FRIDAY EVENING 7/30/21

ALSO IN HD; ADD 600 TO CHANNEL No.

MOVIES

SPORTS

KIDS

\*In HD, these channels run three hours ahead. / Sports programming may vary.

BD-Bend/Redmond/Sisters/Black Butte (Digital): PM-Prineville/Madras: L-La Pine: D1-DirecTV: D2-Dish Network

| FRII                           | DA         | Υ        | E۷               | EN               | ING 7/30                                | /21  | ALSO IN HD; AE                         | DD 600 TO CHANNEL N                         | MOVIES  BROADCAST                         | SPORTS                  | KIDS          |  | d/Redmond/Sisters/Bla                          | ack Butte (Digital); P                     | M-Prineville/Madras; I                                | L-La Pine; D1-DirecTV                      | ; D2-Dish Network                 |
|--------------------------------|------------|----------|------------------|------------------|---|--|--|---|---|-------------------------|---------------|--|--|--|---|--|-----------------------------------|
|                                | BD         | PM       | L D              | 1 D2             | 6:00                                    | 6:30                                       | 7:00                                   | 7:30  | 8:00                                      | 8:3                     | 0             | 9:00   | 9:30   | 10:00                                      | 10:30   | 11:00                                      | 11:30                             |
| KATU<br>(ABC)                  |            | 2        |                  |                  | KATU News at 6 (N                       | N) n (Live) ©                              | Jeopardy! (N) ∩<br>'G' ©               | Wheel of Fortune<br>'G'                     | Shark Tank A hand<br>ing greens. 'PG' @   |                         | ce; dry- (9   | 9:01) 20/20 🕜 🖾                                      |  |  |   | KATU News at 11                            | (11:35) Jimmy<br>Kimmel Live! '14 |
| KTVZ                           | 6          | 6        | <b>6</b> 2       | 0 20             | (5:00) 2020 Tokyo                       | Olympics Track and                         | Field, Beach Volleyba                  | all, Swimming Track a                       | and field heats, beac                     | h volleyball an         | ıd (9         | 9:05) 2020 Tokyo                                     | Olympics Triathlon, \                          | Volleyball, Cycling Bl                     | MX Freestyle (N) n                                    | NewsChannel 21                             | 2020 Tokyo Olyr                   |
| (NBC)<br>KBNZ                  | 6          | 6        | a F              | 2 62             | CO Daily News (N)                       | he men's 100m butter<br>CO Daily News (N)  | CO Daily News (N)                      | (Live) 🖾<br>  CO Dailv News (N)             | Secret Celebrity R                        | Renovation Ev           | e Sina- L     | ove Island (N)                                       | ) 'PG' ₪                                       | Blue Bloods Baez                           | finds a corpse in her                                 | Olympic Edition CO Daily News (N)          | pics<br>Late Show-Colb            |
| (CBS)                          |            |          |                  |                  |   |  |  |   | er-songwriter Eve. (                      | (N) 🕠 'PG'              |               |  |  | front yard. '14' 🖾 ([                      |   |  |                                   |
| (ABC)                          | 9          | 9        |                  |                  | 'PG' 🚾                                  | ABC World News                             | Jeopardy! (N) •                        | Wheel of Fortune<br>'G' @                   | ing greens. 'PG'                          | awasning devic<br>(DVS) | ce; ary- (    | 9:01) 20/20 () 🖭                                     |  |  |   | (Live) (N)                                 | Kimmel Live! '14                  |
| KFXO<br>(FOX)                  | 0          |          | 6                | 9 69             | News Channel 21<br>First on FOX         |  | The Big Bang The-                      | The Big Bang Theory o 'PG'                  | WWE Friday Night                          | t SmackDown             | (N) o 'P      | G'   |  | News Channel 21                            | First on FOX (N) ©                                    | TMZ (N) o 'PG' @                           | Two and a Half<br>Men '14' @      |
| KPDX                           |            | <b>B</b> | B                |                  | Family Feud ()                          | First on FOX Family Feud 0                 | ory o 'PG' The Big Bang The-           | The Big Bang The-                           | 8 O'Clock News (I                         | N)                      | 9             | O'Clock News (                                       | N)   | The Big Bang The                           | - The Simpsons o                                      | Family Guy O                               | Family Guy '14'                   |
| (MNT)                          |            | _        | _                |                  | 'PG' ©                                  | 'PG' @ BBC World News                      | ory o 'PG'<br>PBS NewsHour (N)         | ory o 'PG'                                  | Frankie Drake Mys                         |                         | or in C       | Call the Midwife                                     | A diphtheria outbreak.                         | ory o '14'                                 | 'PG' ©  | '14' ©                                     | mo In Momoriam                    |
| KOAB<br>(PBS)                  | 7          | 3        | B                | שונ              | School of Great-<br>ness                | Today o                                    | PBS NewSHOUI (N)                       | ( ) ( )                                     | the City of 'PG'                          | steries ourilling       |               | ) '14' @   | A dipriliteria odibreak.                       | ful new ally. • '14'                       |   | Richard is arrested                        |                                   |
| KGW<br>(NBC)                   |            | 8        |                  |                  |   | Olympics Track and the men's 100m butter   |  |   | and field heats, beac                     | h volleyball an         | ıd (9         | 9:05) 2020 Tokyo                                     | Olympics Triathlon, \                          | Volleyball, Cycling Bl                     | MX Freestyle (N) n                                    | KGW News at 11                             | 2020 Tokyo Olyn<br>pics           |
| TVZDT2                         | Ø          | 7        | 7 2              | 2 <b>(2)</b>     | Bob's Burgers                           | Bob's Burgers                              | Family Guy o                           | Family Guy '14' @                           |   |                         |               |  | ue plans her new fash-                         | - Seinfeld o 'PG' 🖾                        |   | Schitt's Creek                             | Schitt's Creek                    |
| (CW)<br>OPBPL                  | 175        | -        | +                | $\rightarrow$    | O 'PG' Ciao Italia O 'G'                | o 'PG' Mexican Table                       | 14' @ The Royal House of               | of Windsor 'PG'                             | a proposed mine. (I                       |                         |               | on line. (N) o 'PG                                   | ugh the Lens '14'                              | Amanpour and Co                            | 'PG' @  | Grad Night '14' Frontline Race, pol        | icing and reform                  |
| OFBE                           | 173        |          |                  |                  | Oldo Italia ()                          | Wexicall Table                             | The Hoyal House o                      | Willasol Ta                                 | BASIC CA                                  |                         |               |  | agir the Lens 14                               | Amanpour and oc                            | Jinpany (N) 🕮   | Trontime Hace, por                         | iong and reform.                  |
| *A&E                           | 130        | 44       | 44 26            |                  | The First 48 Gunfin tournament. • '14'  | e erupts at a football                     | The First 48 A 23-y                    | ear-old man is shot                         | The First 48 Highw                        |                         |               | T <b>he First 48</b> An A<br>ured on video. <b>O</b> | tlanta murder is cap-                          | (10:01) The First 4<br>motel room; stabbir | 8 A man killed in a                                   | (11:04) The First 48 couple. (14' (2)      | 3 Killing of a Dallas             |
| *AMC                           | 102        | 50       | 50 25            | 4 112            | (5:30) *** "O Brot                      | ther, Where Art Thou?'                     | " (2000) George Cloc                   | oney. Three escaped                         | *** "Forrest Gui                          | mp" (1994, Co           |               |  | Robin Wright, Gary S                           |  |   | *** "Forrest Gur                           |                                   |
| *ANPL                          |            |          |                  |                  | convicts embark on<br>Louisiana Law Roa | an unusual odyssey.                        | Louisiana Law o '1                     | 14'   | es 30 years of histo<br>Louisiana Law Mr. |                         | 1/i' I        | ouisiana Law Bl                                      | ind Rage A '1/'                                | Louisiana Law Sp                           | w in the Sky '11'                                     | Hanks, Robin Wrigh                         |                                   |
| BRAVO                          | 137        | 58       | 58 23            | 7 129            | Shark Tank o 'PG'                       |  | Below Deck Medite                      |   | Below Deck Medit                          |                         | '14' <b>*</b> | *** "Pretty Woma                                     | an" (1990, Romance-C                           |  |   |  | Pretty Woman                      |
|                                |            |          |                  |                  |   | Last-Standing                              |  | Last-Standing                               | Mom '14' @                                | Mom '14' @              | _             | Mom '14' ©   | Mom '14' @                                     | Mom '14' @                                 | Mom '14' @  | Mom '14' ©                                 | Mom '14' @                        |
| CNBC                           |            |          |                  |                  | 2020 Tokyo Olymp<br>Cuomo Prime Time    |  | Don Lemon Tonigh                       | Olympics Women's Volt (N) (Live)            | CNN Special Repo                          |                         |               | okyo Olympics<br>Anderson Coope                      | 2020 Tokyo Olymp<br>r 360 'PG'                 | Cuomo Prime Tim                            | Tokyo Olympics e                                      | Tokyo Olympics Don Lemon Tonigh            | Tokyo Olympics<br>nt              |
| COM                            | 135        |          |                  | 9 107            | (6:15) The Office TI                    | he Chump 'PG'                              | (6:50) The Office                      | (7:25) The Office                           | Schitt's Creek                            | Schitt's Cre            | ek S          | Schitt's Creek                                       | Schitt's Creek                                 | Schitt's Creek                             | Schitt's Creek  | South Park 'MA'                            | South Park 'MA'                   |
| COTV                           | 11<br>61   | 15       | 15 35            |                  | CO Daily News Politics and Public       |  | CO Daily News                          | CO Daily News                               | CO Daily News                             | CO Daily No             |               | CO Daily News<br>Politics and Publ                   | CO Daily News                                  | CO Daily News                              | CO Daily News   | CO Daily News                              | Law and Crime                     |
| *DIS                           |            |          |                  |                  |   | (6:25) *** "The Se                         | ecret Life of Pets" (20                | 016) 🕜                                      | Bunk'd (N) 'G'                            | Gabby Dura              |               | The Owl House  | (9:40) Bluey 'G'                               | (10:05) Bluey 'Y'                          | Big City Greens                                       | Bunk'd 'G' 📼                               | Gabby Duran                       |
|                                | -          | _        | _                | _                | Gold Rush: Gold F                       |  | Gold Rush: Gold F                      |   | Gold Rush (N) o '                         |                         |               | Dino Hunters (N)                                     |  | · / ·                                      | Unknown Josh sear                                     |  |                                   |
| *E!<br>ESPN                    | 136<br>21  | _        |                  |                  | MLS Soccer                              | " (1999) Jason Biggs                       | <u> </u>                               | nd Timbers at LA Gal                        | ★★ "American Pie :                        | 2 (2001) Jaso           |               | SportsCenter (N)                                     |  | SportsCenter (N)                           | <i>Iding"</i> (2003) Jason E<br>(Live)                | SportsCenter (N) (                         |                                   |
| ESPN2                          | 22         | 29       | 29 20            | 9 143            | SportsCenter Spec                       |  | SportsCenter                           | UFC Live                                    | SportsCenter (N)                          | (Live) ©                | E             | 60   |  | Around the Horn                            | 1   | UFC Live                                   | Max on Boxing                     |
|                                |            | _        | 30 61            | _                | (5:00) College Foo<br>Jalen & Jacoby    | tball 'G' Questionable                     | College Football 'G                    |   | Around the Horn                           | Interruption            |               | College Football JFC Live                            | From Dec. 1, 1984. 'G' Max on Boxing           | Jalen & Jacoby                             | Questionable  | College Football (C                        |                                   |
| FNC                            | -          | _        | _                | _                | Hannity (N) (Live)                      |  | The Ingraham Ang                       |   | Gutfeld! (N) ©                            | Interruption            |               | ox News at Nigh                                      |  | Tucker Carlson To                          |   | Hannity ©                                  | Interruption                      |
|                                | -          | _        | _                | $\overline{}$    | Diners, Drive                           | Diners, Drive                              | Diners, Drive                          | Diners, Drive                               | Diners, Drive                             | Diners, Driv            |               | Diners, Drive  | Diners, Drive                                  | Diners, Drive                              | Diners, Drive   | Diners, Drive                              | Diners, Drive                     |
|                                |            |          |                  |                  |   | Family Guy '14'<br>Black: International" ( | Family Guy '14'<br>(2019) Chris Hemswo | Family Guy '14'                             | Family Guy '14'  *** "Deadpool 2"         | " (2018, Action)        |               | Family Guy '14'<br>evnolds, Josh Bro                 | Family Guy '14'                                | Family Guy '14'                            | Family Guy '14'                                       | The 700 Club o (2018) Ryan Reynold         |                                   |
| HGTV                           | 176        | 55       | 55 22            | 9 112            | Love It or List It 'P                   | G' ₪                                       | Love It or List It 'Po                 | G'  | Dream Home                                | Dream Hom               | ne C          | One Week-Sell  | One Week-Sell                                  | Dream Home                                 | Dream Home  | Dream Home                                 | Dream Home                        |
|                                |            |          |                  |                  | Ancient Aliens 'PG                      | i' ፡፡ (DVS)<br>reak My Heart" (2016        | Ancient Aliens Eler                    |   | Ancient Aliens 'PC "The Simone Biles      |                         |               |  | Os in the Headlines (I                         | 7  | abby Douglas Story"                                   | (11:05) Ancient Ali                        |                                   |
|                                |            |          |                  |                  | The Rachel Maddo                        |  | The Last Word                          | X GA  | The 11th Hour Wit                         |                         |               | The Rachel Madd                                      |  | The Last Word                              | abby bougias olory                                    | The 11th Hour With                         |                                   |
|                                |            |          |                  |                  | Ridiculousness The Loud House           | Ridiculousness                             | Ridiculousness                         | Ridiculousness                              | Ridiculousness                            | Ridiculousn             |               | Ridiculousness<br>Friends o 'PG'                     | Ridiculousness                                 | Ridiculousness                             | Ridiculousness<br>Friends o 'PG'                      | Ridiculousness                             | Ridiculousness                    |
|                                |            |          |                  |                  | Dr. Phil û '14' @                       | Patrick Star                               | Patrick Star Dr. Phil o '14'           | Middlemost Post                             | Put a Ring on It ()                       | SpongeBob<br>'14'       |               | Put a Ring on It (                                   |  | Friends o '14' Put a Ring on It (N         | <del>-</del>  | Friends o '14' Put a Ring on It o          | Friends o 'PG'                    |
|                                | -          | _        | -                | $\overline{}$    |   | Pac-12 Football in                         |  | Pac-12 Football in                          |   | Pac-12 Foot             |               |  | Pac-12 Football                                |  |   | Pac-12 Football in                         | 1                                 |
|                                |            |          |                  |                  | Two/Half Men "Harry Potter and D        | Two/Half Men                               | *** "Ghostbusters (7:05) *** "Harry F  | " (1984) Bill Murray, Potter and the Deathl |   | 2011 Fantasy)           |               |  | ousters II" (1989, Com                         | SurrealEstate (N)                          |   | "Harry Potter & Sor                        | Ghostbusters o                    |
|                                | 205        | 61       | 61 37            | 2 260            | Hold Onto Hope 'G                       | i' cc                                      | Hold Onto Hope 'G                      | 'cc   | Hold Onto Hope (                          | G' 🚾                    | J             | loseph Prince  | Jordan Rubin                                   | Gaither Gospel                             | David Jeremiah  | The Watchman                               | The Middle East                   |
| *TBS                           | 16         | 41       | 41 24            | 139              | Family Guy Brian in Love () '14'        | Family Guy Love<br>Thy Trophy '14'         | Bob's Burgers<br>o '14'                |   | ** "Rampage" (20 tated beasts embar       |                         |               |  | arris. Three giant, mu-                        |  | <i>fic Rim"</i> (2013) Charli<br>fight monstrous crea |  | attenhoff. Humans                 |
| ТСМ                            | 101        | 51       | 51 25            | 6 132            | (5:00) *** "Blad                        | e Runner: The Final<br>re.                 |  | Lisa" (1986, Suspens                        | se) Bob Hoskins, Ca                       | thy Tyson. Ex-          | convict (     | 9:15) ** "Tequila                                    | Sunrise" (1988, Crim                           | ne Drama) Mel Gibso                        | n, Michelle Pfeiffer, K                               | urt Russell. Premiere.                     |                                   |
|                                | 178        | 57       | 57 28            | 183              | Darcey & Stacey (                       | ·14'                                       | Darcey & Stacey O                      | und London for mobs                         | 90 Day Fiancé: Ha                         | appily Ever Aff         | ter? (N)      | ı 'PG'   | nt his friend, a former                        | 90 Day Fiancé                              | Darcey & Stacey (                                     | N) <b>o</b> '14'                           | (1978) @ 90 Day Fiancé            |
| *TNT                           | 17         | 40       | 40 24            | 5 138            | Bones A man's bod                       | ly is found in an acid                     | Bones Aubrey faces                     | s a moral dilemma.                          | *** "Wonder Won                           | man" (2017, Act         | tion) Gal (   | Gadot, Chris Pine                                    | , Connie Nielsen. Wor                          | nder Woman discove                         | rs her full powers and                                | ** "Batman v Sup                           | erman: Dawn of Ju                 |
| *TOON                          |            |          |                  |                  | Teen Titans Go!                         |  |  |   | American Dad                              | American D              |               |  |  | Family Guy '14'                            |   | Rick and Morty                             |                                   |
| *TRAV                          | 179        |          | 47 27            | 7 196            | <b>Ghost Adventures</b>                 | Loftus Hall 'PG'                           | Ghost Adventures                       | 'PG'  | Ghost Adventures                          | 'PG' 🖾                  | G             | Ghost Adventure                                      | s Zak and the crew inv                         | vestigate activity. (N)                    | 'PG' @  | Ghost Adventures                           | 'PG' 🖾                            |
| TVLND                          | -          | _        | _                | _                |   | Andy Griffith Olympics Track and           |  | Andy Griffith                               | Love-Raymond<br>Tokyo Olympics            | (8:45) 2020             |               |  |  | Love-Raymond<br>2020 Tokyo Olymp           |   | King of Queens<br>2020 Tokyo Olymp         |                                   |
|                                |            |          |                  |                  |   | ** "Think Like a Ma                        |  | Brody, Michael Ealy,                        | Jerry Ferrara. n 🖾                        |                         | *             | ** # "Hitch" (200                                    | 5) Will Smith. A smootl                        |  |   |  | Diring (IV)                       |
| EC4                            | 25         | 25       | 25 0             | 0 450            | Athletes III III II                     | Lagraces                                   | DolonCtone Ob                          | ionohir 🕾                                   | PREMIUM C                                 |                         |               |  | mionohin (NI)                                  | AEL Drawit                                 | Football Toors TDA                                    | (Al) (Line) 53                             |                                   |
|                                | -          |          | _                | _                | Athletes Unlimited<br>Gold Cup          | Canadian Premier                           | PokerStars Champ<br>League Soccer Cava |   | PokerStars Cham<br>(N) ©                  |                         |               | PokerStars Chamotball Teams TBA                      |  | AFL Premiersnip                            | Football Teams TBA                                    | (IN) (LIVE) [CE                            |                                   |
| FXM                            | 104        | 225 1    | 120 25           | 8 384            | (5:35) ** "Maze R                       | unner: The Death Cur                       | re" 2018 Dylan O'Brie                  | en. 'PG-13' 🕮                               | ,   | (8:25) ★★ "N            | Maze Run      | ner: The Scorch 1                                    | frials" 2015 Dylan O'Br                        |  |   | (11:10) * "Breaking                        | In" 2018 📼                        |
|                                |            |          |                  |                  | (3:30) 2020 Tokyo (5:00) "With Love, C  |  | Third Round Third re "Never Kiss a Man |   |   |                         |               |  | ma, Japan. (N) (Live)<br>as" (2020) Bethany Jo |  |   | "Christmas at the P                        | alace" 'G'                        |
| нво                            | 425        | 601 5    | 501 50           | 4 303            | REAL Sports                             | (6:25) ★★★ "Tenet"                         | 2020, Action John Da                   | avid Washington. o 'l                       | PG-13' 📼                                  |                         | S             | Shop: Unintrp.                                       | Shop: Unintrp.                                 | Real Time With Bi                          |   | Back on the Recor                          |                                   |
|                                | 105        |          | _                |                  |   | , Comedy Scott Mech                        |  |   |   |                         |               |  | 04 Will Ferrell. 'PG-13'                       |  | <del></del>   | s 2" 2018 Jay Chandr                       |                                   |
|                                | -          | _        | _                | $\overline{}$    | When Sharks Attac                       | e <u>r Boys" 2000 Michae</u><br>ck '14'    | When Sharks Attac                      |   | *** "Trance" 2013 Shark Beach with        |                         |               | ଅ<br>Cesar Millan: Bet                               |  | Cesar Millan: Bett                         | ce Fishburne. 🐽 'R' 🖾<br>er Human                     | Shark Beach with                           | (11:20) ** Fled<br>Chris          |
|                                | 27         | 36       | 36 22            | 159              | Tokyo Olympics                          | 2020 Tokyo Olympi                          | ics                                    | 2020 Tokyo Olympi                           | ics                                       | (8:45) 2020             | Tokyo Ol      | ympics Women's                                       | Soccer, Quarterfinal:                          | Teams TBA                                  | Tokyo Olympics  | 2020 Tokyo Olymp                           | ics                               |
| 1000                           | -          | _        | _                | _                |   | Alvinnn!!! and<br>Western) Jeff Bridge     | Power Rangers s. Ellen Barkin, John    |   | ** "Rio 2" (2014, 0                       |                         |               |  |  | Patrick Star  ★ "Wild Bill" (1995)         | Middlemost Post<br>, Western) Jeff Bridge             | The Loud House                             |                                   |
|                                | 37         | CULIC    |                  |                  |   |  |  |   |   |                         |               |  | 17, Biography Margot F                         |  | , . rootom jour bridge                                | "Crisis" 2021 Gary                         |                                   |
| OUTD                           | 500        | _        | 54               | 6 319            | (5:00) ** "Red" 20                      | 710 () PG-13                               | (6:55) ** "Shooter"                    | 2007, Suspense ivia                         | irk waniberg. O h                         | •                       | ^^            | (* * 1, luliya 20                                    | 17, Diography Margot I                         | 10001011711                                |   |  |                                   |
| OUTD<br>SHO<br>STARZ           | 500<br>300 | 631 4    | 108 52           | 6 361            | East Prom                               | (6:45) ★★ "White Ho                        | ouse Down" 2013, Ac                    | tion Channing Tatum                         | ı. <b>∩</b> 'PG-13'                       |                         | lo            | ce Cam heads to                                      | London. o 'MA'                                 | Run the World                              | Run the World   | (10:59) ** "Bad Bo                         |                                   |
| OUTD<br>SHO<br>STARZ<br>STZENC | 500<br>300 | 631 4    | 108 52<br>101 53 | 26 361<br>36 341 | East Prom<br>(5:16) ★ "That's My        |  | ouse Down" 2013, Ac<br>ndler. 'R'      | tion Channing Tatum (7:16) ** "Zombiela"    | ı. <b>∩</b> 'PG-13'                       | 019 'R'                 | lo<br>*       | <b>ce</b> Cam heads to<br>★★ "There's Son            | London. o 'MA'<br>nething About Mary" 1        | Run the World<br>1998 Cameron Diaz.        |   | (10:59) ** "Bad Bo<br>(11:03) "The Devil V |                                   |