## RESTAURANT REVIEWS, DINING DEALS & FOOD NEWS





STORY AND PHOTOS BY -BY BARB GONZALEZ • The Bulletin

t the counter of Blissful Spoon, rows of beautiful pastries beckon from its glass case. What is surprising is that these pastries are primarily gluten-free, and they are indeed blissful to eat. Blissful Spoon is more than breakfast or pastries. They serve sandwiches and a variety of tapas for dinner. There's a hand-picked selection of beer and wine in the evenings, as well as select coffee for breakfast.