

THURSDAY EVENING 4/22/21

ALSO IN HD; ADD 600 TO CHANNEL No.

MOVIES

SPORTS

KIDS

*In HD, these channels run three hours ahead. / Sports programming may vary. BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirectTV; D2-Dish Network

BROADCAST/CABLE CHANNELS																						
BD	PM	L	D1	D2	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30						
KATU (ABC)	2				KATU News at 6 (N) (Live) (G)		Jeopardy! (N) (G)	Wheel of Fortune (N) (G)	Station 19 Maya brings in a counselor for the team. (N) '14 (G)		Grey's Anatomy Link accuses Amelia of overstepping. (N) '14 (G)		(10:01) Rebel Superhero Cruz reaches his breaking point. (N) '14 (G)	KATU News at 11 (N) (G)	(11:35) Jimmy Kimmel Live! '14 (G)							
KTVZ (NBC)	5	5	21	21	NewsChannel 21 at 6 (N) (G)	NewsChannel 21 at 6:30 (N) (G)	NewsChannel 21 at 7 (N) (G)	Family Feud (N) (PG)	Manifest Tailspin Ben and Saavri join forces with Vance. (N) (PG)		Law & Order: Special Victims Unit In the Year We All Fell Down '14 (G)		Law & Order: Organized Crime (N) '14 (G)	NewsChannel 21 at 11 (N) (G)	Tonight Show-J. Fallon (G)							
KBNZ (CBS)	6	6	7	7	Cent OR Daily News at 6pm (G)	Central Oregon Daily News (G)	Central Oregon Daily News (G)	Central Oregon Daily News (G)	Young Sheldon (N) (PG)	(8:31) United States of AI (PG)	(9:01) Mom (N) (G)	B Positive Miss Diagnosis '14 (G)	Clarice Clarice is drugged and confined to bed. (N) '14 (G)	Oregon Daily News at 11pm (G)	Late Show-Colbert (G)							
KOHD (ABC)	9	9	9	9	Inside Edition (N) (PG)	ABC World News (G)	Jeopardy! (N) (G)	Wheel of Fortune (N) (G)	Station 19 Maya brings in a counselor for the team. (N) '14 (G)		Grey's Anatomy Link accuses Amelia of overstepping. (N) '14 (G)		(10:01) Rebel Superhero Cruz reaches his breaking point. (N) '14 (G)	CO Daily News (N) (Live) (G)	(11:35) Jimmy Kimmel Live! '14 (G)							
KFXO (FOX)	10		69	69	Modern Family (PG)	The King of Queens (PG)	The Big Bang Theory (N) (G)	The Big Bang Theory (N) (G)	Hell's Kitchen The most important diner service yet. (N) (G)		Last Man Standing (N) (PG)	The Moodys Episode 205 '14 (G)	News Channel 21 First on FOX (N) (G)	TMZ (N) (PG) (G)	Two and a Half Men (PG) (G)							
KPDQ (MNT)	19	19			Family Feud (PG)	Family Feud (PG)	The Big Bang Theory (N) (G)	The Big Bang Theory (N) (G)	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory (N) (G)	The Simpsons (N) (G)	Family Guy '14 (G)	Family Guy (PG) (G)						
KOAB (PBS)	7	8	8	11	Bare Feet With Mickela Mallozzi (G)	BBC World News Outside (G)	PBS NewsHour (N) (G)		Greta Thunberg: A Year to Change the World (N) (PG) (G)		Greta Thunberg: A Year to Change the World (N) (PG) (G)		Greta Thunberg: A Year to Change the World (N) (PG) (G)	Rewilding a Mountain (N) (G)	America's Forests-Leavell (G)							
KGW (NBC)	8				The Story with Dan Haggerty (G)	KGW News at 6:30 (N) (G)	The Good Stuff (N) (G)	Inside Edition (N) (PG)	Manifest Tailspin Ben and Saavri join forces with Vance. (N) (PG)		Law & Order: Special Victims Unit In the Year We All Fell Down '14 (G)		Law & Order: Organized Crime (N) '14 (G)	KGW News at 11 (N) (G)	Tonight Show-J. Fallon (G)							
KTVZD2T (CW)	12	7	7	12	Bob's Burgers (N) '14 (G)	Bob's Burgers (N) '14 (G)	Family Guy '14 (G)	Family Guy (PG) (G)	"2040" (2019, Documentary) Damon Gameau, Eva Lazzaro. Premiere. A man travels the world seeking solutions to global warming. (G)		Seinfeld The Fusilli (N) (PG)	Seinfeld The Boyfriend (PG)	Schitt's Creek (N) '14 (G)	Schitt's Creek Rock On! (N) '14 (G)								
OPBPL	175				Milk Street (G)	My Greek Table (G)	Far Afeld-Love (G)	Rewilding-Mtn (G)	Secrets of the Dead (N) (G)		Secrets of the Dead (N) (PG) (G)		Amanpour and Company (N) (G)	Global 3000 (G)	Variety Studio (G)							
BASIC CABLE CHANNELS																						
*A&E	130	44	44	265	118	The First 48 A tenant's eviction does not go well. (N) '14 (G)	The First 48 Cover Story A man may be covering up a crime. (PG)	The First 48 Old Wounds Drive-by shooting death in Oklahoma. '14 (G)	The First 48 The Abnormals A missing person case. (N) (PG)		(10:01) Nightwatch A bizarre slot machine experience. (N) '14 (G)		(11:04) Nightwatch A woman in respiratory distress. (N) '14 (G)									
*AMC	102	50	50	254	113	(5:15) ** "The Wolverine" (2013, Action) Hugh Jackman, Hiroyuki Sanada. Wolverine confronts the prospect of real mortality. (G)	** "Demolition Man" (1993, Science Fiction) Sylvester Stallone, Wesley Snipes, Sandra Bullock. A frozen cop is thawed out to capture an old nemesis. (G)	** "Road House" (1989) Patrick Swayze. A legendary bouncer agrees to tame a notorious gin mill. (G)														
*ANPL	68	48	48	282	184	North America (N) (PG)	North America (N) (PG)	North America (N) (PG)	North America (N) (PG)	North America (N) (PG)	Lone Star Law (N) '14 (G)											
BRAVO	137	58	58	237	129	Top Chef Trouble Brewing '14 (G)	Top Chef Pan African Portland '14 (G)	Top Chef Thrown for a Loop '14 (G)	Summer House A wedding-themed party. (N) '14 (G)	** "How to Lose a Guy in 10 Days" (2003) (G)												
CMT	190	80	80	327	166	Last-Standing (G)	Last-Standing (G)	** "White House Down" (2013) Channing Tatum. Paramilitary soldiers take over the White House. (G)	** "Draft Day" (2014) (G)													
CNBC	54	70	70	355	208	Shark Tank (N) (PG) (G)	Shark Tank (N) (PG) (DVS) (G)	The News With Shepard Smith (G)	American Greed (PG) (G)	Dateline In Cold Blood: Part 1 (G)												
CNN	55	67	67	202	200	Cuomo Prime Time (N) (Live) (G)	CNN Tonight With Don Lemon (N) (G)	CNN Tonight With Don Lemon (N) (G)	Anderson Cooper 360 (PG) (G)	Cuomo Prime Time (G)	CNN Tonight With Don Lemon (G)											
COM	135	73	73	249	107	The Office (PG) (G)	(6:35) The Office (G)	(7:10) The Office (N) (G)	(7:45) The Office (N) (PG) (G)	(8:20) The Office (G)	(8:55) The Office (N) (PG) (G)	The Office (PG) (G)	The Office (PG) (G)	The Daily Show (G)	The Office (PG) (G)							
COTV	11					CO Daily News (G)	CO Daily News (G)	CO Daily News (G)	CO Daily News (G)	CO Daily News (G)	CO Daily News (G)	CO Daily News (G)	CO Daily News (G)	CO Daily News (G)	CO Daily News (G)	Law and Crime (G)						
CSPAN	61	15	15	350	210	Politics and Public Policy Today (G)	Jessie (G) (G)	Jessie (G) (G)	** "Rio 2" (2014) Voices of Anne Hathaway. (G)	Big City Greens (G)	Big City Greens (G)	Big City Greens (G)	Big City Greens (G)	Raven's Home (G)	Sydney-Max (G)	Sydney-Max (G)						
*DIS	87	23	23	291	173	Serengeti Exodus (N) (PG) (G)	Serengeti Rebirth (N) (PG) (G)	A Perfect Planet (N) (N) (G) (G)	For Real: The Story of Reality TV (G)	Overseed (G)	Keeping Up With the Kardashians (N) (G)	Keeping Up With the Kardashians (N) (G)	Nightly Pop '14 (G)									
*DISC	156	43	43	278	182	Keeping Up With the Kardashians (G)	Keeping Up With the Kardashians (G)	Keeping Up With the Kardashians (G)	Keeping Up With the Kardashians (G)	Keeping Up With the Kardashians (G)												
*E!	136					Women's College Volleyball NCAA Tournament: Teams TBA (N) (G)	Women's College Volleyball NCAA Tournament: Teams TBA (N) (G)	NFL Live (G)	PFL Fantastic Finishes (G)	Around the Horn (G)	Interruption (G)	UFC 261 Countdown (G)										
ESPN	21	28	28	206	140	30 for 30 (Part 2 of 2) (G)	College Football From 12/2/89. 'G	College Football From 12/2/89. 'G	College Football 'G	College Football 'G	College Football 'G											
ESPN2	22	29	29	209	143	(5:00) College Football 'G	Jalen & Jacoby (G)	Questionable (G)	Around the Horn (G)	Interruption (G)												
ESPN3	23	30	30	614		UFC Main Event '14 (G)	Hannity (N) (Live) (G)	The Ingraham Angle (N) (G)	Gutfeld! (N) (G)	Fox News at Night With Shannon (G)	Tucker Carlson Tonight (G)	Hannity (G)										
ESPNN	24	31	31	207	142	Beat Bobby Flay (G)	Beat Bobby Flay (G)	Beat Bobby Flay (G)	Beat Bobby Flay (G)	Beat Bobby Flay (G)	Restaurant: Impossible 'G' (G)	Chef Boot Camp Three Dreams 'G' (G)	Beat Bobby Flay (G)	Beat Bobby Flay (G)								
FNC	57	65	65	360	205	** "Shrek Forever After" (2010) Voices of Mike Myers. (G)	** "Jurassic World: Fallen Kingdom" (2018, Adventure) Chris Pratt, Bryce Dallas Howard. (G)	** "Finding Dory" (2016) Voices of Ellen DeGeneres. (G)	Everything (G)	Everything (G)	The 700 Club (N) (G)											
*FOOD	177	56	56	231	110	No Demo Reno Color Correction (G)	No Demo Reno Hello Yellow (G)	No Demo Reno (N) (G)	No Demo Reno Reno Rescue (G)	House Hunters (G)	Hunters Int'l (G)	House Hunters (G)	House Hunters (G)									
FREE	67	62	62	311	180	Swamp People Horse Eater (PG) (G)	Swamp People Black Clouds (PG) (G)	Swamp People To the Rescue (PG) (G)	Swamp People Fire Power (N) (PG) (G)	(10:03) Swamp People '14 (G)	(11:05) Swamp People (N) (PG) (G)											
FX	131	46	46	248	136	Rizzoli & Isles ... Goodbye '14 (G)	Rizzoli & Isles '14 (G)	Rizzoli & Isles Doomsday '14 (G)	Married at First Sight Jess sets her sights on Dan. (N) '14 (G)	The Last Hour With Brian Williams (G)	The Last Hour With Brian Williams (G)	Ridiculousness (G)	Ridiculousness (G)	Ridiculousness (G)	Ridiculousness (G)							
HGTV	176	55	55	229	112	The Impact of Climate Change (G)	SpongeBob (G)	SpongeBob (G)	"SpongeBob Movie" (G)	"SpongeBob Movie" (G)	Friends (PG) (G)	Friends (N) (PG) (G)	Friends (N) (PG) (G)	Friends (N) (PG) (G)	Friends (N) (PG) (G)							
*HIST	155	76	76	269	120	20/20 on OWN (N) '14 (G)	20/20 on OWN (N) '14 (G)	20/20 on OWN (N) '14 (G)	20/20 on OWN (N) '14 (G)	20/20 on OWN (N) '14 (G)	20/20 on OWN (N) '14 (G)	20/20 on OWN (N) '14 (G)	20/20 on OWN What If (N) '14 (G)									
*LIFE	138	59	59	252	108	College Baseball Oregon State at Oregon (G)	College Baseball Oregon State at Oregon (G)	College Baseball Oregon State at Oregon (G)	College Baseball Oregon State at Oregon (G)	College Baseball Oregon State at Oregon (G)	College Baseball Oregon State at Oregon (G)											
LIFE	59	69	69	356	209	Two/Half Men (G)	Two/Half Men (G)	** "Jurassic Park" (1993) Sam Neill. Cloned dinosaurs run amok at an island-jungle theme park. (G)	** "The Lost World: Jurassic Park" (1997) Jeff Goldblum. (G)													
MSNBC	192	81	81	331	160	** "I, Robot" (2004) Will Smith. A homicide detective tracks a dangerous robot in 2035. (G)	** "San Andreas" (2015, Action) Dwayne Johnson, Carla Gugino. (G) (DVS)	** "Tomb Raider" (2018) (G)														
MTV	82	35	35	300	171	Drive-History (G)	State of Faith UK and Ireland 'G' (G)	Drive-History (G)	Inexplicable 'G' (G)	Joseph Prince (G)	Joel Osteen (PG) (G)	Aazing Facts (G)	Behind Scenes (G)	Drive-History (G)	Main Stage (PG) (G)							
NICK	82	35	35	300	171	The Big Bang Theory (N) (PG) (G)	The Big Bang Theory (N) (PG) (G)	The Big Bang Theory (N) (PG) (G)	The Big Bang Theory (N) (PG) (G)	The Big Bang Theory (N) (PG) (G)	Wipeout Mermaids and cosplayers compete. (N) (PG) (G)	Wipeout OMFG Girl Run! Teams face challenging obstacles. (N) (PG) (G)	Conan '14 (G)	Wipeout Love at First Trip (N) (PG) (G)								
NICK	82	35	35	300	171	(5:00) *** "The Producers" (G)	(6:45) **** "Psycho" (1960, Horror) Anthony Perkins, Janet Leigh, Vera Miles. A woman stops at a motel run by mad Norman Bates. (G)	Leigh, Vera Miles. A woman shoots men and runs beer during Prohibition. (G) (DVS)	(8:45) *** "The Public Enemy" (1931) James Cagney. A feisty punk hits women, learns her third husband is having an affair. (G)	*** "The Pumpkin Eater" (1964) Anne Bancroft. A woman learns her third husband is having an affair. (G)												
OWN	161	213	213	279	189	My 600-Lb. Life Robin's Story Robin and Garrett visit Dr. Now. (N) (PG) (G)	My 600-Lb. Life Brianne gains independence. (N) (N) (PG) (G)	My 600-Lb. Life Octavia must make a difficult decision. (N) (PG) (G)														
PAC12	47	33	33	406		NBA Basketball: 76ers at Bucks (Live) (G)	NBA Basketball Los Angeles Lakers at Dallas Mavericks From American Airlines Center in Dallas. (N) (G)	Inside the NBA (N) (N) (Live) (G)	NBA Basketball Los Angeles Lakers at Dallas Mavericks From American Airlines Center in Dallas. (G)													
PARMT	132	75	75	241	241	Craig of Creek (G)	Craig of Creek (G)	Craig of Creek (G)	Craig of Creek (G)	Bob's Burgers (G)	Bob's Burgers (G)	American Dad (G)	American Dad (G)	Rick and Morty (G)	Rick and Morty (G)	Family Guy '14 (G)	Family Guy '14 (G)					
SYFY	133	49	49	244	122	Paranormal Caught on Camera (G)	Paranormal Caught on Camera (G)	Paranormal Caught on Camera (G)	Paranormal Caught on Camera (G)	Paranormal Caught on Camera (G)	Paranormal Caught on Camera '14 (G)	True Paranormal: Fact or Faked (G)	Paranormal Caught on Camera '14 (G)									
TBN	205	61	61	372	260	Andy Griffith (G)	Andy Griffith (G)	Love-Raymond (G)	Love-Raymond (G)	Love-Raymond (G)	Love-Raymond (G)	Love-Raymond (G)	Love-Raymond (G)	King of Queens (G)	King of Queens (G)							
TBS	16	41	41	247	139	Law & Order: Special Victims Unit (G)	Law & Order: Special Victims Unit (G)	Chrisley Knows (G)	Chrisley Knows (G)	Chrisley Knows (G)	Chrisley Knows (G)	Chrisley Knows (G)	Chrisley Knows (G)	Chrisley Knows (G)	Chrisley Knows (G)							
TBS	16	41	41	247	139	(5:00) *** "The Producers" (G)	(6:45) **** "Psycho" (1960, Horror) Anthony Perkins, Janet Leigh, Vera Miles. A woman stops at a motel run by mad Norman Bates. (G)	Leigh, Vera Miles. A woman shoots men and runs beer during Prohibition. (G) (DVS)	(8:45) *** "The Public Enemy" (1931) James Cagney. A feisty punk hits women, learns her third husband is having an affair. (G)	*** "The Pumpkin Eater" (1964) Anne Bancroft. A woman learns her third husband is having an affair. (G)												
TCM	101	51	51	256	132	My 600-Lb. Life Robin's Story Robin and Garrett visit Dr. Now. (N) (PG) (G)	My 600-Lb. Life Brianne gains independence. (N) (N) (PG) (G)	My 600-Lb. Life Octavia must make a difficult decision. (N) (PG) (G)														
TLC	178	57	57	280	183	NBA Basketball: 76ers at Bucks (Live) (G)	NBA Basketball Los Angeles Lakers at Dallas Mavericks From American Airlines Center in Dallas. (N) (G)	Inside the NBA (N) (N) (Live) (G)	NBA Basketball Los Angeles Lakers at Dallas Mavericks From American Airlines Center in Dallas. (G)													
TNT	17	40	40	245	138	Craig of Creek (G)	Craig of Creek (G)	Craig of Creek (G)	Craig of Creek (G)	Bob's Burgers (G)	Bob's Burgers (G)	American Dad (G)	American Dad (G)	Rick and Morty (G)	Rick and Morty (G)	Family Guy '14 (G)	Family Guy '14 (G)					
*TOON	84					Paranormal Caught on Camera (G)	Paranormal Caught on Camera (G)	Paranormal Caught on Camera (G)	Paranormal Caught on Camera (G)	Paranormal Caught on Camera (G)	Paranormal Caught on Camera '14 (G)	True Paranormal: Fact or Faked (G)	Paranormal Caught on Camera '14 (G)									
*TRAV	179	47	47	277	196	Andy Griffith (G)	Andy Griffith (G)	Love-Raymond (G)	Love-Raymond (G)	Love-Raymond (G)	Love-Raymond (G)	Love-Raymond (G)	Love-Raymond (G)	King of Queens (G)	King of Queens (G)							
TVLND	65	63	63	304	106	Law & Order: Special Victims Unit (G)	Law & Order: Special Victims Unit (G)	Chrisley Knows (G)	Chrisley Knows (G)	Chrisley Knows (G)	Chrisley Knows (G)	Chrisley Knows (G)	Chrisley Knows (G)	Chrisley Knows (G)	Chrisley Knows (G)							
USA	15	45	45	242	105	(5:00) * "Scary Movie 2" (2001) (G)	** "White Chicks" (2004, Comedy) Shawn Wayans, Marlon Wayans. (N) (G)	** "White Chicks" (2004, Comedy) Shawn Wayans, Marlon Wayans. (N) (G)	"Don't Be a Menace to South Central While Drinking Your Juice" (G)	Scary Movie (N) (G)												
VH1	191	82	82	335	162	PREMIUM CABLE CHANNELS																
FS1	35	35	35	219	150	WWE Friday Night SmackDown (N) (PG) (G)	** "Vision Quest" (1985) Matthew Modine, Linda Fiorentino. (G)	House of Athlete (G)	House of Athlete (G)	TMZ Sports '14 (G)	PBC Fight Camp (G)											
FS2	34	324	324	618	397	(5:30) NHRA Drag Racing Las Vegas (G)	eNASCAR iRacing Pro Invitational Series Talledega (G)	NHRA in 30 (PG) (G)	Mexico Primera Division Soccer (G)													
FXM	104	225	225	258	384	(5:00) *** "Alien" 1979 Tom Skerritt. 'R' (G)	(7:25) **** "Aliens" 1986, Science Fiction Sigourney Weaver, Carrie Henn. 'R' (G)	(10:15) *** "Alien" 1979, Science Fiction Tom Skerritt. 'R' (G)														
GOLF	28	34	34	218	401	Golf Central (N) (Live) (G)	PGA Tour Golf Zurich Classic of New Orleans, First Round 'G' (G)	PGA Tour Golf Zurich Classic of New Orleans, First Round 'G' (G)														
HALL	66	60	60	312	185	"Valentine in the Vineyard" (2019) Rachael Leigh Cook. 'G' (G)	"Very, Very, Valentine" (2018) Danica McKellar. 'G' (G)	The Golden Girls (G)	The Golden Girls (G)	The Golden Girls (G)	The Golden Girls (G)											
HBO	425	601	601	504	303	The Nevers (MA) (G)	(6:25) ** "The New Mutants" 2020 Maisie Williams. (G)	Mare of Easttown (N) (MA) (G)	** "My Super Ex-Girlfriend" 2006 Uma Thurman. (G)	(10:40) The Nevers Exposure (MA) (G)	Pray, Obey, Kill (G)											
IFC	105					3's Company (G)	3's Company (G)	Two/Half Men (G)	Two/Half Men (G)	Two/Half Men (G)	Two/Half Men (G)	Two/Half Men (G)	Two/Half Men (G)	2021 Film Independent Spirit Awards (N) (G)								
MAX	400	621	621	516	311	* The Kitchen (G)	(6:25) ** "Hitman" 2007 Timothy Olyphant. 'R' (G)	** "Valkyrie" 2008, Historical Drama Tom Cruise. (N) (PG-13) (G)	** "Harriet" 2019, Biography Cynthia Erivo. (N) (PG-13) (G)													
NATGEO	157	77	77	276	186	Life Below Zero: Next Generation (G)	Life Below Zero: Next Generation (G)	Life Below Zero: Next Generation (G)	Life Below Zero: Next Generation (G)	Life Below Zero: Next Generation (G)	Running Wild With Bear Grylls (PG) (G)	Perpetual Planet (N) (PG) (G)										
NBCSN	27	36	36	220	159	Boxing Ring City USA (N) (Live) (G)	Boxing Ring City USA '14 (G)	Mecum Auto Auctions Glendale From Glendale, Ariz. (G)														
NTOON	89	204	204	302	178	Odd Parents (G)	Odd Parents (G)	Odd Parents (G)	Odd Parents (G)	Danger Force (N) (G)	Young Dylan (G)	Casagrandes (G)	Casagrandes (G)	The Loud House (G)	The Loud House (G)	The Loud House (G)	The Loud House (G)					
OUTD	37	301	301	606	396	Territories Wild (G)	Heartland Bow (G)	Tracks, Africa (G)	The One (G)	Hunting TV (G)	Outdoors TV (G)	Truth Hunting (G)	Bone Collector (G)	Bowhunter (G)	Wild Boar (G)	Viral Outdoors (G)	Lindsey Way (G)					
SHO	500					Couples Therapy (G)	Couples Therapy (G)	** "Arbitrage" 2012, Drama Richard Gere, Tim Roth. (N) 'R' (G)	** "The Adjustment Bureau" 2011 Matt Damon. (N) (PG-13) (G)	** "Spider-Man: Far From Home" 2019 Tom Holland. (PG-13) (G)												
STARZ	300	631	631	408	526	361	(6:04) *** "The Devil's Own" 1997 Harrison Ford. (N) 'R' (G)	Confronting a Serial Killer (N) (MA) (G)	** "The Adjustment Bureau" 2011 Matt Damon. (N) (PG-13) (G)	**												