

## DEAR ABBY

Write to Dear Abby online at [dearabby.com](mailto:dearabby.com) or by mail at P.O. Box 69440, Los Angeles, CA 90069



**Dear Abby:** My fiancée and I have been together for four years. I have lost A LOT of people in my life, so I am used to death.

She, on the other hand, didn't experience it until two years ago, when she lost her grandfather. The next year, her mother passed, and last year we lost a child — her oldest — my stepson.

Abby, she is so lost. She's no longer the same person she once was, and I totally understand that.

I'm sad and depressed, too, but she's bad.

I love this woman like I have never loved any other. I can't picture life without her, but lately I have begun to wonder how it would affect me, her and the kids if I left.

I'm not equipped to deal with someone else's depression on top of my own. I have been trying, but I'm finding myself getting more and more angry. What should I do?

— *Torn in the East*

**Dear Torn:** You mentioned that you, too, suffer from depression. Are you receiving treatment for it? If you are seeing a psychologist (and being medicated), discuss this with the person who is working with you. You may need a change in your medication.

It isn't surprising that with so much loss all at once in her life, your fiancée is grieving and depressed. Frankly, while I might suggest she join a support group for help in coping with the loss of her child, she may also need help from a licensed mental health professional.

Although you are tempted, I don't think now is the time to abandon your fiancée and her children. Once she is stabilized, you may not want to leave at all.

**Dear Abby:** My 13-, almost 14-year-old daughter, "Gabbi," is a shining star of responsibility and being self-driven. She also likes nice things.

Gabbi has been babysitting for my sister for several months and has saved almost every penny, which amounts to hundreds of dollars. I'm proud of her discipline. However, I think she should start buying some of her "frivolous wants" herself.

I'm willing to buy her and my other children gifts when I can and on special occasions on my single income, but Gabbi often asks me for \$10 here and \$10 there.

Because it's more than I can afford, I have to say no and see her silent disappointment.

I know the simple answer is to not give in, but I want my daughter to learn that it's OK to spend a little on herself here and there.

I'm not sure what words to use to convince her. Can you help?

— *Mom on a Budget*

**Dear Mom:** Your daughter is old enough for an honest conversation with her mom. Start by telling her how proud of her you are that she has shown how disciplined and responsible she is because those traits will serve her well in years to come.

Tell her you feel bad about disappointing her when you refuse her requests, but now that she's nearly 14, she's mature enough to understand you are the sole wage earner, money is tight and her frequent requests put a strain on the budget.

Then point out that she has saved quite a bit of income from her babysitting, and she should direct some of it toward the items she's asking you for.

## SPORTS BRIEFING

## BASKETBALL

**Basketball writers name Ducks' Duarte to All-America 3rd team** — Oregon's Chris Duarte earned his second All-America honor. The Ducks senior guard was named a third team All-American by the U.S. Basketball Writers Association on Wednesday, matching the honor he received from the Associated Press on Tuesday. Should Duarte earn the same distinction from

the National Association of Basketball Coaches he will become Oregon's 12th consensus All-American. It is the fourth time an Oregon player has been recognized as a USBWA All-American and the third in five years, joining Dillon Brooks and Payton Pritchard, who were both second-team honorees. The AP Pac-12 Player of the Year, Duarte helped lead the Ducks to back-to-back Pac-12 regular season titles.

— *Bulletin wire reports*

## Soccer

## Continued from A5

"It's been so cool to be part of building this. It's just been a dream come true being part of this group and watching them improve every single year, and being able to contribute something to that."

Harris — who had 20 goals in 2019 and has seven this season — said the Redmond program has basically been in rebuilding mode since the arrival of Ridgeview, which has been the cream of the Class 5A Intermountain Conference the last few years.

The arrival of seven freshmen to the Panthers (3-1) this season has brought new life to the program.

Two of those freshmen stepped up to score goals in Tuesday night's historic victory.

Late in the first half, Jillian Bremont took a long pass in the box from Rory Eldridge, and booted the ball into the back of the net to break a 1-1 tie. It would prove to be the winning goal, as the teams went scoreless in the second half.

Freshman Charrisse Wedding scored first for Redmond, corraling a high ball in front of the goal and planting it past the Ridgeview goalie for a 1-0 lead in the eighth minute.

"The last few years, we've had one, two or three freshmen join our program each year,"



Dean Guernsey/The Bulletin

**Ridgeview's Lily Gallentine (23) holds off Redmond's Dagne Harris (left) and Trista Johnson (right) during a girls soccer match at Ridgeview High School in Redmond on Tuesday night.**

said Redmond coach Martha Segura. "It's really tough to build a program when you don't have the freshmen coming in every year. This is the first time that I've had a strong group of freshmen, and it's pushing us to be better. We've got seven freshmen who are very good. It's pushing all of our girls to work harder and be better."

That includes Harris, the team leader.

"I am so confident in this group," Harris said. "These

freshmen have just brought new excitement and new energy into our team and program, and I am so pumped for what we're going to bring to this season and next season. They just brought something completely different to the table. It's just so much more of a team than the last two years. It feels really good."

Ridgeview's Kensey Gault tied the game 1-1 on a breakaway goal in the 21st minute. But Bremont broke that tie just 15 minutes later, and the Pan-

thers clung to their lead in the second half as the Ravens (0-4) battled for the equalizer until the final horn. They came extremely close to scoring off a corner kick with less than 10 seconds remaining.

Redmond goalkeeper Alyssa McConnell finished with six saves.

The Panthers' turnaround was apparent last Friday, when they defeated Mountain View 4-0. Segura said they had not beaten the Cougars in at least eight years, and in those eight years, Redmond netted only three goals against them. That victory was a springboard to their emotional win over Ridgeview.

"We've had all the confidence in the world in our girls," Segura said. "It was about them putting it together on the field. We knew they could do it, and they finally did it, and I don't want them to look back. I want them to run with this confidence."

While there will be no state playoffs this season due to COVID-19, Segura said the Intermountain Conference plans to hold a postseason tournament the second week of April, and the Panthers' goal is to earn the top seed and win the tournament.

"With this group, we have the energy and the confidence," Harris said, "and I'm really excited to take it all the way."

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YOUR HOROSCOPE *By Madalyn Aslan*

## Stars show the kind of day you'll have

★★★★★ DYNAMIC | ★★★★★ POSITIVE | ★★★ AVERAGE | ★★ SO-SO | ★ DIFFICULT

## HAPPY BIRTHDAY FOR THURSDAY, MARCH 18, 2021:

Mild-mannered, sweet and insecure, your friends will always be your greatest support system. This year, you can strengthen all relationships and fix those that may have been broken. Think outside the box and initiate financially lucrative projects. You want to make a difference in the world, so give back to the community. If single, there is someone waiting for you. If attached, explore new destinations together. ARIES gets you moving.

## ARIES (March 21-April 19)

★★★ This is not a day to laze around the house. Meet a friend and then go shopping. Try on a few outfits that fit your budget. Admire but do not touch what you cannot afford. Tonight: Put your feet up.

## TAURUS (April 20-May 20)

★★★ Dress to impress someone special. Wear that new outfit and get your hair done. Put your stamp on a project that involves helping someone in need. No need to be humble. Enjoy the kudos but show gratitude. Tonight: Celebrate your success.

## GEMINI (May 21-June 20)

★★★★ Express yourself through a creative medium. Use your imagination and try something you have never done before. Balance your private and public time. Family will support whatever you decide to do in your spare time. Tonight: Bubble bath and aromatherapy.

## CANCER (June 21-July 22)

★★★★ An email, text or call from someone you care about will brighten your day. Prepare to offer heartfelt advice and a listening ear. Be pleased that you could help a friend with your point of view. Tonight: Share exciting ideas.

## LEO (July 23-Aug. 22)

★★★ Pursue an open position at your day job or an organization where you volunteer. Aim high, and it may not be as daunting as it seems. You may get a promotion, raise or leadership opportunity. Tonight: Relax just a little.

## VIRGO (Aug. 23-Sept. 22)

★★★★ You may not be able to take an overseas vacation anytime soon. Instead, use your imagination to travel the world. Learn a language. Sample international cuisine. Watch cooking shows and foreign films. Tonight: Take the remote and browse your shows.

## LIBRA (Sept. 23-Oct. 22)

★★★★ Put off signing papers about a business or financial transaction. The perfect time will make itself known soon enough. Get your juices flowing and enter a tournament or contest. The competition and intensity feed your soul. Tonight: Visit with friends.

## SCORPIO (Oct. 23-Nov. 21)

★★★★ Commit to a team project that you may have vacillated about. It may or may not work out, but you will be happy you made a decision. Plan a romantic evening with no distractions. Tonight: A foot massage is heavenly.

## SAGITTARIUS (Nov. 22-Dec. 21)

★★★ Get simple things done you keep putting off. Connect with your body and remember to slow down and take a few deep breaths. Yoga positions work wonders. If you have a pet, give it extra attention. Tonight: Lots of laughter.

## CAPRICORN (Dec. 22-Jan. 19)

★★★★ Get tickets to a sporting event. If you cannot do that in person, get comfortable in front of the TV. Good friends and a cup of hot chocolate make your day complete. Tonight: Plan a day to take off work.

## AQUARIUS (Jan. 20-Feb. 18)

★★★ Get in touch with feelings that you may be holding back. Family disputes cause tension, so quell them the moment they begin. Start researching genealogical roots. Once you start you won't be able to stop. Tonight: Clear the air with someone.

## PISCES (Feb. 19-March 20)

★★★★ You may get invited to a party where new contacts await you. Don't hide in the corner. Strut your stuff, and an opportunity may come your way. Try your hand at writing something you can publish. Tonight: Prepare a fabulous meal.

## Oregon State

## Continued from A5

"We've got seven seniors that may not be with us. So you want to make the most of your opportunities"

USC, which hasn't been to the tournament since 2017, is seeded sixth in the West and set to play the winner of the preliminary round game between Drake and Wichita State. Seventh-seeded Oregon plays No. 10 VCU on Saturday in the West.

Coach Tinkle's son, Tres, who held up the No. 12 at the title game, graduated last year as Oregon State's all-time lead-

ing scorer and most recently played for the Raptors 905 of the NBA G-League. Last year, the Beavers were set to play Oregon in the Pac-12 tournament quarterfinals when the season was shut down by the coronavirus.

Wayne Tinkle said he was disappointed he wasn't able to coach a tournament game with Tres on the court.

The younger Tinkle was on the 2016 Beavers team that went to the NCAAs, but was injured.

So the coach dedicated the Pac-12 championship to his son.

"Tres worked so hard to try

to lead us back to a place we hadn't been in a while. And it just seemed like things didn't go his way. Obviously, this is this year's team and we've done some incredible things, but I really wanted to share that with him," he said.

Under Tinkle, the Beavers are all about family. Ethan Thompson, who leads the Beavers with an average of 15.3 points a game, is the son of assistant coach Stephen Thompson. Stephen Thompson Jr., who now plays professionally in Europe, also played for the Beavers.

After the big win over Colorado on Saturday, players cele-

brated in their hotel by singing the team's theme song "Ain't No Mountain High Enough," before leaving for Indianapolis the next day.

"For years I've had a tradition," Tinkle said, "whenever we've won on the road, we've played 'Ain't No Mountain High Enough' on the bus, and the team has to sing it."

Perhaps they'll sing it on Friday night, too.

"It's just incredible that we have gotten to this level, and we know why we have, but it's a pretty neat deal," the coach said. "But we're going to keep this thing rolling. Orange Express is back, baby."

## Golf

## Continued from A5

Momentum isn't everything at the Masters, though the green jacket is rarely slipped over the shoulders of someone who had spent too much time searching in the months leading to Augusta.

Johnson was coming off a runner-up finish when he won the Masters last year. Tiger Woods was one putt away from the semifinals at Match Play in the last event before he won a fifth green jacket. Patrick Reed was coming off three straight top 10s when he won the Masters.

Sergio Garcia and Danny Willett had each won in the Middle East the year of their Masters victories. Jordan Spieth had won, finished second and lost in a playoff in the three events before he went wire-to-wire at Augusta.

Johnson says he's close, and there's reason to believe him. It's easier to clean up a mess than to produce birdies, and the latter was not in short supply at Sawgrass. He made 17 birdies and an eagle. He finished at 1-under par.

"I just made a lot of mistakes, a lot of mental mistakes, just a little bit of everything," Johnson said.

McIlroy sounded as though he had a lot of work to do.

He conceded he got "sucked into that stuff" of trying to increase his swing speed after watching how DeChambeau attacked Winged Foot in the U.S. Open. McIlroy says of his own game at Winged Foot, "I would be pretty happy with that again."

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DON'T MISS  
THIS WEEKEND'S  
ISSUE

