ALSO IN HD; ADD 600 TO CHANNEL No. MOVIES SPORTS KIDS

*In HD, these channels run three hours ahead. / Sports programming may vary.

BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirecTV; D2-Dish Network

	BD	PM 2	L D1 D2	6:00 Good Morning Am	6:30 erica (N) o @	7:00 KATU News This M	7:30 orning Saturday (N	8:00) ○ (Live)	8:30	9:00 Good Morning Am	9:30 erica (N) o ©		10:30 ing chronicle of one of		11:30 nal - and then infa-
(ABC)	6		5 21 21	(5:00) 2020 Tokyo (women's tennis. (N)	Olympics Archery, Wa	ater Polo, Volleyball,	Basketball, Tennis M	en's individual archer	y, water polo, volleyb	all, men's basketball,	, 2020 Tokyo Olympi	cs Archery, Water Po	Il time. Ω (Part 1 of 2 blo, Volleyball, Basket men's tennis. (N) Ω	ball, Tennis Men's in	dividual archery, wa
(CBS)				(5:00) CBS This Mo	orning: Saturday		Henry Ford's Innovation Nation		Hope in the Wild (N) • (EI) 'G'	The Great Dr. Scott 'G' @	Think Big A wind turbine blade. 'G'	Rodeo The Days of & Rodeo o	'47 Cowboy Games	Lucas Oil Pro Pulli Farley, Iowa, June 1	1, 2021. (N) 🕡
(ABC)		9		Ocean Treks With Jeff Corwin Paid Program	cc (DVS)	Good Morning Ame		Good Morning Ame	erica (N) o 🖾 Wild About Ani-	Hearts of Heroes 'G' (DVS) Teen Kids News	Free Enterprise (N) 'G' © Paid Program		ing chronicle of one of Il time. o (Part 1 of 2 Paid Program) '14'	
(FOX)	0	3		'G' Good Day Oregon	'G'		Xploration Weird but True 'PG'		mals 'G' @	(N) 'G' © Garden Time	'G'	CrossWave The Carbonaro	'G'	Paid Program 'G' © America's Heart-	Paid Program 'G' © Biz Kid\$ • (EI)
(MNT) KOAB	7			Hero Elementary	Molly of Denali 'Y'	Clifford the Big	Sesame Street 'Y'		Cyberchase o 'Y'	SciGirls o 'G' @	ing Show	Effect '14' Garden Smart	'G' @ P. Allen Smith's	land 'G' J Schwanke's Life	'G' © Fons & Porter's
(PBS) KGW (NBC)		8			Olympics Archery, Wa		© (DVS) Basketball, Tennis M		(DVS) y, water polo, volleyb	 pall, men's basketball,					Love of Quilting dividual archery, v
TVZDT2 (CW)	12	7	7 22 12			Drug-Free Relief	MyPillow Topper	Jack Hanna's Into the Wild 'G'	Jack Hanna's Into the Wild 'G'	Jack Hanna's Into the Wild 'G'		Best Friends Furever	Tails of Valor (CEI) 'G' (CEI)	To the Rescue (N)	Paid Program 'G' ©
OPBPL	175				ű			BASIC CAI	A Wider World BLE CHANNEL		WealthTrack	Christina Cooks		Christina Cooks	Christina Cooks
*A&E			44 265 118	Larry King Report (4:30) "Kindergar-		from the 1970s. 'PG'	CC	Flipping Vegas Ride out-of-date house.	'PG'	Flipping Vegas A for needs repair work. (9:15) Two and a		flipped years ago. 'F	ping A house Keith G' @ (10:45) Two and a	∩ 'G'	Sell This House o 'G' © (11:45) Two and
*AMC			50 254 113 48 282 184	ten Cop 2" My Cat From Hell	brother falls in with a		mpires. 🖾		(8:45) Two and a Half Men o '14' The Zoo: Meet	Half Men o '14' The Aguarium o 'F	Half Men o '14'	Half Men '14' The Aquarium o 'F	Half Men '14'	Half Men '14' The Aquarium o 'F	Half Men '14'
BRAVO	137	58	58 237 129	,	Chrisley Knows	Chrisley Knows CMT Music o 'PG'	Chrisley Knows		Chrisley Knows	Chrisley Knows		Chrisley Knows	★★ "He's Just Not Ti	hat Into You" (2009)	CC
CNBC	54	70	70 355 208		Dream		Emeril's Pasta & B		Silver Coins	RELIEF NOW! CNN Newsroom		Paid Program 'G'	BISSELL	Paid Program 'G' CNN Newsroom W	CSN's
			73 249 107		Paid Program 'G'		Parks/Recreat Dr. Scott		Parks/Recreat Real Green 'G'	(9:10) The Office The Dr. Nandi Sho	(9:45) The Office Ar w o 'G'	ndy's Play 'PG' Coffee With		The Office 'PG' Dr. Scott	The Office 'PG' Think Big o 'G'
*DIS	87	23	23 291 173	(4:00) Washington Bluey 'Y' @	Bluey 'Y' @	Washington This W Big City Greens	Big City Greens	Big City Greens	Big City Greens	Big City Greens			Ladybug & Cat	(11:15) Washingtor Ladybug & Cat	Ladybug & Cat
*E!	136		236 114	*** "Waiting to Exi	hale" (1995, Comedy-	Major League Fish Drama) Whitney Hou		t. @	★★ "How to Lose a	, , , ,	03) Kate Hudson, Ma		CC	Hunting Atlantis ⊕ * * * "She's All That"	(1999) 🖭
ESPN2	22	29	29 209 143	Formula 1 Racing			SportsCenter	SportsCenter Spec	ial	Cornhole ACL Cha	urnament: First Quar mpionships: 2021 Fin	al Chase		The Basketball Tou UFC 265: Countdo	wn '14'
ESPNN	24	29	31 207 142	(5:00) College Food World of X Games			World of X	World of X	World of X	World of X Games		World of X Games		College Football (C	
*FOOD	177	56	56 231 110		Paid Program 'G'	Cavuto Live (N) (Live B'foot Contessa	Back to Basics	The Kitchen 'G' @	t Datricia Arguetta 5		Symon's Dinners		Pioneer Wo.	Fox News Live (N) The Kitchen (N) 'G	. ,
FX	131	46	46 248 136	Paid Program 'G'	Paid Program 'G'		sible" (1996, Action)	ey Weaver, Jon Voight Tom Cruise, Jon Voig Celebrity IOU 'G' ©	ht, Henry Czerny. 0		*** "Spy" (2015, C		ces of Jack Black. © Carthy, Jason Stathan		
*HIST	155	76	76 269 120	Coin Collecting Parkinson's	Coin Collecting	Mountain Men		nbie Moose n 'PG' 🖾	(DVS)		st or Famine 'PG' 📼	Clean air	Mountain Men Brav		
MSNBC	59	69	69 356 209	Velshi (N) (Live) ©		The Cross Connec	tion With Tiffany Cr			Alex Witt Reports ((N) (Live) ©	Alex Witt Reports	N) (Live) ©	Alex Witt Reports	
NICK		35	25 300 171	SpongeBob Dr. Phil o 'PG' @	SpongeBob		SpongeBob		SpongeBob	SpongeBob Dr. Phil o 'PG'	SpongeBob	Patrick Star Dr. Phil o '14' @	Middlemost Post	SpongeBob House Hunters	SpongeBob House Hunters
PAC12	47	33	33 406	Pac-12 Football in Paid Program 'G'	60 cc	Pac-12 Football in		Pac-12 Football Me	· · · · · · · · · · · · · · · · · · ·	Pac-12 Football	Pac-12 Football in	60 ©	Pac-12 Football in (60 @	Pac-12 Football
SYFY	133	49	49 244 122	Paid Program 'G'	Paid Program 'G'	Home Lock Joel Osteen 'PG'				ts: The Crimes of Gri	<i>indelwald"</i> (2018, Fan		ne. 🖾 (DVS)	The Unholy	Harry Potter 7 Men: And the
*TBS	16	41	41 247 139	Family Matters of	'G' ´	ers encounter a giga	antic ape and monstr	ire) Tom Hiddleston, Sous creatures. @ (DV	S)	·	young farmhand mu	st defend his land fro	sy) Nicholas Hoult, E om fearsome giants.	CI .	ŭ
				Mrs. Hoyle"	Spies	(7:09) ** "The Falc Conway, Madge Mei	redith. 📼		"Sucker List" (1941)	plane, but there's or		Morris. Survivors fix Untold Stories of t	vict plans jewel heis	with odd losers.	
*TLC *TNT				Untold Stories of the NCIS: New Orleans pect in a homicide.		Untold Stories of the NCIS: New Orleans officer is found murd	Man on Fire A petty	NCIS: New Orleans napped at a restaura	Sebastian is kid-	Untold Stories of the NCIS: New Orleans vestigate a plane critical vestigate.	s NCIS and FBI in-		A Navy SEAL can-	Untold Stories of t ★★ "Batman v Supertice" (2016) Ben Afflet	erman: Dawn of J
*TOON *TRAV	84		297 177		Wrld, Gumball	Wrld, Gumball	Wrld, Gumball Man v. Food 'G'	The Fungies! 0	Teen Titans Go! Man v. Food 'G'		Teen Titans Go!	Craig of Creek Man v. Food 'G'	(10:45) Craig of the	\ /	Craig of Creek Man v. Food 'G'
	65	63	63 304 106	Old Christine	_	New Adventures of	Old Christine			Roseanne 'PG'		Roseanne 'PG'	(10:45) Roseanne 'F	PG' ₪ 2020 Tokyo Olymp	Roseanne 'PG'
VH1	191	82	82 335 162	Cheaters o '14'	Cheaters o '14'	Cheaters o '14'	Cheaters o '14'	PREMIUM C	ABLE CHANN					Cheaters o '14'	Cheaters o '14'
FS1 FS2	_	35 324		NHRA in 30 'PG' Bassmaster Fishin		Bassmaster Fishin		FOX Sports: Voices Bassmaster Fishin	g Elite Series	Bassmaster Fishin		Horse Racing Sara	toga Live (N) (Live) 'F		
GOLF	28	34		Tokyo Olympics	(6:20) ** "Love Me Golf LPGA & Europe	ean Tour: ISPS HAN	DA World Invitational		/e) ©				(10:20) ** "Warning	Wom. Golf	
нво	425	601	501 504 303	(5:15) ★★ "Happy G		(6:50) ** "10 Years"	" 2011 Channing Tatu	ım. 🖾	(8:35) ★★★ "The Go	ood Lie" 2014 Reese	wood" (2019) Danica Witherspoon. 'PG-13	'CC	(10:25) "David Byrn		" 2020 'NR'
MAX		621 5	508 516 311	Lawnmower 2	(6:17) "Miss Julie" 2		Chastain. 6 'PG-13'		(8:29) ★★★ "Beasts	Scrubs o '14'	d" 2012 o		Mercy" 2019 Michael		CC
	-	36	36 220 159	Tokyo Olympics	Paid Program 'G' 2020 Tokyo Olympi	cs: Women's Handba		2020 Tokyo Olympi	cs Women's Fencing		2020 Tokyo Olympi		2020 Tokyo Olympi		
NBCSN		204		Alvinnn!!! and Buckmasters		Middlemost Post Bone Collector	Patrick Star Headhunters TV			Anne Hathaway. • © Nick's Wild Ride		** "Alvin and the C	hipmunks" (2007, Ch Match Fish.	ildren's) Jason Lee. (Major League Fish	
NBCSN NTOON OUTD	37														
NBCSN NTOON OUTD SHO STARZ	37 500 300	301 3 631 4	546 319 408 526 361	H'mooners (5:54) ★★ "Bad Boy	*** "The Nutty Proi ys for Life" 2020, Actional States to Graceland" 200	fessor" 1996 Eddie M on Will Smith. • 'R' •	Murphy.	(8:05) "The One and	d Only Dick Gregory Jpon a Time In Holi	"2021 Dave Chappe lywood" 2019, Come			, and Pleasant	(11:05) *** "Erin E "Forgetting Sarah N (11:10) ** "Striking	farshall" 2008