

## Hikes

### Continued from B1

For those capable, the 3 additional miles are well worth the effort for a chance to get close to the eroded core of the extinct shield volcano.

**Directions:** From Sisters, take U.S. Highway 20 about 12 miles northwest to a Mount Jefferson Wilderness Trailheads sign. Turn north on paved Road 12 for 4.4 miles. Turn left on one-lane Forest Road 1230 for 1.6 miles to the end of pavement, and stay left onto Forest Road 1234, which climbs 6 miles to the Jack Lake Trailhead.

### 3. Obsidian

**Features:** The Obsidian Trailhead provides access to the Pacific Crest Trail and to loop hikes of 10.6 and 15.8

miles that feature some of the most dramatic scenery in Oregon. Black obsidian rock glistens in the sun along sections of the trails that take hikers along alpine meadows, rugged cliffs and Cascade peaks that rise into the blue sky deep in the Three Sisters Wilderness. A high point along the trail provides sprawling views of North and Middle Sister.

**Directions:** From Sisters, head 16.6 miles west on state Highway 242 over McKenzie Pass to the Obsidian Trailhead access road on the left/south side of the highway.

### 4. No Name Lake

**Features:** High atop a ridge above sparkling-green No Name Lake, the views are never-ending. Any direction one looks offers some form of alpine wonder. The small lake

### Central Cascades wilderness permits

The majority of permits become available within a seven-day reservation period, on a rolling basis. For example, for a trip starting on a Friday, that permit could be reserved starting on the Friday prior.

Hikers needing a permit can visit [recreation.gov](http://recreation.gov) and browse for available dates in the areas they want to go. Reservations can also be made by calling 1-877-444-6777.

Day-use permits are \$1 per person for each outing. Overnight permits are \$6 per group for each outing (1-12 people per group).

sits nestled below the craggy spires and strata of 9,177-foot Broken Top on the peak's east side. To the northwest, the Three Sisters jut into the sky just a few miles away. To the north, Mount Jefferson, Mount Hood and faraway Mount Adams in Washington round out the Cascade collage. The 6-mile out-and-back hike from Broken Top Trailhead includes about 1,200 feet of elevation gain and incredible wildflowers

depending on the time of year.

**Directions:** From Todd Lake (23 miles southwest of Bend off Cascade Lakes Highway), a 6-mile drive along bumpy forest roads 370 and 380 is required to reach the trailhead. A

high-clearance, four-wheel- or an all-wheel-drive vehicle is necessary to make the drive.

### 5. South Sister Summit

**Features:** The third-tallest mountain in Oregon is a popular climb because hikers can essentially walk to the summit without the use of ropes, crampons or other technical gear. While the trail to the top of 10,358-foot South Sister involves no technical climbing, it is tremendously steep and challenging. From its starting point near Devil's Lake off Cascade Lakes Highway west of Bend, the trail gains nearly

5,000 feet in elevation over the six miles to the summit. The dazzling array of blue sky, rugged, snow-covered peaks and pristine alpine lakes makes the climb to the top well worth the effort. (Trekking poles come in handy, especially on the way back down the mountain.)

**Directions:** From Bend, drive about 30 miles west on Cascade Lakes Highway to the trailhead parking on the left/east side of the highway just past Devil's Lake. The South Sister Summit trail is just across the highway.

■ Reporter: 541-383-0318, [mmorral@bendbulletin.com](mailto:mmorral@bendbulletin.com)

## TOP PICK OF THE WEEK

# Rockridge Disc-Golf Course

BY DAVID JASPER

The Bulletin

For those new to disc golf, let us introduce you to Rockridge Park in northeast Bend. Disc golf is played very much like traditional golf, replete with tees and fairways on 18-hole courses and shouts of "fore" when there's an incoming projectile. Perhaps the biggest difference is that disc golf uses chain and metal baskets, aka pins, in lieu of holes.

Each hole can range from a couple to a few hundred yards

long, and playing a full round entails a lot of walking. If the thought of learning to play on a full course — which only seems longer when throws go awry, which happens to beginners and more experienced players alike — seems intimidating, Rockridge's compact, nine-hole putting course is the place to go and practice mid-range throws and putts.

The course is generally rocky — they don't call it Rockridge for nothing — and populated

with juniper trees. Each hole has two tee pads, allowing players to vary the length and difficulty, the perfect place to prepare for a round at the nearby 18-hole Pine Nursery Park or one of Central Oregon's other disc golf courses.

**Getting there:** Rockridge Park is located at 20885 NE Egypt Drive, Bend. The disc golf course is at the west end of the parking lot.

■ David Jasper: 541-383-0349, [djasper@bendbulletin.com](mailto:djasper@bendbulletin.com)



**LES NEWMAN'S**  
**QUALITY OUTDOOR WEAR**  
 On NE Franklin Avenue across from Les Schwab  
 541-318-4868

## Veteran, Locally Owned & Operated

CCB# 133106

**LIFETIME**  
 WINDOWS & DOORS  
 ROOFING • SIDING • EXTERIORS

Since 1998

**LIFETIME**  
 WINDOWS & DOORS  
 ROOFING • SIDING • EXTERIORS

CALL NOW FOR YOUR  
 FREE ESTIMATE  
 541/633-7868

1091

Email us for a FREE quote @ [bend@lifetimewindows.net](mailto:bend@lifetimewindows.net)

We Wholesale Windows Too!



**VISIT**  
 OUR NEW  
 SHOWROOM  
 97<sup>th</sup> & Reed  
 Market Road!



## CALL NOW FOR A FREE ESTIMATE



From Carl or Kameron  
**541-633-7868**



**Great**  
**FINANCING**  
**AVAILABLE!**  
 O.A.C.

Spring Special  
**\$250<sup>00</sup> OFF**  
 each installed  
 window



MARVIN



1091 SE Division St. in Bend • [www.LifetimeWindows.net](http://www.LifetimeWindows.net)