob's Burgers		Bob's Burgers		American Dad!		American Dad!	Rick and Morty		
*TRAV	179	47	47	277	196	Mysteries of the Unknown A Hollywood legend's jinxed jewelry. (PG)				Mysteries of the Unknown The legend of Resurrection Mary. (N) (PG)				Mysteries of the Unknown Three mysterious orbs over Alaska. (PG)							
TVLND	65	63	63	304	106	Andy Griffith		Andy Griffith		Andy Griffith		Andy Griffith		Love-Raymond		Love-Raymond		King of Queens		King of Queens	
USA	15	45	45	242	105	9-1-1 Powerless (14) (DVS)		9-1-1 What's Next? (14)		WWE Monday Night RAW (N) (PG) (G)						Miz & Mrs (14)		Miz & Mrs (14)			
VH1	191	82	82	335	162	Basketball Wives (N) (14) (G)		Basketball Wives (N) (14) (G)		Basketball Wives (N) (14) (G)		Caught in the Act: Unfaithful (14)		Caught in the Act: Unfaithful (14)		Basketball Wives (N) (14) (G)					
PREMIUM CABLE CHANNELS																					
FS1	35	35	35	219	150	2022 Copa América Femenina		MLS Soccer Atlanta United FC at LA Galaxy (G)				Skip and Shannon: Undisputed (G)				TMZ Sports (14)		Truck Series			
FS2	34	324		618	397	Motorcycle Race		NHRA Drag Racing DENSO Sonoma Nationals From Sonoma Raceway in Sonoma, Calif. (G)								NASCAR Camping World Truck Series		CRC Brakleen 150 (G)			
FXM	104	225	120	258	384	(4:45) *** "Ford v Ferrari" 2019 Matt Damon. (PG-13) (G)				(7:55) *** "Ford v Ferrari" 2019 Matt Damon. A designer builds a car to race against the Ferrari in 1966.								(11:05) * "Prod Mary" 2018 (R)			
GOLF	28	34	34	218	401	PGA Tour Golf 3M Open, Final Round (G)				Golf Central (G) (G)				School of Golf				School of Golf		Playing Lessons	Golf Academy
HALL	66	60	60	312	185	"A Royal Christmas" (2014) Lacey Chabert. (G) (DVS)				"A Kiss Before Christmas" (2021) Teri Hatcher. (G) (DVS)				"Five Star Christmas" (2020) Bethany Joy Lenz. (G) (DVS)							
HBO	425	601	501	504	303	(5:55) Westworld Zhuangzi (MA)		(6:58) ** "The Heat" 2013, Comedy Sandra Bullock. (R) (G)		Irma Vep (N) (MA) (G)				Mind Over Murder Episode 6 (MA)				Irma Vep (MA) (G)			
IFC	105			564	133	Love-Raymond		Love-Raymond		Two/Half Men		Two/Half Men		Two/Half Men		Two/Half Men		Two/Half Men		Two/Half Men	
MAX	400	621	508	516	311	(6:23) ** "Julia		(6:23) "The Yellow Birds" 2017 Alden Ehrenreich. (R)		** "Bloodsport" 1988 Jean-Claude Van Damme.				(9:34) *** "Universal Soldier" 1992 Jean-Claude Van Damme. (R) (G)						Black Hawk	
NATGEO	157	77	77	276	186	Gordon Ramsay: Shark Bait (G)		Shark Beach with Chris		Gordon Ramsay: Uncharted (14)		Running Wild With Bear Grylls		World of Flavor-Big Moe		Gordon Ramsay: Uncharted (14)					
NBATV				216	156	(5:00) NBA TV Marquee Matchup		NBA TV Marquee Matchup From March 5, 2022. (N)		NBA TV Marquee Matchup From March 13, 2022. (N)				NBA TV Marquee Matchup (N)							
NTOON	89	204	115	302	178	SpongeBob		SpongeBob		SpongeBob		SpongeBob		Patrick Star		SpongeBob		SpongeBob SquarePants (Y7) (G)			
OUTD	37	301	307	606	396	Wicked Tuna Angry Waters (14)		Wild Fish		MeatEater Hunts		The Fishmonger		Wild Fish		Man Eats Wild		MeatEater Hunts		The Fishmonger	
SHO	500			546	319	** "How to Lose a Guy in 10 Days" 2003 Kate Hudson. (PG-13) (G)				The Chi (MA) (G)				Supreme Team (N) (G)		** "Immortals" 2011, Adventure Henry Cavill. (R) (R) (G)					
STARZ	300	631	408	526	361	(5:37) *** "Shutter Island" 2010 Leonardo DiCaprio. (R) (R) (G)				P-Valley Jackson (MA) (G)		*** "Aliens" 1986, Science Fiction Sigourney Weaver, Carrie Henn. (R) (R) (G)				Men in Black					
STZNC	106	641	401	536	341	(5:44) "Walkaway Joe" 2020 David Strathairn. (NR)				(7:17) * "The Unholy" 2021 Jeffrey Dean Morgan.		*** "Copycat" 1995, Suspense Sigourney Weaver. (R) (R) (G)				(11:06) * "Grown Ups 2" 2013 (G)					
TMC	525			554	329	(4:40) Last Call (G) (2025) "Dating & New York" 2021 (N) (PG-13) (G)				*** "Gloria Bell" 2018 Julianne Moore. (R) (G)				(9:45) *** "Philomena" 2013 Judi Dench. (N) (PG-13) (G)				Queen Bees (N) (G)			
*WE	143	54	54	260	128	Criminal Minds Fate (N) (14)		Criminal Minds Amelia Porter (14)		Criminal Minds (14) (DVS)		Criminal Minds Anonymous (14)		Criminal Minds (14) (DVS)		Criminal Minds Hero Worship (14)					