

WEEKDAY AFTERNOON

ALSO IN HD; ADD 600 TO CHANNEL No.

MOVIES

SPORTS

KIDS

*In HD, these channels run three hours ahead. / Sports programming may vary.
BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirectTV; D2-Dish Network

	BD	PM	L	D1	D2	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30								
PAC12	47	33	33		406	Th Basketball	College Basketball Utah at Oregon State [Ⓢ]			Women's College Basketball Oregon at Stanford			College Basketball Utah at Oregon [Ⓢ]			Pac-12 Football in 60									
						F College Basketball Utah at Oregon	Basketball Rep.	Basketball Rep.	Pac-12 Football in 60			Women's College Basketball: Wildcats at Beavers			Women's College Basketball: Sun Devils at Ducks										
						M College Wrestling Arkansas-Little Rock at Oregon State [Ⓢ]			Basketball Rep.	Basketball Rep.	College Basketball Utah at Oregon [Ⓢ]			College Basketball Oregon State at UCLA [Ⓢ]											
						T			Our Stories	Our Stories	Pac-12 Football in 60			Pac-12 Football in 60		Pac-12 Football in 60									
						W Basketball	College Basketball Oregon State at USC [Ⓢ]			Pac-12 Football in 60			Women's College Basketball: Sun Devils at Beavers			Women's College Basketball Arizona at Oregon									
PARMT	132	75	75	241	241	Bar Rescue		Bar Rescue		Mom		Mom		Mom		Mom		Two/Half Men		Two/Half Men		Two/Half Men		Two/Half Men	
SYFY	133	49	49		244	122	Th (11:00) ** Inferno 2016 Tom Hanks. [Ⓢ]	** The Matrix Revolutions 2003 Keanu Reeves. Neo, Morpheus and Trinity battle vicious machines.				(25) *** The Matrix 1999 Keanu Reeves.													
							F *** Kick-Ass 2010 Aaron Johnson. An ordinary teen decides to become a superhero.	*** The Cabin in the Woods 2011, Horror Kristen Connolly. [Ⓢ]				(34) *** Signs 2002, Suspense Mel Gibson. [Ⓢ]													
							M * Land of the Lost 2009, Comedy Will Ferrell, Anna Friel. [Ⓢ]	*** How to Train Your Dragon 2010 Voices of Jay Baruchel. [Ⓢ]				*** Shrek 2 2004 Voices of Mike Myers, Eddie Murphy. [Ⓢ]													
							T ** Angels & Demons 2009, Action Tom Hanks. Robert Langdon confronts an ancient brotherhood. [Ⓢ]	** 2012 2009 John Cusack, Chiwetel Ejiofor. A global cataclysm nearly wipes out humanity. [Ⓢ]																	
						W (9:00) 2012 2009	(34) *** The Prestige 2006 Hugh Jackman. Two 19th-century magicians engage in a deadly rivalry.				(34) ** The Chronicles of Riddick 2004, Science Fiction Vin Diesel, Colm Feore. [Ⓢ]														
TBN	205	61	61	372	260	The 700 Club			Turning Point	Varied Programs		Praise	Varied Programs		Church	The Potter's	Praise	Varied Programs							
*TBS	16	41	41	247	139	Friends		Friends		Friends		Friends	Friends	Friends	Friends	Young Sheldon	Young Sheldon								
TCM	101	51	51		256	132	Th (11:15) ** For the First Time	** Grounds for Marriage 1950 Van Johnson.			(45) *** Maytime 1937, Musical Jeanette MacDonald, Nelson Eddy. [Ⓢ]			*** In Cold Blood 1967											
							F (15) ** Four Wives 1939 Priscilla Lane, Rosemary Lane. [Ⓢ]	(15) ** Mother's Cry 1930 Dorothy Peterson.			** Washington Masquerade 1932, Karen Morley			** Hell Drivers 1957 [Ⓢ]											
							M (11:15) *** The Learning Tree	(15) **** Sounder 1972, Drama Cicely Tyson, Paul Winfield. [Ⓢ]			(15) *** Nothing But a Man 1964 Ivan Dixon, Abbey Lincoln.			American Revolution 2 1969											
							T Mr. Lucky 1943	(45) *** The Bachelor and the Bobby-Soxer 1947 Cary Grant.			**** North by Northwest 1959, Suspense Cary Grant, Eva Marie Saint. [Ⓢ] (DVS)			*** Places in the Heart											
						W (11:00) *** Dodge City 1939	*** 3 Godfathers 1948 John Wayne, Pedro Armendáriz. [Ⓢ]			** The Deadly Trackers 1973 Richard Harris, Rod Taylor. [Ⓢ]			Mr. Smith Goes to Washington												
*TLC	178	57	57	280	183	Varied Programs																			
*TNT	17	40	40	245	138	Supernatural		Varied Programs		Supernatural		Supernatural		Varied Programs											
*TOON	84			297	177	Craig of Creek		Craig of Creek		Craig of Creek		Craig of Creek		Varied Programs		Wrld, Gumball		We Baby Bears	Craig of Creek	Craig of Creek	Craig of Creek				
*TRAV	179	47	47	277	196	Varied Programs																			

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TVLND	65	63	63	304	106	Gunsmoke	Varied Programs	Gunsmoke	Varied Programs	Gunsmoke	Varied Programs	Gunsmoke	Varied Programs	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith			
USA	15	45	45	242	105	Varied Programs														
VH1	191	82	82	335	162	Th	** First Sunday 2008, Comedy Ice Cube, Katt Williams. ⓘ 🇸🇪 (:40) *** Friday 1995, Comedy Ice Cube, Chris Tucker, Nia Long. ⓘ 🇸🇪 (4:50) ** Next Friday 2000 ⓘ													
						F	Fresh Prince	Fresh Prince	Fresh Prince	Movie	** Barbershop 2002 Ice Cube, Anthony Anderson. ⓘ 🇸🇪									
						M		VH1 Family Reunion: Love	Fresh Prince	Fresh Prince	Fresh Prince	Fresh Prince	VH1 Family Reunion: Love	VH1 Family Reunion: Love						
						T			VH1 Family Reunion: Love		My Celebrity Dream Wedding	My Celebrity Dream Wedding	Wild 'n Out	Wild 'n Out						
						W			** Notorious 2009, Biography Angela Bassett, Derek Luke. ⓘ 🇸🇪				** Juice 1992, Crime Drama Omar Epps, Tupac Shakur. ⓘ 🇸🇪				** Above the Rim 1994 ⓘ 🇸🇪			
GOLF	28	34	34	218	401	Th	(11:00) GOLF Films			Golf Today			Golf Central Pregame			PGA Tour Golf Sony Open in Hawaii, First Round (N) (Live) 🇸🇪				
						F	PGA Golf									PGA Tour Golf Sony Open in Hawaii, Second Round (N) (Live) 🇸🇪				
						M	(11:00) Golf Today			Golf Central		School of Golf	Playing Lessons	Golf Central		Masters Highlights		PGA Golf		
						T				Golf Central	LPGA Preview	PGA TOUR			Golf Central	LPGA Preview	School of Golf	Playing Lessons	GOLF Films	
						W				Golf Central		Golf 2022 The American Express Charity Event (N) (Live) 🇸🇪					PGA Champions Preview		PGA TOUR	Golf Central
HALL	66	60	60	312	185	Movie	Varied Programs			Movie	Varied Programs			Movie	Varied Programs					
NATGEO	157	77	77	276	186	Th	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Life Below Zero	Life Below Zero	Life Below Zero						
						F	Drain the Oceans			Drain the Ocean		Drain the Bermuda Triangle		Drain the Oceans		Gordon Ramsay: Uncharted				
						M	The '80s: Top Ten			The '80s: Top Ten		The '80s: Top Ten		Life Below Zero		Life Below Zero				
						T	Tiny House Nation			Tiny House Nation		Tiny House Nation		Life Below Zero: Next Generation		Life Below Zero: Next Generation				
						W	Locked Up Abroad			Locked Up Abroad		Locked Up Abroad		Locked Up Abroad		To Catch a Smuggler: Brazil				
NBCSN	27	36	36	220	159	Th	(Off Air)													
						F														
						M														
						T														
						W														
NTOON	89	204	115	302	178	The Loud House	The Loud House	The Loud House	The Loud House	Casagrandes	Casagrandes	Casagrandes	Casagrandes	Casagrandes	Odd Parents	Odd Parents	Odd Parents			
OUTD	37	301	307	606	396	Th	Shooting USA		Nick's Wild Ride	Addicted, Out.	The Choice	Pat & Nicole	Lake	Trev Gowdy	Drop Zone	Outdoors TV	Whitetail Freaks			
						F	In Fisherman TV	A Fishing Story	Whitetail Freaks	Headhunters TV	The Fowl Life	Gun Dog TV	Wicked Tuna	Longmire			Wardens			
						M	Facts of Fishing	Bill Dance	Buckmasters	Whitetail Nation	Hunting TV	Wardens	Carter Andrews	Zona's Show	Wild Game	WildFed	Fur Hat Ice Tour	Dead Meat		
						T	Gun Stories	Guns & Ammo	Amer. Archer	Heartland Bow	Drop Zone	Lee & Tiffany	Two Conchs	Spear Life	Truth Hunting	Lindsey Way	Beyond the Hunt	Spirit of Wild		
						W	Commandos	Zona's Show	Territories Wild	Lindsey Way	Outdoors	Hunt Masters	BigWater Adv	The Seahunter	Shooting Gallery	Gun Stories	Guns & Ammo	Amer. Rifleman		

whattheywatch



Ginnifer Goodwin of “Pivoting” on Fox
“Right now, I’m watching ‘Sex Education.’ And when my husband Josh (Dallas) gets home for his Christmas break from shooting ‘Manifest’ on the East Coast, we’re going to start Season 2 of ‘The Great.’ And I just finished ‘Ted Lasso.’ We love ‘Ted Lasso.’ ”



Sophia Bush of “Good Sam” on CBS
“I’ve actually rewatched my friend Mae Martin’s show ‘Feel Good.’ It’s one of my favorite shows that’s come out in the last couple of years, and I’d already seen it twice. I turn it on and I fall asleep to it at night, and it’s great.”

Danny McBride of “The Righteous Gemstones” on HBO

“You know, the last thing I watched that I really fell in love with and just got obsessed with and I’m really looking forward to the new season, is ‘The Crown.’ That was one of the best things I’d seen on TV in so, so long. Loved it.”

