

RESTAURANT REVIEWS, DINING DEALS & FOOD NEWS

GO!



Chinese Soups from around Central Oregon

Warming up with Chinese soups

Story and photos By **BARB GONZALEZ** • For The Bulletin

Chinese soups can be a complete meal, like wor wonton or sizzling rice, or they can be more of an appetizer like egg drop or hot and sour soup. I ventured out to Chinese restaurants around Central Oregon to try a few of my favorite offerings. I was surprised by what I found. Wor wonton soup is a meal in itself: wonton dumplings filled with meat, a variety of vegetables, pork, chicken and shrimp. This soup dates back to the Qing Dynasty (1644 to 1912). Originally a rich man's meal, this soup became more readily available to the common man in Hong Kong after World War II. Wonton Soup has only wontons, broth, and possibly vegetables. Wor in Chinese means everything. Wor Wonton soup has wontons, vegetables and often chicken, pork, beef and shrimp.

Continued on next page