

## drink directory

### BREWERIES

- **10 Barrel Brewing Company** — **Eastside:** 62950 NE 18th St., Bend; 541-241-7733 or 10barrel.com
- **10 Barrel Brewing Company** — **Westside:** 1135 NW Galveston Ave., Bend; 541-678-5228 or 10barrel.com
- **The Ale Apothecary Tasting Room:** 30 SW Century Drive, Suite 140, Bend; 541-797-6265 or thealeapothecary.com
- **Bend Brewing Company:** 1019 NW Brooks St., Bend; 541-383-1599 or bendbrewingco.com
- **Bevel Craft Brewing:** 911 SE Armour Road, Suite B, Bend; 541-972-3835 or bevelbeer.com
- **Boneyard Beer Company:** 1955 NE Division St., Bend; 541-241-7184 or boneyardbeer.com
- **Boss Rambler Beer Club:** 1009 NW

- Galveston Ave., Bend; bossrambler.com
- **Bridge 99 Brewery:** 63063 Layton Ave., Bend; 541-280-1690 or bridge-99brewery.com
- **Cascade Lakes Brewing Company:** 1441 SW Chandler Ave., Bend; 541-388-4998 or cascadelakes.com
- **Cascade Lakes Brewing Company** — **7th Street Brew House:** 855 SW Seventh St., Redmond; 541-923-1795 or cascadelakes.com
- **Craft Kitchen and Brewery:** 62988 Layton Ave., Suite 103, Bend; 541-668-1766 or craftkitchenandbrewery.com
- **Crux Fermentation Project:** 50 SW Division St., Bend; 541-385-3333 or cruxfermentation.com
- **Deschutes Brewery and Public House:** 1044 NW Bond St., Bend; 541-382-9242 or deschutesbrewery.com
- **Deschutes Brewery and Taproom:**

- 901 SW Simpson Ave., Bend; 541-385-8606 or deschutesbrewery.com
- **GoodLife Brewing Company:** 70 SW Century Drive, Bend; 541-728-0749 or goodlifebrewing.com
- **Kobold Brewing:** 245 SW Sixth St., Redmond; 541-504-9373 or kobold-brewing.com
- **Immersion Brewing:** 550 SW Industrial Way, Suite 185, Bend; 541-633-7821 or imbrewing.com
- **Initiative Brewing:** 424 NW Fifth St., Redmond; initiativebrew.com
- **Madras Brewing:** 212 SW Fourth St., Suite 104, Madras; 541-475-4546 or madrasbrewing.com
- **McMenamins Old St. Francis School:** 700 NW Bond St., Bend; 541-382-5174 or mcmenamins.com
- **Monkless Belgian Ales:** 803 SW Industrial Way, Bend; 541-797-6760 or monkless.com

- **Oblivion Brewing Company:** 63027 Plateau Drive, Suite 4, Bend; 541-241-2733 or oblivionbrewingco.com
- **Porter Brewing Company:** 611 NE Jackpine Court, Suite 2, Redmond; 541-504-7959 or porterbrewingco.com
- **Silver Moon Brewing:** 24 NW Greenwood Ave., Bend; 541-388-8331 or silvermoonbrewing.com
- **Spider City Brewing Tap Room:** 1177 SE Ninth St., Bend; spidercity-brewing.com
- **Spider City Brewing Tasting Room:** 55 NW Minnesota Ave., Bend; spidercitybrewing.com
- **Sunriver Brewing Company:** 57100 Beaver Drive, Sunriver; 541-593-3007 or sunriverbrewing.com
- **Sunriver Brewing Company – Galveston Pub:** 1005 NW Galveston Ave., Bend; 541-408-9377 or sunriverbrewing.com

- **Three Creeks Brewing:** 721 Desperado Court, Sisters; 541-549-1963 or threecreeksbrewing.com
- **Wild Ride Brewing:** 332 SW Fifth St., Redmond; willdriderbrew.com
- **Worthy Brewing:** 495 NE Bellevue Drive, Bend; 541-639-4776 or worthy-brewing.com

### CIDERIES

- **AVID Cider Company:** 550 SW Industrial Way, Suite 190, Bend; 541-633-7757 or avidcider.com
- **Legend Cider Company:** 52670 U.S. Highway 97, La Pine; 503-893-5853 legendcider.com
- **Red Tank:** 840 SW Woodland Blvd. Suite 185, Bend; 541-420-0109 or red-tankcider.com
- **Tumalo Cider Company:** 64654 Cook Ave., Bend; 541-797-0308 or tumalocider.com

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 enjoying the show. She didn't have to do that. It would be really easy for her to walk away, go drink water, stay away from the contestants, but she was interacting with everyone and seemed really friendly. It made it all the more enjoyable.

**Q.** Maybe we could talk about your year. Obviously, that story broke so big. Did you ever have any more interactions with the couple?

**A.** Gosh, you know, I've been asked this so many times, and I wish I had given them my phone number. At the time, I wasn't thinking about it. I was supposed to be going into training camp in a couple of days, and I was going to be gone for a month, and I thought this would be over in a few weeks. Thinking back on it, it all seems ridiculous now that these are the thoughts that I had. ... I didn't think much of it other than, maybe I should've given them my phone number to help them out more if they need it, but I didn't. And now, to be honest, it's my local Safeway, and I go back all the time, and I still scan the parking lot from time to time to see if their little blue car is there.

**Q.** You mentioned Oprah and Ellen. What else happened in the aftermath of that?

**A.** Gosh, it was such a blur, to be honest, because on one hand, I'm dealing with all the changes that are happening. As an athlete, I found all my track meets were canceled, and the Olympics were canceled and trials were postponed and so on. On the one hand I'm doing that, and on the other I'm taking phone calls from reporters. ... I had thousands and thousands of messages and tweets and Facebook messages and even people who found my email from all over the world. So much stuff that I had to have help with my social media accounts because I was trying to respond to

every single person, which was just getting absolutely impossible. ... It was fun seeing people like Vanessa Hudgens or Oprah Magazine or Ellen and Gov. Brown retweeting it. That was fine, but I think was even more impactful and exciting was seeing the people who are like, 'Oh, I didn't realize.' You know, there are people ... who are struggling so much more, and it was really inspiring to me to hear from all the people who were reaching out to their community members or trying to start grocery runs for at-risk community members. I thought that was really special.

**Q.** Where are you at now with your running? Things are moving ahead, right?

**A.** Yeah, things are happening. Japan is planning on hosting the Olympics. The Olympic Trials for track and field are going to be in Eugene in mid-to-late June, and they're going to pick the Olympic team. The Olympics are going to look different from how they would typically — for instance, they just announced that there are going to be no foreign spectators allowed, so that's all a bummer, but at the same time if it's to make it happen as safely as possible, I understand. ... I'm really optimistic that things will look better and better as we move into the next few months.

**Q.** What are your plans for after the Olympics?

**A.** That's a great question. I don't know yet. I think I just want to see how it goes, and try to live in the present a little bit because of hoping so much for the future over the last year. I want to enjoy this summer of racing, and then I'm not sure. I might want to continue running and competing. There's the World Championships in Eugene in 2022. ... So that could be something fun to go after, World Championships in the United States. I'm also really interested in public policy.

■ David Jasper: 541-383-0349, djasper@bendbulletin.com



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◀ Rebecca Mehra

### Where Empowerment Replaces Fear & Knowledge Creates Options



541-788-5858  
 905 SW Rimrock Way Suite 100A  
 Nolan Town Square • Redmond, OR  
 ladiesofleadusa@gmail.com  
 Sharon Preston