

# Kid Scoop .com

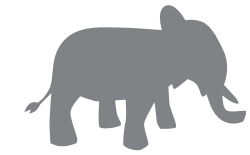


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## Kid Scoop FIT & FUN

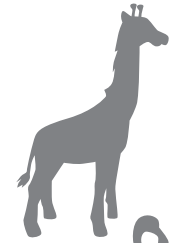
# Summer Activities FOR FITNESS AND FUN

Summer is the time to get outside and get moving!



### Animal Charades

This is a great game for two or more. One person says the name of the animal and the other person starts moving around and making sounds like that animal. When the laughter starts to slow down, the person acting as an animal gets to yell out an animal name for the other person to imitate.



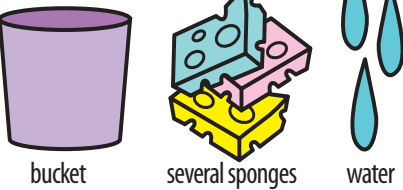
Draw a line from each child to the animal they are imitating.



### Super Sponge Splash Zone

Win or lose, everyone winds up soaked in this game for three or more players.

#### STUFF YOU'LL NEED:



1. One person holds an empty bucket and stands about 10 feet apart from the other players.
2. Players toss water-soaked sponges towards the player holding the bucket.
3. If the player with the bucket catches one of the sponges in the bucket, the person who tossed that sponge becomes the bucket holder.

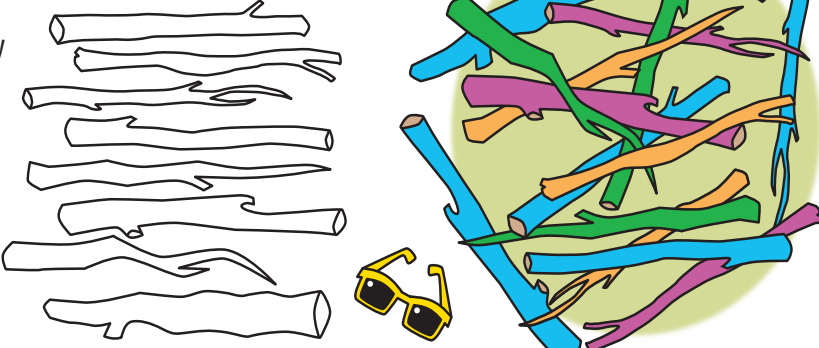


How many sunglasses can you find on this page?

### Make and Play Giant Pick-Up Sticks

Look outside for some sticks about two feet (60 cm) or longer. Paint the sticks different colors. Toss the sticks into a pile and then try to pick them up one at a time. If you play with another person, you each have to pick up sticks without moving any stick except the one you are picking up. A player loses their turn if they cause another stick to move. Give each color stick a different number of points. See who can pick up sticks that add up to the most points.

Draw a line from each stick on the left to its exact twin in the pile on the right. NOTE: Each stick can appear more than once.



### Water Balloon Piñata

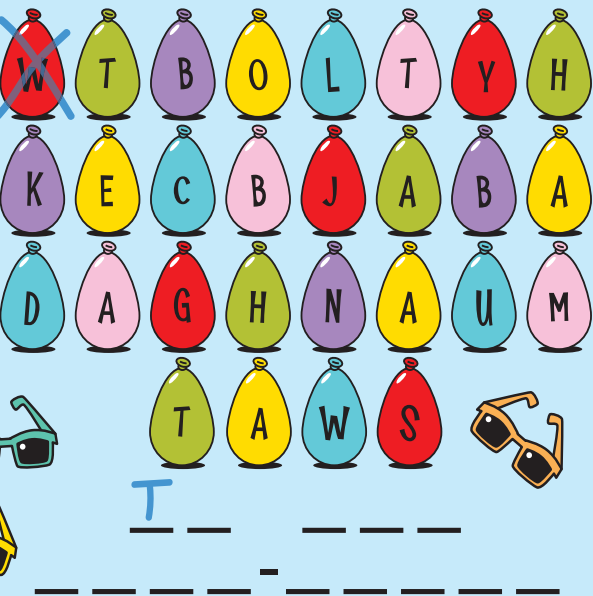
Skip the unhealthy sweets and try a piñata that can cool you down on a hot day!



1. String a bunch of water balloons in the yard between two trees. The water balloons are your piñata!
2. Take turns with a friend or brother or sister or cousin—someone you like to be with and swing a plastic bat or a large stick at the piñata. A wrapping paper tube would work as well.
3. **EXTRA CHALLENGE:** Blindfold the hitter!

### Where do Sheep go for Summer Vacation?

Just pop (cross out) every other water balloon below to reveal the answer.

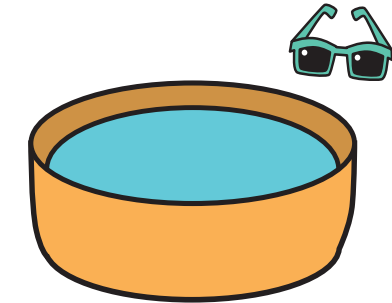


### Extra! Extra! Newspaper Baseball

Wad up a newspaper page and wrap it with tape to make a ball. Roll up several pages into a long roll and wrap with tape. Use the newspaper "bat" to hit the newspaper "baseball."

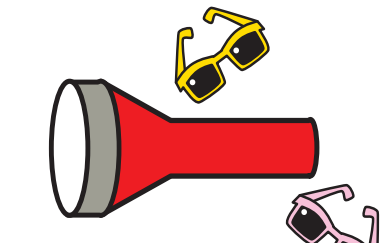
Standards Link: Follow simple written directions.

Summertime is a great time to get some exercise while also having fun with family and friends. Try these outdoor games this summer.



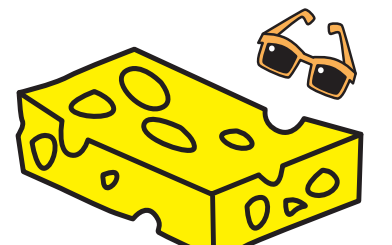
### Water Balance Dance

Crank up your favorite music and dance while holding a plastic bowl filled with water over your head. Can you dance through the whole song without getting soaked?



### Flashlight Tag

Start an egg timer at 5 minutes. The person who is "it" has a flashlight but must close their eyes and count to 30 while everyone hides. While standing in place (base), the person who is "it" must try to spotlight those hiding. And those hiding must make it back to base before the egg timer dings.



### Sponge Volleyball

Make a clothesline between two trees with a rope. Hang a plastic tarp over the rope so that each team of 3 or more players can't see the team on the other side of the tarp. Each player has a bucket of water and some sponges. Three, two, one... GO! Every player starts tossing sponges over the net towards the other team, while the other team does the same. First side to have no sponges left on their side of the "net" wins one point. Repeat. Which team can earn 10 points first? Still dry? How about 20?

### KID SCOOP'S MISSION

**Children are born curious.** From their earliest days, sensory exploration brings delight and wonder. New discoveries expand their minds. When they unlock the joy of reading, their world widens further. **Magic happens.**

**Kid Scoop** opens the doors of discovery for elementary school children by providing interactive, engaging and relevant age-appropriate materials designed to awaken the magic of reading at school, at home, and throughout their lives.

For more information about our literacy non-profit, visit [kidscoopnews.org](http://kidscoopnews.org)

### Kid Scoop VOCABULARY BUILDERS

This week's word: **IMITATE**

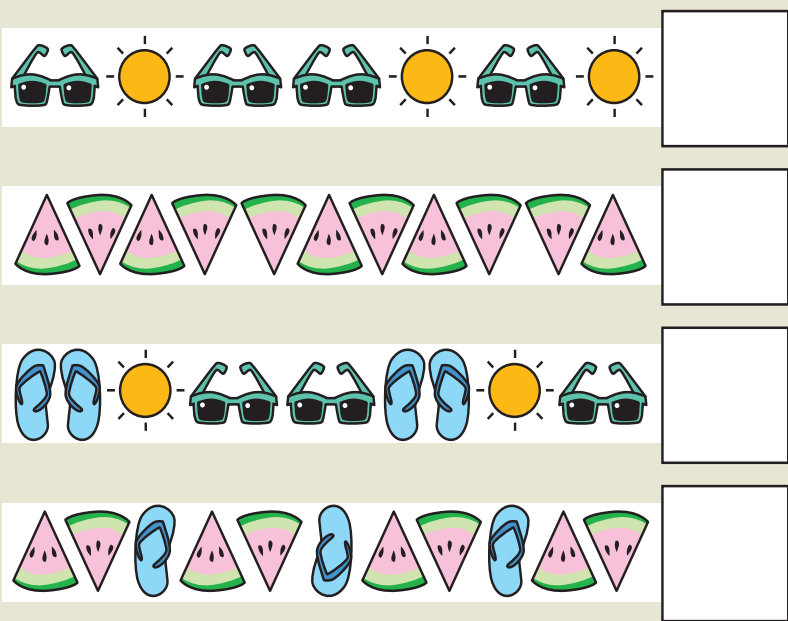
The verb **imitate** means to copy exactly or mimic.

Sebastian could **imitate** his father's voice.

Try to use the word **imitate** in a sentence today when talking with your friends and family members.

### Kid Scoop Puzzler

Draw the thing that should come next to continue the pattern in each row.



### Double Double Word Search

- ACTIVITIES
- BLINDFOLD
- CHARADES
- FITNESS
- SPLASH
- STICKS
- PINATA
- ACTING
- GIANT
- WATER
- COLOR
- ZONE
- PICK
- YARD
- FUN

Find the words in the puzzle. How many of them can you find on this page?



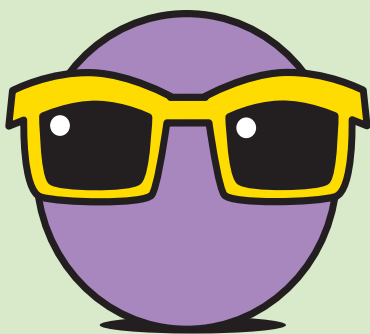
Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

### FROM THE Kid Scoop LESSON LIBRARY

### Exercise Your Brain

Look through the newspaper for five numbers that add up to exactly 100. Then look for five numbers that add up to exactly 1,000. Have a friend or family member try, too.

Standards Link: Math: Calculate sums up to 1,000.



What is round, purple, and wears sunglasses?

ANSWER: A grape on vacation!

### Write On!

### Cutest Animal in the World

Which animal do you think is the cutest animal in the world? Why? Write a paragraph to convince other children of your opinion.