

SUNDAY MORNING 1/16/22

ALSO IN HD; ADD 600 TO CHANNEL No.

MOVIES

SPORTS

KIDS

*In HD, these channels run three hours ahead. / Sports programming may vary.
BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirectTV; D2-Dish Network

	BD	PM	L	D1	D2	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
KATU		2				Good Morning America (N) 66		KATU News This Morning Sunday (N) 6 (Live) 66				Your Voice	Sharyl Attkisson	This Week With George ...		Paid Program 'G'	Paid Program 'G'
KTVZ	5	5	5	21	21	Ocean Mysteries	Wild Animals	Sunday Today With Willie Geist (N)	Meet the Press (N) 6 66			To Be Announced		Skiing U.S. Grand Prix 6 66			Freestyle Skiing
KBNZ	6	6	6	7	7	Pet Vet-Team	All In-Laila Ali	CBS News Sunday Morning (N) 6 66	Face the Nation			To Be Announced					
KOHD	9	9	9	51	9	Hearts of Heroes	Free Enterprise	Good Morning America (N) 66	This Week With George ...			Oregon Daily Weekend News		Journey Church Service		Paid Program 'G'	Paid Program 'G'
KFXO	10			69	69	Paid Program 'G'	Paid Program 'G'	Awesome Planet	Outer Space	FOX News Sunday (N) 6 66		Paid Program 'G'	Paid Program 'G'	Pets.TV 'G'	Animal Rescue	Paid Program 'G'	Paid Program 'G'
KPDx		13	13			Good Day Oregon Sunday (N)						Paid Program 'G'	Paid Program 'G'	Am. Heartland	Biz Kid\$ 'G'	DragonFlyTV 'G'	Think Big 'G'
KOAB	7	3	3	3	11	Ready Jet Go!	Nature Cat 'Y'	Mister Rogers	Let's Go Luna!	Hero Elementary	Elinor Wonders	Steves' Europe	Steves' Europe	Nature Octopus behavior. 6 'G'		NOVA Butterfly Blueprints 6 'PG'	
KGW		8				KGW News at Sunrise (N) 66						Meet the Press (N) 6 66		Skiing U.S. Grand Prix 6 66			Freestyle Skiing
KTVZD2T	12	7	7	22	12	Peter Popoff	Miracle Blade	Paid Program 'G'	In Search	Paid Program 'G'	In Touch With Dr. Charles Stanley	Key of David		Catholic Mass	Perry Stone	Bend First Presbyterian	
OPBPL	175					Euromaxx 'G'	In Good Shape	Ageless Living	A Wider World	Jamie Oliver: Together 'G'		Legacy List With Matt Paxton 'G'		How Sherlock Changed the World		"Far Western" (2016)	
*A&E	130	44	44	265	118	Paid Program 'G'	The Potter's	** "Olympus Has Fallen" (2013, Action) Gerard Butler, Aaron Eckhart. 6 66					*** "John Wick: Chapter 2" (2017, Action) Keanu Reeves, Common. 6 66				
*AMC	102	50	50	254	113	(6:11) "Kindergarten Cop 2" (2016, Comedy) Dolph Lundgren, Sarah Strange. 66				(8:26) * "Batman & Robin" (1997, Action) Arnold Schwarzenegger, George Clooney, Chris O'Donnell. 66						Kindergarten	
*ANPL	68	48	48	282	184	North Woods Law 6 'PG'		North Woods Law 6 'PG'		Tanked 6 'PG'		Tanked 6 'PG' 66		Tanked 6 'PG' 66		Tanked 6 'PG'	
BRAVO	137	58	58	237	129	Vanderpump Rules '14' 66		Vanderpump Rules '14' 66		Housewives/OC		Housewives/OC		Housewives/OC		Housewives/OC	
CMT	190	80	80	327	166	CMT Music 6 'PG' 66		CMT Music 6 'PG' 66		CMT Music 6 'PG' 66		Hot 20 Countdown 'PG' 66					
CNBC	54	70	70	355	208	Paid Program 'G'	FA Women's Super	League Arsenal vs Reading (N) (Live) 66		Paid Program 'G'		AMA Supercross Monster Energy Series, Round 2 From RingCentral Coliseum in Oakland, Calif. 66					
CNN	55	67	67	202	200	State of the Union With		Fareed Zakaria GPS (N) 'PG' 66		Reliable Sources Brian		State of the Union With		Fareed Zakaria GPS 'PG' 66		CNN Newsroom	
COM	135	73	73	249	107	Paid Program 'G'	Paid Program 'G'	Seinfeld 6 'PG'	Seinfeld 6 'PG'	Seinfeld 6 'PG'	Seinfeld 6 'PG'	The Office 'PG'	The Office 'PG'	The Office 'PG'		The Office '14'	The Office '14'
COTV	11					The Dr. Nandi Show 6 'G' 66		Sports Stars	Real Green 'G'	Coffee With	Frontier Unlim.	CO Daily News		Journey Church Service		Coffee With	Dr. Scott
CSPAN	61	15	15	350	210	(4:00) Washington Journal (N)		Washington This Week 66									
*DIS	87	23	23	291	173	Bluey 'G' 66	Bluey 'Y' 66	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Molly McGee	Ladybug & Cat	Amphibia 'Y7'	GhostForce 6	GhostForce 6
*DISC	156	43	43	278	182	Seasons on Fly	Auction Kings	The Fish Guyz	Auction Kings	Saltwater Fish	Sportsman	Gold Rush 6 '14' 66		Mystery at Blind Frog Ranch 'PG'		Mysteries of the Abandoned 'PG'	
*E!	136			236	114	*** "Trainwreck" (2015, Romance-Comedy) Amy Schumer, Bill Hader. 66 (DVS)					** "Legally Blonde 2: Red, White & Blonde" (2003), Sally Field 66					** "How to Lose a Guy in 10 Days" (2003) 66	
ESPN	21	28	28	206	140	SportsCenter (N) (Live) 66		Postseason NFL Countdown (N) (Live)						College Basketball Teams TBA			
ESPN2	22	29	29	209	143	Daily Wager (N) (Live)		Super Bowl	Super Bowl	Cornhole ACL National College Championship Doubles championship.				To Be Announced			
ESPNC	23	30	30	614		(5:00) College Football 'G'		College Football 'G'				College Football 'G'				College Football 'G'	
ESPNN	24	31	31	207	142	World of X Games 'G'		World of X Games 'G'		Games		USA Climbing		USA Climbing		E60 'G'	
FNC	57	65	65	360	205	(3:00) FOX and Friends Sunday (N)		Sunday Morning Futures		MediaBuzz (N) (Live) 66		Fox News Live (N) (Live) 66		Fox News Live (N) (Live) 66		FOX News Sunday 6 66	
*FOOD	177	56	56	231	110	Silver	Paid Program 'G'	Trisha's Sou.	Trisha's Sou.	Valerie Home	Valerie Home	Pioneer Wo.	Pioneer Wo.	Pioneer Wo.	Pioneer Wo.	Girl Meets Farm	Simply Giada 'G'
FREE	67	62	62	311	180	Paid Program 'G'	MyPillow Bed	The Middle 'PG'	The Middle 'PG'	The Middle 'PG'	black-ish 'PG'	** "Little Giants" (1994, Children's) Rick Moranis, Ed O'Neill, John Madden. 66					We Are Marshall
FX	131	46	46	248	136	Paid Program 'G'	Paid Program 'G'	Mom '14' 66	Mom '14' 66	Mom '14' 66	Mom '14' 66	Mom '14' 66	** "Invincible" (2006) Mark Wahlberg. The story of football's Vince Papale. 6 66				
HGTV	176	55	55	229	112	Paid Program 'G'	Paid Program 'G'	Love It or List It 'PG' 66		Love It or List It 'PG' 66		Love It or List It 'PG' 66		Love It or List It 'PG' 66 (DVS)		Love It or List It 'G' 66 (DVS)	
*HIST	155	76	76	269	120	Coin Collecting	Coin Collecting	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars 'PG' 66 (DVS)		Modern Marvels Jet truck. 6 'G'	
LIFE	138	59	59	252	108	Paid Program 'G'	Paid Program 'G'	Michael Youssef	Harvest with	Amazing Facts	David Jeremiah	Joel Osteen 'PG'	Paid Program 'G'	*** "Twister" (1996, Action) Helen Hunt, Bill Paxton. 66			



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MSNBC	59	69	69	356	209	Velshi (N) (Live) 66	The Sunday Show With Jonathan Capehart (N) (Live) 66				Alex Witt Reports (N) (Live) 66		Alex Witt Reports (N) (Live) 66		Alex Witt Reports (N) (Live) 66				
MTV	192	81	81	331	160	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	*** "Wedding Crashers" (2005)			
NICK	82	35	25	300	171	SpongeBob	SpongeBob	SpongeBob	NFL Slimetime	SpongeBob	SpongeBob	SpongeBob	SpongeBob	*** "Despicable Me 2" (2013) Voices of Steve Carell. 6 66					
OWN	161	213		279	189	Dr. Phil 6 'PG' 66		Dr. Phil 6 '14' 66		Dr. Phil 6 '14' 66		Dr. Phil 6 '14' 66		Dr. Phil 6 'PG' 66		Super Soul Sunday 6 'PG'			
PAC12	47	33	33		406	Basketball Rep.	Basketball Rep.	Basketball Rep.	Basketball Rep.	Basketball Rep.	Basketball Rep.	Basketball Rep.	Basketball Rep.	Basketball Rep.	Basketball Rep.	Women's College Basketball			
PARMT	132	75	75	241	241	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	NCIS Cloak 6 '14' 66		NCIS Dagger 6 '14' 66		NCIS Death of a petty officer. 'PG'		NCIS Nine Lives 6 'PG' 66			
SYFY	133	49	49	244	122	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Twilight Zone	Twilight Zone	"Stickman" (2017, Suspense) Alanna Bale, Valerie Buhagiar. 66				"Journey-Center of Earth"			
TBN	205	61	61	372	260	Jentezen	Turning Point	Robert Jeffress	Winning Walk	Joel Osteen 'PG'	Daily Hope	Jackson Mini	Charles Stanley	PowerPoint	It is Written	Power Change	F. Mazzapica		
*TBS	16	41	41	247	139	Wipeout 6 '14' 66 (DVS)		Wipeout 6 'PG' 66 (DVS)		American Dad	American Dad	American Dad	Friends 6 'PG'	Friends 6 'PG'	Friends 6 'PG'	Friends 6 '14'	Friends 6 'PG'		
TCM	101	51	51	256	132	(5:00) *** "This Happy Breed"	*** "The Mob" (1951) Broderick Crawford. 66			(8:45) *** "Anthony Adverse" (1936, Romance) Fredric March, Olivia de Havilland. 66						(11:15) "That Uncertain Feeling"			
*TLC	178	57	57	280	183	Say Yes to the Dress 'PG' 66	Say Yes to the Dress 'PG' 66			Say Yes to the Dress 'PG' 66		Darcey & Stacey 6 '14'		Darcey & Stacey 6 '14'		David & Annie Loren & Alexei			
*TNT	17	40	40	245	138	NCIS: New Orleans 6 '14'	NCIS: New Orleans Bad Apple '14'			NCIS: New Orleans Overlooked '14'		NCIS: New Orleans 6 '14'		NCIS: New Orleans 6 '14'		** "Shaft" (2019) 66 (DVS)			
*TOON	84			297	177	Baby Looney	Baby Looney	Lucas the Spider	Esme & Roy 'Y'	We Baby Bears	We Baby Bears	Teen Titans Go!	Teen Titans Go!	Teen Titans Go!	Teen Titans Go!	Wrd, Gumball	Wrd, Gumball		
*TRAV	179	47	47	277	196	Paid Program 'G'	Paid Program 'G'	Food Paradise 'PG' 66		Food Paradise 'PG' 66		Food Paradise 'PG' 66		Food Paradise 'PG' 66		Food Paradise 'PG' 66			
TVLND	65	63	63	304	106	Hot in Cleveland	Hot in Cleveland	(7:12) Hot in Cleveland 'PG' 66		Hot in Cleveland	Hot in Cleveland	The Golden Girls	The Golden Girls	(10:12) The Golden Girls 6 'PG'		The Golden Girls	The Golden Girls		
USA	15	45	45	242	105	Premier League Soccer Liverpool vs Brentford (N) (Live) 66				Premier League	Last-Standing	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit		Law & Order: Special Victims Unit			
VH1	191	82	82	335	162	Martin 'PG'	Martin 6 'PG'	Martin 6 'PG'	Martin 6 'PG'	Cheaters 6 '14'	Cheaters 6 '14'	Cheaters 6 '14'	Cheaters 6 '14'	Cheaters 6 '14'	Cheaters 6 '14'	Cheaters 6 '14'	Cheaters 6 '14'		
FS1	35	35	35	219	150	Bassmaster	Bassmaster	Motorcycle Race		Motorcycle Race		College Basketball Butler at Villanova (N) (Live) 66				Inside Big East	Horse Race		
FS2	34	324		618	397	College Basketball		Bassmaster	Bassmaster	Bassmaster	Bassmaster	Snow Polo Championship			Motorcycle Race		Motorcycle Race		
FXM	104	225	120	258	384	(4:55) *** "Cocoon" 1985 66	(6:55) **** "Alien" 1979, Science Fiction Tom Skerritt. 'R' 66				(8:55) *** "The Fly" 1958 Al Hedison. 'NR' 66			** "The Curse of the Fly" 1965 Brian Donlevy.					
GOLF	28	34	34	218	401	Golf Australian PGA Championship,	PGA Tour Golf Sony Open in Hawaii, Third Round 66							PGA Tour Golf Sony Open in Hawaii, Third Round					
HALL	66	60	60	312	185	Reba 'PG' 66	Reba 'PG' 66	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	"South Beach Love" (2021) Taylor Cole, William Levy. 'G' 66 (DVS)					
HBO	425	601	501	504	303	(5:16) ** "27 Dresses" 2008 6	(7:10) *** "Extremely Loud & Incredibly Close" 2011 Tom Hanks. 6 'PG-13' 66				(9:20) ** "Greenland" 2020, Action Gerard Butler. 6 'PG-13' 66		(11:20) Next 66						
IFC	105			564	133	Saved by Bell	Saved by Bell	Saved by Bell		(7:45) *** "A Bronx Tale" 1993, Drama Robert De Niro, Chazz Palminteri. 'R' 66		(10:15) *** "Casino" 1995, Crime Drama Robert De Niro. 'R' 66							
MAX	400	621	508	516	311	(5:33) ** "Beyond the Sea" 2004 Kevin Spacey. 6	(7:33) *** "Pariah" 2011 Adepero Oduye. 'R' 66			** "Butter" 2011 Jennifer Garner. 6 'R' 66		(10:32) *** "Chasing Amy" 1997 Ben Affleck. 'R'							
NATGEO	157	77	77	276	186	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Shark Attack Files '14' 66		Shark Attack Files Deadly Duo '14'		Shark Attack Files '14' 66			
NBCSN	27	36	36	220	159	(Off Air)												(Off Air)	
NTOON	89	204	115	302	178	Alvinnn!!! and	Alvinnn!!! and	Alvinnn!!! and	Alvinnn!!! and	Danger Force (N)	NFL Slimetime	Alvinnn!!! and	Alvinnn!!! and	Alvinnn!!! and	Alvinnn!!! and	Alvinnn!!! and	Alvinnn!!! and		
OUTD	37	301	307	606	396	Zona's Show	Angling Edge	Hank Parker	Bill Dance	Facts of Fishing	Lake	The Choice	Addicted, Out.	American Archer	Buckmasters 'G'	Whitetail Nation	Outdoors TV		
SHO	500			546	319	(4:45) *** "Dark Waters" 2019	*** "Misery" 1990, Horror James Caan, Kathy Bates. 6 'R' 66				Yellowjackets Pilot 6 'MA' 66		Yellowjackets F Sharp 'MA' 66			Yellowjackets The Dollhouse 'MA'			
STARZ	300	631	408	526	361	(4:11) * "The Postman" 1997 'R'	(7:13) ** "Demolition Man" 1993 Sylvester Stallone. 6 'R' 66				(9:12) ** "White House Down" 2013, Action Channing Tatum. 6 'PG-13' 66		(11:27) Narc 'R'						
STZENC	106	641	401	536	341	(5:57) *** "Thunderheart" 1992, Mystery Val Kilmer. 'R' 66	(7:59) *** "There's Something About Mary" 1998 Cameron Diaz. 'R'				*** "Maverick" 1994, Western Mel Gibson, Jodie Foster. 'PG' 66								
TMC	525			554	329	"The Gasoline Thieves" 2019 Leonardo Alonso. 'NR'	(7:45) ** "Equals" 2015 Kristen Stewart, Guy Pearce. 6 'PG-13' 66				"Broken Diamonds" 2021 Ben Platt. 6 'PG-13' 66		** "The Gentlemen" 2020 'R'						
*WE	143	54	54	260	128	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Law & Order Identity 6 '14' 66		Law & Order Floater 6 '14' 66			