

WEEKDAY AFTERNOON

ALSO IN HD; ADD 600 TO CHANNEL No.

MOVIES

SPORTS

KIDS

\*In HD, these channels run three hours ahead. / Sports programming may vary.  
BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirectTV; D2-Dish Network

	BD	PM	L	D1	D2	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	
KATU		2				GMA3: What You Need to Know	General Hospital	Afternoon Live		The Drew Barrymore Show		KATU News First at Four		KATU News at 5		World News		
KTVZ	5	5	5	21	21	Extra	Paid Program	Days of our Lives		Tamron Hall		Dr. Phil		The Ellen DeGeneres Show		News	Nightly News	
KBNZ	6	6	6	7	7	CO Daily News	Bold/Beautiful	The Talk		Ac. Hollywood	Jeopardy!	The Drew Barrymore Show		DailyMailTV	DailyMailTV	Ent. Tonight	Evening News	
KOHD	9	9	9	31	31	GMA3: What You Need to Know	General Hospital			Hot Bench	Hot Bench	Judge Judy	Judge Judy	Judge Judy	Judge Judy	CO Daily News	CO Daily News	
KFXO	10			39	39	RightThisMinute	Paid Program	Family Feud	25 Words/Less	Family Feud	Funny You Ask	The Kelly Clarkson Show		News	RightThisMinute	Modern Family	Last-Standing	
KPDJ		13	13			Judge Jerry	Protection Court	Divorce Court	Divorce Court	Judge Mathis		Hot Bench	Hot Bench	Judge Judy	Judge Judy	Family Feud	Family Feud	
KOAB	7	3	3	3	31	Varied Programs				Let's Go Luna!	Nature Cat	Hero Elementary	Odd Squad	Arthur	Peg & Cat	Ready Jet Go!	Wild Kratts	
KGW		8				KGW News	Paid Program	Days of our Lives		Daily Blast Live	Varied Programs	The Ellen DeGeneres Show		KGW News at 4		KGW News at 5	Nightly News	
KTVZD2	12	7	7	22	22	Paid Program	Paid Program	Paid Program	Varied Programs	Judge Jerry	Judge Jerry	Jerry Springer		The Goldbergs	The Goldbergs	black-ish	black-ish	
OPBPL	175					Th In the America	Chavis Chron.	DW News	The Day	BBC News	World News	Great Decisions	NHK Newsline	PBS NewsHour		Roadtrip Nation	New Orleans	
						F My World Too	Seat-Table			BBC World		WealthTrack				Test Kitchen	Farmer-Foodie	
						M Portrayal-Men	Growing Bolder			BBC News		Second-Joan				Native Report	Scandinavian	
						T Between Cover	GZERO World					Focus-Europe				Journeys Japan	Simply Ming	
						W Reconnecting	Rubenstein					Laura Flanders				Trails to Oishii	100 Days Drink	
*A&E	130	44	44	265	118	Th Nightwatch	Nightwatch	Nightwatch		The First 48		The First 48		The First 48		The First 48		
						F The First 48	The First 48	The First 48		The First 48		The First 48		The First 48		The First 48		
						M Intervention	Intervention	Intervention		Intervention		Intervention		Hoarders		Hoarders		
						T Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars
						W Shipping Wars	Shipping Wars	Hustle & Tow	Hustle & Tow	Hustle & Tow	Hustle & Tow	I Survived	I Survived	I Survived	I Survived	Court Cam	Court Cam	
*AMC	102	50	50	254	113	Th ** Jack Ryan: Shadow Recruit 2014, Action Chris Pine, Kevin Costner. (cc)	*** The Bourne Identity 2002, Action Matt Damon, Franka Potente. (cc)	*** The Bourne Ultimatum 2007 Matt Damon.		*** Salt 2010, Action Angelina Jolie, Liev Schreiber, Chiwetel Ejiofor. (cc)		*** The Bourne Ultimatum 2007 Matt Damon.		*** The Bourne Ultimatum 2007 Matt Damon.		*** The Bourne Ultimatum 2007 Matt Damon.		
						F ** Underworld: Awakening 2012, Fantasy Kate Beckinsale. (cc)	*** Field of Dreams 1989, Fantasy Kevin Costner, Amy Madigan. (cc)	*** Fast Times at Ridgemont High 1982, Comedy Sean Penn. (cc)		*** Double Jeopardy 1999, Suspense Tommy Lee Jones, Ashley Judd. (cc)		*** Armageddon 1998 Bruce Willis. (cc)		*** Armageddon 1998 Bruce Willis. (cc)		*** Armageddon 1998 Bruce Willis. (cc)		
						M A Bronx Tale	*** Snitch 2013 Dwayne Johnson, Barry Pepper. (cc)	*** Double Jeopardy 1999, Suspense Tommy Lee Jones, Ashley Judd. (cc)		*** Double Jeopardy 1999, Suspense Tommy Lee Jones, Ashley Judd. (cc)		*** Double Jeopardy 1999, Suspense Tommy Lee Jones, Ashley Judd. (cc)		*** Double Jeopardy 1999, Suspense Tommy Lee Jones, Ashley Judd. (cc)		*** Double Jeopardy 1999, Suspense Tommy Lee Jones, Ashley Judd. (cc)		
						T (11:30) ** Snitch 2013 Dwayne Johnson, Barry Pepper. (cc)	*** Double Jeopardy 1999, Suspense Tommy Lee Jones, Ashley Judd. (cc)	*** Double Jeopardy 1999, Suspense Tommy Lee Jones, Ashley Judd. (cc)		*** Double Jeopardy 1999, Suspense Tommy Lee Jones, Ashley Judd. (cc)		*** Double Jeopardy 1999, Suspense Tommy Lee Jones, Ashley Judd. (cc)		*** Double Jeopardy 1999, Suspense Tommy Lee Jones, Ashley Judd. (cc)		*** Double Jeopardy 1999, Suspense Tommy Lee Jones, Ashley Judd. (cc)		
						W (:15) ** The Karate Kid Part III 1989 Ralph Macchio, Noriyuki "Pat" Morita. (cc)	(:45) ** The Internship 2013 Vince Vaughn. Old-school salesmen finagle internships at Google. (cc)	O Brother-Thou										
*ANPL	68	48	48	282	184	Tanked	Pit Bulls and Parolees	Pit Bulls and Parolees		Lone Star Law		Varied Programs		Varied Programs		Varied Programs		
BRAVO	137	58	58	237	129	Th Million Dollar Listing New York	Million Dollar Listing New York	Million Dollar Listing New York		Million Dollar Listing New York		Million Dollar Listing New York		Million Dollar Listing New York		Million Dollar Listing New York		
						F Below Deck	Below Deck Mediterranean	Below Deck Mediterranean		Below Deck Mediterranean		Chrisley Knows		Chrisley Knows		Chrisley Knows		
						M Housewives/NYC	Housewives/NYC	Housewives/NYC		Housewives/NYC		Housewives/NYC		Housewives/NYC		Housewives/NYC		
						T Housewives of NJ	Housewives of NJ	Housewives of NJ		Housewives of NJ		Housewives of NJ		Housewives of NJ		Housewives of NJ		
CMT	190	80	80	327	166	Roseanne	Varied Programs	King of Queens	King of Queens	King of Queens	King of Queens	King of Queens	King of Queens	Last-Standing	Last-Standing	Last-Standing	Last-Standing	
CNBC	54	70	70	355	208	Closing Bell		Fast Money	Varied Programs	Mad Money		The News With Shepard Smith		Shark Tank		Shark Tank		
CNN	55	67	67	202	200	CNN Newsroom with Alisyn	The Lead With Jake Tapper	The Lead With Jake Tapper		Situation Room With Wolf		Erin Burnett OutFront		Anderson Cooper 360		Anderson Cooper 360		
COM	135	73	73	249	107	Th Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	The Office	The Office	The Office	The Office	
						F South Park	South Park	The Office	The Office	The Office	The Office	The Office	The Office	South Park		South Park		
						M South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park		South Park		
						T Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	The Office	The Office	South Park	South Park	
						W South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	
COTV	11					CO Daily News	CO Daily News	CO Daily News		CO Daily News		CO Daily News		CO Daily News		CO Daily News	CO Daily News	
CSPAN	61	15	15	350	210	Public Affairs	Public Affairs Events											
*DIS	87	23	23	291	173	Bluey	Bluey	Ladybug & Cat	Ladybug & Cat	Big City Greens	Big City Greens	Jessie	Jessie	Big City Greens	Big City Greens	Bunk'd	Bunk'd	
*DISC	156	43	43	278	182	Varied Programs												
*E!	136			236	114	Th Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	For Real: The Story of Reality TV		For Real: The Story of Reality TV		
						F *** Bring It On: In It to Win It 2007, Comedy Ashley Benson. (cc)	*** Bring It On: All or Nothing 2006 Hayden Panettiere. (cc)	*** Bring It On: All or Nothing 2006 Hayden Panettiere. (cc)		*** Bring It On: All or Nothing 2006 Hayden Panettiere. (cc)		*** Bring It On: All or Nothing 2006 Hayden Panettiere. (cc)		*** Bring It On: All or Nothing 2006 Hayden Panettiere. (cc)		*** Bring It On: All or Nothing 2006 Hayden Panettiere. (cc)		
						M Keeping Up With the Kardashians	Keeping Up With the Kardashians	Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians		
						T Keeping Up With the Kardashians	Keeping Up With the Kardashians	Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians		
						W (11:00) Daily Pop												
ESPN	21	28	28	206	140	NBA: The Jump	NFL Live	Around the Horn	Interruption	SportsCenter		SportsCenter		Varied Programs		Varied Programs		
						F NBA: The Jump	Daily Wager	Around the Horn	Interruption	SportsCenter		SportsCenter		Boxing		Boxing		
						M TBA	Questionable	NBA: The Jump		NFL Live		Daily Wager		UFC Live	Max on Boxing	UFC Unleashed		
						T TBA	Questionable	NBA: The Jump		NFL Live		Daily Wager		Welcome/NFL	Hey Rookie	Hey Rookie	Draft: Featured	
						W TBA	Questionable	NBA: The Jump		NFL Live		Daily Wager		Hall of Famer Forever: Enshrinement	Special	SportsCenter		
ESPNC	23	30	30	614		Th (11:00) NBA	NBA	NBA		NBA		NBA		College Football		College Football		
						F (11:00) College Football	College Football	College Football		College Football		College Football		College Football		College Football		
						M College Football	College Football	College Football		College Football		College Football		College Football		College Football		
						T College Football	College Football	College Football		College Football		College Football		College Football		College Football		
						W College Football	College Football	College Football		College Football		College Football		College Football		College Football		
FNC	57	65	65	360	205	The Story With Martha MacCallum	Your World With Neil Cavuto	The Five		Special Report With Bret Baier		FOX News Primetime		Tucker Carlson Tonight		Tucker Carlson Tonight		
*FOOD	177	56	56	231	110	Th Chopped	Worst Cooks in America	Diners, Drive-Ins and Dives		Diners, Drive	Diners, Drive	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	
						F Food Paradise	Diners, Drive-Ins and Dives	Chopped		Chopped		Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	
						M The Kitchen	Chopped	Chopped		Chopped		Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	
						T Food Paradise	Chopped	Chopped		Chopped		Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	
						W Pioneer Wo.	Pioneer Wo.	Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	
FREE	67	62	62	311	180	The Middle	Varied Programs											
FX	131	46	46	248	136	Th (10:30) ** The 5th Wave 2016	** The Darkest Minds 2018 Amandla Stenberg. (cc)	*** 300 2006, Action Gerard Butler, Lena Headey, David Wenham. (cc)		*** 300 2006, Action Gerard Butler, Lena Headey, David Wenham. (cc)		*** 300 2006, Action Gerard Butler, Lena Headey, David Wenham. (cc)		Baby Driver (cc)		Baby Driver (cc)		
						F (11:00) *** 300 2006 Gerard Butler. (cc)	** 300: Rise of an Empire 2014, Action Sullivan Stapleton. (cc)	*** Baby Driver 2017, Action Ansel Elgort, Kevin Spacey, Lily James. (cc)		*** Baby Driver 2017, Action Ansel Elgort, Kevin Spacey, Lily James. (cc)		*** Baby Driver 2017, Action Ansel Elgort, Kevin Spacey, Lily James. (cc)		*** Baby Driver 2017, Action Ansel Elgort, Kevin Spacey, Lily James. (cc)		*** Baby Driver 2017, Action Ansel Elgort, Kevin Spacey, Lily James. (cc)		
						M *** American Made 2017, Comedy-Drama Tom Cruise, Domhnall Gleeson. (cc)	** Independence Day: Resurgence 2016 Liam Hemsworth, Jeff Goldblum. (cc)	*** Bohemian Rhapsody		*** Bohemian Rhapsody		*** Bohemian Rhapsody		*** Bohemian Rhapsody		*** Bohemian Rhapsody		
						T ** Independence Day: Resurgence 2016 Liam Hemsworth, Jeff Goldblum. (cc)	** The Mummy 2017, Action Tom Cruise, Russell Crowe, Annabelle Wallis. (cc)	** Venom 2018 Tom Hardy. (cc)		** Venom 2018 Tom Hardy. (cc)		** Venom 2018 Tom Hardy. (cc)		** Venom 2018 Tom Hardy. (cc)		** Venom 2018 Tom Hardy. (cc)		
						W ** The Mummy 2017, Action Tom Cruise, Russell Crowe, Annabelle Wallis. (cc)	** Pacific Rim Uprising 2018, Science Fiction John Boyega, Scott Eastwood. (cc)	** Iron Man 3 2013 (cc)		** Iron Man 3 2013 (cc)		** Iron Man 3 2013 (cc)		** Iron Man 3 2013 (cc)		** Iron Man 3 2013 (cc)		
HGTV	176	55	55	229	112	Th Love It or List It	Love It or List It	Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		
						F Property Brothers	Fixer to Fabulous	Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		
						M Unsellable	Unsellable	Unsellable		Unsellable		Unsellable		Unsellable		Unsellable		
						T Dream Home	Dream Home	Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		
						W Ty Breaker	Farmhouse Fixer	Farmhouse Fixer		Farmhouse Fixer		Farmhouse Fixer		Farmhouse Fixer		Farmhouse Fixer		
*HIST	155	76	76	269	120	Th Swamp People	Swamp People	Swamp People		Swamp People		Swamp People		Swamp People		Swamp People		
						F Ancient Aliens	Ancient Aliens	Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		
						M Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	
						T The Secret of Skinwalker Ranch	The Secret of Skinwalker Ranch	The Secret of Skinwalker Ranch		The Secret of Skinwalker Ranch		The Secret of Skinwalker Ranch		The Curse of Oak Island		The Curse of Oak Island		
						W Modern Marvels	Modern Marvels	Modern Marvels		Modern Marvels		Modern Marvels		Forged in Fire		Forged in Fire		
LIFE	138	59	59	2														