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## Goodlife's Triple Lava Cave IPA is **MASSIVE** in flavor



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 Mocha Porter — Bend Brewing  
 Story of the Ghost Hauntingly Pale Ale — Block 15 Brewing  
 Oude Perzik — Boneyard Beer  
 Pecan Pie Porter — Backwoods Brewing

While it's challenging to achieve great flavor with the higher alcohol volume of Goodlife Brewing's Lava Cave Triple IPA, "Our inspiration lies in the challenge," said Tyler West, head brewer at Goodlife Brewing Co. "We like to make beers that really get you thinking, and challenge us to rely on our experience of the science behind beer and fermentation."

Jon Abernathy/For The Bulletin

BY JON ABERNATHY • For The Bulletin

**T**he spectrum of India pale ale substyles is a wide one. The original IPA-inspired variations ranging from lower-alcohol "session" IPA, to a color palette spanning black, brown, red and white, to the newer hazy, juicy and New England styles. And then there is double or "imperial" IPA, which amplifies the hop levels along with the strength for an intense, hop-forward experience.

Brewmaster Vinnie Cilurzo of California is widely recognized as pioneering the style. Cilurzo first brewed what he called a double IPA, Inaugural Ale, in 1994 at Blind Pig Brewing Company. It was around 7% alcohol by volume and 100 IBUs — practically unheard of

at the time.

In 1999 at Russian River Brewing Company, he created Pliny the Elder. At 8% ABV and full of intense grapefruit and floral hop character, it set the standard, widely considered to be a "best of class" in the beer world.

Pushing the limits in these ales, one may ask, if there is double, could there be a triple IPA? Unsurprisingly, that answer is yes. In 2005, Cilurzo brewed Pliny the Younger, released as a winter seasonal and labeled a triple IPA. With 10.25% ABV, it's a triple dry-hopped

cult favorite which to this day inspires hordes of fans lining up for its release.

What separates double from triple IPA? Strength, primarily; double IPA is considered to range from roughly 7.5% to 10% ABV, while triple IPA is over

**Continued on next page**