

WEEKDAY MORNING

ALSO IN HD; ADD 600 TO CHANNEL No.

MOVIES

SPORTS

KIDS

*In HD, these channels run three hours ahead. / Sports programming may vary.
BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirectTV; D2-Dish Network

	BD	PM	L	D1	D2	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30							
PAC12	47	33	33	406	Th	Women's College Volleyball Oregon at USC	Women's College Volleyball Oregon at USC	Women's College Volleyball Oregon at USC	Women's College Volleyball Oregon State at Arizona	Women's College Volleyball Oregon State at Arizona	Women's College Volleyball Oregon State at Arizona	Women's College Basketball Oregon at UCLA	Women's College Basketball Oregon at UCLA	Women's College Basketball Oregon at UCLA	College Basketball Colorado at Oregon State	College Basketball Colorado at Oregon State	College Basketball Colorado at Oregon State	College Basketball Colorado at Oregon State						
					F	Basketball Rep.	Basketball Rep.	Basketball Rep.	Basketball Rep.	Basketball Rep.	Basketball Rep.	Basketball Rep.	Basketball Rep.	Basketball Rep.	Basketball Rep.	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA			
					M	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA	Women's College Basketball Oregon State at UCLA		
					T	Women's College Volleyball Oregon at USC	Women's College Volleyball Oregon at USC	Women's College Volleyball Oregon at USC	Women's College Volleyball Oregon State at Arizona	Women's College Volleyball Oregon State at Arizona	Women's College Volleyball Oregon State at Arizona	Women's College Volleyball Oregon State at Arizona	Women's College Volleyball Oregon State at Arizona	Women's College Volleyball Oregon State at Arizona	Women's College Volleyball Oregon State at Arizona	Women's College Volleyball Oregon State at Arizona	Women's College Volleyball Oregon State at Arizona	Women's College Volleyball Oregon State at Arizona	Women's College Volleyball Oregon State at Arizona	Women's College Volleyball Oregon State at Arizona	Women's College Volleyball Oregon State at Arizona	Women's College Volleyball Oregon State at Arizona		
PARMT	132	75	75	241	241	Th	Paid Program	Paid Program	Paid Program	Total Gym	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue						
						F	The PiYo Craze!	The PiYo Craze!	The PiYo Craze!	The PiYo Craze!	The PiYo Craze!	The PiYo Craze!	The PiYo Craze!	The PiYo Craze!	The PiYo Craze!	The PiYo Craze!	The PiYo Craze!	The PiYo Craze!	The PiYo Craze!	The PiYo Craze!	The PiYo Craze!			
						M	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	
						T	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	
SYFY	133	49	49	244	122	Th	Twilight Zone	* Legion 2010, Horror Paul Bettany, Lucas Black.	(:28) Z Nation	(:28) Z Nation	(:28) Z Nation	(:28) Z Nation	(:28) Z Nation	(:28) Z Nation	(:28) Z Nation	(:28) Z Nation	(:28) Z Nation	(:28) Z Nation	(:28) Z Nation					
						F	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone		
						M	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	
						T	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	Twilight Zone	
TBN	205	61	61	372	260	Th	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama					
						F	Creflo Dollar	Hagee	Joel Osteen	Jackson Mini	K. Copeland	Jentezen	Steven Furtick	Pastor Robert	Joyce Meyer	Better Together	James Robison	James Robison	James Robison	James Robison	James Robison	James Robison		
						M	Love-Raymond	George Lopez	George Lopez	George Lopez	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	
						T	Love-Raymond	George Lopez	George Lopez	George Lopez	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	
*TBS	16	41	41	247	139	Th	Love-Raymond	George Lopez	George Lopez	George Lopez	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls					
						F	Love-Raymond	George Lopez	George Lopez	George Lopez	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls		
						M	Love-Raymond	George Lopez	George Lopez	George Lopez	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	
						T	Love-Raymond	George Lopez	George Lopez	George Lopez	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	2 Broke Girls	
TCM	101	51	51	256	132	Th	(:15) *** Juliet of the Spirits 1965, Fantasy Giulietta Masina, Sandra Milo.	(:15) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:15) *** Magic Boy 1960, Hiroko Sakuramachi	(:15) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:15) *** Magic Boy 1960, Hiroko Sakuramachi	(:15) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:15) *** Magic Boy 1960, Hiroko Sakuramachi	(:15) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:15) *** Magic Boy 1960, Hiroko Sakuramachi	(:15) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:15) *** Magic Boy 1960, Hiroko Sakuramachi	(:15) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:15) *** Magic Boy 1960, Hiroko Sakuramachi					
						F	(:15) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:15) *** Magic Boy 1960, Hiroko Sakuramachi	(:15) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:15) *** Magic Boy 1960, Hiroko Sakuramachi	(:15) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:15) *** Magic Boy 1960, Hiroko Sakuramachi	(:15) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:15) *** Magic Boy 1960, Hiroko Sakuramachi	(:15) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:15) *** Magic Boy 1960, Hiroko Sakuramachi	(:15) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:15) *** Magic Boy 1960, Hiroko Sakuramachi	(:15) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:15) *** Magic Boy 1960, Hiroko Sakuramachi	(:15) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:15) *** Magic Boy 1960, Hiroko Sakuramachi	(:15) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	
						M	Toast-Orleans	(:45) ** Eye of the Devil 1967 Deborah Kerr, David Niven.	(:45) *** Tonight's the Night 1954 David Niven.	(:45) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:45) *** Magic Boy 1960, Hiroko Sakuramachi	(:45) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:45) *** Magic Boy 1960, Hiroko Sakuramachi	(:45) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:45) *** Magic Boy 1960, Hiroko Sakuramachi	(:45) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:45) *** Magic Boy 1960, Hiroko Sakuramachi	(:45) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:45) *** Magic Boy 1960, Hiroko Sakuramachi	(:45) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:45) *** Magic Boy 1960, Hiroko Sakuramachi	(:45) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.	(:45) *** Magic Boy 1960, Hiroko Sakuramachi	(:45) *** Theodora Goes Wild 1966, Hilda Doolittle, Hilda Doolittle.
						T	* Blondie of the Follies 1932 Marion Davies.	(:45) ** Goodbye Again 1933 Warren William.	** Make Me a Star 1932 Stuart Erwin.	** Make Me a Star 1932 Stuart Erwin.	** Make Me a Star 1932 Stuart Erwin.	** Make Me a Star 1932 Stuart Erwin.	** Make Me a Star 1932 Stuart Erwin.	** Make Me a Star 1932 Stuart Erwin.	** Make Me a Star 1932 Stuart Erwin.	** Make Me a Star 1932 Stuart Erwin.	** Make Me a Star 1932 Stuart Erwin.	** Make Me a Star 1932 Stuart Erwin.	** Make Me a Star 1932 Stuart Erwin.	** Make Me a Star 1932 Stuart Erwin.	** Make Me a Star 1932 Stuart Erwin.	** Make Me a Star 1932 Stuart Erwin.	** Make Me a Star 1932 Stuart Erwin.	
*TLC	178	57	57	280	183	Th	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered					
						F	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered		
						M	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered		
						T	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered	Outdaughered		
*TNT	17	40	40	245	138	Th	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed					
						F	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed			
						M	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed		
						T	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed	Charmed		
*TOON	84	47	47	277	196	Th	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball					
						F	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball			
						M	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball			
						T	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball	Wrd, Gumball			
*TRAV	179	47	47	277	196	Th	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program					
						F	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program			
						M	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program			
						T	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program				
TVLND	65	63	63	304	106	Th	Money	Money	Money	Money	Money	Money	Money	Money	Money	Money	Money	Money						
						F	Money	Money	Money	Money	Money	Money	Money	Money	Money	Money	Money	Money	Money					
						M	Money	Money	Money	Money	Money	Money	Money	Money	Money	Money	Money	Money						
						T	Money	Money	Money	Money	Money	Money	Money	Money	Money	Money	Money							
USA	15	45	45	242	105	Th	(:15) NCIS: Los Angeles	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS						
						F	(:15) NCIS: Los Angeles	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS						
						M	(:15) NCIS: Los Angeles	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS							
						T	(:15) NCIS: Los Angeles	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS	(:15) NCIS								
VH1	191	82	82	335	162	Th	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin						
						F	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin							
						M	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin								
						T	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin										
GOLF	28	34	34	218	401	Th	Golf Today	Golf Central	PGA Tour Golf Puerto Rico Open, First Round From Grand Reserve Country Club in Rio Grande, P.R. (N)	PGA Tour Golf Puerto Rico Open, Second Round From Grand Reserve Country Club in Rio Grande, P.R.	PGA Golf	PGA Golf	PGA Golf	PGA Golf	PGA Golf	PGA Golf	PGA Golf	PGA Golf						
						F	Golf Today	Golf Central	PGA Tour Golf Puerto Rico Open, First Round From Grand Reserve Country Club in Rio Grande, P.R. (N)	PGA Tour Golf Puerto Rico Open, Second Round From Grand Reserve Country Club in Rio Grande, P.R.	PGA Golf	PGA Golf	PGA Golf	PGA Golf	PGA Golf	PGA Golf	PGA Golf							
						M	(5:00) PGA Tour Golf WGC - Workday Championship at The Concession, Final Round	PGA Tour Golf Puerto Rico Open, Final Round	PGA Tour Golf Puerto Rico Open, Final Round	PGA Golf	PGA Golf	PGA Golf	PGA Golf	PGA Golf	PGA Golf	PGA Golf								
						T	PGA Champions	PGA TOUR	LPGA Tour Golf Gainbridge LPGA, Final Round	PGA Golf	PGA Golf	PGA Golf	PGA Golf	PGA Golf	PGA Golf									
HALL	66	60	60	312	185	Th	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba						
						F	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba								
						M	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba									
						T	Reba	Reba	Reba	Reba	Reba	Reba	Reba	Reba										
NATGEO	157	77	77	276	186	Th	The PiYo Craze!	Paint Zoom!	Emergency	Total Gym	Medicare	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory						
						F	Portable Oxygen	Paid Program	Transform fast	Clean Air	Paid Program	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna								
						M	Paid Program	Clean Air	Clean Air	Bravo XL	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero									
						T	Paid Program	Clean Air	Paid Program	Paid Program	Egypt Unwrapped	Egypt Unwrapped	Egypt Unwrapped	Egypt Unwrapped										
NBCSN	27	36	36	220	159	Th	Pro Football Talk	SKY Sports News	SKY Sports News	SKY Sports News	SKY Sports News	SKY Sports News	SKY Sports News	SKY Sports News	SKY Sports News	SKY Sports News	SKY Sports News	SKY Sports News						
						F	Pro Football Talk	SKY Sports News	SKY Sports News	SKY Sports News	SKY Sports News	SKY Sports News	SKY Sports News	SKY Sports News	SKY Sports News									
						M	Pro Football Talk	SKY Sports News	SKY Sports News	SKY Sports News	SKY Sports News	SKY Sports News	SKY Sports News	SKY Sports News										
						T	Pro Football Talk	SKY Sports News																