

WEEKDAY AFTERNOON

ALSO IN HD; ADD 600 TO CHANNEL No.

MOVIES

SPORTS

KIDS

*In HD, these channels run three hours ahead. / Sports programming may vary. BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirectTV; D2-Dish Network

	BD	PM	L	D1	D2	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30						
PAC12	47	33	33	406	Th	Women's College Basketball			College Basketball			Pac-12 Football in 60											
					F	Pac-12 Men's Cross Country			Women's College Basketball Teams TBA			Pac-12 Women's Cross Country		Pac-12 Men's Cross Country		To Be Announced							
					M	Pac-12 Football in 60			Women's College Soccer Oregon at USC			College Basketball Oregon State at California		College Basketball Oregon State at Stanford									
					T	Women's College Gymnastics: Beavers at Bruins			Women's College Gymnastics			Pac-12 Football in 60		Pac-12 Football in 60		Pac-12 Football in 60							
PARMT	132	75	75	241	241	Th	Bar Rescue			Bar Rescue			To Be Announced										
						F				Mom			Mom		Mom		*** Coming to America 1988 Eddie Murphy, Arsenio Hall. (R)						
						M											*** Raiders of the Lost Ark 1981 Harrison Ford. (R)						
						T											Two/Half Men Two/Half Men Two/Half Men Two/Half Men						
SYFY	133	49	49	244	122	Th	(10:00) *** Noah 2014 (R)			* Oujia 2014, Horror Olivia Cooke, Daren Kagasoff. (DVS)			Jeepers Creepers 3 2017, Horror Jonathan Breck, Stan Shaw.		** Dracula Untold 2014								
						F	(11:31) Jeepers Creepers 3 2017 Jonathan Breck.			(:33) ** Priest 2011, Fantasy Paul Bettany, Karl Urban. (R)			** Limitless 2011 Bradley Cooper, Robert De Niro. (R)		John Wick 2014								
						M	(11:23) ** Tomb Raider 2018 Alicia Vikander, Dominic West. (R)			(1:56) * The Host 2013, Science Fiction Saoirse Ronan, Jake Abel, Max Irons. (R)			** The Foreigner 2017, Action Jackie Chan.										
						T	(10:00) The Host ** The Foreigner 2017, Action Jackie Chan, Pierce Brosnan. (DVS)			* The Legend of Hercules 2014 Kellan Lutz, Scott Adkins. (R)			(:03) ** Doom 2005 The Rock.										
TBN	205	61	61	372	260	Th	(11:05) The Legend of Hercules			(:09) ** Paul 2011, Comedy Simon Pegg, Nick Frost. (DVS)			(:10) ** Transformers: Revenge of the Fallen 2009, Action Shia LaBeouf, Megan Fox. (R)										
						F	The 700 Club			Hagee			Varied Programs		John Gray Potter's Touch		Varied Programs						
						M	Friends			Friends			Friends		Friends		American Dad		American Dad				
						T	Friends			Friends			Friends		Friends		American Dad		American Dad				
TCM	101	51	51	256	132	Th	(11:30) *** Adventure 1945 Clark Gable. (R)			(:45) ** Going Steady 1958 Molly Bee. (R)			(:15) ** Joy in the Morning 1965, Drama Richard Chamberlain.		**** Gone With the Wind								
						F	We Who Die ** Ladies They Talk About (R)			(:45) ** House of Women 1962 Shirley Knight. (R)			(:15) *** Brute Force 1947 Burt Lancaster, Hume Cronyn. (R)		**** The 39 Steps 1935 (R)								
						M	I Shot Jesse (:45) *** The Westerner 1940, Western Gary Cooper. (R)			**** Red River 1948, Western John Wayne, Montgomery Clift, Walter Brennan. (R)			*** Calamity Jane 1953 (R)										
						T	Male Animal *** Light in the Piazza 1962, Drama Olivia de Havilland. (R)			** Government Girl 1943 Olivia de Havilland, Sonny Tufts. (R)			MGM Parade		*** Anchors Aweigh 1945 (R)								
*TLC	178	57	57	280	183	Th	Gabriel Over *** The Half-Naked Truth (R)			(:45) ** What Every Woman Knows 1934 Helen Hayes. (R)			** Fifth Avenue Girl 1939 Ginger Rogers. (R)		*** Wise Blood 1979								
						F	Varied Programs																
						M	Supernatural			Supernatural			Varied Programs		Varied Programs								
						T	Supernatural			Varied Programs			Wrld, Gumball		Wrld, Gumball		Wrld, Gumball		Wrld, Gumball				
TVLND	65	63	63	304	106	Th	Gunsmoke			Gunsmoke			Gunsmoke		Gunsmoke		Andy Griffith		Andy Griffith				
						F											Andy Griffith		Andy Griffith				
						M											Andy Griffith		Andy Griffith				
						T											Andy Griffith		Andy Griffith				
USA	15	45	45	242	105	Th	Law & Order: Special Victims Unit			Law & Order: Special Victims Unit			Law & Order: Special Victims Unit		Law & Order: Special Victims Unit		Law & Order: Special Victims Unit		Law & Order: Special Victims Unit				
						F	Chicago P.D.			Chicago P.D.			Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		
						M	Law & Order: Special Victims Unit			Law & Order: Special Victims Unit			Law & Order: Special Victims Unit		Law & Order: Special Victims Unit		Law & Order: Special Victims Unit		Law & Order: Special Victims Unit		Law & Order: Special Victims Unit		
						T	NCIS			NCIS			NCIS		NCIS		NCIS		NCIS		NCIS		
VH1	191	82	82	335	162	Th	Sister, Sister			Sister, Sister			Sister, Sister		Sister, Sister		My Wife & Kids		My Wife & Kids				
						F	RuPaul's Drag			RuPaul's Drag Race			RuPaul's Drag Race		RuPaul's Drag Race		RuPaul's Drag Race		RuPaul's Drag Race		RuPaul's Drag Race		
						M	Sister, Sister			Sister, Sister			Sister, Sister		Sister, Sister		Living Single		Living Single		Living Single		
						T	Sister, Sister			Sister, Sister			Sister, Sister		Sister, Sister		Living Single		Living Single		Living Single		
GOLF	28	34	34	218	401	Th	(11:00) PGA Tour Golf Arnold Palmer Invitational, First Round From Bay Hill Club & Lodge in Orlando, Fla.			Golf Central			PGA Tour Golf Arnold Palmer Invitational, First Round (R)										
						F	(11:00) PGA Tour Golf Arnold Palmer Invitational, Second Round (N) (Live) (R)			PGA TOUR Classics			PGA TOUR Classics		PGA TOUR Classics			PGA TOUR Classics		PGA TOUR Classics			
						M	(9:00) PGA Tour Golf Arnold Palmer Invitational, Final Round (R)			PGA TOUR Classics			PGA TOUR Classics		PGA TOUR Classics		PGA TOUR Classics			PGA TOUR Classics			
						T	Live From THE PLAYERS			PGA TOUR Classics			PGA TOUR Classics		PGA TOUR Classics		PGA TOUR Classics			PGA TOUR Classics			
HALL	66	60	60	312	185	Th	(11:00) Movie			Movie			Movie		Movie		Movie						
						F																	
						M																	
						T																	
NATGEO	157	77	77	276	186	Th	Food Factory			Food Factory			Food Factory		Food Factory		Food Factory		Food Factory				
						F	Tiny House			Tiny House Nation			Tiny House Nation		Tiny House Nation		Tiny House Nation						
						M	Food Factory			Food Factory			Food Factory		Food Factory		Food Factory		Food Factory				
						T	Life Below Zero: Northern			Life Below Zero: Northern			Life Below Zero: Northern		Life Below Zero: Northern		Life Below Zero: Northern		Life Below Zero: Northern				
NBCSN	27	36	36	220	159	Th	Basketball			College Basketball			College Basketball		College Basketball		College Basketball						
						F	Basketball			College Basketball			College Basketball		College Basketball		College Basketball						
						M	Race and Sports Across America			American Ninja Warrior			American Ninja Warrior		American Ninja Warrior		Caffeine-Oct. Motorcycle Racing Monster Energy Supercross						
						T	(11:00) Mecum Auto Auctions			NHL Live			NHL Live		NHL Live		NHL Live						
OUTD	37	301	307	606	396	Th	Shooting USA			Nick's Wild Ride			Addicted, Out.		The Choice		Pat & Nicole		Fishing Gear				
						F	McMillan			Whitetail Freaks			Headhunters TV		The Fowl Life		Gun Dog TV		Fishing Gear				
						M	Lindsey Way			The One			Buckmasters		Whitetail Nation		Trev Gowdy		Spear Life		Wicked Tuna		
						T	Gun Stories			Guns & Ammo			Amer. Archer		Heartland Bow		Outdoors		Lee & Tiffany		Wicked Tuna		

whattheywatch



Elizabeth Tulloch of "Superman & Lois" on The CW

"We watch a lot of documentaries, to sort of observe human behavior. We've been watching 'The Vow,' and I recently watched 'The Dissident.'"



Cress Williams of "Black Lightning" on The CW

"We just finished the second season of 'American Gods,' getting ready for the third season that's coming out. Over the Christmas break, we caught up and completely watched the second season of 'The Mandalorian' and then just this weekend watched all of the behind-the-scenes of it, which was just phenomenal."



Daniela Ruah of "NCIS: Los Angeles" on CBS

"'Friends.' I've watched that every single day since I was in college, and I know everything about that show by heart. It's ridiculous."