

SATURDAY MORNING 7/23/22

ALSO IN HD; ADD 600 TO CHANNEL No.

MOVIES

SPORTS

KIDS

*In HD, these channels run three hours ahead. / Sports programming may vary.
BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirecTV; D2-Dish Network

BROADCAST/CABLE CHANNELS																											
	BD	PM	L	D1	D2	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30										
KATU (ABC)		2				Good Morning America (N)		KATU News This Morning Saturday (N)	(Live)			Good Morning America (N)		X Games 2022 (N)	(Live)												
KTVZ (NBC)	5	5	5	21	21	(5:00) 2022 Tour de France Stage 20 Individual time trial. From Lacapelle-Marival to Rocamadour. (N)						2022 Senior Open Championship Third Round From The King's Course at Glen-eagles in St. Andrews, Scotland. (N)		Track and Field World Athletics Championships From Eugene, Ore.													
KBNZ (CBS)	6	6	6	7	7	(5:00) CBS Saturday Morning (N)						Lucky Dog (N) 'G'	Henry Ford's Innovation Nation	Mission Unstoppable (N) 'G'	Hope in the Wild (N)	Pet Vet Dream Team	All In With Laila Ali	The World Games 2022 (N)	Cornhole ACL Pro Shootout Finals from Lakeland, Fla. (N)								
KOHD (ABC)	9	9	9	61	9	Wildlife Nation With Jeff Corwin	oh baby! Furs of a Feather (N) 'G'	Good Morning America (N)		Good Morning America (N)		Hearts of Heroes (N)	Free Enterprise	X Games 2022 (N)													
KFXO (FOX)	10			69	69	Paid Program 'G'	Wild About Animals 'G'	Life 2.0	(El) 'PG'	Second Chance Pets 'PG'	Ocean Mysteries With Jeff Corwin	NASCAR RaceDay - NCWTS	NASCAR Camping World Truck Series way in Long Pond, Pa. (N)	CRC Brakleen 150 From Pocono Race-	Paid Program 'G'	Teen Kids News (N) 'G'											
KPDx (MNT)		18	18			Good Day Oregon Saturday (N)						Good Day Oregon (N)	Outdoor GPS	Paid Program 'G'	Paid Program 'G'	To the Rescue (N)	(El)										
KOAB (PBS)	7	3	3	3	11	Ready Jet Go! 'Y'	Nature Cat	(El) 'Y'	Sesame Street 'Y'	(DVS) 'Y'	Let's Go Luna! 'Y'	Hero Elementary 'Y'	(DVS) 'Y'	Cyberchase	SciGirls	Biz Kid\$	Growing a Greener World	P. Allen Smith's Garden Home	Quilting Arts Texture	Fons & Porter's Love of Quilting							
KGW (NBC)		8				(5:00) 2022 Tour de France Stage 20 Individual time trial. From Lacapelle-Marival to Rocamadour. (N)						2022 Senior Open Championship Third Round From The King's Course at Glen-eagles in St. Andrews, Scotland. (N)		Track and Field World Athletics Championships From Eugene, Ore.													
KTVZD2T (CW)	12	7	7	22	12	Unlimited Antenna	Hip & Shoulders?	Popstar! Today	'PG'	MyPillow Bed	Jack Hanna's Into the Wild 'G'	Jack Hanna's Into the Wild 'G'	Jack Hanna's Into the Wild 'G'	Jack Hanna's Into the Wild 'G'	The Open Road With Dr. Chris	Ready, Set, Pet	(El) 'G'	To the Rescue (N)	(El)	Paid Program 'G'							
OPBPL	175					Washington Wk	Firing-Hoover	Chavis Chron.	Story-Public Sq	Getting Dot	Seat-Table	Laura Flanders	WealthTrack	Simply Ming 'G'	Simply Ming 'G'	Simply Ming 'G'	Simply Ming 'G'										
BASIC CABLE CHANNELS																											
*A&E	130	44	44	265	118	Car accident? Free Legal	Paid Program	Zombie House Flipping The team senses a golden opportunity. 'PG'		Zombie House Flipping The team leaves its comfort zone. 'PG'		Zombie House Flipping Fern Creek	'PG'	Zombie House Flipping The team finds and buys a granny home. 'PG'		Zombie House Flipping Historic Preservation District home. (N) 'PG'											
*AMC	102	50	50	254	113	(6:15) ** "Get Hard" (2015, Comedy) Will Ferrell, Kevin Hart, Craig T. Nelson. A prison-bound millionaire asks a black man for advice.						(8:15) Two and a Half Men		'14'	(8:45) Two and a Half Men	'14'	(9:15) Two and a Half Men	'14'	(9:45) Two and a Half Men	'14'	(10:15) Two and a Half Men '14'	(10:45) Two and a Half Men '14'	(11:15) Two and a Half Men '14'	"A League of Their Own"			
*ANPL	68	48	48	282	184	Louisiana Law		'14'	Louisiana Law Storm Surge		'14'	Louisiana Law		'14'	Louisiana Law Gator Poacher '14'		Louisiana Law Blood Evidence '14'		Louisiana Law Felon Hunter '14'								
BRAVO	137	58	58	237	129	** "The Longest Ride" (2015, Drama) Scott Eastwood, Britt Robertson, Alan Alda.						Below Deck '14'			Below Deck Cool Beans '14'		Below Deck '14'		Below Deck '14'								
CBSSN	262			221	58	Fishing Sport Fishing Championship						Fishing Major League Fishing: 2022 Tackle Warehouse Pro Circuit (N)						The 2022 SBD World's Strongest		The 2022 SBD World's Strongest							
CMT	190	80	80	327	166	CMT Music		'PG'	CMT Music		'PG'	CMT Music		'PG'	Hot 20 Countdown (N) 'PG'												
CNBC	54	70	70	355	208	LPGA Tour Golf Amundi Evian Championship, Third Round (N)						Equity		Gold Liberty		Monster Jam (N)		Monster Jam		Paid Program 'G'	Paid Program 'G'						
CNN	55	67	67	202	200	Smerconish (N) (Live)		CNN Newsroom (N)		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom									
COM	135	73	73	249	107	Paid Program 'G'		Seinfeld		'PG'	Seinfeld	'PG'	Seinfeld	'PG'	The Office '14'	(9:35) The Office	The Office '14'	(10:45) The Office Angry Andy '14'		The Office '14'							
COTV	11					The Dr. Nandi Show		'G'	Sports Stars		Dr. Scott	Think Big	'G'	Real Green 'G'	The Dr. Nandi Show		'G'	Coffee With	Sports Stars	Dr. Scott	Think Big	'G'					
CSPAN	61	15	15	350	210	(4:00) Washington Journal (N)						Washington This Week															
*DIS	87	23	23	291	173	Bluey 'Y'		Bluey 'Y'		Bluey 'Y'		Bluey 'G'		Big City Greens		Big City Greens		Ladybug & Cat		Ladybug & Cat		Big City Greens	Big City Greens				
*DISC	156	43	43	278	182	Legs. Locations		Sport Fishing		Major League Fishing (N)		'PG'	Deadliest Catch '14'		(DVS)	Expedition Unknown		'PG'	Expedition Unknown		'PG'						
*E!	136			236	114	Last-Standing		Last-Standing		Last-Standing		Last-Standing		Last-Standing		Last-Standing		Last-Standing		Last-Standing		Last-Standing					
ESPN	21	28	28	206	140	Outside the Lines (N) (Live)						SportsCenter (N) (Live)		SportsCenter (N) (Live)		The Basketball Tournament Second Round: Teams TBA (N) (Live)		The Basketball Tournament									
ESPN2	22	29	29	209	143	SportsCenter (N)						Formula 1 Racing		The Captain		AKC 2022 Agility Dog Premier Cup (N)		PFL 2022		UEFA Women							
ESPNN	24	29	31	207	142	USPA Polo: D1 National						UFC Main Event '14'		The Undeclared		Finding Free		The Undeclared		The Undeclared Presents							
FNC	57	65	65	360	205	(3:00) FOX and Friends Saturday						Cavuto Live (N) (Live)						Fox News Live (N) (Live)		Fox News Live (N) (Live)							
*FOOD	177	56	56	231	110	Paid Program 'G'		Paid Program 'G'		Barefoot Cont		Barefoot Cont		The Kitchen Burger Bash 'G'		Simply Giada 'G'		Simply Giada 'G'		Pioneer Wo.		Pioneer Wo.		The Kitchen BBQ and A (N) 'G'			
FREE	67	62	62	311	180	Paid Program 'G'		Paid Program 'G'		The Middle 'PG'		The Middle 'PG'		** "Pocahontas" (1995) Voices of Irene Bedard, Judy Kuhn.													
FX	131	46	46	248	136	Paid Program 'G'		Paid Program 'G'		Mom '14'		Mom '14'		Family Guy '14'		Family Guy '14'		Family Guy '14'		Family Guy '14'		*** "Mission: Impossible Rogue Nation" (2015) Tom Cruise.					
HGTV	176	55	55	229	112	Paid Program 'G'		Paid Program 'G'		Home Town 'G'		(DVS)	Home Town Retreat Yourself 'G'		Home Town 'G'		(DVS)	Home Town Grand Millennium 'G'		Home Town 'G'		(DVS)					
*HIST	155	76	76	269	120	Coin Collecting with Mike Mezack						Swamp People Raging Bulls 'PG'		Swamp People 'PG'		(DVS)	Swamp People 'PG'		(DVS)	Swamp People 'PG'		(DVS)					
LIFE	138	59	59	252	108	Identity Theft		Oxygen Therapy		Paid Program 'G'		Paid Program 'G'		Home		Paid Program 'G'		Paid Program 'G'		Identity Theft		Paid Program 'G'		Phrogging: Hider in My House '14'			
MSNBC	59	69	69	356	209	Velshi (N) (Live)						The Cross Connection With Tiffany Cross (N) (Live)						Alex Witt Reports (N) (Live)		Alex Witt Reports (N) (Live)		Yasmin Vossoughian Reports (N)					
MTV	192	81	81	331	160	Ridiculousness		Ridiculousness		Ridiculousness		Ridiculousness		Fresh Out Playlist (N) 'PG'		Ridiculousness		Ridiculousness		Ridiculousness		Ridiculousness					
NICK	82	35	25	300	171	SpongeBob		SpongeBob		SpongeBob		SpongeBob		SpongeBob		SpongeBob		SpongeBob		SpongeBob		SpongeBob					
OWN	161	213		279	189	Dr. Phil Catfish With a Twist						'14'	Dr. Phil		'14'	Dr. Phil		'PG'	Dr. Phil		'PG'	Dr. Phil Teen marriage. 'PG'					
PAC12	47	33	33	406		Pac-12 Classics						Pac-12 Classics						The 12 Greatest		The 12 Greatest		College Football From Sept. 25, 2008. 'G'					
PARMT	132	75	75	241	241	Relief		Paid Program 'G'		Paid Program 'G'		Identity Theft		NCIS Reopened investigation. 'PG'		NCIS South by Southwest		'14'	NCIS Knockout		'PG'	NCIS Hide and Seek		'14'			
SYFY	133	49	49	244	122	Paid Program 'G'		Equity		Paid Program 'G'		Identity Theft		Warehouse 13 Elements '14'		Warehouse 13 Burnout '14'		Warehouse 13 Implosion '14'		Warehouse 13 Duped '14'							
TBN	205	61	61	372	260	(5:00) VeggieTales 'Y'						Joel Osteen 'PG'		Joseph Prince		Steven Furtick		Kingdom Conn.		Robert Jeffress		VeggieTales 'Y'					
*TBS	16	41	41	247	139	The Cube Point and Pump Two new teams enter the Cube. '14'						The Cube Oksana Masters and Aaron Pike. '14'		(DVS)	American Dad!		'14'	American Dad!		'14'	American Dad!		'14'	American Dad!		'14'	(1938) Errol Flynn. The outlaw pits his childhood sweetheart moves back to town.
TCM	101	51	51	256	132	(5:28) "Thundering Hots"		Flash Gordon 'PG'		(7:08) ** "The Hidden City" (1950, Adventure) Johnny Sheff-ield, Sue England, Paul Guilfoyle.						"Roaring Guns" field, (1944, Action)		*** "The Adventures of Robin Hood" (1938) Errol Flynn. The outlaw pits his Merry Men against the evil Prince John.						(DVS)			
*TLC	178	57	57	280	183	American Gypsy Wedding						American Gypsy Wedding		American Gypsy Wedding		My 600-Lb. Life James' Story 'PG'		My 600-Lb. Life Kenae's Journey Kenae turns to food to fill a void. 'PG'									
*TNT	17	40	40	245	138	NCIS: New Orleans A search for Lasalle's missing brother.						'14'	NCIS: New Orleans Lasalle faces another dead end.		'14'	NCIS: New Orleans Lasalle looks for his brother's killer.		'14'	NCIS: New Orleans A natural gas explosion at a theater.		'14'	NCIS: New Orleans A dignitary's son disappears. '14'		(DVS)	NCIS: New Orleans The team searches for Lasalle's killer.		'14'
*TOON	84			297	177	Teen Titans Go!		Teen Titans Go!		Teen Titans 'Y7'		Teen Titans 'Y7'		Teen Titans Go!		Teen Titans Go!		We Baby Bears		We Baby Bears		** "Sherlock Gnomes" (2018) Voices of James McAvoy.					
*TRAV	179	47	47	277	196	Paid Program 'G'		Identity Theft		Food Paradise International 'G'		Food Paradise International 'G'															