

WEDNESDAY EVENING 3/10/21

ALSO IN HD; ADD 600 TO CHANNEL No.

MOVIES

SPORTS

KIDS

*In HD, these channels run three hours ahead. / Sports programming may vary.
BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirectTV; D2-Dish Network

BROADCAST/CABLE CHANNELS																	
BD	PM	L	D1	D2	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
KATU (ABC)	2				KATU News at 6 (N) (Live) (G)		Jeopardy! (N) (G)	Wheel of Fortune (N) (G)	The Goldbergs (N) (G)	American Housewife '14'	The Conners (N) (G)	Call Your Mother Pilot (PG)	The Con The Royal Con (N) (G) (DVS)	KATU News at 11 (N) (G)	(11:35) Jimmy Kimmel Live! '14'		
KTVZ (NBC)	5	5	21	21	NewsChannel 21 at 6 (N) (G)	NewsChannel 21 at 6:30 (N) (G)	NewsChannel 21 at 7 (N) (G)	Family Feud (PG)	Chicago Med Choi hires an old Navy colleague. (N) (G) '14'		Chicago Fire Escape Route A familiar location affects Severide. (PG) '14'		Chicago P.D. Ruzek and Atwater must make an arrest. (N) (G) '14'	NewsChannel 21 at 11 (N) (G)	Tonight Show-J. Fallon		
KBNZ (CBS)	6	6	7	7	Cent OR Daily News at 6pm	Central Oregon Daily News	Central Oregon Daily News	Central Oregon Daily News	Tough as Nails (N) (PG) (G)		SEAL Team Reckoning The team learns about its target. (N) (G) '14'		S.W.A.T. Redux Hondo is leery of Leroy's motives. (N) (G) '14'	Oregon Daily News at 11pm	Late Show-Colbert		
KOHD (ABC)	9	9	9	9	Inside Edition (N) (PG) (G)	ABC World News	Jeopardy! (N) (G)	Wheel of Fortune (N) (G)	The Goldbergs (N) (G)	American Housewife '14'	The Conners (N) (G)	Call Your Mother Pilot (PG)	The Con The Royal Con (N) (G) (DVS)	Oregon Daily News at 11pm	(11:35) Jimmy Kimmel Live! '14'		
KFXO (FOX)	10		69	69	Modern Family (PG)	The King of Queens (PG)	The Big Bang Theory (PG)	The Big Bang Theory (PG)	The Masked Singer Group A performs; guest host Niecy Nash. (PG)		(9:01) Game of Talents (N) (PG) (G)		News Channel 21 First on FOX (N) (G)	TMZ (N) (PG) (G)	Two and a Half Men '14'		
KPDQ (MNT)	19	19			Family Feud (PG) (G)	Family Feud (PG) (G)	The Big Bang Theory (PG) (G)	The Big Bang Theory (PG) (G)	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory (PG) (G)	The Simpsons (PG) (G)	Family Guy '14' (DVS)	Family Guy '14'	
KOAB (PBS)	7	3	3	3	Journeys in Japan (PG) (G)	BBC World News Outside	PBS NewsHour (N) (G)		Ken Burns: Here & There (G) (G)			Suze Orman's Ultimate Retirement Guide Suze Orman discusses planning for retirement, including key steps for the ultimate retirement. (G)			Rick Steves' Festive Europe		
KGW (NBC)	8				KGW News at 6 (N) (G)	KGW News at 6:30 (N) (G)	The Good Stuff (N) (G)	Inside Edition (N) (PG) (G)	Chicago Med Choi hires an old Navy colleague. (N) (G) '14'		Chicago Fire Escape Route A familiar location affects Severide. (PG) '14'		Chicago P.D. Ruzek and Atwater must make an arrest. (N) (G) '14'	KGW News at 11 (N) (G)	Tonight Show-J. Fallon		
KTVZD2 (CV)	12	7	7	12	Bob's Burgers (PG) (G)	Bob's Burgers (PG) (G)	Family Guy '14' (DVS)	Family Guy '14' (DVS)	Riverdale Toni attempts to lure Cheryl out. (N) (G) '14'		Nancy Drew Ace and Amanda share a moment. (N) (PG) (G)		Seinfeld The Deal (PG) (G)	Seinfeld The Bubble Boy (PG)	Schitt's Creek Rebound (PG) (G)	Schitt's Creek '14'	
OPBPL	175				Kitchen Queens: Dining-Chef	Mansfield-War	Harpist's Legacy		POV A program for girls of color aged 8-13. (PG)		Without-Whisp		Amanpour and Company (N) (G)		Raising Ms. President (G) (G)		
BASIC CABLE CHANNELS																	
*A&E	130	44	44	265	118	Court Cam (PG) (G)	Court Cam (PG) (G)	Court Cam (PG) (G)	Court Cam (PG) (G)	Court Cam (PG) (G)	Court Cam (PG) (G)	Court Cam (N) (G)	Court Cam (N) (G)	(10:01) I Survived a Crime	(10:32) I Survived a Crime	(11:04) Court Cam (PG) (G)	(11:34) Court Cam (PG) (G)
*AMC	102	50	50	254	113	(5:30) ** "Now You See Me" (2013, Comedy-Drama) Jesse Eisenberg, Mark Ruffalo. Agents track a team of illusionists who are thieves. (G)			* "Law Abiding Citizen" (2009, Suspense) Jamie Foxx, Gerard Butler, Colm Meaney. A prosecutor gets caught up in a vengeful prisoner's twisted scheme. (G)					** "Escape Plan" (2013) Sylvester Stallone. A security expert must break out of a formidable prison. (G)			
*ANPL	68	48	48	282	184	North Woods Law (PG)		North Woods Law (PG)		North Woods Law: Uncuffed A Turn for the Worst (N) (G) '14'				To Be Announced		To Be Announced	
BRAVO	137	58	58	237	129	Below Deck '14' (G)		Housewives of NJ		Housewives of NJ		Housewives of NJ		Watch What	Housewives of NJ		Housewives
CMT	190	80	80	327	166	Last-Standing	Last-Standing	Last-Standing	Last-Standing	Mom '14' (G)	Mom '14' (G)	Mom '14' (G)	Mom '14' (G)	Mom '14' (G)	Mom '14' (G)	The Golden Girls	The Golden Girls
CNBC	54	70	70	355	208	Shark Tank (PG) (G)		Shark Tank (PG) (DVS)		Shark Tank (PG) (G)		The News With Shepard Smith		The Profit 240 Sweets (PG) (G)		Dateline (PG) (G)	
CNN	55	67	67	202	200	Cuomo Prime Time (N) (Live) (G)		CNN Tonight With Don Lemon (N)		CNN Tonight With Don Lemon (N)		Anderson Cooper 360 (PG) (G)		Cuomo Prime Time (G)		CNN Tonight With Don Lemon	
COM	135	73	73	249	107	South Park 'MA'	South Park 'MA'	South Park 'MA' (G)		South Park (N) 'MA' (G)		South Park 'MA' (G)		South Park 'MA' (G)		The Daily Show	South Park 'MA'
COTV	11					Daily	Daily News	Oregon News	Daily News	Central Oregon	Central Oregon	Central Oregon	Central Oregon	Central Oregon	Central Oregon	Oregon News	Law and Crime
CSPAN	61	15	15	350	210	Politics and Public Policy Today (G)								Politics and Public Policy Today (G)			
*DIS	87	23	23	291	173	Jessie (G) (G)	Jessie (G) (G)	Raven's Home	Raven's Home	Sydney-Max	Sydney-Max	Raven's Home	Raven's Home	Big City Greens	Bunk'd (G) (G)	Bunk'd (G) (G)	Sydney-Max
*DISC	156	43	43	278	182	(5:00) Naked and Afraid '14' (G)		Naked and Afraid (PG) (G)		Naked and Afraid (PG) (G)		Naked and Afraid (PG) (G)		(10:01) Naked and Afraid A love triangle adds complications. '14' (G)			
*E!	136			236	114	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Nightly Pop '14'
ESPN	21	28	28	206	140	College Basketball ACC Tournament, Second Round: Teams TBA (N)				To Be Announced		SportsCenter (N) (Live) (G)		SportsCenter (N) (Live) (G)		SportsCenter (N) (Live) (G)	
ESPN2	22	29	29	209	143	Basketball	College Basketball ACC Tournament, Second Round: Teams TBA (N)			SportsCenter (N)		NFL Live (G)		Around the Horn	Interruption	UFC Archival	
ESPN3	23	30	30	614		(5:00) College Basketball (G)		College Basketball (G)				College Football From Nov. 24, 1990. (G) (G)				College Football (G)	
ESPN4	24	31	31	207	142	UFC Archival		Jalen & Jacoby	Questionable	Around the Horn	Interruption	X Games		Questionable	Around the Horn	Around the Horn	Interruption
FNC	57	65	65	360	205	Hannity (N) (Live) (G)		The Ingraham Angle (N) (G)		Fox News at Night With Shannon		Tucker Carlson Tonight (G)		Hannity (G)		The Ingraham Angle (G)	
*FOOD	177	56	56	231	110	Guy's Grocery Games (G) (G)		Guy's Grocery Games (G) (G)		Guy's Grocery Games (G) (G)		Guy's Grocery Games (N) (G)		Tournament of Champions West Wild	Card Play-In (G)	Tournament	
FREE	67	62	62	311	180	(5:00) *** "The Best Man" (1999) Taye Diggs. (G)		** "Sweet Home Alabama" (2002) Reese Witherspoon, Josh Lucas. (G) (G)						Good Trouble Klompdansen '14'		The 700 Club (G) (G)	
FX	131	46	46	248	136	(5:00) *** "World War Z" (2013) Brad Pitt. (G)		** "The Equalizer 2" (2018, Action) Denzel Washington, Pedro Pascal. (G) (G)						Snowfall Expansion (N) 'MA' (G)		Snowfall Expansion (G) 'MA' (G)	
HGTV	176	55	55	229	112	Help! I Wrecked My House (G)		Help! I Wrecked My House (G)		Property Brothers: Forever Home		Farmhouse Fixer (N) (G)		House Hunters	Hunters Int'l	House Hunters	Hunters Int'l
*HIST	155	76	76	269	120	Forged in Fire (PG) (G) (DVS)		Forged in Fire (PG) (G) (DVS)		Forged in Fire (PG) (G) (DVS)		Forged in Fire (N) (PG) (G)		(10:03) Assembly Required (PG) (G)		(11:03) Forged in Fire (PG) (G)	
LIFE	138	59	59	252	108	Rizzoli & Isles '14' (G)		Married-Sight	Married-Sight	Married at First Sight The couples explore falling in love. (N) (PG) (G)				(10:03) Marrying Millions (N) '14'		(11:03) Marrying Millions (N) '14'	
MSNBC	59	69	69	356	209	The Rachel Maddow Show (N)		The Last Word		The 11th Hour With Brian Williams		The Rachel Maddow Show (G)		The Last Word		The 11th Hour With Brian Williams	
MTV	192	81	81	331	160	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	The Challenge (N) (PG) (G)		Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	
NICK	82	35	35	300	171	The Loud House	The Loud House	SpongeBob	SpongeBob	The Loud House	The Loud House	Young Sheldon	Young Sheldon	Friends (PG) (G)	Friends (PG) (G)	Friends (PG) (G)	Friends (PG) (G)
OWN	161	213		279	189	Dateline on OWN (PG) (G)		Dateline on OWN The Stranger '14'		20/20 on OWN Tragedy on TV '14'		20/20 on OWN (PG) (G)		20/20 on OWN (PG) (G)		20/20 on OWN (PG) (G)	
PAC12	47	33	33		406	To Be Announced											
PARMT	132	75	75	241	241	Two/Half Men	Two/Half Men	** "Four Brothers" (2005, Crime Drama) Mark Wahlberg, Tyrese Gibson. (G) (G)						*** "The Rundown" (2003, Adventure) The Rock, Seann William Scott. (G) (G)			
SYFY	133	49	49	244	122	Transformers	** "Transformers: The Last Knight" (2017) Mark Wahlberg. The war between Transformers and humans threatens Earth. (G)							Resident Alien (N) '14' (G)		(11:02) ** "Paul" (2011)	
TBN	205	61	61	372	260	Main Stage (PG)	Acres-Diamonds	Gospel Worship	Elevation	Steven Furtick	Steven Scott	Joseph Prince	Access 360 (G)	Greg Laurie.TV	God's	Bethel-Heaven	Elevation
*TBS	16	41	41	247	139	Family Guy '14' (DVS)	Family Guy (PG) (G) (DVS)	The Big Bang Theory (PG) (G)	The Big Bang Theory (PG) (G)	The Big Bang Theory (PG) (G)	The Big Bang Theory (PG) (G)	The Big Bang Theory (PG) (G)	The Big Bang Theory (PG) (G)	The Big Bang Theory (PG) (G)	Full Frontal With Samantha Bee	Conan (N) '14' (G)	Full Frontal With Samantha Bee
TCM	101	51	51	256	132	(5:00) *** "Wise Blood" (1979, Drama) Brad Dourif, Amy Wright. (G)		*** "Paris, Texas" (1984, Drama) Harry Dean Stanton, Nastassja Kinski, Dean Stockwell. An amnesiac seeks a reunion with his estranged family. (G)		Dean Stanton, Nastassja Kinski, Dean Stockwell. An amnesiac seeks a reunion with his estranged family. (G)		(9:45) *** "Straight Time" (1978, Crime Drama) Dustin Hoffman, Theresa Russell, Gary Busey. Has-sled L.A. parolee slips back into armed robbery. (G)					
*TLC	178	57	57	280	183	My 600-Lb. Life Shannon's Journey (PG) (G)				My 600-Lb. Life (N) (PG)				My Feet Are Killing Me (N) (PG) (G)		My Legs Won't Stop Growing (PG)	
*TNT	17	40	40	245	138	(5:00) *** "Ready Player One" (2018) Tye Sheridan, Olivia Cooke. A teen finds adventure in a virtual reality world in 2045. (DVS) (G)				All Elite Wrestling: Dynamite (N) '14' (G)				Go-Big Show '14' (G)		** "Clash of the Titans" (2010) Sam Worthington. (DVS) (G)	
*TOON	84			297	177	Teen Titans Go!	Teen Titans Go!	Teen Titans Go!	Teen Titans Go!	Bob's Burgers	Bob's Burgers	American Dad	American Dad	Rick and Morty	Rick and Morty	Family Guy '14'	Family Guy '14'
*TRAV	179	47	47	277	196	Mysteries of the Unknown (PG) (G)				Mysteries of the Unknown (N) (PG) (G)				Beyond the Unknown (N) (PG) (G)		Beyond the Unknown (PG) (G)	
TVLND	65	63	63	304	106	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Love-Raymond	Love-Raymond	Love-Raymond	Love-Raymond	Love-Raymond	Love-Raymond	King of Queens	King of Queens
USA	15	45	45	242	105	NCIS Trapped (PG) (G) (DVS)		NCIS Burden of Proof (PG) (G) '14'		WWE NXT (N) (PG) (G)				(10:08) *** "Colombiana" (2011) Zoe Saldana, Jordi Mollà. (DVS) (G)			
VH1	191	82	82	335	162	(4:30) *** "How Stella Got Her Groove Back" (1998)		** "Diary of a Mad Black Woman" (2005) Kimberly Elise, Steve Harris. (G) (G)						Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out
PREMIUM CABLE CHANNELS																	
FS1	35	35	35	219	150	To Be Announced				TBA							
FS2	34	324		618	397	To Be Announced											WWE Friday Night SmackDown (PG) (G)
FXM	104	225	120	258	384	Smurfs: Lost	(6:40) ** "Miss Peregrine's Home for Peculiar Children" 2016, Fantasy Eva Green. (PG-13) (G)						(9:20) *** "Smurfs: The Lost Village" 2017 (PG)				"What We Do in the Shadows" 'R
GOLF	28	34	34	218	401	Live From THE PLAYERS (G)											
HALL	66	60	60	312	185	(5:00) "Nature of Love" (2020) (G)		"The Convenient Groom" (2016, Romance) Vanessa Marcil. (G) (G)				"Taking a Shot at Love" (2021, Romance) Alexa PenaVega. (G) (G)				The Golden Girls	The Golden Girls
HBO	425	601	501	504	303	(5:55) *** "Antwone Fisher" 2002 Derek Luke. (PG-13) (G)				*** "Harriet" 2019, Biography Cynthia Erivo. (PG-13) (G)				(10:10) Beartown (MA)		(11:10) "X-Men: Dark Phoenix" (G)	
IFC	105			564	133	Scrubs (PG) (G)	Scrubs (PG) (G)	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men
MAX	400	621	508	516	311	(6:11) *** "Dead Again" 1991 Kenneth Branagh. (R) (G)				** "People Like Us" 2012, Drama Chris Pine. (PG-13) (G)				(9:55) * "This Means War" 2012 (PG-13) (G)		In Good Comp.	
NATGEO	157	77	77	276	186	To Catch a Smuggler '14' (G)		To Catch a Smuggler '14' (G)						Narco Wars: Inside the Cartel '14'		To Catch a Smuggler '14' (G)	
NBCSN	27	36	36	220	159	NHL Hockey	NHL Hockey Los Angeles Kings at Anaheim Ducks (N) (Live)							NHL Overtime	Race and Sports Across America	Mecum Top 10	Cycling 2021 Paris-Nice, Stage 4
NTOON	89	204	115	302	178	Odd Parents	Odd Parents	Odd Parents	Tooned In (G)	Alvin!!! and	Alvin!!! and	Casagrandes	Casagrandes	The Loud House	The Loud House	The Loud House	SpongeBob
OUTD	37	301	307	606	396	Shooting USA (PG)		Gun Stories	Shooting Gallery	Guns & Ammo	Amer. Rifleman	Shooting USA (PG)		Gun Stories	Shooting Gallery	Guns & Ammo	Amer. Rifleman
SHO	500			546	319	(5:30) *** "Top Gun" 1986 Tom Cruise. (PG) (G)				(7:25) *** "First Blood" 1982 Sylvester Stallone. (G)				Boxing Show: The Next Generation - Brandon Lee vs. Samuel Teah (N) (G)			
STARZ	300	631	408	526	361	(5:52) "After the Wedding" 2019 Julianne Moore. (PG-13) (G)				Men in Kilts	(8:21) ** "The Call" 2013 Halle Berry. (R) (G)			Men in Kilts		(10:32) ** "Men in Black: International" 2019 (G)	
STZENC	106	641	401	536	341	(5:30) ** "Into the Blue" 2005 Paul Walker. (PG-13)			(7:24) *** "Planes, Trains and Automobiles" 1987				** "What Lies Beneath" 2000 Harrison Ford. (PG-13) (G)				