

# GO! listen live

## MUSIC & MORE AT LOCAL NIGHTSPOTS THIS WEEK

### THURSDAY 2/18

**The Junebugs Live to Your Home:** The Portland folk-rock jam band will perform virtually; 6-8 p.m.; Tower Theatre, online; go.evnt.com/740466-0 or 541-317-0700.

### FRIDAY 2/19

**High Desert Nights feat. Cheyenne West:** The local country singer will perform outdoors; 5-7 p.m.; Bunk+Brew Historic Lucas House, 42 NW Hawthorne Ave., Bend; go.evnt.com/740515-0 or 458-202-1090.

### SATURDAY 2/20

**An Evening with Shireen Amini:** The local singer-songwriter will perform; 4-6 p.m.; Silver Moon Brewing, 24 NW Greenwood Ave., Bend; go.evnt.com/740068-0 or 541-388-8331.

**Saturdays in the Yard with Bill Powers:** The singer-songwriter and multi-instrumentalist will perform outside; 5-7 p.m.; Bunk+Brew Historic Lucas House, 42 NW Hawthorne Ave., Bend; go.evnt.com/740512-0 or 458-202-1090.

**Star Bar Sessions with Eric Leadbetter and Derek Michael Marc:** The local musicians will perform at

the outdoor bar; 5:30-7:30 p.m.; Worthy Brewing Company, 495 NE Bellevue Drive, Bend; go.evnt.com/740065-0 or 541-639-4776.

**Eric Leadbetter:** The local rock artist will perform. Reservations recommended; 6-8:30 p.m.; Sisters Depot, 250 W. Cascade Ave., Sisters; go.evnt.com/740502-0 or 541-904-4660.

**Naturally 7 'Salute to Bend A Cappella Festival':** The two-time festival headliners will perform virtually with personal stories, highlights and updates from festivals past; 7-9 p.m.; \$20; Tower Theatre, online; go.evnt.com/740467-1 or 541-317-0700.

### SUNDAY 2/21

**John Shipe:** The Pacific Northwest Americana artist will perform. Reservations recommended; 4-6 p.m.; Sisters Depot, 250 W. Cascade Ave., Sisters; go.evnt.com/740501-0 or 541-904-4660.

### WEDNESDAY 2/24

**Star Bar Sessions with Eric Leadbetter and Joel Chadd:** The local musicians will perform at the outdoor bar; 5:30-7:30 p.m.; Worthy Brewing Company, 495 NE Bellevue Drive, Bend; go.evnt.com/740066-0 or 541-639-4776.



Submitted

Shireen Amini will perform 4-6 p.m. Saturday at Silver Moon Brewing in Bend.

**Orangetheory Fitness Run Club:** A guided 3- to 5-mile hike with body weight workouts mixed in will be held every Tuesday, Thursday and Sunday. Free for members and nonmembers; 11:30 a.m.-12:30 p.m.; Orangetheory Fitness, 320 SW Powerhouse Drive, Bend; go.evnt.com/738081-0 or 541-904-5123.

**Sunday Trivia in the Yard:** The weekly trivia game held outside at the food cart will also feature brunch options at four carts with mimosas, beer and warm beverages available as well; noon-2 p.m.; River's Place, 787 NE Purcell Blvd., Bend; go.evnt.com/740070-0

**Neuroscience of Prejudice — Racism and the Brain with Larry Sherman, Ph.D.:** Dr. Sherman will explore how our brains engage in prejudice, the consequences of prejudice and racism, and how understanding these processes suggest ways that we can overcome prejudice and racism; 4-5:30 p.m.; registration required; Central Oregon Community College, online; go.evnt.com/727349-1 or 541-383-7257.

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### MONDAY 2/22

**10 Warning Signs of Alzheimer's:** Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease and Alzheimer's Association; 3-4:30 p.m.; Alzheimer's Association, online; go.evnt.com/735608-0 or 541-230-9594.

### TUESDAY 2/23

**Orangetheory Fitness Run Club:** A guided 3- to 5-mile hike with body weight workouts mixed in will be held every Tuesday, Thursday and Sunday. Free for members and nonmembers; 11:30 a.m.-12:30 p.m.; Orangetheory Fitness, 320 SW Powerhouse Drive, Bend; go.evnt.com/738083-0 or 541-904-5123.

**Dr. Doug Luffborough:** Dr. Doug Luffborough (Dr. Luff) will discuss his life journey from homelessness to his education and career that brought him presidential attention; 12:30-1:30 p.m.; registration required; Central Oregon Community College, online; go.evnt.com/740495-1 or 541-383-7700.

**Community Solar — A path to solar for all:** Tune in to find out how you can support solar projects in OR and receive the savings on your utility bill. Spanish interpretation will be available; 5-6:30 p.m.; The Environmental Center, online; go.evnt.com/738508-0 or 541-385-6908.

**Tuesday Night Trivia:** A weekly trivia night will be held out on the brewery's patio, weather permitting; 6-8 p.m.; Initiative Brewing, 424 NW Fifth St., Redmond; go.evnt.com/740076-0 or 541-527-4380.

**Know Flow — Por Necesidad, Immigrant Experiences in Central Oregon:** Hear an

insightful conversation on immigration issues in Central Oregon and beyond; 6-7 p.m.; registration required; Deschutes Public Library, online; go.evnt.com/740053-1 or 541-312-1029.

**Beginning West Coast Swing:** Learn the basic steps of the swing style including the left and right side passes, sugar push, how to lead and follow and more. Limited to 10 people, registration required; 6:30-7:30 p.m.; \$10; The Space, 2570 NE Twin Knolls Drive, Bend; go.evnt.com/740510-0 or 541-401-1635.

### WEDNESDAY 2/24

**Private Book Sales:** Supporters of Literacy in Deschutes County has opened its 30,000 volume used book collection for private, individual sales upon request. Call or email literacyindeschutes@gmail.com to reserve a time; 9 a.m.-5 p.m.; registration required; Ponderosa Elementary School, 3790 NE

Purcell Blvd., Bend; go.evnt.com/733218-0 or 541-977-5341.

**Beginning Fly Tying Class:** Novice anglers can learn the basics of tying flies in this 2-hour class. Register at the fly shop; 6-8 p.m.; \$80; Confluence Fly Shop, 375 SW Powerhouse Drive, Bend; go.evnt.com/740470-0 or 541-678-5633.

**Rediscovered Reads Book Club:** Discussing "My Grandmother Asked Me to Tell You She's Sorry" by Fredrik; 6-7 p.m.; Roundabout Books, online; go.evnt.com/729173-0 or 541-306-6564.

**Author Event — Craig Romano, Bart Smith and William Sullivan:** The hiking guidebook authors will discuss their book "Hiking Trails of the Pacific Northwest"; 6:30-8 p.m.; registration required; Paulina Springs Books, online; go.evnt.com/740485-1 or 541-549-0866.



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