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MUSIC & MORE AT LOCAL NIGHTSPOTS THIS WEEK

THURSDAY 2/25

Naturally 7 'Salute to Bend A Cappella Festival': The two-time festival headliners will perform virtually with personal stories, highlights and updates from festivals past; streaming through Feb. 27; \$20; Bend; go.evvnt.com/742898-1 or 541-317-0700.{/span}

Trampled By Turtles — **Live at First Avenue:** The bluegrass-folk-rock band's Minneapolis performance will be streamed; 6-8 p.m.; \$15; Bend; go.evvnt. com/742895-1 or 541-317-0700.

Chris Barborka Original Guitar Performance: A relaxing, melodic acoustic set with singer/songwriter and Austin transplant, Chris Barborka. Everything from intimate soulful ballads to fun, care-free originals and covers.; 6-6:30 p.m.; Deschutes Public Library, online; go.evvnt.com/727780-0 or 541-312-1063.

FRIDAY 2/26

High Desert Nights feat. Third Seven & Mari: The local cellist will perform original music with

The local cellist will perform original music with Mari outdoors; 5-7 p.m.; Bunk+Brew Historic Lucas House, 42 NW Hawthorne Ave., Bend; go.evvnt. com/742943-0 or 458-202-1090.

SATURDAY 2/27

Bringing Your Song to Life — Weekend Workshop: Peter Kartsounes leads the two-day virtual workshop on how to bring YOUR music to life

for others to experience; 10 a.m.-3 p.m. through Feb. 28; \$100; Sisters Folk Festival, online; eventbrite.com

An Evening with Third Seven: The cellist will perform original music; 4-6 p.m.; Silver Moon Brewing, 24 NW Greenwood Ave., Bend; go.evvnt. com/742433-0 or 541-388-8331.

Saturdays in the Yard with Manuel Bair: The artist will perform original music outdoors; 5-7 p.m.; Bunk+Brew Historic Lucas House, 42 NW Hawthorne Ave., Bend; go.evvnt.com/742941-0 or 458-202-1090.

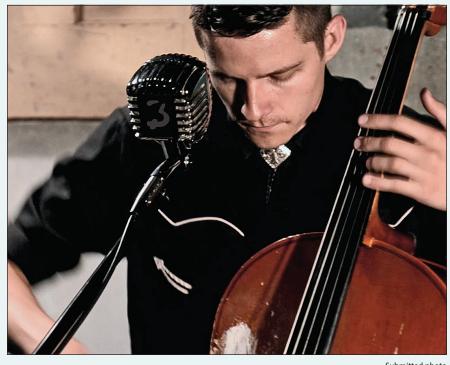
Star Bar Sessions with Eric Leadbetter and Shireen Amini: The local musicians will perform at the outdoor bar; 5:30-7:30 p.m.; Worthy Brewing Company, 495 NE Bellevue Drive, Bend; go.evvnt. com/742427-0 or 541-639-4776.

Jesse Meade: The Eugene-based singer-songwriter will perform outside. Reservations recommended; 6-8:30 p.m.; Sisters Depot, 250 W. Cascade Ave., Sisters; go.evvnt.com/742936-0 or 541-904-4660.

Virtual Vibes — **J. Meast and Black Currant:** The hip-hop artists will perform virtually; 6-8 p.m.; Bend; qo.evvnt.com/742468-0

WEDNESDAY 3/3

Star Bar Sessions with Eric Leadbetter and Aaron Moore: The local musicians will perform in the outdoor bar; 5:30-7:30 p.m.; Worthy Brewing Company, 495 NE Bellevue Drive, Bend; go.evvnt. com/742430-0 or 541-639-4776.



Submitted photo

Third Seven performs with Mari at 5 p.m. Friday at Bunk+Brew Historic Lucas House in Bend and at 4 p.m. Saturday for a solo show at Silver Moon Brewing in Bend.

SUNDAY 2/28

Mountainfilm on Tour: The program of outdoor adventure films will be available to watch from the comfort of your own home; stream through March 1; \$20; online; go.evvnt.com/742422-1 or 541-385-6908.

Orangetheory Fitness Run Club: A guided 3- to 5-mile hike with body weight workouts mixed in will be held every Tuesday, Thursday and Sunday. Free for members and nonmembers; 11:30 a.m.-12:30 p.m.; Orangetheory Fitness, 320 SW Powerhouse Drive, Bend; go.evvnt.com/742903-0 or 541-904-5123

Sunday Trivia in the Yard: The weekly trivia game held outside at the food cart will also

feature brunch options at four carts with mimosas, beer and warm beverages available as well; 12-2 p.m.; River's Place, 787 NE Purcell Blvd., Bend: go.evvnt.com/740455-0

MONDAY 3/1

Mountainfilm on Tour: The program of outdoor adventure films will be available to watch from the comfort of your own home; stream through March 1; \$20; online; go.evvnt.com/742422-1 or 541-385-6908.

Virtual Natural History Pub — Environmental Justice and the Movement to Diversify Public Lands: Since the turn of the 21st century, a movement has emerged to address racial and ethnic inequities in public lands access, recreational use and employment; 6-7 p.m.; registration required; High Desert Museum, online; go.evvnt. com/738690-1

TUESDAY 3/2

Electrify for Healthier Homes: Learn why switching from fossil gas, AKA natural gas, to electric is better for your health, wallet, and the environment. All who attend will get a chance to win a Bed Bath and Beyond gift card; 3-4:15 p.m.; online; go.evvnt. com/738526-0 or 561-329-7873.

Oregon Unemployment Insurance Overview: Legal Aid Services of Oregon lawyers explain the basics of Unemployment Insurance, who can get these benefits, and what to do if you're denied benefits; 5:30-7 p.m.; registration required; Deschutes Public Library, online; go.evvnt.com/739179-1 or 541-617-7089.

Tuesday Night Trivia: A weekly trivia night will be held out on the brewery's patio, weather permitting; 6-8 p.m.; Initiative Brewing, 424 NW Fifth St., Redmond; go.evvnt.com/740456-0 or 541-527-4380.

WEDNESDAY 3/3

Community Dance Break!: Take a break and dance in a way to move your body, connect with others, and have some fun; 12:30-12:40 p.m.; registration required; online; go.evvnt.com/742149-1 or 541-948-7015.

Current Fiction Book Club: Discussing "A

Traveler at the Gates of Wisdom" by John Boyne; 6-7 p.m.; Roundabout Books, online; go.evvnt.com/739529-0 or 541-306-6564.

Passion, Drive, Bravery — The Life of Jessi Combs: The Jessi Combs Foundation honors Jessi Combs by empowering women to defy stereotypes and take on new challenges; 6-7 p.m.; registration required; High Desert Museum, online; go.evvnt.com/738776-1

Know Wild — How to Really Help Injured and Orphaned Wildlife: The animal care team at Sunriver Nature Center & Observatory will share experiences from inside wildlife rehabilitation. The event will not be recorded; 6:30-7:30 p.m.; registration required; Deschutes Public Library, online; go.evvnt. com/742408-1 or 541-312-1063.



Heidi Olzon-Durlap Broker Associate LIC#201223768 406-539-5088 heidi@mountainlivingreg.com











www.mountainlivingreg.com









Tami McJaughlin

Loan Officer

NMLS#272540

O; 541-250-4095

NMLS#272540 O; 541-250-4095 C: 406-539-5938 F: 541-414-6627 tami.mclaughlin@wvbk.com wvbk.com/tami-mclaughlin

