Hiking, fishing, camping in the Cascades

We're in for a hot one with temps climbing into the triple digits this weekend, so escape to the higher elevations to get a few degrees cooler.

With plenty of lakes, forest trails, cold streams and rivers and even snow lingering on the mountains, there are lots of places to beat the heat. Remember, if a trailhead or day use area is full, have a backup plan and only park in designated areas. A few of the higher, more-well-loved trailheads also require the Central Cascades Wilderness Permit, so make sure you snag yours before your trip up.

For a full list of conditions updated regularly, please visit centraloregonexplore.com.

HIKING AND DAY USE SITES

• NOTE: Many high elevation trails may still be under deep snow. See Forest websites for more details and restrictions.

Deschutes National Forest

- Black Crater Trailhead: Open; likely patchy snow at top
- Broken Top Trailhead: Open; deep snow; Central Cascades Wilderness Permit required; access road will remain closed to motor vehicles until late July or early August, Road can be accessed by hikers and mountain bikers.
- Cabot Lake Trailhead: Open; snow free at lower section, unknown beyond
- Canyon Creek Trailhead: Open; moderate deadfall; Central Cascades Wilderness Permit required
- Charlton Lake Trailhead: Open; likely snow free, light deadfall
- · Chush Falls: Open
- Coral Swamp Trailhead: Open; deep snow
- · Crane Prairie Picnic Area:
- Crater Ditch Trailhead: Open; deep snow; Central Cascades Wilderness Permit required; access road will remain closed to motor vehicles until late July, early August. Road can be accessed by hikers and mountain bikers.
- Cultus Lake Day Use Area: Open
- Deer Lake Trailhead: Open; deep snow likely
- Devil's Lake/South Sister Trailhead: Open; snow free and clear for first 1-2 miles, then deep snow: Central Cascades Wilderness Permit
- required
- Dutchman Trailhead: Open • Edison Trailhead: Open
- Elk Lake Day Use: Open • Elk Lake Trailhead: Open;
- light blowdown · Green Lakes Trailhead: Open; snow free and clear for first 1-2 miles, then deep snow; Central
- Cascades Wilderness Permit required · Head of Jack Creek Trailhead:
- Open: snow free and clear · Irish and Taylor Lakes Trailhead: Open; deep snow
- likely. • Jack Lake Trailhead: Open; trailhead is accessible. moderate deadfall; Central Cascades Wilderness Permit
- required · Jefferson Lake: Open; lower 3 miles snow free with light downfall, unknown conditions
- beyond Lava Camp Lake Trailhead:
- Open; deep snow likely; Central Cascades Wilderness Permit required · Lava Lake Day Use: Open;
- lake has an algae bloom, not suitable for swimming
- · Lemish Lake Trailhead: Open;
- Little Fawn Day Use: Open
- likely snow free, light deadfall • Lucky Lake Trailhead: Open;

snow free with light deadfall,

toward Williamson Mountain

LA PINE

deep snow beyond lake

Trail closures west of Bend

to 3 p.m. Fridays (except for federal holidays) due to timber harvesting and forest restoration work:

- Pine Drops
- EXT
- junction with Forest Road 4615 and the junc-
- tion with Phil's Trail
- Phil's Trail between the junction with EXT and it's western terminus at the junction with Pine Drops
- Many Lakes Trailhead: Open; snow free with moderate blowdown, not recommended for stock
- Meek Lake Trail: Open; snow
- Meissner Trailhead: Open · Metolius-Windigo: Open;
- deep snow · Mile Camp Day Use: Open
- · Millican Crater Trailhead: Open; moderate deadfall with
- logout occurring soon Mirror Lakes: Open; deep
- Moraine Lakes: Open; deep
- North Twin Boating Area:
- Osprey Point Day Use: Open; likely snow free
- Park Meadow: Open; deep snow; access road still closed
- Pole Creek Trailhead: Open; snow free and clear
- Rockpile Lake: Open; snow free at lower portion, deep snow beyond, heavy brush
- · Rosary Lakes Trailhead:
- Open; deep snow near the lake Round Lake Trailhead: Open; snow free and clear
- Scott Pass Trailhead: Open: snow free and clear to within 1/4 mile of the PCT. Trout Creek Tie is clear
- Simax North and South Beach area: Open
- Sisters Mirror Trailhead: Open; Central Cascades Wilderness Permit required
- Six Lakes Trailhead: Open; moderate deadfall beyond Dorris Lake
- · South Twin Day Use Launch: Open
- Sparks Lake Trailhead: Open;
- snow free, logout underway
- · Summit Lake: Open; likely
- patchy to deep snow
- · Sunset View Day Use: Open Swampy Lakes Trail: Open;
- snow free and clear
- · Tam McArthur Rim Trailhead: Open; trail is under deep snow; Central Cascades Wilderness Permit required
- Tandy Bay Picnic Area: Open
- · Todd Lake Trailhead: Open; deep snow and mud, do not trample restoration areas; Central Cascades Wilderness Permit required
- Tranquil Cove Day Use: Open
- · Tumalo Mountain: Open; deep snow
- Wake Butte Trailhead: Open; Wanoga Trailhead: Open;
- snow free and clear Whychus Creek Overlook
- Trailhead: Open
- · Wickiup Plains Trailhead: Open; snow
- Winopee Trailhead: Open; logged out to 1/4 mile past Teddy Lake junction

As of June 16 the following trails are closed from Mondays

- Lower Whoops
- Storm King from the

Deschutes National Forest - Diamond **Peak Wilderness**

- Crater Butte Trailhead: Open;
 - Fawn Lake Trail: Open; snow
 - Snell Lake Trail: Open; snow
 - · Whitefish Creek Trail: Open; patchy snow
 - · Yoran Lake Trail: Open; snow • Stag Lake Trail: Open; snow

Willamette National Forest — Three Sisters Wilderness Area

- Benson/Tenas Trailhead: Open; Central Cascades Wilderness Permit required
- Dee Wright Observatory:
- Foley Ridge: Open
- Hand Lake Trailhead: Open • McKenzie River Trail: Open
- · Obsidian Trailheads: Open; Central Cascades Wilderness Permit required
- Patjens Lake Trail: Open
- Proxy Falls Trailhead: Open • Tenas Lakes Trailhead: Open Separation Lake Trailhead:
- Open
- Robinson Lake Trailhead:
- Tamolitch Blue Pool: Open

Willamette National Forest – Diamond **Peak Wilderness**

- Bear Mountain Trail: Open
- · Blue Lake Trail: Open · Corrigan Lake Trail: Open
- · Diamond Peak North: Open
- · Diamond Peak South: Open • Diamond Peak Tie: Open
- Happy Lake: Open
- Hemlock Butte Trail: Open
- · Marie Lake Trail: Open
- Mt. Yoran Trail: Open
- · Pioneer Gulch Trail: Open
- · Rockpile Trail: Open

CAMPING

Deschutes National Forest

- **Big Cove Boat-in** Campground: Open; no
- campfires • Blue Bay Campground: Open · Candle Creek Campground:
- Contorta Flat Campground: Open

Open

Contorta Point Group Campground: Open

Cow Meadow Campground:

- Open; no campfires · Crane Prairie Campground:
- Open Crescent Creek Campground: Open; no
- campfires · Crescent Lake Campground:
- Open · Cultus Corral Horse Camp:
- Open: no campfires
- Cultus Lake Campground: · Driftwood Campground:
- Open East Davis Lake Campground: Open
- Gull Point Campground: Open · Lava Camp Lake Campground: Open; Central

Elk Lake Campground: Open

- Cascade Wilderness Overnight Permit required Lava Lake Campground:
- Little Cove Boat-In Campground: Open; no
- · Little Crater Campground:
- · Little Cultus Campground: · Little Fawn Campground:
- Open · Little Lava Lake: Open
- · Mallard Marsh Campground: Open · North Twin Lake
- Campground: Open • Point Campground: Open · Princess Creek Campground:
- Open • Pringle Falls Campground:
- Open; no campfires · Quinn Meadow Horse Camp:
- Riverside Campground:
- Open Rock Creek Campground: Open
- Simax Group Campground: Open
- Soda Creek Campground: Open; no campfire · South Campground: Open
- · South Shore Campground: Open; no campfires
- · South Twin Lake Campground: Open
- Spring Campground: Open · Sunset Cove Campground:
- Campground: Open Three Creek Meadow Campground & Horse Camp:
- · Trapper Creek Campground:

Three Creek Lake

- West South Twin
- Campground: Open Whitefish Horse Camp: Open • Windy Group Campground:
- Open Wyeth Campground: Open; no campfires

CYCLING

Wanoga Trail

Complex

· All trails riding well

- **North of Skyliner** trails
- · All trails riding well
- **Swampy Lakes trails** · Middle Flagline: Closed
- through Aug. 15 Met-Win — Flagline to
- Happy Valley, Upper Flagline: Deep snow Flagline Access, Swampy/

Dutchman: Winter mix All other trails riding well

- **Cascade Lakes trails**
- Edison-Lava: Riding well, deadfall reported
- Metolius-Windigo (Todd Lake): Deep snow

Metolius-Windigo (Todd Lake and Lava Lake): Muddy

- Mt. Bachelor FTL (First Time Line), Lava
- Flow (Lower): Riding well • Blade Runner: Winter mix
- Batchy West XC: Deep snow; deadfall reported All other trails under snow

SISTERS

Sunriver area trails

- Crater Rim: Rideable snow
- · Elko Point: Muddy
- Roundabout: Sandy and loose · All other trails riding well

Sisters trails

- · Lake Creek, Green Ridge:
- Riding well; deadfall reported Metolius-Windigo (99 Upper): Deep snow; deadfall
- · All other trails riding well

- **Waldo Lake Region** Cultus Lake Loop: Riding well Maiden Peak: Winter mix:
- deadfall reported · All trails reporting deep

FISHING

- Updated at 8 p.m. June 24 · Upper Deschutes at Benham Falls: 1,439 cfs; rainbow trout, brown trout; wild rainbow trout must be released; fair
- fishing in deeper portions of the river
- McKenzie River (at Clear Lake): 288 cfs McKenzie River (near Belknap Springs): 704 cfs; rainbow and coastal cutthroat trout; fire cleanup still being conducted in the area, access may be limited; all nonadipose fin-clipped trout must be released; lures and artificial
- flies only · Crane Prairie Reservoir: 86% full; brook trout, kokanee, largemouth bass, rainbow trout; fair fishing with catch rates picking up over the last couple of weeks; must release wild rainbow trout
- trout, largemouth bass and catfish; water is low but boats can be launched safely; five kokanee per day in addition to daily trout limit

• North Twin Lake: Rainbow

Wickiup Reservoir: 21% full;

kokanee, rainbow and brown

- trout; recently stocked, fair fishing • **South Twin Lake:** Rainbow trout; recently stocked, fishing has been good on bait, lures
- is low and it may be difficult to launch larger boats; fair fishing for largemouth bass; fly fishing only; fair fishing, catch and release for trout, no limit on size or number for warmwater fish Lava Lake: Rainbow trout: algae bloom; best methods

Davis Lake: rainbow trout and

largemouth bass; water level

fishing along with casting lures towards banks, good fishing on bait, flies and trolling · Little Lava Lake: Rainbow trout, brook trout and

still-fishing with bait and fly

- whitefish; best methods are bait, lures and flies still-fished or trolled • Cultus Lake: Mackinaw, rainbow and brook trout; troll
- depths for mackinaw and shallower areas for rainbows Hosmer Lake: Brook, cutthroat and rainbow trout; fly fishing and catch and release only with
- barbless hooks; good fishing • Elk Lake: Brook trout and kokanee; jigging, still-fishing and trolling from a boat or fly fishing are best • Diamond Lake: trout; all

brown and tiger trout must be

released; trout fishing has been

- good on lures; if you catch one over 20 inches, take it to the marina to be entered for a raffle Crescent Lake: 28% full; kokanee, mackinaw, rainbow and brown trout, whitefish and chub; one lake trout per day. 24-inch minimum; fishing is fair; lake level is extremely low,
- developed ramps are marginal for launching larger boats Waldo Lake: Boating restricted to electric motors or nonmotorized vessels; access to the
- lake is limited due to snow Walton Lake: Rainbow trout • Odell Lake: Lake trout, kokanee, rainbow trout; fair

fishing for lake trout

fishing for kokanee and good

EVENTS

Daily tours

- Lava Cave Tours: A guided tour of a local lava tube exploring the geologic and human history as well as the
- Brews & Views Kayak Tour: A naturalist-guided tour paddling on a lake in the Cascades with a local microbrew or root beer to enjoy afterward; 1:30-5:30 p.m.; \$65 to \$95; Wanderlust Tours, 61535 S.
- Central Oregon Volcano Tour: Explore the Newberry Caldera with a naturalist guide around Paulina Lake; 8:30 a.m.-12:30 p.m. or 2-6 p.m.; \$70 to \$95; Wanderlust
- or 541-389-8359 Cascade Lakes Canoe or Kayak Tour: Paddle around one of the mountain lakes with a naturalist guide; 9 a.m.-1 p.m. or 2-6 p.m.; \$70 to \$95; Wanderlust Tours,

midnight; \$100; Wanderlust Tours, 61535 S. Highway 97, Bend; wanderlusttours.com or 541-389-8359

- **Friday 6/25** • Bend Trail Sessions: The weekly clinic will work on specific skills needed for different biking trails including jumps and corners, technical climbs and descents and
- The "Oregon I Am" Beer Launch Happy Hour: The launch of a series of statewide virtual happy hours celebrating the Oregon landscape through the lens of beer. Crux Fermentation Project will kick it off with the launch of their new beer; 4:30-6 p.m.; registration

- Saturday 6/26 • CORK Saturday Long Run: A weekly group run for all paces. Social distancing observed at all times, limited to 25 runners; 8-11 a.m.; Thump Roastery, 549 NW York
- Drive, Bend; go.evvnt.com/794648-0 Wildflower Show and Pollinator Festival: The 31st annual celebration of wildflowers in Central Oregon and the pollinators who love them will include displays, garden tours, guided walks, talks and demonstrations, native plant sales and more; 9 a.m.-3 p.m.; \$12; Sunriver
- in the afternoon including braking, shifting cornering, switchbacks, wheel lifts and more; 11 a.m.-1 p.m.; \$75; Seventh Mountain Resort, 18575 SW Century Drive, Bend; go.evvnt.com/794592-2 or 541-728-7878. · Jumping Clinic: The clinic will work on the proper

- **Sunday 6/27** • Riding Solo — Funner'er: Mountain bikers will have one week to upload their best time on the loop course using Funner and Tiddlywinks trails; through July 3; \$25;
- go.evvnt.com/797247-1 or 541-241-7733. • Skills and Ride Clinic: The clinic will start with basic dialing in the bikes and working on body position before progressing through several more skills and then hopping on a nearby trail to test out the newly learned skill; 10 a.m.-1 p.m.; \$99; Seventh Mountain Resort
- 18575 SW Century Drive, Bend; go.evvnt.com/794617-2 • Pollinator Plant Giveaway: The Deschutes Land Trust and Bend Pollinator Pathway have teamed up and are giving away free milkweed and native pollinator-friendly

plants; 11 a.m.-1 p.m.; registration required; Wild Birds

Wednesday 6/30 · Lookout Mountain Trail #804: Join educator and naturalist David Vick to learn how to teach yourself to identify wildflowers using the Peterson method; 9 a.m.-4 p.m.; registration required; Lookout Mountain,

meet-up will be at the U.S. Forest Service Building in

Prineville, 3160 NEThird St., Prineville; eventbrite.com

 Metolius Bike Ride: Jen Zalewski will lead a 6-8 mile mellow bike ride through the preserve following singletracks and dirt roads and stopping to talk about many hidden qualities of the area; 4-7 p.m.; registration required; Metolius Preserve, SW Warm Springs Road Southwest Warm Springs Road, Sisters; go.evvnt. com/809096-1 or 541-330-0017. · Women's Foundational Skills Bike Clinic: Women

new to mountain biking can learn fundamental skills to

feel more confident setting up the bike, shifting, braking

and navigating small trail obstacles; 5:30-7:30 p.m.; \$75; Seventh Mountain Resort, 18575 SW Century Drive, Bend; go.evvnt.com/794558-2 or 541-728-7878. • CLBC Bend Brewpub Run: A 3-5 mile group run will start and end at the brewpub, each runner will receive a half-off voucher for a pint; 5:45-8 p.m.; Cascade Lakes Brewpub, 1441 SW Chandler Ave., Bend; go.evvnt.

com/794654-0 or 541-388-4998. Thursday 7/1

• **CORK Thursday Run:** A 3-5 mile weekly run along the river trail will take place. Social distancing must be observed at all times. Limited to 25 runners; 6-8 p.m.; Zpizza Tap Room, 1082 SW Yates Drive, Bend; go.evvnt. com/794621-0

SATURDAY SATURDAY **SUNDAY FRIDAY SUNDAY** 88°/56° 93°/62° 101°/65° 94%62° |100%66° 105%70° **ELEVATION: 4,236 FEET ELEVATION: 3,182 FEET** (20) Lava Butte Lake Billy Chinook Deschutes River REDMOND **MADRAS** BEND SATURDAY FRIDAY SATURDAY SATURDAY 92°/57° | 98°/64° | 103°/70° 97%67° 103%71° 112%72° 95%101°106%67°109%67° 97 ELEVATION: 2,242 FEET **ELEVATION: 3,623 FEET ELEVATION: 3,077 FEET** Sources: Accuweather, U.S. Geological Survey

- ecology of the cave; 9 a.m., 1:30 p.m. and 7 p.m.; \$65 to \$90; Wanderlust Tours, 61535 S. Highway 97, Bend; wanderlusttours.com or 541-389-8359.
- Highway 97, Bend; wanderlusttours.com or 541-389-
- Tours, 61535 S. Highway 97, Bend; wanderlusttours.com
- 61535 S. Highway 97, Bend; wanderlusttours.com or 541-389-8359 Starlight & Moonlight Canoe Tours: Watch twilight descend over the Cascades and enjoy a clear starry night while paddling on one of the mountain lakes; 8 p.m.-

- more; 4-6 p.m.; \$89; new trail each week, around Bend, Bend; go.evvnt.com/794586-2 or 541-728-7878.
- required; online; go.evvnt.com/809095-1 or 541-330-
- Nature Center & Observatory, 57245 River Road, Sunriver; go.evvnt.com/808986-1 or 541-593-4394.

Beginner/Intermediate Skills Bike Clinic: The clinic

will work on bike set up and body position then skills

understanding of how to take off, stay balanced in air and land the bike safely; 1:30-3:30 p.m.; \$75; Seventh Mountain Resort, 18575 SW Century Drive, Bend; go.evvnt.com/794595-2 or 541-728-7878.

Funner Trail, Funner Trail Funner Trail, Deschutes County;

or 541-728-7878.

Unlimited, 2680 NE Highway 20, Bend; eventbrite.com