

SUNDAY MORNING 6/20/21

ALSO IN HD; ADD 600 TO CHANNEL No.

MOVIES

SPORTS

KIDS

*In HD, these channels run three hours ahead. / Sports programming may vary.
BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirectTV; D2-Dish Network

BD	PM	L	D1	D2	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
KATU	2				Good Morning America (N) [60]		KATU News This Morning Sunday (N) [60] (Live) [60]		Your Voice	Sharyl Attkisson	This Week With George ...		Paid Program 'G'	MyPillow Topper			
KTVZ	5	5	21	21	The Voyager	Vets Saving Pets	Sunday Today With Willie Geist (N)	Meet the Press (N) [60]			2021 U.S. Open Golf Championship Final Round (N) [60] (Live)						
KBNZ	6	6	7	7	Pet Vet-Team	All In-Laila Ali	CBS News Sunday Morning (N) [60]	Face the Nation (N) [60]		Coffee With	We Need to Talk (N) [60]		LPGA Golf				
KOHD	9	9	9	9	Outback Adv	oh baby! 'G'	Good Morning America (N) [60]	This Week With George ...		Weekend News	Paid Program 'G'	To Be Announced		To Be Announced			
KFXO	10		69	69	Paid Program 'G'	Paid Program 'G'	Awesome Planet	Outer Space		Fox News Sunday	Soledad O'Brien	Paid Program 'G'	FOX Soul's From Fatherless		Best of GSL: 1987		
KPDx	13	13			Good Day Oregon Sunday (N)						Life Church	Paid Program 'G'	Paid Program 'G'	Whacked Out	DragonFlyTV 'G'	Think Big 'G'	
KOAB	7	3	3	11	Peg & Cat 'Y'	Elinor Wonders	Mister Rogers	Let's Go Luna!	Dinosaur Train	Arthur (E) 'Y'	Cruising the Mediterranean	Nature	Cuba's Wild Revolution 'G'		NOVA Transplanting Hope [60] 'PG'		
KGW	8				KGW News at Sunrise (N) [60]				Meet the Press (N) [60]		2021 U.S. Open Golf Championship Final Round (N) [60] (Live)						
KTVZD2T	12	7	7	22	12	Peter Popoff	Paid Program 'G'	Paid Program 'G'	In Search	Paid Program 'G'	In Touch With Dr. Charles Stanley	Key of David	Catholic Mass	Perry Stone	Bend First Presbyterian		
OPBPL	175				Euromaxx 'G'	In Good Shape	Conscious Living	Make48 [60] 'G'	The Great British Baking Show [60]		"Risking Light" (2018)		Harmonies for Healing: Under		Rust [60] '14' [60]		
*A&E	130	44	44	265	118	Paid Program 'G'	Paid Program 'G'	Ozzy and Jack's World Detour '14'	Ozzy and Jack's World Detour '14'	Ozzy and Jack's World Detour '14'	Ozzy and Jack's World Detour '14'	Ozzy and Jack's World Detour '14'	Ozzy and Jack's World Detour '14'	Ozzy and Jack's World Detour '14'	Ozzy and Jack's World Detour '14'	Ozzy and Jack's World Detour '14'	
*AMC	100	50	50	254	113	(6:15) *** "Twins" (1988, Comedy) Arnold Schwarzenegger, Danny DeVito. [60]		(8:45) *** "Field of Dreams" (1989, Fantasy) Kevin Costner, Amy Madigan. [60]							(11:15) *** "The Karate Kid"		
*ANPL	68	48	48	282	184	North Woods Law [60] 'PG'		North Woods Law [60] 'PG'		North Woods Law [60] '14'		North Woods Law [60] 'PG'		North Woods Law [60] 'PG'			
BRAVO	137	58	58	237	129	Married to Medicine '14' [60]		Married to Medicine '14' [60]		Married to Medicine '14' [60]		Married to Medicine '14' [60]		Married to Medicine '14' [60]		Married to Medicine '14' [60]	
CMT	190	80	80	327	166	CMT Music [60] 'PG' [60]		CMT Music [60] 'PG' [60]		CMT Music [60] 'PG' [60]		Hot 20 Countdown 'PG' [60]					
CNBC	54	70	70	355	208	Paid Program 'G'	Clean Air	Got Dirt?	BISELL	RELIEF NOW!	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Emeril	SunPower	Paid Program 'G'	
CNN	55	67	67	202	200	State-Union-Jake Tapper		Fareed Zakaria GPS (N) 'PG' [60]		Reliable Sources with Brian Stelter		State-Union-Jake Tapper		Fareed Zakaria GPS 'PG' [60]		CNN Newsroom	
COM	135	73	73	249	107	Paid Program 'G'	Paid Program 'G'	Parks/Recreat	Parks/Recreat	Parks/Recreat	Parks/Recreat	(9:10) The Office [60]	(9:45) The Office [60]	The Office '14'	The Office '14'	The Office '14'	
COTV	11					The Dr. Nandi Show [60] 'G' [60]		Sports Stars	Real Green 'G'	Coffee With	Frontier Unlim.	CO Daily News		Journey Church Service	Coffee With	Dr. Scott	
CSPAN	61	15	15	350	210	(4:00) Washington Journal (N)		Washington This Week [60]									
*DIS	87	23	23	291	173	Bluey 'Y' [60]	Bluey 'Y' [60]	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Big City Greens	The Owl House	Ladybug & Cat	Ladybug & Cat	Ladybug & Cat	
*DISC	156	43	43	278	182	Seasons on Fly	Saltwater Fish	Local Know	Into the Blue [60]	Saltwater Exp.	Sportsman	Cal Fire Mountain of Flame (N) '14'	Cal Fire Blaze Brotherhood (N) '14'	Cal Fire Napa Burning (N) [60] '14'	Cal Fire Napa Burning (N) [60] '14'	Cal Fire Napa Burning (N) [60] '14'	
*E!	136			236	114	Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians	
ESPN	21	28	28	206	140	To Be Announced		SportsCenter (N)	2020 UEFA European Championship Switzerland vs Turkey Group A. (N) (Live)						MLS Soccer		
ESPN2	22	29	29	209	143	SportsCenter (N) (Live) [60]		SportsCenter (N) (Live) [60]		Updates	2020 UEFA European Championship Italy vs Wales Group A. (N) (Live)				2021 College World Series		
ESPN3	23	30	30	614		(5:00) College Football 'G'		College Football 'G'			College Football From Nov. 20, 1999. 'G'				College Football		
ESPN4	24	31	31	207	142	(5:00) UFC Fight Night: Jung vs. Ige			World of X Games		World of X Games		World of X Games		World of X Games		
FNC	57	65	65	360	205	(3:00) FOX and Friends Sunday (N)		Sunday Morning Futures		MediaBuzz (N) (Live) [60]		Fox News Live (N) (Live) [60]		Fox News Live (N) (Live) [60]		Fox News Sunday	
*FOOD	177	56	56	231	110	PiYo Workout!	Paid Program 'G'	Trisha's Sou.	Trisha's Sou.	Valerie Home	Valerie Home	Pioneer Wo.	Pioneer Wo.	Pioneer Wo.	Pioneer Wo.	Girl Meets Farm	Valerie Home
FREE	67	62	62	311	180	(5:30) Paid Program 'G' [60]		* "Big Daddy" (1999) Adam Sandler, Joey Lauren Adams. [60]				(9:10) * "Grown Ups" (2010, Comedy) Adam Sandler, Kevin James, Chris Rock. [60]				* Grown Ups 2	
FX	131	46	46	248	136	MAXX Oven	Paid Program 'G'	*** "Blockers" (2018, Comedy) Leslie Mann, Ike Barinholtz. [60]				** "Daddy's Home" (2015) Will Ferrell, Mark Wahlberg. [60]				** "Daddy's Home 2" (2017) [60]	
HGTV	176	55	55	229	112	Paid Program 'G'	Clean Air	Flip or Flop 'G'	Flip or Flop 'G'	Flip or Flop 'G'	Flip or Flop 'G'	Flip or Flop 'G'	Flip or Flop 'G'	Flip or Flop 'G'	Flip or Flop 'G'	Flip or Flop 'G'	
*HIST	155	76	76	269	120	Coin Collecting	Coin Collecting	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Ultimate Rides Ultimate SUVs Danny Koker takes a look at SUVs. [60] 'PG' [60]					
LIFE	138	59	59	252	108	Paid Program 'G'	Tummy Tuck	Michael Youssef	Harvest-Greg	Amazing Facts	David Jeremiah	Joel Osteen 'PG'	Paid Program 'G'	** "Prayers for Bobby" (2009) Sigourney Weaver. 'PG' [60]			



THREE s' CAFE

NOW OPEN FOR DINE-IN!

PlateauTravelPlaza.com • 541-777-2815 • 215 NW Cherry Lane, Madras, OR 97741



MSNBC	59	69	69	356	209	Velshi (N) (Live) [60]		The Sunday Show With Jonathan Capehart (N) (Live) [60]		Alex Witt Reports (N) (Live) [60]		Alex Witt Reports (N) (Live) [60]		Alex Witt Reports (N) (Live) [60]		Alex Witt Reports (N) (Live) [60]	
MTV	192	81	81	331	160	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	
NICK	82	35	35	200	171	SpongeBob	SpongeBob	TBA	SpongeBob	SpongeBob	** "Madagascar 3: Europe's Most Wanted" (2012) [60]		SpongeBob	SpongeBob	SpongeBob	SpongeBob	
OWN	161	213		279	189	Dr. Phil [60] 'PG' [60]		Dr. Phil A web of lies. [60] '14' [60]		Dr. Phil [60] 'PG' [60]		Dr. Phil [60] '14' [60]		Dr. Phil [60] '14' [60]		Super Soul Sunday [60] 'PG'	
PAC12	47	33	33		406	Women's College Basketball Oregon at Arizona		Women's College Basketball Stanford at Oregon		Women's College Basketball Oregon State at UCLA		Women's College Basketball Arizona at Oregon					
PARMT	132	75	75	241	241	Paid Program 'G'	SunPower	PiYo Workout!	Paid Program 'G'	Bar Rescue Twerking 9 to 5 'PG'		Bar Rescue Weber's of Lies 'PG'		Bar Rescue [60] 'PG' [60]		Bar Rescue [60] 'PG' [60]	
SYFY	133	49	49	244	122	Clean Air	PiYo Workout!	Paid Program 'G'	MAXX Oven	Twilight Zone	Twilight Zone	** "The Chronicles of Riddick" (2004, Science Fiction) Vin Diesel, Colm Feore. [60]				The Foreigner	
TBN	205	61	61	372	260	Jentezen	Turning Point	Dr. Jeffress	Winning Walk	TBA	Ron Carpenter	Jackson Mini	In Touch	PowerPoint	It is Written	Ed Young TV	F. Mazzapica
*TBS	16	41	41	247	139	George Lopez	George Lopez	George Lopez	Love-Raymond	Love-Raymond	Love-Raymond	Seinfeld [60] 'PG'	Seinfeld [60] 'PG'	Seinfeld [60] 'PG'	Seinfeld [60] 'PG'	The Cube '14' [60]	[60] 'PG'
TCM	101	51	51	256	132	(5:00) *** "Bonjour Tristesse"		** "The Blue Gardenia" (1953) Anne Baxter, Richard Conte. [60]				*** "Judge Hardy and Son" (1939) Lewis Stone.		(10:45) *** "The Courtship of Eddie's Father"			
*TLC	178	57	57	280	183	Four Weddings [60] 'PG' [60]		Four Weddings [60] 'PG' [60]		Four Weddings [60] 'PG' [60]		Four Weddings [60] 'PG' [60]		Four Weddings [60] 'PG' [60]		Four Weddings [60] 'PG' [60]	
*TNT	17	40	40	245	138	NCIS: New Orleans Predators '14'		NCIS: New Orleans [60] 'PG' [60]		NCIS: New Orleans Carrier [60] 'PG'		NCIS: New Orleans [60] '14' [60]		NCIS: New Orleans [60] '14' [60]		"Batman v Superman: Dawn"	
*TOON	84			297	177	Wrld, Gumball	Wrld, Gumball	Wrld, Gumball	Craig of Creek	Craig of Creek	Craig of Creek	Craig of Creek	Craig of Creek	Craig of Creek	Craig of Creek	Craig of Creek	
*TRAV	179	47	47	277	196	KILL COVID-19!	Paid Program 'G'	Extreme RVs 'G' [60]		Extreme RVs 'G' [60]		Extreme RVs 'G' [60]		Extreme RVs 'G' [60]		Extreme RVs 'G' [60]	
TVLND	65	63	63	304	106	Old Christine	Old Christine	New Adventures of Old Christine	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	(10:12) The Golden Girls [60] 'PG'	The Golden Girls	The Golden Girls	The Golden Girls	
USA	15	45	45	242	105	NCIS: Los Angeles Assets [60] '14'		Paid Program 'G'	David Jeremiah	In Touch	Joel Osteen 'PG'	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	
VH1	191	82	82	335	162	Martin [60] 'PG'	Martin [60] 'PG'	Martin [60] 'PG'	Martin [60] 'PG'	Martin 'PG'	Martin 'PG'	Martin [60] 'PG'	Martin [60] 'PG'	Martin [60] 'PG'	Martin [60] 'PG'	Martin 'PG'	
FS1	35	35	35	219	150	MLB Baseball: Cardinals at Braves		Bowling		Bowling		Bowling		NASCAR RaceDay (N) (Live) [60]		Bowling	
FS2	34	324		618	397	(3:00) Bassmaster Classic [60]		NHRA in 30 'PG'	NHRA in 30	NHRA in 30 'PG'	NHRA in 30 'PG'	NHRA in 30 'PG'	Horse Racing America's Day at the Races (N) (Live) 'PG' [60]				
FXM	104	225	120	258	384	(6:15) *** "Let's Make Love" 1960 Marilyn Monroe. 'NR' [60]				(8:15) *** "State Fair" 1945, Musical Jeanne Crain. 'NR' [60]				** "Mr. Hobbs Takes a Vacation" 1962 James Stewart. 'NR' [60]			
GOLF	28	34	34	218	401	(5:00) Live From the U.S. Open 'G'		2021 U.S. Open Golf Championship Final Round (N) (Live) [60]				Feherty '14' [60]		Feherty '14' [60]		GOLF Films 'G' [60]	
HALL	66	60	60	312	185	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	"A Summer to Remember" (2018, Romance) Catherine Bell. 'G' [60]				"Love on Harbor Island" (2020)	
HBO	425	601	501	504	303	(4:25) Argo 2012	*** "The Family Man" 2000 Nicolas Cage. [60] 'PG-13' [60]				(8:40) *** "A Better Life" 2011 Demián Bichir. [60] 'PG-13' [60]			(10:20) "Oslo" 2021		Ruth Wilson. [60] 'NR' [60]	
IFC	105			564	133	Three Stooges	Three Stooges	3's Company	3's Company	3's Company	3's Company	3's Company	3's Company	3's Company	(11:05) * "The Hot Chick" 2002		
MAX	400	621	508	516	311	(6:15) *** "The Running Man" 1987 Arnold Schwarzenegger. 'R' [60]				(7:58) *** "Birthday Girl" 2001 Nicole Kidman. 'R' [60]				** "Hitman" 2007 Timothy Olyphant. [60] 'R' [60]		(11:03) * "Showtime" 2002 [60]	
NATGEO	157	77	77	276	186	Paid Program 'G'	Clean Air	H2O X5	Paid Program 'G'	Paid Program 'G'	Paid Program 'G'	Monster Fish Amazon Shocker '14'		Monster Fish '14' [60]		Monster Fish '14' [60]	
NBCSN	27	36	36	220	159	Dale Jr. Download [60]		NASCAR Racing		NASCAR Cup Series		IndyCar Series		IndyCar Racing Rev Group Grand Prix (N) (Live) [60]		NASCAR Cup	
NTOON	89	204	115	302	178	Ninja Turtles	Ninja Turtles	Ninja Turtles	Ninja Turtles	Ninja Turtles	Ninja Turtles	Power Rangers	Ninja Turtles	Casagrandes	Casagrandes	Casagrandes	
OUTD	37	301	307	606	396	Zona's Show	Fishing Edge	Hank Parker	Bill Dance	Facts of Fishing	Commandos	Archer's Choice	Adicted, Out.	American Archer	Buckmasters 'G'	Whitetail Nation	Wardens
SHO	500			546	319	Silver Linings	(6:45) *** "Moneyball" 2011, Drama Brad Pitt, Jonah Hill. [60] 'PG-13' [60]					Boxing Jermall Charlo vs. Juan Macias Montiel [60]					
STARZ	300	631	408	526	361	(6:13) ** "Life" 1999, Comedy-Drama Eddie Murphy. [60] 'R' [60]				(8:05) ** "Lara Croft: Tomb Raider" 2001 Angelina Jolie. 'PG-13' [60]			(9:50) "Behind the Curtain: Todrick Hall" 2017 'NR'		Beautiful Day		
STZENC	106	641	401	536	341	(5:35) *** "The Professional" 1994 Jean Reno.		(7:28) ** "The Lone Ranger" 2013, Western Johnny Depp. [60] 'PG-13' [60]						** "Butch and Sundance: The Early Days" 1979 William Katt. 'PG'			
TMC	525			554	329	** "Equals" 2015 Kristen Stewart. [60] 'PG-13' [60]		(7:45) "Paradise Hills" 2019, Suspense Emma Roberts. [60] 'NR' [60]				(9:20) ** "Scary Stories to Tell in the Dark" 2019		(11:10) "The Adjustment Bureau"			
*WE	143	54	54	260	128												