The Roloff family is back as Matt looks at the future of the farm, Zach and Tori deal with the challenges of parenting two children and Amy differs with fiancé Chris over their wedding day plans in Season 22 of "Little People, Big World," airing Tuesdays on TLC. Catch up on what you might have missed at www.tlc.com/tv-shows/ little-people-big-world/

Host Lance Reddick continues going behind the scenes of some of the most legendary monuments and organizations as Season 4 of "America's Book of Secrets" airs Tuesdays on History. Go beyond locked doors and security checkpoints to see things that you were never intended to see by watching previous episodes at www.history.com/shows/americas-bookof-secrets

If you dream of having the top topiaries on the block, then this series is for you as host Michael Urie and judges Martha Stewart, Fernando Wong and Chris Lambton decide whose shrubbery sculptures make the cut in "Clipped," popping up Wednesday on discovery+. Find more home improvement programs at www.discoveryplus.com

Embracing change, facing down fears, dealing with relationships and looking toward the future are all top priority as Season 2 of "The Hills: New Beginnings" airs Wednesdays on MTV. Discover extras and Season 1 episodes by visiting www.mtv.com/shows/the-hills-new-

"ESPN Films" explores the 2020 WNBA "bubble" season, dedicated to social justice and all that the 144 players from 12 teams had to overcome to get through it in "144," debuting Thursday on ESPN. Don't sweat if you miss it as the channel's streaming service gives you a chance to watch on your own schedule at **plus.espn.com**  TRINITY EPISCOPAL CHURCH

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9		2			1		4	
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Complete the grid so that each row, column and 3by-3 box (in bold borders) contains every digit, 1 to 9.

SOLUTION TO LAST WEEK'S PUZZLE

9	1	4	7	5	2	6	3	8
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6	3	9	1	7	5	2	8	4
7	8	5	2	4	6	3	1	9

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