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FULL July 29-Aug. 4

SUBMIT AN EVENT Submit an event at **bendbulletin.com/events**. Ongoing listings must be updated monthly. Questions? Call 541-383-0351 or email go@bendbulletin.com.



Tai Chi Class: Taoist Tai Chi Chuan 108 movements. This holistic approach focuses on the entire body as well as the mental and spiritual aspects. Taught By Grandmaster Franklin; 9:30-10:30 a.m.; \$15-\$70 first class is free; TDS Dance Studio, 1601 Newport Ave, Bend; grandmasterfranklin.com

Deschutes County Fair & Rodeo: The annual fair and rodeo is back featuring carnival rides and games, exhibits, animals, live music, food, vendors and more. Limited entry; 11 a.m.-10 p.m.; \$13 adults, \$8 seniors and children 6-12, under 6 free; Deschutes County Fair & Expo Center, 3800 SW Airport Way, Redmond; expo.deschutes.org

Books in Common NW — 'We Are the Brennans': Author Tracey Lange will discuss her new book in a virtual discussion; 6:30-8 p.m.; registration required; Paulina Springs Books, online; paulinaspringsbooks.com

Trail Running: A weekly group trail run led by Chris Colovos on the South Canyon section of the Deschutes River Trail. Bring water, snacks and drinks provided after the run; 6:45-8 p.m.; \$7 suggested donation; run starts and ends at Farewell Bend Park, 1000 SW Reed Market Road, Bend; facebook.com/bendadventuresports

Pop Up Stand Up Comedy Tour: Featuring national touring comedians Andre Ricks, Austen Silver and Steven Farmer; 8-9:30 p.m.; \$15 in advance, \$20 at the door; The Vault Taphouse/Kobold Brewing, 245 SW Sixth St., Redmond; eventbrite.com

FRIDAY 7/30

Cascade Lakes Relay: The annual 36 and 24 leg relay races through the Cascades and Oregon Outback and back will be held. The course has been amended due to the Bootleg Fire; 6 a.m.; \$1,125-\$1,950 per team;

Diamond Lake Resort, 350 Resort Drive, Diamond Lake; cascaderelays.com

Friday Morning Creekside Yoga: Annie Wilson will lead an all-level yoga class along the creek with music from her vinyl collection playing. Drop-in or sign up in advance by DMing @yogawithannie on Instagram; 10-11 a.m.; \$15; The Suttle Lodge, 13300 U.S. Highway 20, Sisters; thesuttlelodge.com

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Gravity Race Series: A series of six races will be held featuring men's, women's and youth divisions and a live DJ playing during each race, prizes awarded to top finishers of each division; 3:30-7 p.m.; \$15 adults, \$10 youths 16 and under; Mt. Bachelor, 13000 Century Drive, Bend; mtbachelor.com

Winery Spotlight Resolu Cellars: The Beaverton winery will be featured with a '20 Chardonnay,' 17 pinot noir,' 17 barbera and a '17 cabernet sauvignon; 4-7 p.m.; free; with meal purchase; Sisters Depot, 250 W. Cascade Ave., Sisters; facebook.com/sistersdepot

Movies in the Park — **'Abominable':** The 2019 animated film will be screened on the outdoor screen, bring a blanket or low back chair; 9-11 p.m.; Stryker Park, 453 NE Elm Street, Prineville; visitprineville.org

SATURDAY 7/31

CORK Saturday Run: A weekly group run will take place; 8-11 a.m.; free; Thump Coffee, 549 NW York Drive, Bend; centraloregonrunningklub.org

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