WEEKDAY AFTERNOON

ALSO IN HD; ADD 600 TO CHANNEL No. | MOVIES | SPORTS | KIDS

*In HD, these channels run three hours ahead. / Sports programming may vary.
BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirecTV; D2-Dish Network

	BD	PM	L	D1	D2		12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
KATU		2					GMA3: What You Need to Know		General Hospital		Afternoon Live		The Drew Barrymore Show		KATU News First at Four		KATU News at 5	World News
KTVZ	5	5	5	21	21		Extra	Paid Program	Days of our Lives		Tamron Hall		Dr. Phil		The Ellen DeGeneres Show		News	Nightly News
KBNZ	6	6	6	7	7		Oregon News	Bold/Beautiful	The Talk		Ac. Hollywood	Jeopardy!	The Drew Barrymore Show		DailyMailTV	DailyMailTV	Ent. Tonight	Evening News
KOHD	9	9	9	51	9		GMA3: What You Need to Know		General Hospital		Hot Bench	Hot Bench	Judge Judy	Judge Judy	Judge Judy	Judge Judy	Oregon News	Oregon News
KFXO	10			33	33		RightThisMinute	Paid Program	Family Feud	25 Words/Less	Family Feud	Funny You Ask	The Kelly Clarkson Show		News	RightThisMinute	Modern Family	Last-Standing
KPDX		18	18				Judge Jerry	Protection Court	Divorce Court	Divorce Court	Judge Mathis		Hot Bench	Hot Bench	Judge Judy	Judge Judy	Family Feud	Family Feud
KOAB	7	3	3	3	11		Varied Programs				Let's Go Luna!	Nature Cat	Hero Elementary	Odd Squad	Arthur	Peg & Cat	Ready Jet Go!	Wild Kratts
KGW		8					KGW News	Paid Program	Days of our Lives		Daily Blast Live	Varied Programs	The Ellen DeGeneres Show		KGW News at 4		KGW News at 5	Nightly News
KTVZDT2	12	7	7	22	12		Paid Program	Paid Program	Varied Programs		Judge Jerry	Judge Jerry	Jerry Springer		The Goldbergs	The Goldbergs	black-ish	black-ish
OPBPL	175					Th	In the America	Chavis Chron.	DW News	The Day	BBC News	World News	Great Decisions	NHK Newsline	PBS NewsHour		Roadtrip Nation	New Orleans
						F	Trust Docs	Seat-Table			BBC World		WealthTrack				Moveable Feast	Wild Harvest
						M	Blackademics	Growing Bolder			BBC News		Second-Joan				Travelscope	Scandinavian
						T	Between Cover	GZERO World					Focus-Europe				Journeys Japan	Simply Ming
						W	Reconnecting	Rubenstein					Laura Flanders				Cycling-Japan	100 Days Drink
*A&E	130	44	44	265	118	Th	Nightwatch		Nightwatch		Nightwatch		The First 48		The First 48		The First 48	
						F	The First 48		The First 48		The First 48							
						M	Forensic Factor		Forensic Factor		Intervention		Intervention		Intervention		Hoarders	
						T	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars
						W	Most Daring		Most Daring		I Survived	I Survived	I Survived	I Survived	Nightwatch		Court Cam	Court Cam
*AMC	102	50	50	254	113	Th	★★ **2012** 2009, Action John Cusack, Chiwetel Ejiofor, Amanda Peet. A global cataclysm nearly wipes out humanity. ㏍							★★★ **Back to the Future Part III** 1990, Comedy Michael J. Fox, Christopher Lloyd. ㏍				
						F	(9:30) ★★ **2012** 2009 ㏍		★★ **The Lost World: Jurassic Park** 1997, Adventure Jeff Goldblum, Julianne Moore. ㏍						★★★ **Jurassic Park** 1993, Adventure Sam Neill, Laura Dern. ㏍			
						M	(:15) ★★ **The Hobbit: The Battle of the Five Armies** 2014, Fantasy Ian McKellen, Martin Freeman. ㏍							★★ **Hancock** 2008, Action Will Smith, Charlize Theron. ㏍				**Bad Boys** 1995
						T	★ **Law Abiding Citizen** 2009, Suspense Jamie Foxx, Gerard Butler. ㏍					★★ **Bad Boys** 1995, Action Martin Lawrence, Will Smith, Tea Leoni. ㏍					★★ **Bad Boys II** 2003 ㏍	
						W	★★ **Get Hard** 2015, Comedy Will Ferrell, Kevin Hart. ㏍				★★ **Talladega Nights: The Ballad of Ricky Bobby** 2006, Comedy Will Ferrell. ㏍					★★ **Now You See Me** 2013 Jesse Eisenberg.		
*ANPL	68	48	48	282	184		Tanked		Pit Bulls and Parolees		(1:55) Pit Bulls and Parolees		Lone Star Law		Varied Programs			
BRAVO	137	58	58	237	129	Th	Below Deck		Below Deck		(1:59) Below Deck		(2:57) Below Deck		(3:57) Below Deck		(4:58) Below Deck	
						F	(11:34) ★★ **Miss Congeniality** 2000 Sandra Bullock.			(:36) ★★ **Miss Congeniality 2: Armed and Fabulous** 2005 ㏍				(:38) ★★ **Miss Congeniality** 2000 Sandra Bullock, Michael Caine. ㏍			**Wedding Sing.**
						M	Below Deck Sailing Yacht		Below Deck Sailing Yacht		Below Deck Sailing Yacht		Below Deck Sailing Yacht		Below Deck Sailing Yacht		Below Deck Sailing Yacht	
						T	Housewives	The Real Housewives of Atlanta		The Real Housewives of Atlanta		The Real Housewives of Atlanta		Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows
						W	Housewives of NJ		Housewives of NJ		Housewives of NJ		Housewives of NJ		Housewives of NJ		Housewives of NJ	
CMT	190	80	80	327	166		Golden Girls	Golden Girls	King of Queens	King of Queens	King of Queens	King of Queens	King of Queens	King of Queens	Last-Standing	Last-Standing	Last-Standing	Last-Standing
CNBC	54	70	70	355	208		Closing Bell				Fast Money	Varied Programs	Mad Money		The News With Shepard Smith		Shark Tank	
CNN	55	67	67	202	200		CNN Newsroom-Brooke Baldwin		The Lead With Jake Tapper		Situation Room With Wolf		Situation Room With Wolf		Erin Burnett OutFront		Anderson Cooper 360	
COM	135	73	73	249	107	Th	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	The Office	The Office	The Office	The Office
						F	South Park	(:25) South Park	The Office	The Office	The Office	The Office	The Office	The Office		(:35) The Office	(:10) The Office	(:45) The Office
						M	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	The Office	The Office
						T	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	Cleveland Show	The Office	The Office		
						W	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park
COTV	11						Oregon News	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Extreme Desire	Frontier Unlim.	Get Outdoors	Explore	Oregon News	Oregon News
CSPAN	61	15	15	350	210		Public Affairs	Public Affairs Events										
*DIS	87	23	23	291	173		Ladybug & Cat	Ladybug & Cat	Big City Greens	Big City Greens	Varied Programs		Jessie	Jessie	Big City Greens	Big City Greens	Bunk'd	Bunk'd
*DISC	156	43	43	278	182		Varied Programs											
*E!	136			236	114	Th	Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians	
						F									For Real: The Story of Reality TV		★★★ **Friday** 1995 Ice Cube. ㏍	
						M	The E! True Hollywood Story		The E! True Hollywood Story		The E! True Hollywood Story				The E! True Hollywood Story		E! True Hollywood Story	
						T	Overserved	Overserved	Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians		Keeping Up With the Kardashians	
						W	For Real: The Story of Reality TV		Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Modern Family
ESPN	21	28	28	206	140		(11:00) NBA: The Jump		NFL Live		Around the Horn	Interruption	SportsCenter		Varied Programs			
ESPN2	22	29	29	209	143	Th	Soccer	FIFA World Cup 2022 Qualifying Germany vs Iceland (N)			(Live)		2021 NIT Basketball Tournament Quarterfinal: Teams TBA (N) (Live)				NFL Live	
						F	College Hockey	Jalen & Jacoby	NBA: The Jump		Max on Boxing	UFC Live	Daily Wager		NFL Live		G.O.A.T.s	
						M	Jalen & Jacoby	Questionable			NFL Live				The One	E60	NFL Live	
						T									Baseball Tonight			
						W	FIFA World Cup 2022 Qualifying England vs Poland			Questionable					NFL Live		AKC Agility National	
ESPNC	23	30	30	614		Th	(11:00) NBA		NBA				NBA				College Football	
						F	(11:00) College Football		College Football				College Football				College Basketball	
						M											College Football	
						T												
						W												
FNC	57	65	65	360	205		The Story With Martha MacCallum		Your World With Neil Cavuto		The Five		Special Report With Bret Baier		FOX News Primetime		Tucker Carlson Tonight	
*FOOD	177	56	56	231	110	Th	The Great Food Truck Race		Tournament of Champions			Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay
						F	Food Paradise		Diners, Drive-Ins and Dives		Diners, Drive	Diners, Drive	Diners, Drive-Ins and Dives		Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive
						M	The Kitchen		Chopped		Chopped		Chopped		Guy's Grocery Games		Guy's Grocery Games	
						T									Chopped		Chopped	
						W	Pioneer Wo.	Pioneer Wo.	Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games	
FREE	67	62	62	311	180		The Middle	Varied Programs										
FX	131	46	46	248	136	Th	Alien: Covenant	★★ **xXx: Return of Xander Cage** 2017, Action Vin Diesel. ㏍				★★ **Mortal Engines** 2018 Hera Hilmar. A mysterious woman must destroy a giant city on wheels. ㏍						**Thor-Dark Wrld**
						F	(11:30) ★★ **Mortal Engines** 2018, Science Fiction Hera Hilmar, Robert Sheehan. ㏍					★★ **Mike and Dave Need Wedding Dates** 2016 Zac Efron. ㏍				★★ **Pitch Perfect 2** 2015 Anna Kendrick. ㏍		
						M	(11:30) ★★★ **Spy** 2015 Melissa McCarthy, Jason Statham. ㏍				★★ **The Predator** 2018 Boyd Holbrook, Trevante Rhodes. ㏍				★★★ **Mission: Impossible Rogue Nation** 2015 Tom Cruise. ㏍			
						T	(11:00) ★★ **Taken 3** 2014 Liam Neeson. ㏍			★★★ **Mission: Impossible Rogue Nation** 2015, Action Tom Cruise, Jeremy Renner, Simon Pegg. ㏍					★★★ **Mission: Impossible -- Fallout** 2018 ㏍		
						W	(9:30) **Gone Girl**	★★ **The Girl in the Spider's Web** 2018, Action Claire Foy, Beau Gadsdon. ㏍					★★ **Ted 2** 2015 Mark Wahlberg. Teddy bear Ted must legally prove his personhood. ㏍					**Deadpool 2** ㏍
HGTV	176	55	55	229	112	Th	Home Town		Home Town		Home Town		Home Town		Home Town		Home Town	
						F	Farmhouse Fixer		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous	
						M	Nate and Jeremiah: Save-House		Nate and Jeremiah: Save-House		Nate and Jeremiah: Save-House		Windy City Rehab		Windy City Rehab		Windy City Rehab	
						T	Good Bones		Good Bones		Good Bones		Good Bones		Unsellable	Unsellable	Unsellable	Unsellable
						W	Home Town		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous	
*HIST	155	76	76	269	120	Th	American Pickers		American Pickers		American Pickers		American Pickers		Swamp People		Swamp People	
						F	Counting Cars		Counting Cars		Counting Cars		Barrett-Jackson Live Auction					
						M	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars		Pawn Stars	
						T	D.B. Cooper: Case Closed?				D.B. Cooper: Case Closed?				History's Greatest Mysteries			
						W	Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire	
LIFE	138	59	59	252	108		Major Crimes		Major Crimes		Major Crimes		Major Crimes		Varied Programs		Rizzoli & Isles	
MSNBC	59	69	69	356	209		MSNBC Live w/Ayman Mohyeldin		Deadline: White House				The Beat With Ari Melber		The ReidOut		All In With Chris Hayes	
MTV	192	81	81	331	160	Th	(11:30) ★★ **Couples Retreat** 2009, Comedy Vince Vaughn. ㏍				★ **Identity Thief** 2013 Jason Bateman. A victim of identity theft fights back. ㏍					★★ **Couples Retreat** 2009 Vince Vaughn. ㏍		
						F	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness
						M	(11:00) The Fast and the Furious: Tokyo Drift 2006			★★ **Fast & Furious** 2009, Action Vin Diesel, Paul Walker, Michelle Rodriguez. ㏍					★★ **The Day After Tomorrow** 2004 Dennis Quaid. Premiere. ㏍			
						T	(10:30) The Devil Wears Prada ㏍		★★★ **Clueless** 1995 Alicia Silverstone, Stacey Dash. ㏍				★★ **How to Lose a Guy in 10 Days** 2003, Romance-Comedy Kate Hudson. ㏍					Devil-Prada
						W	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness
NICK	82	35	25	300	171		SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	The Loud House	The Loud House
OWN	161	213		279	189		Dr. Phil		Dr. Phil		Dr. Phil		Varied Programs					