

DEAR ABBY

Write to Dear Abby online at dearabby.com or by mail at P.O. Box 69440, Los Angeles, CA 90069



Dear Abby: I suspect that something has been going on with my husband and our daughter-in-law. My husband has become obsessed with her, and they both seem to become nervous when they are around me at the same time. My husband is always checking to see when I'm leaving.

My son and daughter-in-law and their three kids live in our duplex, but my son isn't home most of the day. Should I be concerned about what's going on with them? Everything in me is telling me something is not right.

— *Worried in Wisconsin*
Dear Worried: I hope you are wrong, but if "everything in you" is telling you something is not right, listen to your intuition. Continue monitoring the situation and keep a journal of your observations.

If your marital relationship with your husband has changed, it's a red flag. Talk to him about it. It may take the services of a licensed marriage and family therapist to get your marriage back on track. Share the journal with your therapist during some of the sessions, or with your attorney, if the need arises.

Dear Abby: My mom died five years ago. I didn't talk to her the last few months before her death because of the extreme stress she put me under. I finally told my brother it was his turn to deal with her because she had always been sweet to him. I dealt with her issues for 40 years and could no longer continue. Mom was greedy, self-centered and narcissistic. She caused many issues between my brother and me. My question concerns

her ashes. I have them. My brother wanted nothing to do with them, and I don't know how to dispose of them. I have considered spreading them in the mountains since she liked camping and fishing, but I don't know if it is legal. Otherwise, they will sit in my basement forever.

— *Needs a Solution*
Dear Needs: Contact the funeral home or crematorium that handled your mother's remains and ask what the rules are in your state about the disposition of ashes. Because rules differ in different states, counties, etc., the people there would be in the best position to assist you.

Dear Abby: I have a relationship problem I hope you can help me with. I have loved this woman for years. We grew up together. We parted because I had to move away to Japan.

Well, a few years ago, we met again. We began to communicate, and all my feelings for her rushed back after all these years. I know she doesn't feel the same way about me. How can I let her know how bad it hurts, this unrequited love?

— *Smitten in the West*
Dear Smitten: I don't think that's such a good idea. Knowing this woman doesn't reciprocate your feelings, do you really think informing her that "all those feelings have rushed back" will endear you? It may cause her embarrassment. You will be happier if you stop dwelling on your unrequited love from the past, resolve to live in the present and, from now on, look for companionship from candidates who are emotionally available.

YOUR HOROSCOPE *By Madalyn Aslan*

Stars show the kind of day you'll have

★★★★★ DYNAMIC | ★★★★★ POSITIVE | ★★★ AVERAGE | ★★ SO-SO | ★ DIFFICULT

HAPPY BIRTHDAY FOR FRIDAY, MARCH 5, 2021: Insightful, expressive and intense, you must learn to be nicer to yourself. To the world you are kind and considerate, but internally you are secretly too hard on yourself. This year, your product is very successful, and profitable. If single, there's a high turnover rate, but you find your true mate in 2022. If attached, you go through heaven and hell — and it is true love. SCORPIO is your match.

ARIES (March 21-April 19)

★★★★ Projects that were once laborious are easier to complete today. Make a social occasion of doing chores by asking for a friend's assistance. Your creativity is blossoming. Trust your hunches and reach out to those who can help you. Tonight: A touch of magic.

TAURUS (April 20-May 20)

★★★★ Both business and personal relationships reach a turning point. Hidden factors are revealed to change your opinions and perspectives. Your detective and research skills serve you well. Problems and arguments are resolved. Tonight: An early night's sleep for the detective.

GEMINI (May 21-June 20)

★★ You greet the day with a volatile and intense relationship situation in progress. Meditate on whether to hold on or to just let go and move forward. A matter can be resolved in your favor. Tonight: A make-up date.

CANCER (June 21-July 22)

★★★★ Revel in the success someone close to you enjoys. Then the rest of today is just for you. The magic of extra sleep. Drink fluids to detoxify the body. Try foot baths or steep healing herbs in your bath water. Tonight: A pampering day becomes pampering night.

LEO (July 23-Aug. 22)

★★★★ You are a wandering free spirit in matters of the heart, even if completely attached. Romantic needs are evolving. Today initiates some unexpected developments in love, perhaps a change in the status of a relationship. Tonight: People appreciate your creativity and breezy personality.

VIRGO (Aug. 23-Sept. 22)

★★★★ Modernization of your surroundings might be pleasing. A new theme or home remodeling project appears. The sale or purchase of property could pave the way to financial freedom. A family member's contribution or advice brings welcome financial assistance. Tonight: Relax.

LIBRA (Sept. 23-Oct. 22)

★★★★ Today finds you especially talkative and promises an interesting daily schedule punctuated by numerous messages and outings. The stars favor a focus on planning and correspondence. Embrace future travel opportunities too. Tonight: Catching up with a sibling or a neighbor.

SCORPIO (Oct. 23-Nov. 21)

★★★ You experience some frustration linked to money matters today. Go over everything with a fine-tooth comb and consider new strategies for enhancing your finances and your security. Talk with an elderly female family member. Tonight: Be adaptable and economize. Don't let yourself splurge.

SAGITTARIUS (Nov. 22-Dec. 21)

★★★★ A fiery natural leader, quick to act and speak, you keep life moving. Each new day brings a fresh start, a time to welcome a myriad of novel possibilities. Love prospects and great opportunities abound today. Tonight: In wonderment at your good fortune.

CAPRICORN (Dec. 22-Jan. 19)

★★★★ Dreams reflect and provide insights concerning your path. Be aware of how repeating habits and patterns affects your life's path for good or ill. Examine the past if you would know the future. Tonight: Invoke an angel or spirit guide for assistance and protection.

AQUARIUS (Jan. 20-Feb. 18)

★★★★ Today offers a marvelous cycle for professional networking. Call up old friends with whom you haven't spoken to in eons. Politics, community activities and new friendships link to long-term goals. Tonight: You feel it all dropping into place and coming together.

PISCES (Feb. 19-March 20)

★★★★ Express creative ideas at work. It's a wonderful day to combine business with pleasure. One who admires you can offer a valuable recommendation leading to a promotion. Place a small potted pine tree in your workspace. Tonight: It will promote growth and stability.

Hotels

Continued from A7

The hotel will pay nearly \$2,200 to customers who stayed there during that period and pay \$21,600 to the state.

• Rodeway Inn Willamette River (Corvallis): Rates al-

legedly went up more than 15% in 15 rooms that usually went for \$80 to \$100 per night. The Rodeway will pay \$918 in refunds to 23 customers and \$15,000 in state penalties.

• Days Inn (Roseburg): Rooms that typically cost no more than \$150 a night al-

legedly cost \$200 to \$300 a night during the wildfires.

The hotel will repay \$4,860 to 31 customers and pay \$31,000 in penalties to the state.

Oregon continues investigating price-gouging allegations, according to the Justice Depart-

ment.

"We also are trying our best to make it clear that Oregon businesses shouldn't try to take advantage of people during difficult times," Rosenblum said. "Our laws protect against this sort of conduct, and my office intends to enforce them."

Radicchio

Continued from A7

"It starts out as something that seems horrible, but then it's your favorite thing," she said. "Radicchio is like that."

Getting organized

Radicchio proved to be an important crop in 2007 when Erickson-Brown and her husband, Jason Salvo, started their 15-acre farm, Local Roots Farm, in Duvall, Washington.

"For a farm that grows 40 different crops, to have 1 acre dedicated to just one is a little unusual," Erickson-Brown said.

She and Salvo sell radicchio for \$3 to \$5 per head. They grow roughly 14,000 heads in a good year.

The growing popularity of the little-known crop prompted the couple to help lead a regional effort to raise the crop's profile by establishing the Pacific Northwest Radicchio Association.

Geography is on their side. Radicchio is widely grown in northeastern Italy, whose latitude and climate are comparable to those of the Pacific Northwest.

There's a lot for farmers to like about radicchio, Erickson-Brown said. It's a winter-hardy crop, and improves soil health by breaking up pest and disease cycles as an alternative to Brassica crops, such as cabbage, kale and Brussels sprouts.

Radicchio also overwinters in the field and holds up well in storage, making it a locally grown winter salad alternative to lettuce shipped from warmer climates.

The new organization will bring together growers, processors, wholesalers, distributors, retailers and restaurants in Oregon and Washington.

It will build on existing efforts by Washington State University's Food Systems Program, led by Lewis, and the Culinary Breeding Network, led by Oregon State University professor Lane Selman.

Lewis and Selman received a \$250,000 U.S. Department of Agriculture specialty crop block grant in 2020 through the Washington State Department of Agriculture.



Local Roots Farm/capitalpress.com

Farmers Jason Salvo and Siri Erickson-Brown of Duvall, Washington, are helping lead the formation of the Pacific Northwest Radicchio Growers Association. They've been raising the crop for 15 years.

"We know there are people willing to pay a pretty high price to get this special Italian radicchio. As long as we've already got trucks bringing Washington apples to the East Coast, wouldn't it be great if we could also throw a few pallets of radicchio on there?"

— **Siri Erickson-Brown, of the Pacific Northwest Radicchio Growers Association**

Northwest grown

A California-grown, round, red Chioggia type is the radicchio most commonly found in U.S. grocery stores.

Northwest growers are producing more varieties. Some are also already working with seed companies to develop region-specific varieties, Lewis said.

Erickson-Brown envisions the association as a marketing board, promoting Pacific Northwest-grown radicchio and building interest.

The organization could potentially sell into East Coast urban markets that now import radicchio from Italy and elsewhere.

"We know there are people willing to pay a pretty high price to get this special Italian

radicchio," she said. "As long as we've already got trucks bringing Washington apples to the East Coast, wouldn't it be great if we could also throw a few pallets of radicchio on there?"

Fast-growing crop

From experience, Erickson-Brown sees great potential for radicchio. Her farm reported a 900% increase in production and sales over the last decade, with sales doubling in 2019 alone compared to the previous year.

Winter vegetables are the fastest growing greens segment of the seed market, John Navazio, leafy green plant breeder at Johnny's Selected Seeds, said in the grant application.

"The market for these crops

— especially radicchio, chicory, spinach and purple sprouting broccoli — is expanding faster than any of us can keep up with," Navazio said.

Cultural exchange

Andrea Ghedina is co-founder and breeder for Smarties.bio in Chioggia, Italy, near Venice. His company sells conventional and organic radicchio seeds. He's been breeding radicchio for 10 years.

Radicchio is not considered a specialty crop in his region, he said.

"It's something we know very well; it's not so romantic for us," Ghedina said.

Scientifically, however, the crop offers genetic variation and is still relatively new, he said. It was bred from wild chicory into its current red, round shape about 70 years ago.

Radicchio contains antioxidants and vitamin C in quantities significantly higher than other fruits and vegetables, even oranges, Ghedina said.

Ghedina will offer his expertise to Northwest growers. He wants to collect as much data as he can to breed new varieties.

He believes less bitter varieties would find larger markets, even in Italy.

Next steps

The goal is to have the Pacific Northwest Radicchio Association running in the next few months, Lewis said.

In the meantime, Erickson-Brown wonders how COVID-19 will impact demand as she decides what to plant for the coming growing season.

Each year, they've increased their radicchio crop by 25%, and have always sold it all, she said. About 90% of it goes to restaurants.

Early on, at farmers markets and restaurants, she would often hear how hard it was to find, she recalled.

That showed her the enthusiasm is there for radicchio.

"You don't need to grow something that appeals to everybody," Erickson-Brown said. "You just need to do a really good job of growing something that's meaningful to enough people that makes it worth doing."

Immigrants

Continued from A7

The fund will be integrated into the Oregon Worker Relief Fund program, which organizers hope will enable them to use existing community partnerships to reach smaller businesses that might not otherwise hear about the fund.

Business can apply by calling 1-888-274-7292. More information will be available at a

virtual community forum Saturday. People can RSVP for the event by visiting the Alivio Laboral de Oregon Facebook page.

"We know that we're the organizations our community turns to in times of need," said Isa Peña, interim executive director of Causa of Oregon, which sponsors the Oregon Worker Relief Fund. "This new fund provides an opportunity for our community to be served by people they trust."

DEATH NOTICES

Donald Robert Gearke of Redmond, OR
June 19, 1931 - February 28, 2021

Arrangements: Autumn Funerals of Redmond is honored to serve the family. 541-504-9485 Memories and condolences may be expressed to the family on our website at www.autumnfunerals.net
Services: A memorial service will be held at a later date.
Contributions may be made to: Partners in Care Hospice 2075 NE Wyatt Ct., Bend, OR 97701

Dawn Elizabeth Wible of Gilchrist, OR
May 30, 1974 - Feb 23, 2021

Arrangements: Baird Memorial Chapel of La Pine is honored to serve the Wible family. Please visit our website, www.bairdfh.com, to share condolences and sign the online guestbook.

Viola M. Jenkins of Bend, OR
Sep 2, 1921 - Feb 26, 2021

Arrangements: Niswonger-Reynolds Funeral Home is honored to serve the family. 541-382-2471 Please visit the online registry for the family at www.niswonger-reynolds.com
Services: No Local Service will be held

Patricia Jane Massler of Redmond, OR
May 05, 1942 - Feb 11, 2021

Arrangements: Autumn Funerals- REDMOND www.autumnfunerals.net 541-504-9485
Services: A celebration of life will be held at a later date

OBITUARY DEADLINE

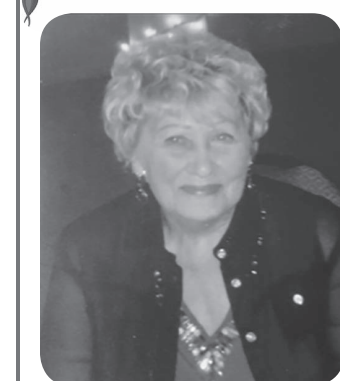
Call to ask about our deadlines
541-385-5809
Monday-Friday 10am-3pm
Email: obits@bendbulletin.com

OBITUARY



Doreen Vincent Stratford

May 11, 1933 - October 31, 2020



Doreen Vincent Stratford was born on May 11, 1933 in North Bend, Oregon, to Ted and Margaret Fischer. She attended Bunker Hill Elementary school and graduated from Marshfield High School. She loved music and played in the band in school and the organ at church.

She married Phillip Vincent on December 6th, 1952 and had two children, Nancy and Rick. In 1966 they moved to Bend, Oregon, where they enjoyed the out of doors camping, motorcycling, fishing, hunting and exploring.

Doreen loved traveling to visit family and friends. In a later marriage she had the opportunity to travel and dance to the Big Band music she loved.

In 2015 she moved to her final home in Arizona where she enjoyed a wonderful group of friends and activities. Cards, board games, music, shows, and watching her favorite sports, football, baseball, and golf.

She is survived by her brothers Ted and Jerry, her children Nancy (Mike) Gotchy, and Rick (Dee) Vincent. Grandchildren Troy Gotchy, Tiffany (Isaac) Plagmann, Allyson (Travis) McClintock, and Phillip Vincent. Great grandchildren Sydney, Faith, Chance, and Trenton.

Services will be held March 7th at 1:00 at Trinity Lutheran church. They will also be live streamed.