

WEEKDAY AFTERNOON

ALSO IN HD; ADD 600 TO CHANNEL No.

MOVIES

SPORTS

KIDS

*In HD, these channels run three hours ahead. / Sports programming may vary.
BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirectTV; D2-Dish Network

	BD	PM	L	D1	D2	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30					
PAC12	47	33	33	406	Th	Women's College Basketball Oregon at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Volleyball Oregon State at Arizona	All-Access	Pac-12 Football in 60	College Basketball Colorado at Oregon State											
					F	College Basketball	Women's College Basketball Oregon State at UCLA	All-Access	Women's College Volleyball Oregon State at Arizona	Women's College Swimming	Basketball											
					M	Pac-12 Football in 60	Basketball Rep.	Basketball Rep.	Basketball Rep.	Basketball Rep.	College Basketball Oregon State at California	College Basketball Oregon State at Stanford										
					T	Women's College Gymnastics	Women's College Gymnastics: Beavers at Bruins	Women's College Gymnastics: Beavers at Bruins	Pac-12 Football in 60	Pac-12 Football in 60	Pac-12 Football in 60											
PARMT	132	75	75	241	241	Th	Bar Rescue	Bar Rescue	Mom	Mom	Mom	Mom	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men				
						F																
						M																
						T																
SYFY	133	49	49	244	122	Th	(10:54) ** 2012 2009 John Cusack. A global cataclysm nearly wipes out humanity.	(:27) ** Constantine 2005, Fantasy Keanu Reeves, Rachel Weisz.										*** The Fifth Element 1997				
						F	(10:29) Hancock *** Harry Potter and the Sorcerer's Stone 2001 Daniel Radcliffe. J.K. Rowling's student wizard has his first adventure.	(:02) *** Harry Potter and the Chamber of Secrets 2002														
						M	** The Strangers: Prey at Night (:02) ** Doom 2005 The Rock. Soldiers battle mutants at a research facility on Mars.	** Hunter Killer 2018, Action Gerard Butler, Gary Oldman, Common.														
						T	(11:02) ** The Purge 2013	(12:58) ** Hunter Killer 2018, Action Gerard Butler, Gary Oldman, Common.	** Gods of Egypt 2016, Fantasy Nikolaj Coster-Waldau, Brenton Thwaites.													
TBN	205	61	61	372	260	Th	The 700 Club	Hagee	Varied Programs					John Gray	Potter's Touch	Varied Programs						
						F																
						M																
						T																
*TBS	16	41	41	247	139	Th	Friends	Friends	Friends	Friends	Friends	Friends	Friends	American Dad	American Dad	American Dad	American Dad	American Dad				
						F																
						M																
						T																
TCM	101	51	51	256	132	Th	(10:45) **** The Red Shoes (:15) *** Brigadoon 1954 Gene Kelly, Van Johnson.	(:15) Dreams *** I Walked With a Zombie 1943 (DVS) **** The Palm Beach Story														
						F	Finger-Window (:45) ** The Strange Mr. Gregory 1946, Mystery ** The Mad Magician 1954 (:15) ** Two on a Guillotine 1965 Connie Stevens, Dean Jones.															
						M	(11:45) *** A Matter of Life and Death 1946 (:45) **** Around the World in 80 Days 1956 David Niven. Based on Jules Verne's novel about a globe-trotting Brit.	Romance on the High Seas 1948														
						T	Stric Unreliable Backs to Nature (:15) * Kelly the Second 1936 Patsy Kelly. ** Hips, Hips, Hooray 1934 (:45) * Smart Blonde 1936 Glenda Farrell.	** Thoroughbreds Don't Cry														
*TLC	178	57	57	280	183	Th	Varied Programs															
						F	Varied Programs															
						M																
						T																
*TOON	84	17	40	245	138	Th	Teen Titans Go!	Teen Titans Go!	Wrld, Gumball	Wrld, Gumball	Wrld, Gumball	Wrld, Gumball	Wrld, Gumball	Wrld, Gumball	Craig of Creek	Craig of Creek	Total Drama	Total Drama				
						F																
						M																
						T																
*TRAV	179	47	47	277	196	Th	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith				
						F																
						M																
						T																
USA	15	45	45	242	105	Th	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit				
						F	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.			
						M																
						T																
VH1	191	82	82	335	162	Th	Sister, Sister	Sister, Sister	Sister, Sister	Sister, Sister	My Wife & Kids	My Wife & Kids	My Wife & Kids	My Wife & Kids	My Wife & Kids	My Wife & Kids	** Rush Hour 2 2001					
						F					Sister, Sister	Sister, Sister	** Just Wright 2010, Romance-Comedy Queen Latifah, Common.									
						M					Living Single	Living Single	Living Single	Living Single	Living Single	Living Single	VH1 Family Reunion: Love					
						T					My Wife & Kids	My Wife & Kids	My Wife & Kids	My Wife & Kids	My Wife & Kids	** The Fast and the Furious: Tokyo Drift 2006						
GOLF	28	34	34	218	401	Th	(10:00) PGA Tour Golf WGC - Workday Championship at The Concession, First Round (N) (Live)	Golf Central	Golf Central	Golf Central	Golf Central	LPGA Tour Golf Gainbridge LPGA, First Round (N Same-day Tape)										
						F	(10:00) PGA Tour Golf WGC - Workday Championship at The Concession, Second Round (N) (Live)	Golf Central	Golf Central	Golf Central	LPGA Tour Golf Gainbridge LPGA, Second Round (N Same-day Tape)	PGA Champions										
						M	(11:00) Golf Today	The Open Highlights	PGA TOUR	PGA TOUR	School of Golf	Golf Academy	PGA Golf									
						T		PGA TOUR Classics			Playing Lessons	PGA TOUR	GOLF Films									
HALL	66	60	60	312	185	Th	(11:00) Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie	Movie				
						F																
						M																
						T																
NATGEO	157	77	77	276	186	Th	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Life Below Zero: Next Generation					
						F	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna					
						M	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory					
						T	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero					
NBCSN	27	36	36	220	159	Th	Engine Power	Carcass	Dale Jr. Download	Dale Jr. Download	Dale Jr. Download	Dale Jr. Download	Dale Jr. Download	Dale Jr. Download	Race and Sports Across America	American Ninja Warrior						
						F	(11:30) Gymnastics Nastia Liukin Cup Gymnastics From Indianapolis.	Return to Rio	Gymnastics USA Gymnastics Winter Cup: Men's Events (N)													
						M	(11:40) Premier League Soccer Teams TBA (N)	(:45) Premier League Goal Zone	Men in Blazers	Poker Central	Poker Central	Poker Central	Poker Central	Poker Central	Poker Central	Poker Central	Poker Central					
						T	American Ninja Warrior	American Ninja Warrior	American Ninja Warrior	American Ninja Warrior	American Ninja Warrior	American Ninja Warrior	American Ninja Warrior	American Ninja Warrior	American Ninja Warrior	American Ninja Warrior	American Ninja Warrior					
NTOON	89	204	115	302	178	Th	Shooting USA	Nick's Wild Ride	Addicted, Out.	The Choice	Pat & Nicole	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna				
						F	McMillan	Whitetail Freaks	Headhunters TV	The Fowl Life	Gun Dog TV	Viral Outdoors	Lindsey Way	Whitetail Freaks	Headhunters TV							
						M	Lindsey Way	The One	Buckmasters	Whitetail Nation	Trev Gowdy	Fishing Gear	Fishing Gear	Rubber Foot	Hollywood							
						T	Gun Stories	Guns & Ammo	Amer. Archer	Heartland Bow	Outdoors	Lee & Tiffany	Lee & Tiffany	WildFed	The Fishmonger	MeatEater	Wardens					

whattheywatch



Damson Idris of "Snowfall" on FX
"The Sopranos.' I really love 'Lupin,' which is on Netflix. It's this French spy thriller."



Ayelet Zurer of "Losing Alice" on Apple TV+
"I just finished 'The Last Kingdom' and I watched 'The Great.' And now I'm into 'Looping,' it's a French show."



Elisabeth Rohm, seen recently in "Girl in the Basement" on Lifetime
"I think I've gotten a little addicted to 'Outlander.' It's a good, sexy guilty pleasure."