

TUESDAY EVENING 3/30/21

ALSO IN HD; ADD 600 TO CHANNEL No.

MOVIES

SPORTS

KIDS

*In HD, these channels run three hours ahead. / Sports programming may vary.
BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirectTV; D2-Dish Network

BROADCAST/CABLE CHANNELS																		
BD	PM	L	D1	D2	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30		
	2				KATU News at 6 (N) (Live) (G)		Jeopardy! (N) (G)	Wheel of Fortune (N) (G)	Pooch Perfect Ten grooming teams face off. (N) (PG)		black-ish (N) (PG)	mixed-ish (N) (PG)	Soul of a Nation Shut Up And... (N) (G)		KATU News at 11 (N) (G)	(11:35) Jimmy Kimmel Live! '14'		
	5	5	21	21	NewsChannel 21 at 6 (N) (G)	NewsChannel 21 at 6:30 (N) (G)	NewsChannel 21 at 7 (N) (G)	Family Feud (PG)	Young Rock (N) (14)	Kenan Kenan's Mom (N) (14)	This Is Us (N) (14) (DVS)		(10:01) New Amsterdam The hospital's blood supply runs low. (N) (14)	NewsChannel 21 at 11 (N) (G)	Tonight Show-J. Fallon			
	6	6	7	7	Cent OR Daily News at 6pm	Central Oregon Daily News	Central Oregon Daily News	Central Oregon Daily News	NCIS A case that has dangerous implications. (N) (14) (DVS)		FBI Crazy Love A shooting at a quinceañera. (N) (14) (G)		FBI: Most Wanted The Line A rogue militia fires at teenagers. '14'	Oregon Daily News at 11pm	Late Show-Colbert			
	9	9	9	9	Inside Edition (N) (PG)	ABC World News	Jeopardy! (N) (G)	Wheel of Fortune (N) (G)	Pooch Perfect Ten grooming teams face off. (N) (PG)		black-ish (N) (PG)	mixed-ish (N) (PG)	Soul of a Nation Shut Up And... (N) (G)	Oregon Daily News at 11pm	(11:35) Jimmy Kimmel Live! '14'			
	10		69	69	Modern Family (PG)	The King of Queens (PG)	The Big Bang Theory (N) (14)	The Big Bang Theory (N) (14)	The Resident Mina and Raptor butt heads. (N) (14) (DVS)		The Masked Singer The members of group A return. (PG)		News Channel 21 First on FOX (N) (G)	TMZ (N) (PG)	Two and a Half Men '14' (G)			
	19	19			Family Feud (PG)	Family Feud (PG)	The Big Bang Theory (N) (14)	The Big Bang Theory (N) (14)	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory (N) (14)	The Simpsons (N) (PG)	Family Guy (N) (14) (G)	Family Guy (N) (14) (G)		
	7	3	3	3	Ask This Old House (G)	BBC World News Outside	PBS NewsHour (N) (G)		Finding Your Roots With Henry Louis Gates, Jr. (PG)		American Experience The Blinding of Isaac Woodard (N) (14) (DVS)		Seinfeld (Part 1) (PG)	Seinfeld (Part 2) (PG)	Schitt's Creek (N) (14) (G)	Schitt's Creek (N) (14) (G)		
	8				KGW News at 6 (N) (G)	KGW News at 6:30 (N) (G)	The Good Stuff (N) (G)	Inside Edition (N) (PG)	Young Rock (N) (14)	Kenan Kenan's Mom (N) (14)	This Is Us (N) (14) (DVS)		(10:01) New Amsterdam The hospital's blood supply runs low. (N) (14)	KGW News at 11 (N) (G)	Tonight Show-J. Fallon			
	12	7	7	12	Bob's Burgers (PG)	Bob's Burgers Boywatch (PG)	Family Guy (N) (14) (G)	Family Guy (N) (14) (G)	The Flash Fear Me Barry must face his own worst fear. (N) (PG)		Supergirl Rebirth Supergirl and team save Brainiac. (N) (PG)		Seinfeld (Part 1) (PG)	Seinfeld (Part 2) (PG)	Schitt's Creek (N) (14) (G)	Schitt's Creek (N) (14) (G)		
	175				Jazz-Vegetarian	Jacques Pépin	Nature (N) (PG) (DVS)		South Pacific Strange Islands (G)		Outdoor Idaho		Amanpour and Company (N) (G)		Pulling Out All the Stops (N) (G)			
BASIC CABLE CHANNELS																		
*A&E	130	44	44	265	118	Storage Wars (PG)	Storage Wars (PG)	Storage Wars (PG)	Storage Wars (PG)	Storage Wars (PG)	Storage Wars (PG)	Storage Wars (PG)	Storage Wars (PG)	(10:01) Storage Wars (PG)	(10:32) Storage Wars (PG)	(11:04) Storage Wars (PG)	(11:34) Storage Wars (PG)	
*AMC	102	50	50	254	113	(5:00) ** "Bad Boys II" (2003, Action) Martin Lawrence, Will Smith, Jordi Mollà. Two detectives battle a drug kingpin in Miami. (G)			** "Now You See Me" (2013, Comedy-Drama) Jesse Eisenberg, Mark Ruffalo, Woody Harrelson. Agents track a team of illusionists who are thieves. (G)				** "Talladega Nights: The Ballad of Ricky Bobby" (2006) Will Ferrell. A NASCAR driver has a new rival. (G)					
*ANPL	68	48	48	282	184	Animal Cribbs Dragons' Den (PG)	Animal Cribbs (PG)		Treehouse Masters: Ultimate Builds Pete designs a chic treehouse. (PG)				Crikey! It's the Irwins (N) (PG)					
BRAVO	137	58	58	237	129	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	The Real Housewives of Dallas (N)	The Real Housewives of Dallas (N)	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	
CMT	190	80	80	327	166	Last-Standing	Last-Standing	Last-Standing	Last-Standing	Mom '14' (G)	Mom '14' (G)	Mom '14' (G)	Mom '14' (G)	Reba (PG)	Reba (PG)	Reba (PG)	Reba (PG)	
CNBC	54	70	70	355	208	Shark Tank (PG) (DVS)	The Profit (N) (PG)		The Profit The Soup Market (PG)		The News With Shepard Smith		The Profit (PG)		Dateline Before Midnight (PG)			
CNN	55	67	67	202	200	Cuomo Prime Time (N) (Live) (G)	CNN Tonight With Don Lemon (N)	CNN Tonight With Don Lemon (N)	CNN Tonight With Don Lemon (N)	Anderson Cooper 360 (PG)	Anderson Cooper 360 (PG)	Cuomo Prime Time (G)	Cuomo Prime Time (G)	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	
COM	135	73	73	249	107	The Office '14'	The Office '14'	The Office '14'	The Office '14'	The Office '14'	The Office '14'	Hall of Fame: Top 100 Comedy	Hall of Fame: Top 100 Comedy	The Daily Show	South Park 'MA'			
COTV	11					Redmond City Council (N) (Live)			Central Oregon	Central Oregon	Central Oregon	Central Oregon	Central Oregon	Central Oregon	Central Oregon	Central Oregon	Central Oregon	
CSPAN	61	15	15	350	210	Politics and Public Policy Today (G)			Politics and Public Policy Today (G)				Politics and Public Policy Today (G)					
*DIS	87	23	23	291	173	Jessie (G)	Jessie (G)	"Descendants 3" (2019) Dove Cameron, Sofia Carson. (G) (G)		L & M: Cali Style	L & M: Cali Style	Big City Greens	Bunk'd (G)	Bunk'd (G)	Sydney-Max			
*DISC	156	43	43	278	182	Moonshiners (N) (14) (G)	Moonshiners: Outlaw Cuts (N) (14)	Moonshiners (N) (14) (G)	Moonshiners (N) (14) (G)	Pig Royalty (N) (14) (G)	Pig Royalty (N) (14) (G)	(10:03) Moonshiners (N) (14) (G)	(11:03) Moonshiners (N) (14) (G)					
*E!	136			236	114	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Nightly Pop '14'		
ESPN	21	28	28	206	140	2021 NCAA Women's Basketball Tournament			SportsCenter (N) (Live) (G)		SportsCenter With Scott Van Pelt	SportsCenter (N) (Live) (G)	SportsCenter (N) (Live) (G)	SportsCenter (N) (Live) (G)	SportsCenter (N) (Live) (G)	SportsCenter (N) (Live) (G)	SportsCenter (N) (Live) (G)	
ESPN2	22	29	29	209	143	To Be Announced			DC & Helwani	TBA	UEFA World Cup	To Be Announced						
ESPN3	23	30	30	614		(5:00) College Football (G)	College Football From Nov. 23, 1995. (G)		College Football From Nov. 21, 1981. (G)				College Football (G)					
ESPNN	24	29	31	207	142	E60	Jalen & Jacoby	Questionable	Around the Horn	Interruption	World of X Games		Baseball Tonight (N) (G)	Jalen & Jacoby	Questionable			
FNC	57	65	65	360	205	Hannity (N) (Live) (G)	The Ingraham Angle (N) (G)		Fox News at Night With Shannon		Tucker Carlson Tonight (G)	Hannity (G)		The Ingraham Angle (G)				
*FOOD	177	56	56	231	110	Chopped Comfort Zone (G)	Chopped Plum Luck (G)		Chopped Lamb Slam (G)		Chopped (N) (G)	Chopped Ultimate Redemption (G)	Chopped Melted cheeses. (G)					
FREE	67	62	62	311	180	** "Jumanji" (1995, Children's) Robin Williams, Bonnie Hunt, Kirsten Dunst. (G)			** "Wonder" (2017, Drama) Julia Roberts, Owen Wilson, Jacob Tremblay. (G)				The 700 Club (G)					
FX	131	46	46	248	136	(4:30) *** "Mission: Impossible - Fallout" (2018) Tom Cruise, Henry Cavill, Rebecca Ferguson. (PG-13)	** "Deadpool 2" (2018, Action) Ryan Reynolds, Josh Brolin, Zazie Beetz. (R)					Mayans M.C. (N) (MA) (G)	Mayans M.C. (N) (MA) (G)	Mayans M.C. (N) (MA) (G)	Mayans M.C. (N) (MA) (G)	Mayans M.C. (N) (MA) (G)	Mayans M.C. (N) (MA) (G)	
HGTV	176	55	55	229	112	Unsellable	Unsellable	Unsellable	Unsellable	Unsellable	(9:01) Unsellable Houses (N) (G)	House Hunters	Hunters Int'l	House Hunters	Hunters Int'l	House Hunters	Hunters Int'l	
*HIST	155	76	76	269	120	The Curse of Oak Island (PG)	The Curse of Oak Island (PG)		To Be Announced		The Curse of Oak Island (N) (PG)	(10:03) Assembly Required (N) (PG)	(11:05) The Curse of Oak Island (N) (PG)					
LIFE	138	59	59	252	108	Rizzoli & Isles '14' (G)	Rizzoli & Isles '14' (G)		To Be Announced		Rizzoli & Isles Post Mortem '14'	(10:03) Rizzoli & Isles '14' (G)	(11:03) Rizzoli & Isles '14' (G)					
MSNBC	59	69	69	356	209	The Rachel Maddow Show (N)	The Last Word		The 11th Hour With Brian Williams		The Rachel Maddow Show '14'	The Last Word	The 11th Hour With Brian Williams					
MTV	192	81	81	331	160	(5:30) *** "The Devil Wears Prada" (2006) Meryl Streep. (PG)		Teen Mom OG (N) (PG)		16 and Pregnant (N) (14) (G)	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	
NICK	82	35	35	300	171	The Loud House	The Loud House	Casagrandes	The Loud House	The Loud House	The Loud House	Friends (N) (PG)	Friends (N) (PG)	Friends (N) (PG)	Friends (N) (PG)	Friends (N) (PG)	Friends (N) (PG)	
OWN	161	213		279	189	Dr. Phil (N) (14) (G)	Queen Sugar May 27, 2020 (N) (14)		Queen Sugar June 1, 2020 (N) (14)		Our OWN Easter (N) (G)	Underground (N) (MA)	Queen Sugar June 1, 2020 (N) (14)					
PAC12	47	33	33	406		College Baseball Oregon at Arizona (G)			College Baseball Oregon at Arizona (G)				College Baseball Oregon at Arizona (G)					
PARMT	132	75	75	241	241	Two/Half Men	Two/Half Men	** "The A-Team" (2010, Action) Liam Neeson. Former Special Forces soldiers form a rogue unit. (G)				** "Red 2" (2013, Action) Bruce Willis, John Malkovich. (G)						
SYFY	133	49	49	244	122	(5:30) * "Gone in Sixty Seconds" (2000, Action) Nicolas Cage. (G)			** "Salt" (2010, Action) Angelina Jolie, Liev Schreiber. (DVS)			** "I, Robot" (2004) Will Smith, Bridget Moynahan. (DVS)						
TBN	205	61	61	372	260	Joyce Meyer	Living Proof	Better Together	Christine Caine	Praise (G)	Joseph Prince	Michael Yousef	Sekulow (PG)	Christine Caine	Jewish Voice w	Praying Grace		
*TBS	16	41	41	247	139	(4:15) 2021 NCAA Basketball Tournament Regional Final: Teams TBA	(6:57) 2021 NCAA Basketball Tournament Regional Final: Teams TBA (N) (Live)		NCAA Post Game (N) (Live) '14' (G)		American Dad 100	American Dad Son of Stan '14'	American Dad (N) (14) (G)	American Dad (N) (14) (G)	American Dad (N) (14) (G)	American Dad (N) (14) (G)	American Dad (N) (14) (G)	
TCM	101	51	51	256	132	(5:00) ** "The Green Promise" (2016) Tom Hanks, Aaron Eckhart. (DVS)	(6:45) *** "Rebel Without a Cause" (1955, Drama) James Dean, Natalie Wood. Volatile teens with feckless parents witness tragedy. (G)		(8:45) ** "Inside Daisy Clover" (1965, Drama) Natalie Wood, Robert Redford, Christopher Plummer. A starlet struggles to fit into show business society. (G)		Robert Redford, Christopher Plummer. A starlet struggles to fit into show business society. (G)	** "The Candidate" (1972) Robert Redford, Peter Boyle. (G)						
*TLC	178	57	57	280	183	Long Island Medium (PG)	OutDaughtered (PG)		OutDaughtered (N) (PG)		The Blended Bunch (N) (PG)	Counting On A New Life (N) (PG)	Sister Wives (N) (PG)					
*TNT	17	40	40	245	138	(5:00) *** "Sully" (2016) Tom Hanks, Aaron Eckhart. (DVS)	*** "American Sniper" (2014, War) Bradley Cooper, Sienna Miller, Jake McDormand. Navy SEAL Chris Kyle logs an incredible number of kills. (DVS)				** "The Mule" (2018) Clint Eastwood, Bradley Cooper. Premiere. A DEA agent pursues a 90-year-old drug courier for a cartel. (DVS)							
*TOON	84			297	177	*** "Shrek 2" (2004) Voices of Mike Myers, Eddie Murphy. (G)		Bob's Burgers	Bob's Burgers	American Dad	American Dad	Rick and Morty	Rick and Morty	Family Guy (N) (14) (G)				
*TRAV	179	47	47	277	196	These Woods Are Haunted '14'	These Woods Are Haunted '14'		These Woods Are Haunted '14'		These Woods Are Haunted '14'	These Woods Are Haunted '14'	These Woods Are Haunted '14'	These Woods Are Haunted '14'				
TVLND	65	63	63	304	106	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Love-Raymond	Love-Raymond	Love-Raymond	Love-Raymond	Love-Raymond	Love-Raymond	Love-Raymond	Love-Raymond	
USA	15	45	45	242	105	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order	Law & Order: Special Victims Unit	Law & Order	Temptation Island (N) (14)	(11:10) Temptation Island '14'				
VH1	191	82	82	335	162	(5:30) ** "All About the Benjamins" (2002) (G)		*** "Rush Hour" (1998, Action) Jackie Chan, Chris Tucker. (G)			(9:45) ** "Rush Hour 2" (2001, Action) Jackie Chan, Chris Tucker, John Lone. (G)							
PREMIUM CABLE CHANNELS																		
FS1	35	35	35	219	150	2021 CONCACAF Olympic Qualifying Championship Final: Teams TBA			WWE Friday Night SmackDown (N) (PG)		TMZ Sports '14'	World Cup	CONCACAF Olympic Qualifying					
FS2	34	324		618	397	WWE Friday Night SmackDown (N) (PG)			Boxing From Feb. 22, 2020. (G)				PBC Collection (G)					
FXM	104	225	120	258	384	Mike and Dave	** "Why Him?" 2016, Comedy James Franco, Zoey Deutch. (R)		(8:45) ** "Mike and Dave Need Wedding Dates" 2016 Zac Efron. (R)		(10:40) ** "Why Him?" 2016 James Franco. (R)							
GOLF	28	34	34	218	401	Women's Golf Augusta National Amateur Championship, Final Round		PGA TOUR	PGA TOUR	Golf Central (G)	School of Golf	Lessons With a	PGA TOUR	PGA TOUR	PGA TOUR	PGA TOUR	PGA TOUR	
HALL	66	60	60	312	185	"Flip That Romance" (2019) Julie Gonzalo, Tyler Hynes. (G)		"Don't Go Breaking My Heart" (2021) Italia Ricci, Ryan Paevae. (G)		The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	
HBO	425	601	501	504	303	(5:55) Real Time With Bill Maher	(6:55) *** "The Invisible Man" 2020 Elisabeth Moss. (R)		The Last Cruise	(9:40) ** "Safe House" 2012, Action Denzel Washington. (R)							The Day Sports	
IFC	105			564	133	Ghostbusters II	*** "Ghostbusters" 1984, Comedy Bill Murray. (PG)		(8:45) *** "Back to School" 1986 Rodney Dangerfield. (PG-13)		(10:45) *** "Groundhog Day" 1993 Bill Murray.							
MAX	400	621	508	516	311	(6:06) ** "American Reunion" 2012 Jason Biggs. (R)		"National Lampoon's Dorm Daze 2: College at Sea"		(9:42) * "Let's Go to Prison" 2006 Dax Shepard. (R)		(11:13) * "This Means War" 2012						
NATGEO	157	77	77	276	186	Life Below Zero: Next Generation	Life Below Zero: Next Generation		Life Below Zero: Next Generation		Port Protection Alaska (N) (14)	Life Below Zero Fish and Fowl '14'	Life Below Zero: Next Generation					
NBCSN	27	36	36	220	159	NHL Hockey	(7:15) NHL Overtime (N) (G)		Monster Jam (G)		Monster Jam (G)		Monster Jam (G)					
NTOON	89	204	115	302	178	Odd Parents	Odd Parents	Odd Parents	Odd Parents	Alvin!!! and	Alvin!!! and	Casagrandes	Casagrandes	The Loud House	The Loud House	The Loud House	The Loud House	
OUTD	37	301	307	606	396	Amer/Whitetail	Pat & Nicole	The Fowl Life	Gun Dog TV	For Love	Live 2 Hunt With	Archer's Choice	McMillan	Added, Out.	Jim Shockey's	Truth Hunting	Drop Zone	
SHO	500																	