WebLinks

The writer who penned the old song lyrics, "There were never such devoted sisters," certainly never dreamed of the women on this new reality show, whose obsession with each other is over the top, in "Extreme Sisters," airing Sundays on TLC. Get your first look at www.youtube.com/watch?v199y8pXAh_I

Eight best-of-the-worst returning recruits from past seasons are led by chefs Anne Burrell and Michael Symon to compete for \$25,000 and culinary redemption in "Worst Cooks in America," airing Season 22 Sundays on Food Network. Snack on more episodes at www.foodnetwork.com/shows/worst-cooks-in-america

Pro designers Carmine Sabatella and Mike Pyle compete against one another to see who can get a bigger chunk of the homeowners' renovation budget — either toward interior design or curbside appeal — in "Inside Out," airing Mondays on HGTV. Find out more by going to www.hgtv.com/shows/inside-out

The "Ace of Cakes" teams up with a crew of puppets from The Jim Henson Company as they head to his laboratory kitchen to learn about the science behind cooking and baking some of the most popular foods in "Duff's Happy Fun Bake Time," dropping Thursday on discovery+. Get a sneak peek at www.facebook.com/duffgoldman/videos/2972175376402890

The new satirical comedy series "Let's Be Real," which uses puppets — including those in the likeness of Dr. Anthony Fauci, New York Gov. Andrew Cuomo, Kim Kardashian, LeBron James and others — to cover politics and pop culture through topical sketches, celebrity cameos and remote pieces airs Thursdays on Fox. Stay on top of the latest show news at www.fox.com/lets-be-real/

TRINITY EPISCOPAL

Love God,
Love Your Neighbor,
Love Yourself

Worship online @ trinitybend.org
Meal schedule @ familykitchen.org





			8			7		
8						1		3
			4	1				
7		2					9	8
	5						4	
9	8					6		7
				6	2			
3		6						5
		7			3			_

1 2 3 4

Complete the grid so that each row, column and 3by-3 box (in bold borders) contains every digit, 1 to 9.

SOLUTION TO LAST WEEK'S PUZZLE

8	9	7	5	3	2	6	1	4
5	3	6	1	4	7	9	8	2
4	2	1	9	6	8	3	5	7
7	4	5	3	2	1	8	6	9
3	6	2	8	9	4	1	7	5
1	8	9	7	5	6	4	2	3
2	1	8	4	7	3	5	9	6
6	5	4	2	1	9	7	3	8
9	7	3	6	8	5	2	4	1

CREATED BY PUZZLE FEATURES SYNDICATE, INC.





Meet our Specialists
Sam Christensen, PA-C
Sam provides adult &
pediatric dermatologic
care with expertise in
skin cancer detection and

cutaneous surgery. habla español

Caring for your entire family's skin health needs.

- Medical Dermatology
- Skin Cancer Care
- Mohs Surgery
- Aesthetic Dermatology

Bend • Redmond • Sunriver

541.382.8819

derm-health.com



Ameda Breast Pump

Used by top healthcare institutions and millions of mothers to provide the best nutrition for their babies plus it's covered by most insurance plans!

CALL TODAY FOR AN APPOINTMENT 541.383.8085

Our breast pump kit has the only FDA cleared and proven viral and bacterial protection barrier.



Post-Mastectomy Care

Compression, Bras, Hats, Wigs 345 NE Norton Ave., Bend, OR 97701 mariposaoregon.com