Check out lakes, rivers and other places to cool off

It was a hot week for Central Oregonians. Since this is a holiday weekend, many may be wanting some cool water to splash around in, fish, hike or just sit next to after the heat wave we endured. But there are plenty more places than the seasonal favorites of locals and tourists alike, and lots of room to spread out.

If your favorite lake or river is crowded, try someplace new. Just remember the sunscreen and the bug spray as the mosquitos are coming out in force.

For a full list of conditions updated regularly, please visit centraloregonexplore.com.

HIKING AND DAY USE SITES

• NOTE: Many high elevation

Deschutes National Forest

- · Aspen Day Use: Open · Beach Day Use: Open
- · Benham East and West
- trailheads: Open · Besson Day Use: Open
- Big Eddy Day Use: Open · Big River Boating Site:
- Open · Cabot Lake Trailhead:
- Open; snow free and clear as far as Cabot, moderate blowdown beyond, consistent snow starting just below Carl Lake
- Charlton Lake Trailhead: Open; likely snow free, light deadfall
- Chush Falls: Open · Cinder Beach Day Use: Open; operated by the Suttle
- · Crane Prairie Picnic Area: Open
- · Cultus Lake Day Use Area: Open
- Deer Lake Trailhead: Open
- · Dillon Day Use: Open · Elk Lake Day Use and
- Trailhead: Open, light deadfall Fall River Headwaters:
- Green Lakes Trailhead:
- Open; snow free and clear for first 1-2 miles, then deep snow; Central Cascades Wilderness Permit required
- Head of Jack Creek Trailhead: Open; snow free
- and clear · Head of the Metolius:
- Open: snow free and clear · Irish and Taylor Lakes
- Trailhead: Open Jack Lake Trailhead: Open;
- trailhead is accessible, moderate deadfall: Central Cascades Wilderness Permit required · Lake Creek Trail: Open
- · Lava Camp Lake Trailhead: Open; snow likely; Central Cascades Wilderness Permit required
- · Lava Island Day Use: Open
- Lava Lake Day Use: Open · Lava River Cave — Show

- Cave: Open: limited capacity · Lemish Lake Trailhead:
- Little Fawn Day Use: Open
- · Lucky Lake Trailhead: Open: snow free with light deadfall, likely patchy
- · Many Lakes Trailhead: Open; snow free with moderate deadfall, not
- Meadow Picnic: Open
- Mirror Lakes: Open; likely
- Open
- Trailhead: Open
- Peter Skene Ogden Trailhead: Open; clear
- Open; likely snow free
- weekdays, will reopen
- Beach area: Open
- Open; Central Cascades
- · Slough Day Use: Open
- South Twin Day Use —
- Sparks Lake Trailhead:

- · Tandy Bay Picnic Area:
- Todd Lake Trailhead: Open; possible snow and mud, areas; Central Cascades

- Open; likely snow free, light
- Lower Canyon Creek (West Metolius Trailhead): Open

- recommended for stock
- snow free with light deadfall · North Twin Boating Area:
- **Osprey Point Day Use:**

- **Round Lake Trailhead:**
- Open: snow free and clear
- Simax North and South
- Sisters Mirror Trailhead:
- Six Lakes Trailhead: Open; snow free with light deadfall
- Launch: Open
- Open; snow free and clear
- Summit Lake: Open; likely patchy to deep snow
- Suttle Lake Day Use: Open
- snow free and clear
- Tenino Boating Site: Open
- do not trample restoration for the Todd Lake Trail, lake access is open

- Little Crater Day Use: Open
- · Lower Bridge Day Use:
- snow beyond lake toward Williamson Mountain
- · Meek Lake Trail: Open
- Paulina Falls Picnic and
- Paulina Lake Day Use:
- Rosary Lakes Trailhead:
- · Scout Lake Day Use: Closed Fridays at 4 p.m. through the
- Wilderness Permit required

- Sunset View Day Use: Open
- Swampy Lakes Trail: Open;
- Ten Mile Trailhead: Open
- Wilderness Permit required

Fire restrictions

Fire danger is currently listed as Extreme in the Deschutes and Ochoco National Forests.

Industrial Fire Precaution Level is currently at Level 2, Partial Hootowl for the Deschutes

Regulated-Use Closure is now in effect in the Oregon Department of Forestry's Central

Oregon District. The following prohibitions are in place: smoking except while in a vehicle

on an improved road; open fires except in designated campgrounds; chainsaw use, mow-

ing dried grass or cutting, grinding or welding between the hours of 10 a.m. and 8 p.m.;

use of motor vehicles except on improved or private land; use of fireworks.

and Ochoco national forests and the Prineville District — Bureau of Land Management.

Fire danger is listed as High in the Willamette National Forest.

reservoir levels See B9 Makenzie Whittle/Bulletin file The North Fork Crooked River off Arvid Nelson Road in the Ochoco National Forest in May.

 Tranquil Cove Day Use: Open

Central Oregon

- Tumalo Falls Trailhead: Open; site is extremely busy. only park in designated areas or find another route to the falls. No dogs or stock allowed
- Whychus Creek Overlook Trailhead: Open
- Whychus Portal (Lower Whychus Trailhead): Open
- Winopee Trailhead: Open; logged out to 1/4 mile past Teddy Lake junction

Ochoco National Forest

- Alder Springs Trailhead: Open
- Antelope Flat Reservoir: Open · Rock Creek Trailhead: Open Walton Lake Trailhead:

Bend Park &

- **Recreation Trails** · Deschutes River Trail —
- Awbrey Reach: Open Deschutes River Trail — Old Mill Reach: Open
- **Deschutes River Trail** Pioneer Reach: Open
- Deschutes River Trail River Run Reach: Open Deschutes River Trail —
- South Canyon Reach: Open **Riley Ranch Nature Reserve** Trails: Open

• Sawyer Park Trails: Open Shevlin Park Trails: Open

- **Bureau of Land** management
- · Lower Crooked River: Open
- · North Fork: Open · Scout Camp Trail: Open
- · Steelhead Falls Trail: Open Oregon State Parks
- Cline Falls State Scenic Viewpoint: Open **Cove Palisades State Park:** Open; all campgrounds, cabins and moorage slips
- are open • Jasper Point: Open; campfires are allowed in the Prineville Reservoir and Jasper
- Point campgrounds only. La Pine State Park: Open;
- meeting hall is closed closed Prineville Reservoir State Park: Open; campfires are allowed in the Prineville Reservoir and Jasper Point
- campgrounds only. **Smith Rock State Park:** Open — some services reduced and facility closures

may be in pace; Bivouac camping open with limited availability, tent camping only, no reservations, showers for guests only; climbing closures to protect nesting raptors in place until August; park-wide drone ban • Tumalo State Park: Open

CAMPING

Deschutes National Forest

Allen Springs

Open

- Campground: Open · Allingham Campground:
- · Big Cove Boat-in Campground: Open; no fires
- Big River Campground:
- Blue Bay Campground: · Bull Bend Campground:
- Open; no fires Camp Sherman
- Campground: Open Candle Creek Campground: Open
- Cold Springs Campground: Open · Contorta Flat
- Campground: Open **Contorta Point Group** Campground: Open
- Crane Prairie Campground: Open
- · Crescent Creek
- Camparound: Open: no fires Crescent Lake
- Campground: Open Cultus Corral Horse Camp: Open; no fires
- Cultus Lake Campground:
- Driftwood Campground:
- · East Davis Lake Campground: Open
- Elk Lake Campground:
- Open
- Gorge Campground: Open Gull Point Campground:

Open

- Open
- Lava Camp Lake Campground: Open; Central Cascade Wilderness Overnight Permit required
- Lava Lake Campground: Link Creek Campground:
- · Little Crater Campground: Open Little Cultus Campground:

Open

- Little Fawn Campground: Open
- Little Lava Lake: Open · Lower Bridge
- Campground: Open · Lower Canyon Creek Campground: Open
- · Mallard Marsh Campground: Open • McKay Crossing Campground: Open; no
- campfires Monty Campground: Open;
- no fires North Twin Lake Campground: Open
- Paulina Lake Campground: Perry South Campground:
- Pine Rest Campground:

Open

- · Pioneer Ford Campground:
- Point Campground: Open · Prairie Campground: Open Princess Creek
- Campground: Open Pringle Falls Campground: Open; no campfires
- · Riverside Campground: Open · Rock Creek Campground: Open
- Scout Lake Campground: Open
- Simax Group Campground: Open
- **Smiling River** Campground: Open **Soda Creek Campground:**
- Open; no campfires

Spring Campground: Open

Campground: Open

Campground: Open

• Windy Group Campground: Open

no campfires

Wyeth Campground: Open;

Ochoco National

Forest

Campground and Day Use:

Antelope Flat Reservoir

Big Spring Campground:

Campground: Open; no

Campground: Open; no campfires

Campground: Open; no

Sugar Creek Campground

and Day Use Area: Open

Cottonwood Campground:

Open: no campfires

Bingham Springs

Open; no campfires

Cottonwood Pit

Biggs Springs

campfires

West South Twin

- · South Campground: Open
- South Shore Campground: Open; no campfires
- South Twin Lake Campground: Open
- Sunset Cove Campground: Three Creek Lake
- Campground: Open Three Creek Meadow
- Campground & Horse • East Lake Campground: Camp: Open Trapper Creek
- Open Fall River Campground:
- Fall River Guard Station:
- Indian Ford Campground: Jack Creek Campground:
- Little Cove Boat-In Campground: Open; no

raptors, the following climbing routes are closed: Cajun Cliff, Victoria Tower, Little Three Fingered Jack, Puddy's Tower, The Monument, Anglin's Buttress, French Tent Rock, First Kiss Area north of Monkey Face and Smith **Rock Group NE Face**

The Canyon Trail near the bald eagle

100 feet).

for more informa-

 Walton Lake Group Campsites: Open

- Open; no campfires · Castle Rock Campground:
- Chimney Rock Campground: Open
- Lone Pine Campground:
- Post Pile Campground: Open
- **CYCLING**

Wanoga Trail **Complex**

- · All trails riding well
- Middle Flagline: Closed
- Happy Valley, Upper Flagline: Deep snow
- **Dutchman:** Winter mix · All other trails riding well

· Flagline Access, Swampy/

- Roundabout: Sandy and
- Middle Deschutes (Benham Falls to Lake Billy Chinook): 3,790 cfs; brown trout, rainbow trout; anglers reporting fair fishing in the mornings and evenings;

artificial flies and lures only,

no limit on brown trout

Benham Falls: 1,447 cfs;

wild rainbow trout must

rainbow trout, brown trout;

Upper Deschutes at

Crooked River (below

rainbow trout and mountain whitefish; any trout over 20 inches are considered steelhead and must be released, bull trout must be released unharmed and reported to the USFW at

crookedbulltrout@fws.gov

• Fall River: Brook trout, brown trout, rainbow trout; good fishing from the hatchery upstream to the headwaters; fly-fishing with barbless hooks only Metolius River: 1,380 cfs; bull trout, rainbow trout;

good fishing and active

hatches during warmest

part of the day; fly fishing

only upstream of Bridge

99, artificial lures and flies

permitted below; catch and

- release only; public access to Wizard Falls Hatchery remains closed
- Tumalo Creek: 16.6 cfs; rainbow trout · Crane Prairie Reservoir: 85% full; brook trout, kokanee, largemouth bass, rainbow trout; fair fishing with catch rates picking up over the last couple of weeks;

must release wild rainbow

- trout • Wickiup Reservoir: 18% full; kokanee, rainbow and brown trout, largemouth bass and catfish; water is low but boats can be launched safely; five kokanee per day in addition to daily trout limit
- largemouth bass, catfish, crappie, crayfish; bass and trout fishing has been good • East Lake: Brown trout, kokanee, rainbow trout, Atlantic salmon: fair fishing for trout; fair fishing for kokanee and browns, best methods still-fishing, trolling, fly, jigging and casting; water level is lower for this

• Prineville Reservoir: 44%

full; rainbow trout, small and

launching larger boats · Paulina Lake: Kokanee, rainbow and brown trout; good fishing for kokanee and brown trout

· Lake Billy Chinook: Bull,

brown and rainbow trout.

kokanee, smallmouth bass;

time of year, may be difficult

bass fishing picking up with kokanee and bull trout fishing being fair • North Twin Lake: Rainbow trout; recently stocked, fair fishing

South Twin Lake: Rainbow trout; recently stocked,

fishing has been good on bait, lures and flies • Davis Lake: rainbow trout and largemouth bass; water level is low and it may be difficult to launch larger boats: fair fishing for largemouth bass; fly fishing only; fair fishing, catch and release for trout, no

limit on size or number for

• Lava Lake: Rainbow trout;

algae bloom; best methods

still-fishing with bait and fly

warmwater fish

or trolled

fishing along with casting lures towards banks, good fishing on bait, flies and • Little Lava Lake: Rainbow trout, brook trout and

whitefish; best methods are

bait, lures and flies still-fished

 Cultus Lake: Mackinaw. rainbow and brook trout: troll depths for mackinaw and shallower areas for rainbows; stocked this week Hosmer Lake: Brook,

cutthroat and rainbow trout;

fly fishing and catch and

hooks; good fishing

rélease only with barbless

• Elk Lake: Brook trout and

kokanee; jigging, still-fishing and trolling from a boat or fly fishing are best Crescent Lake: 27% full; kokanee, mackinaw, rainbow and brown trout, whitefish and chub; one lake trout per day, 24-inch minimum; fishing is fair; lake level is

extremely low, developed ramps are marginal for

SISTERS LA PINE **SATURDAY** SATURDAY **SUNDAY SUNDAY** 93°/53° | 95°/54° | 91°/49° 97°/57° | 98°/59° | 94%58° **ELEVATION: 4,236 FEET ELEVATION: 3,182 FEET** 20 Lava Butte Lake Billy Chinook Deschutes River REDMOND **VIADRAS** BEND SATURDAY SATURDAY SATURDAY FRIDAY 97%60° | 99°/59° | 93%60° 98°/54° 100°/52° 96°/52° 100°57°101°56° 96°56° 97 ELEVATION: 3,077 FEET **ELEVATION: 3,623 FEET ELEVATION: 2,242 FEET** Sources: Accuweather, U.S. Geological Survey

Smith Rock climbing closures To protect nesting

(both towers, above

nest is restricted to groups of four or less and noise must be kept to a mini-See smithrock.com/ seasonal-closures

· Walton Lake Campground: Open

BLM – Prineville

District

- · Big Bend Campground:
- **Cobble Rock Campground:**
- · Palisades Campground: Open
- Steelhead Falls: Open; no potable water; no campfires Stillwater Campground:

· All trails riding well **North of Skyliner**

- **Swampy Lakes**
- through Aug. 15 · Met-Win — Flagline to
- Sunriver area trails • Flko Point: Muddy

· All other trails riding well

FISHING

- Updated at 8 a.m. July 1
- be released; fair fishing in deeper portions of the river Opal Springs): 1,192 cfs;
- launching larger boats • Waldo Lake: Boating restricted to electric motors or non-motorized vessels · Walton Lake: Rainbow trout