

RESTAURANT REVIEWS, DINING DEALS & FOOD NEWS

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The Chai Oatmeal adds chia seeds to steel cut oats with maple syrup and fresh fruit.

Mother's Juice Cafe is now Mother's Kitchen on the Westside

Story and photos by **BARB GONZALEZ** • For The Bulletin

Mother's Kitchens in Bend offer many healthy eats, but the restaurant sees itself as more than juice fasts and raw veggies. Renee Raymond is the executive chef and runs both east-side and west-side locations. Before working at Mother's, Raymond was a corporate chef for True Food Kitchen that served food based on Dr. Andrew Weil's anti-inflammatory diet. True Food Kitchen's website describes it as "the only restaurant fundamentally based on science which ensures all of its craveable dishes and drinks work to increase the longevity of our people and planet." She's also had experience as a fine-dining chef and was involved in the slow food movement that promotes local food sources.

Continued on next page