ALSO IN HD; ADD 600 TO CHANNEL No. MOVIES SPORTS KIDS

\*In HD, these channels run three hours ahead. / Sports programming may vary.

BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirecTV; D2-Dish Network

	BD	PM L	D1		6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(ATU ABC)		2			KATU News at 6 (N	l) n (Live) 🖾	Jeopardy! (N) <b>∩</b> 'G'	Wheel of Fortune	The Bachelorette (	N) <b>o</b> 'PG'  (DVS)			The Celebrity Dati Koechner; Rashad		KATU News at 11	(11:35) Jimmy Kimmel Live! '1
KTVZ	6	66	a	<b>a</b>	(5:00) 2020 Tokyo	Olympics Beach Voll	eyball, Track and Fie	ld, Gymnastics Wome	en's beach volleyball	2020 Tokyo Olym-	(9:05) 2020 Tokyo	Olympics Men's Volle	yball, Quarterfinals:	Teams TBA A quar-	NewsChannel 21	2020 Tokyo Oly
NBC) (BNZ	B	6 6	9			's 400m hurdles) wor		or final). (N) © CO Daily News (N)	The Neighborhood	pics Bob Hearts	Young Sheldon	men's volleyball tour (9:31) United		Petty officer on trial	Olympic Edition CO Daily News (N)	pics Late Show-Co
CBS)		-1		-					o 'PG'	Abishola 6 'PG'	o 'PG'	States of Al 'PG'	for war crimes. 6 '1	4'	. , ,	
(OHD ABC)	9	9 9	0	9	Inside Edition (N) 'PG' @	ABC World News	Jeopardy! (N) <b>∩</b> 'G'	Wheel of Fortune	The Bachelorette (	N) <b>o</b> 'PG'  (DVS)			The Celebrity Dati Koechner; Rashad		CO Daily News (N) (Live)	(11:35) Jimmy Kimmel Live!
	0		er.	ញ		News Channel 21		The Big Bang The-	Hell's Kitchen The	teams' first dinner	(9:01) HouseBro-	(9:31) Duncanville				Two and a Ha
FOX)				-	First on FOX	First on FOX	ory o 'PG'	ory o '14'	service. 6 '14' @ (D	OVS)	ken 6 '14'	o '14'	T. D. D. T.	TT 0:	- ' -	Men '14'
(PDX MNT)		<b>B</b>	'		Family Feud () 'PG'   ©	Family Feud O	ory of 'PG'	The Big Bang The- ory o '14'	8 O'Clock News (N	1)	9 O'Clock News (N	1)	ory of 'PG'	· The Simpsons	Family Guy Long John Peter '14'	Family Guy H Bla-ack! o '14
(OAB	7	8 8	3	0	This Old House		PBS NewsHour (N		Antiques Roadsho			e Oregon's Japanese	(10:06) Antiques	(10:36) Antiques	(11:04) POV Pier Ki	ids Black, home
PBS)		8			∩ 'G' (5:00) 2020 Tokyo (	Outside	evhall Track and Fig.	ld, Gymnastics Wome	tween \$70,000 and		American history. 'P	'G' <b>Olympics</b> Men's Volle	Roadshow Recut		queer and trans you KGW News at 11	uth. (N) 'PG'   <b>2020 Tokyo C</b>
KGW NBC)					track and field (men	's 400m hurdles) wor			one beach veneyban	pics	terfinal match in the	e men's volleyball tour	nament. (N) 📼	·	(N) @	pics
VZDT2	Ø	0 0	1 22	02	Bob's Burgers 'PG	Bob's Burgers O 'PG'	Family Guy Long John Peter '14'	Family Guy He's Bla-ack! $\alpha$ '14'	Roswell, New Mexicon and extremes to stop a		The Republic of Sa snowstorm hits. (N)	arah An unexpected	Seinfeld () 'PG' [ ]	Seinfeld The Foundation 'PG'	Schitt's Creek	Schitt's Cree
(CW) PBPL	175		+	+	New Chef	TasteMAKERS	A Wider World		Expedition With St		Wild Travels: Amer		Amanpour and Co		"Korla" (2015) Korla	
									BASIC CA	BLE CHANNEL	_S					
A&E	130	44 44	26		Hoarders A gift-hoat bankruptcy.   '14'	rding woman faces	Hoarders Ron; Card home are inaccessi	ol Rooms in a man's	Hoarders: Coming	Clean Carol (N) o '1	4' cc		(10:01) Dirty Rotte Out of a Movie (N)	n Cleaners Straight	(11:04) Hoarders P	
4110	400	50 50	0.5		(4:30) *** "A Few	Good Men" (1992, D		★★★ "Gran Torino" (	l (2008, Drama) Clint I	Eastwood, Christophe	er Carley, Bee Vang.	A veteran faces his	The Beast Must D		(11:04) ** "Outbrea	
AMC		50 50		1113	Jack Nicholson, Der	mi Moore. 🖾 🖢	· ·	longtime prejudices.			,, ,			. ,	Hoffman, Rene Rus	
ANPL RAVO			_	-	Homestead Rescu Below Deck Medite		Homestead Rescu Below Deck Medite		Homestead Rescu Below Deck Medite		Homestead Rescu Below Deck Medite	e: Raney Ranch The	Long Haul (N) o 'P	G' Below Deck Medite	Homestead Rescu	e • 'PG' Shahs of Sur
CMT	_	_	_	_		Last-Standing	Last-Standing	Last-Standing	Mom '14' @		Mom '14' @	Mom '14' ©	Mom '14' @	Mom '14' @	Reba 'PG' @	Reba 'PG' @
CNBC	54	70 70	35	208	(5:00) 2020 Tokyo	Olympics Track and	Field (N) (Live) ©			2020 Tokyo Olympi	cs	2020 Tokyo Olympi	cs Canoe (N) (Live)	CC	2020 Tokyo Olymp	ics Diving (N)
CNN					Cuomo Prime Time The Office '14'	(N) (Live) © The Office '14'	Don Lemon Tonigh The Office '14'	nt (N) (Live) © The Office '14'	Don Lemon Tonigh	nt (N) (Live) © The Office '14'	Anderson Cooper The Office '14'	360 'PG' © The Office '14'	Cuomo Prime Time The Office '14'	The Office '14'	Don Lemon Tonigh The Office '14'	nt  The Office '14
COTV	11	13 13	243	_	(5:00) Bend Planni		CO Daily News	CO Daily News	The Office '14' CO Daily News			CO Daily News	CO Daily News	CO Daily News		Law and Crir
	_	15 15	350	_	Politics and Public		, co 20,	00 24)	, co 24,	oo zaaay aaaa	Politics and Public			joo zumy none	00 24	
*DIS						Raven's Home	,		0,	19) Voices of Kelly Cla		Big City Greens		Big City Greens		Sydney-Max
DISC *E!	156 136	43 43			Street Outlaws: Me Chrisley Knows		Street Outlaws: Me Chrisley Knows		Street Outlaws: Me Chrisley Knows		Getaway Driver Ou Chrisley Knows		(10:01) Getaway D Chrisley Knows	Chrisley Knows	(11:01) Getaway Dr Chrisley Knows	
ESPN	_	28 28	_		(4:00) MLB Baseba		SportsCenter (N) (		SportsCenter (N) (		SportsCenter (N) (		SportsCenter (N)		SportsCenter (N) (	
				143	<b>ESPN</b> Original Doo	cumentaries	<b>ESPN Original Doo</b>		<b></b>		UFC 265: Countdo		Around the Horn		UFC Main Event '1	
SPNC	-	_	_		(5:00) MLB Baseba		MLB Baseball			1	MLB Baseball				MLB Baseball	I
FNC	-	_	_	_	Around the Horn Hannity (N) (Live) (		Jalen & Jacoby The Ingraham Ang	Questionable	Around the Horn Gutfeld! (N) @	Interruption	X Games Fox News at Night	With Shannon	Jalen & Jacoby Tucker Carlson To	Questionable	Around the Horn Hannity	Interruption
	-	_	_	_	Diners, Drive-Ins a		Diners, Drive-Ins a		Diners, Drive-Ins a	nd Dives 'G'	BBQ Brawl (N) 'G'		Chopped Meat Fig		Chopped Big Barbe	ecue Bout 'G'
REE	-		_	_		6, Children's) Mara V						ad poses as a nanny			The 700 Club n 🖾	
FX						fe of Pets" (2016) Vo				e of Pets 2" (2019) Vo				ife of Pets" (2016) Vo		
HIST	_		_	$\rightarrow$	Home Town 'G'   American Pickers	n 'PG'	Home Town 'G'  American Pickers		Celebrity IOU (N) (		(9:05) Love It or Li (9:02) American Pi		(10:06) Love It or I (10:05) American I		(11:03) Love It or L (11:05) American P	
LIFE					Rizzoli & Isles Bas		Rizzoli & Isles Imita		Rizzoli & Isles '14'		Rizzoli & Isles Dea		(10:03) Rizzoli & Is		(11:03) Rizzoli & Is	
	_		_	_	The Rachel Maddo		The Last Word	"O' D "	The 11th Hour With		The Rachel Maddo		The Last Word	D. P. J.	The 11th Hour With	
MTV NICK	-	_	_	_	(5:00) MTV Special	The Loud House	SpongeRoh	** "Step Brotners" SpongeBob	SpongeBob	Ferrell, John C. Reil SpongeBob	<i>j</i> ,	Friends o 'PG'	Ridiculousness Friends o '14'	Ridiculousness Friends o 'PG'	Ridiculousness Friends o 'PG'	Ridiculousne Friends o '14
	161	_	_	_	Dateline on OWN h		Deadline: Crime W		Deadline: Crime W		Deadline: Crime W		Deadline: Crime W		Deadline: Crime W	
AC12						/olleyball Oregon Sta			olleyball Oregon St			Volleyball Oregon at			olleyball UCLA at C	Dregon 📼
						Two/Half Men		1999) Keanu Reeves				of the ill-fated 1970 m		eloaded" (2003) Kea	nu Reeves. 🕜 🖾 #Fast and Furious-L	\rightarrow\frac{4"}{1.50}
						t and the Furious: Tok	Discovering God		Praise 'G' @	990) TOTT HATRS. DAS	Joseph Prince	Jonathan Cahn	McManus @	Discovering God		Jordan Rubir
TBS		41 41			Family Guy '14' @	Family Guy '14' @	Family Guy Life of	Family Guy '14' @	Family Guy '14' @	Family Guy Peter	Family Guy Grimm	Family Guy '14' 🖾	American Dad Plo	Rick and Morty	Tuca & Bertie The	Wipeout Cou
			+	$\vdash$	(DVS) (5:00) *** "Anne o	(DVS) If the Thousand Days	Brian <b>(</b> ) '14' " (1969) Bichard	(DVS) (7:45) *** "The Tai	(DVS) ming of the Shrew" (		Job '14' peth Taylor, Richard F	(DVS) Burton, Cyril Cusack.	Heavy '14'	Get Schwifty '14'	Moss '14'	o 'PG' Gardner, A defro
TCM		51 51		132	Burton, Geneviève I	Bujold, Irene Papas. 🛭	CC	Shakespeare's Petru	uchio and Katharina	match wits in Padua.	CC		cleric interacts with	three women in Mexi	CO. 🚾	
*TLC				+	Darcey & Stacey (1	o '14' n" (2018, Action) Jaso	Darcey & Stacey of	14'	Darcey & Stacey (I	N) o '14'	sMothered (N) o '1	14' Wonder Woman and	So Freakin Cheap		Call in the Cheaps	
*TNT	17	40 40	24		Heard, Willem Dafor		on womoa, Amber		b (2017, Action) Ben b battle evil.  (DVS)		uai Gadol. Balillan,	vvonuer vvoman and	III.alis Doom Patro	I (IN) ID IVIA EEI (DVS)	Taylor-Johnson. 69 (	
TOON	-		_	7 177	Teen Titans Go!	Teen Titans Go!	Teen Titans Go!	Teen Titans Go!	Bob's Burgers	Bob's Burgers		American Dad		Rick and Morty	Family Guy '14'	Family Guy
		_	_	_		nknown Investigating	<u>,                                      </u>			nknown A nurse's ico		T		teries in America (N		Vinc of O
USA	-	_	_			Andy Griffith  Ny Night RAW (N) O	Andy Griffith (Live) 'PG' ©	Andy Griffith	Love-Raymond 2020 Tokyo Olymp		Love-Raymond	Love-Raymond	Love-Raymond 2020 Tokyo Olymp		King of Queens 2020 Tokyo Olymp	King of Quee
					Love & Hip Hop: A		Love & Hip Hop: A	tlanta '14' 📼	Love & Hip Hop: A		Cartel Crew (N) o		My True Crime Sto		Love & Hip Hop: A	
										ABLE CHANN	ELS					
	_	_	_	_				Maguire, Jeff Bridges				Gold Cup Final: Team				Undisputed
	34 3 104 2	_	_	_	2021 CONCACAF ( (4:45) *** "Deadp		PokerStars Champ  *** "Deadpool" 20	Dionship © D16, Action Ryan Rev	PokerStars Champ nolds, Ed Skrein, 'R'		FXM Presents	Lucas Oil Winternat     ★★ "Assassin's Cree			ia III Fomona, Calif.	FXM Present
	-	_	_	_				nents, from the Tokyo			1		a		PGA TOUR	PGA TOUR
		_	_	_		ance" (2017) Tricia He				ding" (2021) Brooke D				The Golden Girls		The Golden
	425 6 105	501   501	_	_	Judas & Black 3rd Rock	Last Week To. 3rd Rock	(7:11) *** "Freaky Two/Half Men	" 2020, Horror Vince Two/Half Men	Vaughn. 6 'R' 🖾 Two/Half Men		Small Town Two/Half Men	Small Town Two/Half Men	The White Lotus 'N Two/Half Men	//A'   Two/Half Men	Small Town Two/Half Men	Small Town Two/Half Me
IFC MAX		521 508						clash over allegations			I WO/I IAII WEII	(9:45) ★★★ "Misery				Never Rarely
					Drain the Oceans		Drain the Titanic 'P	'G' 🖾	Drain the Oceans	(N) '14' ©	Drain the Oceans		Drain the Oceans		Drain the Oceans '	14' 🚾
	27	36 36	220	159	2020 Tokyo Olympi	ics Women's Volleyba				ics: Women's Basket	ball	2020 Tokyo Olympi			2020 Tokyo Olymp	1
TO 0	-	_	_	_	Alvinnn!!! and Longmire '14'	Alvinnn!!! and	Alvinnn!!! and Humanimal (N)	Alvinnn!!! and McMillan	Casagrandes Farming the Wild		SpongeBob Longmire '14'	SpongeBob	Patrick Star Humanimal		The Loud House Farming the Wild	
	UI .	001 301	_	_	(4:40) *** "Fence:	s" 2016 @			The Chi A Raisin in		Flatbush Mis	Black Monday		Drama Denzel Wash		weathater H
DUTD	500		541	ופוטוכ												
OUTD SHO	_	631 408	_		(5:24) * "Taxi" 2004			mma" 2011, Comedy	Vince Vaughn. 'PG-	13' 📼	Power Book III: Ra	ising Kanan o	Blindspotting 0	(10:33) * "Your Hig	hness" 2011 Danny N	McBride. 'R'
SHO TARZ TZENC	300 6		520 530	361 341	(5:24) * "Taxi" 2004 (5:10) ** "Young G	4 'PG-13'	(7:05) ** "The Dile Lonesome Dove C	mma" 2011, Comedy attle drive to Montana	a. 'PG' 📼		ove On the Trail 'PG	i' cc	(10:12) ** "Road I	(10:33) ★ "Your Hig House" 1989, Action F ama Liam Neeson. ①	Patrick Swayze. 6 'R'	