

national bestsellers

Here are the bestsellers for the week that ended Saturday, May 22, compiled from data from independent and chain bookstores.

HARDCOVER FICTION

1. Sooley. John Grisham. Doubleday
2. 21st Birthday. Patterson/Paetro. Little, Brown
3. Project Hail Mary. Andy Weir. Ballantine
4. While Justice Sleeps. Stacey Abrams. Doubleday
5. The Last Thing He Told Me. Laura Dave. Simon & Schuster
6. That Summer. Jennifer Weiner. Atria

7. The Midnight Library. Matt Haig. Viking
8. A Gambling Man. David Baldacci. Grand Central
9. The Four Winds. Kristin Hannah. St. Martin's
10. Finding Ashley. Danielle Steel. Delacorte

HARDCOVER NONFICTION

1. The Anthropocene Reviewed (signed ed.). John Green. Dutton
2. You Will Get Through This Night. Daniel Howell. Dey Street
3. Killing the Mob. O'Reilly/Dugard. St. Martin's
4. D&D: Van Richten's Guide to Ravenloft. Wizards of

- the Coast
5. Zero Fail. Carol Leonnig. Random House
 6. Breaking the News. Alex Marlow. Threshold Editions
 7. What Happened to You? Perry/Winfrey. Flatiron/Oprah
 8. Noise. Kahneman/Sibony/Sunstein. Little, Brown Spark
 9. The Hill We Climb. Amanda Gorman. Viking
 10. Yearbook. Seth Rogen. Crown

MASS MARKET

1. The Sentinel. Child/Child. Dell

2. A Walk Along the Beach. Debbie Macomber. Ballantine
3. The Midwife Murders. James Patterson. Grand Central
4. Seaside Springtime. Debbie Macomber. Mira
5. Under Currents. Nora Roberts. St. Martin's
6. Country Proud. Linda Lael Miller. HQN
7. The Wedding Dress. Danielle Steel. Dell
8. Lone Wolf. Palmer/Pearce/Zanetti. Zebra
9. Near Dark. Brad Thor. Pocket
10. Outlaw Country. William W. Johnstone. Pinnacle

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"All these doctors were pretty amazing, but it just kind of goes to show you, at that time, how the medical community operated. They were very much in silos," Healey said. "If they had built the foundation in my face, nothing would've pulled like it did, and then they could've done the reconstruction. Instead, I spent a year and a half working on my nose. And then suddenly, you look at yourself, and you go, 'Holy cow, I'm disfigured in so many other areas now.'"

BEGINNING TO HEAL

After six procedures in all, his nasal reconstructive doctor finally referred him to a craniofacial specialist at University of California-Los Angeles.

By then, he was in his mid-20s. His psyche was battered, and he was deeply insecure about his appearance. But he'd soon reach a turning point, one of many that have helped him in life, he said.

This one was "the spark that alerted me to the fact that reconstruction wasn't going to solve my underlying problems," he said.

It came courtesy of a soon-to-be ex-girlfriend who could no longer deal with his insecurity. "My physical appearance wasn't an issue to her, and I believed her, right? Because she pursued me," he said. "Here's this beautiful woman who had the world by the tail, and I kept wondering, why the hell are you with me? ... That's a turn-off for anybody."



Submitted

In college, Terry Healey, who moved to Bend four years ago from the Bay Area, was diagnosed with a rare cancer detected after friends began noticing his nostril flaring, as in this picture.

Healey set to work on self-acceptance and rebuilding himself on the inside.

It was the beginning of a journey that took him to other turning points, such as going to support groups, who gave feedback and truths he couldn't get from family and friends, who tended to focus on positives. Support groups gave him critical outside views.

The work led him to begin moving his life forward, and to begin trying to help others mired in their own struggles through his book and his public speaking.

"I realized that I actually had an inspirational story to tell," Healey said. "They thought their situation was so terrible, and when they heard mine, they would be like, 'Well maybe mine is not so bad. If he could get through it, I can get through it.'"

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