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Sports

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TRACK & FIELD

Seahawks' Metcalf to run the 100

DK Metcalf's incredible display of speed during his length-of-the field, chase-down tackle of Budda Baker was the talk of the 2020 NFL season. The Seattle Seahawks' wide receiver now plans to test his speed against elite sprinters on the track.

Metcalf will take his speed to the track after entering to compete in the 100-meter dash at the USATF Golden Games at Mt. SAC in Walnut, California on Sunday, according to USA Track and Field.

Metcalf accepted an invitation from USA Track and Field (USATF), which said in part that NFL players "are welcome to test their speed against real speed."

The 6-foot-4 Metcalf reached a top speed of 22.64 miles per hour while running a total of 114 yards to tackle Baker before the Arizona Cardinals' safety was able to score a pick-six touchdown after intercepting a pass from quarterback Russell Wilson.

Video of Metcalf's play during the Seahawks' 37-34 overtime loss in Week 7 went viral.

The debate regarding Metcalf's speed prompted USATF to issue the invitation for him to try and qualify for the U.S. Olympic Trials at Hayward Field in Eugene next month. To qualify for the Olympics Trials, Metcalf would likely need to post a time of at least 10.2 seconds while 10.05 automatically would qualify him. Sprinters who ran a 10.16 earned a place at the Trials in 2016.

Does Metcalf possess that type of speed? He did not compete in track and field while in college at the University of Mississippi, but he was a sprinter and hurdler in high school. Metcalf did post a time of 4.33 seconds in the 40yard dash at the 2019 NFL

NBA

Welcome to Top 10, Melo

Portland Trail Blazers' Carmelo Anthony joins an exclusive scoring club

BY PAUL NEWBERRY • Associated Press

ATLANTA -

armelo Anthony looked like he was all done just a couple of seasons ago. Now, he's part of a truly exclusive club in the NBA. Welcome to the Top 10, Melo. Anthony scored 14 points Monday night in Portland's 123-114 loss to the Atlanta Hawks, moving him past Elvin Hayes for 10th place on the career scoring list with 27,318. "If you're in the top 10 of anything

of all time, it's a special moment," said Anthony, who is in his 18th NBA season and turns 37 before the month is out

Anthony cruised past Hayes early in the second quarter, hitting a 3-pointer while getting fouled by Danilo Gallinari and knocking down the free throw to complete a 4-point play.

Anthony was fully aware of how many points he needed to surpass Hayes.

"I knew this moment," he said. "I didn't know those other moments - 15, 13, 11. But 10 is something I knew."



Brooklyn Nets' Jeff Green (8) defends Portland Trail Blazers' Carmelo Anthony during Friday's game in New York.

Marv Altaffer/AP

"Being in the top 10 is a really special accomplishment. For (Anthony), it's probably a little more special. A lot of people counted him out and tried to finish him."

— Damian Lillard, Portland Trail Blazers guard

It appeared Anthony was headed for a forced retirement after he played just 10 games during the 2018-19 season.

He parted ways with Houston, was waived by Chicago and didn't hook up with Portland until the next season was several weeks old.

Even though he went more than a year without playing a game, Anthony

found new life and a new role with the Trail Blazers.

A starter his entire career, he is coming off the bench now, playing a supporting role to younger stars, players who still look up to him, such as Damian Lillard.

"Being in the top 10 is a really special accomplishment," Lillard said. "For him, it's probably a little more

special. A lot of people counted him out and tried to finish him."

During his time with the Trail Blazers, Anthony has passed nine players on the career scoring list. He knocked off Alex English, Kevin

Garnett, John Havlicek and Paul Pierce last season. He has taken down Tim Duncan, Dominique Wilkins, Oscar Robertson, Hakeem Olajuwon and now Hayes this season.

Next up for Anthony: Moses

Malone at 27,409 points. Melo's got a good chance at catching him, too, by the end of the regular season.

BOXING

Chad Johnson to fight on June 6

Former NFL and Oregon State star Chad Johnson has decided to lace up the boxing gloves.

The former wide receiver will fight in an exhibition bout on the undercard of Floyd Mayweather Jr. vs. Logan Paul on June 6 at Hard Rock Stadium in Miami Gardens, Florida.

Johnson will likely fight another celebrity or former athlete in a four- to six-round exhibition bout.

Johnson, 43, first discussed the opportunity in a clip he posted on Monday from his podcast, "I AM ATHLETE," with former NFL players Brandon Marshall, Channing Crowder and Fred Taylor.

Johnson, who lives in Miami, would often train at Mayweather's boxing club during the offseason when he was still playing in the NFL and has kept a strong connection with Mayweather and his camp. He is also a big mixed martial arts and boxing fan and quickly agreed to fight after being contacted by Leonard Ellerbe, Mayweather's manager

"Everything that I do in life I'm good at — except golf," Johnson said on the podcast.

Johnson played for the Cincinnati Bengals during his first 10 seasons in the league. He also played for the New England Patriots and was on the Miami Dolphins' roster during his 11-year NFL career.

— The Oregonian

FOOTBALL 'Football City, USA' killings raise safety concerns for many

BY MICHELLE LIU

Associated Press ROCK HILL, S.C. – Any visitor to Rock Hill, South Carolina, soon learns that "Football City, USA" basks in the glory of the dozens of youth leaguers who have gone on to win college championships and land coveted NFL contracts.

Competitive football is so essential to the city of 75,000 that a longtime high school coach can't even pause to watch a nearby middle school game, lest he be accused of recruiting. But in the aftermath of a mass shooting by a popular homegrown player whose family blamed football for his troubles, some parents and coaches are facing tough questions about the role the sport plays in children's lives.

Phillip Adams, whose NFL career is still celebrated on the county tourism website, is accused of killing Dr. Robert Lesslie, his wife, their two grandchildren and two air conditioning technicians at the doctor's home before killing himself last month. Investigators haven't said what might have prompted the deadly attack.

His father, Alonzo Adams, told WCNC-TV that "he was a good kid, and I think the football messed him up." And his sister, Lauren Adams, told USA Today that her brother's "mental health degraded fast



Elaine Thompson/AP file

Seattle Seahawks' Phillip Adams runs during a training camp practice in Renton, Washington, in 2014. Adams was identified as the gunman who killed multiple people, including a prominent doctor, in April. The source said that Adams committed suicide shortly after the shootings.

and terribly bad" in recent years, leaving him with "extremely concerning" signs of mental illness, including an escalating temper.

People who knew the Rock Hill High graduate as a kind and mild-mannered young man are wondering if head injuries he suffered as a player affected his mental health.

A probe of his brain was ordered to see whether he had chronic traumatic encephalopathy, or CTE, a possibly degenerative disease that has been shown to cause violent mood swings and other cognitive disorders in some athletes.

Adams, 32, played in 78

NFL games over six seasons for six teams - San Francisco, New England, Seattle, Oakland and the New York Jets before retiring with Atlanta in 2015. He suffered a severe ankle injury as a rookie with the 49ers, and was recorded as having two concussions with the Raiders.

There may never be a definitive link between his concussions and the act of deadly violence this month. But in the aftermath, some leaders in the city's football community are reflecting on how to frame what happened to the many young players still in the game.

See Safety / A7

GOLF



Phelan M. Ebenhack/AP photo

Henrik Stenson lines up a putt on the sixth green during the final round of the Valspar Championship on Sunday in Palm Harbor, Florida.

Another long road back for slumping Henrik Stenson

BY DOUG FERGUSON

AP Golf Writer

PALM HARBOR, Fla. — The tee markers at the Valspar Championship were paint cans, except they were filled with sand.

This would have been useful information for Henrik Stenson, known to take out his frustrations on inanimate objects.

That was never going to be an issue at Innisbrook.

Sure, the frustration level is high. Five years removed from his summer of silver — a claret jug at Royal Troon, an Olympic medal in Rio de Janeiro - the Swede has not finished in the top 20 in the 23 individual tournaments he has played

worldwide since ending 2019 with a victory in the Bahamas.

He knows he's not playing well. His temper is more likely to flare when he is.

Stenson had a wry smile when he walked off the Copperhead course on Saturday after a 72 and said with his dry humor, "You want to talk after seeing signs of greatness?"

At least he was still playing on the weekend. He had missed six straight cuts until a tie for 38th in the Masters, and then he played all four rounds at the Valspar Championship. Any progress is welcome.

Stenson headed home to Orlando for two weeks of what he referred to as "training camp." See Golf / A6