

SUNDAY AFTERNOON 2/21/21

ALSO IN HD; ADD 600 TO CHANNEL No.

MOVIES

SPORTS

KIDS

*In HD, these channels run three hours ahead. / Sports programming may vary.
BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirectTV; D2-Dish Network

BROADCAST/CABLE CHANNELS

	BD	PM	L	D1	D2	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
KATU (ABC)		2				NBA Countdown (N) (Live) [HD]	NBA Basketball Boston Celtics at New Orleans Pelicans from Smoothie King Center in New Orleans.	To Be Announced	Sea Rescue [G] (DVS)	Hearts of Heroes (N) (E) [G]	Rock the Park [G] (DVS)	KATU News at 5 (N) (Live) [HD]	ABC World News (N) (Live) [HD]				
KTVZ (NBC)	5	5	5	21	21	NHL Hockey Philadelphia Flyers vs Boston Bruins From Edgewood Tahoe Resort in Stateline, Nev. (N) (Live) [HD]	Outdoorsman/Buck McNeely	Paid Program [G]	Paid Program [G]	Paid Program [G]	Paid Program [G]	Family Feud [G]	NBC Nightly News - Holt				
KBNZ (CBS)	6	6	6	7	7	PGA Tour Golf The Genesis Invitational, Final Round (N) (Live) [G] [HD]	To Be Announced	CBS Weekend News (N) [HD]	Face the Nation (N) [HD]	Inside Edition Weekend [G]	CBS Weekend News (N) [HD]						
KOHD (ABC)	9	9	9	31	31	NBA Countdown (N) (Live) [HD]	NBA Basketball Boston Celtics at New Orleans Pelicans from Smoothie King Center in New Orleans.	Raw Travel (N) [G]	Real Green [G]	Judge Judy [G]	Judge Judy [G]	Greta Van Susteren	ABC World News				
KFXO (FOX)	10			33	33	NASCAR Cup Series NASCAR Cup Series Race at Daytona Road Course From Daytona International Speedway Road Course in Daytona	Paid Program [G]	Paid Program [G]	Paid Program [G]	RightThisMinute (N) [HD]	Funny You Should Ask [G]						
KPDZ (MNT)	13	13				Animal Rescue [G] (E) [G] [HD]	Dog Tales [G] (E) [G]	The Immortals	Paid Program [G]	Paid Program [G]	Paid Program [G]	We Have a Dream Inspirational and motivational African Americans.	2 Broke Girls [G] (14) [HD]	2 Broke Girls [G] (14) [HD]			
KOAB (PBS)	7	3	3	3	11	Jazz Dedicated to Chaos (1940-1945) Swing dominates wartime; early bebop. [G] (Part 7 of 10) [G] (DVS)	In Concert at the Hollywood Bowl [G] [HD]	Focus on Europe [G] [HD]	GZERO World With Ian Bre [G] [HD]	To the Contrary With Bonnie	Washington Week [G] [HD]	Firing Line With Margaret Hoover	PBS NewsHour Weekend (N) [HD]				
KGW (NBC)	3					NHL Hockey Philadelphia Flyers vs Boston Bruins From Edgewood Tahoe Resort in Stateline, Nev. (N) (Live) [HD]	Paid Program [G]	Paid Program [G]	Grant's Getaways	Laura McKenzie's Traveler [G]	KGW News at 5 (N) [HD]						
KTVZD2T (CV)	12	7	7	22	22	Paid Program [G]	Paid Program [G]	Made in Hollywood Now [G]	Paid Program [G]	** "Arthur Newman" (2012, Comedy-Drama) Colin Firth, Emily Blunt, Anne Heche. A man fakes his death and tries to reinvent himself. [HD]	black-ish Charity Case [G] (14)	black-ish Super Rich Kids [G]	The Goldbergs Agassi [G] (14)	The Goldbergs [G] (14)			
OPBPL	175					(11:00) American Masters [G] (14)	Rubenstein	Finding Your Roots With Henry	Seat-Table	To the Ends of the Earth: Birds	The Andes: Kingdoms of the Sky	Burt Wolf	Steves' Europe				

BASIC CABLE CHANNELS

*A&E	130	44	44	265	118	(11:30) Hoarders [G] (14) [HD]	I Survived a Crime [G] (14) [HD]	I Survived a Crime [G] (14) [HD]	Court Cam [G] (14) [HD]	Court Cam [G] (14) [HD]	** "Jack Reacher" (2012, Action) Tom Cruise, Rosamund Pike, Robert Duval. A former military investigator probes a sniper attack. [G] [HD]	"Jack Reacher: Never Go Back"					
*AMC	102	50	50	254	113	(11:00) *** "Cliffhanger" (1993, Action) Sylvester Stallone. [HD]	** "Bad Boys" (1995, Action) Martin Lawrence, Will Smith, Tea Leoni. Two Miami cops attempt to recover stolen police evidence. [HD]	** "12 Strong" (2018, War) Chris Hemsworth, Michael Shannon, Michael Peña. A U.S. Special Forces team battles the Taliban and al-Qaida. [HD]									
*ANPL	68	48	48	282	184	North Woods Law [G] (14)	Lone Star Law In Hot Water [G] (14)	Lone Star Law Bullets and Lies [G] (14)	Lone Star Law [G] (14)	Lone Star Law [G] (14)	Lone Star Law Stag Poaching [G] (14)						
BRAVO	137	58	58	237	129	The Real Housewives of Potomac	The Real Housewives of Potomac	The Real Housewives of Potomac	The Real Housewives of Potomac	The Real Housewives of Potomac	The Real Housewives of Potomac						
CMT	190	80	80	327	166	** "The Guardian" (2006) Kevin Costner. A Coast Guard trainer makes a swimming champ his protegee.	** "The Italian Job" (2003, Crime Drama) Mark Wahlberg, Charlize Theron. [HD]	** "Speed"									
CNBC	54	70	70	355	208	Shark Tank [G] (14) [HD]	Shark Tank [G] (14) [HD]	Shark Tank [G] (14) [HD]	Shark Tank [G] (14) [HD]	Shark Tank [G] (14) [HD]	Shark Tank [G] (14) [HD]						
CNN	55	67	67	202	200	CNN Newsroom	CNN Newsroom With Ana Cabrera	CNN Newsroom With Ana Cabrera	CNN Newsroom-Pamela Brown	CNN Newsroom-Pamela Brown	CNN Newsroom-Pamela Brown						
COM	135	73	73	249	107	The Office [G]	The Office [G] (14)	The Office [G]	The Office [G]	** "The Internship" (2013, Comedy) Vince Vaughn, Owen Wilson, Rose Byrne. [HD]	* "Identity Thief" (2013) Jason Bateman. [HD]						
COTV	11					The Dr. Nandi Show [G] [HD]	Paid Program [G]	Paid Program [G]	Paid Program [G]	Extreme Desire	Frontier Unlim.	Get Outdoors	Visions of NW	City Club of Central Oregon			
CSPAN	61	15	15	350	210	Washington This Week [HD]								Q & A [HD]			
*DIS	87	23	23	291	173	"Descendants 2" (2017) Dove Cameron, Cameron Boyce. [G] [HD]	Live and Maddie	Live and Maddie	Live and Maddie	Raven's Home	Raven's Home	Raven's Home	Raven's Home	Jessie [G] [HD]			
*DISC	156	43	43	278	182	Crikey! It's the Irwins [G] [HD]	Crikey! It's the Irwins [G] [HD]	Crikey! It's the Irwins [G] [HD]	Crikey! It's the Irwins [G] [HD]	Crikey! It's the Irwins [G] [HD]	Crikey! It's the Irwins [G] [HD]	Crikey! It's the Irwins [G] [HD]	Crikey! It's the Irwins [G] [HD]				
*E!	136			236	114	(11:15) ** "50 First Dates" (2004) Adam Sandler. [HD]	* "Coyote Ugly" (2000) Piper Perabo, Adam Garcia, Maria Bello. [HD]	(3:45) ** "50 First Dates" (2004) Adam Sandler, Drew Barrymore, Rob Schneider. [HD]									
ESPN	21	28	28	206	140	Women's College Basketball Kentucky at South Carolina (N) [Live]	ESPN Original Documentaries [HD]	NBA Countdown (N) (Live)	NBA Countdown (N) (Live)	NBA Countdown (N) (Live)	NBA Countdown (N) (Live)						
ESPN2	22	29	29	209	143	Women's College Basketball	Women's College Basketball Oregon State at UCLA (N) (Live)	Women's College Gymnastics LSU at Alabama	30 for 30								
ESPN3	23	30	30	614		(11:00) College Football [G]	College Football [G]	College Football [G]									
ESPN4	24	29	31	207	142	(11:00) 2021 Australian Open Tennis Men's Final From Melbourne Park in Melbourne, Australia. (N)	E60	X Games	X Games								
FNC	57	65	65	360	205	The Journal Editorial Report [HD]	America's News Headquarters (N)	The Greg Gutfeld Show [HD]	Fox Report with Jon Scott (N)	Fox News Sunday	Life, Liberty & Levin (N) [HD]						
*FOOD	177	56	56	231	110	Delicious Miss	Delicious Miss	The Kitchen [G] [HD]	Supermarket Stakeout [G] [HD]	Guy's Grocery Games [G] [HD]	Guy's Grocery Games [G] [HD]	Guy's Grocery Games [G] [HD]					
FREE	67	62	62	311	180	(11:20) ** "The Game Plan" (2007) Dwayne The Rock Johnson. [HD]	** "Wreck-It Ralph" (2012) Voices of John C. Reilly. [G] [HD]	(4:05) *** "Shrek" (2001, Children's) Voices of Mike Myers. [G] [HD]									
FX	131	46	46	248	136	(10:30) ** "Superfly" (2018) [HD]	** "X-Men: Days of Future Past" (2014) Hugh Jackman, X-Men and their earlier selves must alter a pivotal event. [G] [HD]	** "Venom" (2018, Action) Tom Hardy. [G] [HD]									
HGTV	176	55	55	229	112	Love It or List It [G] [HD]	Love It or List It [G] [HD]	Love It or List It [G] [HD]	Love It or List It [G] [HD]	Love It or List It [G] [HD]	Love It or List It [G] [HD]						
*HIST	155	76	76	269	120	Modern Marvels [G] [HD]	Modern Marvels [G] [HD]	Modern Marvels [G] [HD]	101 Gadgets That Changed the World [G] [HD]	Fast Foods that Changed World							
LIFE	138	59	59	252	108	"His Double Life" (2016) Emmanuelle Vaugier, Brian Krause. [G] [HD]	"The Long Island Serial Killer: A Mother's Hunt for Justice" (2021) [HD]	Rizzoli & Isles Over/Under [G] [HD]	Rizzoli & Isles [G] [HD]	Rizzoli & Isles [G] [HD]							
MSNBC	59	69	69	356	209	MSNBC Live-Yasmin V.	MSNBC Live-Yasmin V.	PoliticsNation (N) (Live) [G] [HD]	Voices-Alicia Menendez	Voices-Alicia Menendez	The Week With Joshua Johnson						
MTV	192	81	81	331	160	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness				
NICK	82	35	25	300	171	"Madagascar: Escape 2 Africa"	SpongeBob	SpongeBob	SpongeBob	SpongeBob	The Loud House	The Loud House	The Loud House	Casagrandes	Casagrandes	Casagrandes	
OWN	161	213		279	189	Super Soul Sunday [G] [HD]	Iyanla, Fix My Life [G] (14) [HD]	Iyanla, Fix My Life [G] (14) [HD]	Iyanla, Fix My Life [G] (14) [HD]	Iyanla, Fix My Life [G] (14) [HD]	Iyanla, Fix My Life [G] (14) [HD]	Iyanla, Fix My Life [G] (14) [HD]	Iyanla, Fix My Life [G] (14) [HD]				
PAC12	47	33	33	406		Basketball Rep.	Basketball Rep.	Basketball Rep.	Basketball Rep.	Women's College Gymnastics California at Oregon State (N) [HD]	Basketball Rep.	Basketball Rep.					
PARMT	132	75	75	241	241	*** "Raiders of the Lost Ark" (1981, Adventure) Harrison Ford, Karen Allen. [G] [HD]	*** "Indiana Jones and the Temple of Doom" (1984) Harrison Ford. [G] [HD]	"Indiana Jones-Last Crusade"									
SYFY	133	49	49	244	122	(11:55) * "Resident Evil: Afterlife" (2010, Horror) Milla Jovovich. [HD]	(1:57) ** "Blade" (1998, Horror) Wesley Snipes, Stephen Dorff, Kris Kristofferson. [HD]	(4:29) ** "Blade 2: Bloodhunt" (2002, Horror) [HD]									
TBN	205	61	61	372	260	Daniel Kolenda	Hagee Ministries	End of the Age	Power Change	Michael Youssef	Kerry Shook	Potter's Touch	Joyce Meyer	Pastor Robert	Joel Osteen [G]	Turning Point	
*TBS	16	41	41	247	139	(11:30) Wipeout [G] [HD]	** "Back to the Future" (1985, Comedy) Michael J. Fox, Christopher Lloyd, Crispin Glover. A boy travels through time to his parents' teenage years. [HD]	** "Back to the Future Part II" (1989, Comedy) Michael J. Fox, Christopher Lloyd, Lea Thompson. Marty's time traveling is threatened by a dangerous rival. [HD]	** "Back to the Future Part III" [HD]								
TCM	101	51	51	256	132	(12:15) *** "The Fortune Cookie" (1966, Comedy-Drama) Jack Lemmon, Walter Matthau, Ron Rich. A litigious brother-in-law urges an injured TV cameraman to sue. [HD]	** "The Remains of the Day" (1993, Drama) Anthony Hopkins, Emma Thompson, James Fox. A butler recalls his life at an English lord's estate. [HD]	** "Bombshell" (1933, Comedy) Jean Harlow, Lee Tracy. [HD]									
*TLC	178	57	57	280	183	Say Yes to the Dress [G] [HD]	My 600-Lb. Life Cindy's Story [G] [HD]	My 600-Lb. Life Melissa has isolated herself at home. [G] (14)	Sister Wives [G] [HD]								
*TNT	17	40	40	245	138	(9:00) "The Color Purple" (1985) [HD]	** "Malcolm X" (1992, Biography) Denzel Washington, Angela Bassett, Albert Hall. The civil-rights leader rises from criminal to crusader. [HD]	(4:45) ** "Ghosts of Mississippi" (1996, Historical Drama) Alec Baldwin, Whoopi Goldberg. [HD]									
*TOON	84			297	177	Wrld, Gumball	Wrld, Gumball	Wrld, Gumball	Wrld, Gumball	Wrld, Gumball	Wrld, Gumball	Victor-Valent.	Victor-Valent.	Teen Titans Go!	Teen Titans Go!	Teen Titans Go!	Teen Titans Go!
*TRAV	179	47	47	277	196	Terror in the Woods [G] (14) [HD]	Terror in the Woods [G] (14) [HD]	Terror in the Woods [G] (14) [HD]	Mountain Monsters The AIMS members flee the forest. [G] [HD]	Mountain Monsters [G] (14) [HD]							
TVLND	65	63	63	304	106	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	
USA	15	45	45	242	105	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit				
VH1	191	82	82	335	162	Living Single [G]	Living Single [G]	Living Single [G]	Living Single [G]	Living Single [G]	** "Boyz n the Hood" (1991, Drama) Larry Fishburne, Ice Cube. [G] [HD]	** "Blue Streak" (1999) [G] [HD]					

PREMIUM CABLE CHANNELS

FS1	35	35	35	219	150	Women's Soccer SheBelieves Cup -- United States vs Brazil (N) [HD]	College Basketball Penn State at Iowa (N) (Live) [HD]	College Basketball Butler at Xavier From Cintas Center in Cincinnati. (N)							
FS2	34	324		618	397	(11:00) Horse Racing America's Day at the Races (N) (Live) [G] [HD]	Women's Soccer SheBelieves Cup -- Argentina vs Canada (N) [HD]	Women's Soccer: SheBelieves Cup							
FXM	104	225	120	258	384	*** "Selma" 2014, Historical Drama David Oyelowo, Tom Wilkinson. [G] [HD]	(2:40) *** "Hidden Figures" 2016, Historical Drama Taraji P. Henson, Octavia Spencer. [G] [HD]	The Hate U Give							
GOLF	28	34	34	218	401	GOLF Films [G] [HD]	Tiger Woods - Chasing History [G] [HD]	Champion Golfer [G] [HD]	Golf Central (N) (Live) [G] [HD]	PGA Tour Golf The Genesis Invitational, Final Round					
HALL	66	60	60	312	185	(11:00) "Love, Once and Always" [HD]	"Playing Cupid" (2021) Laura Vandervoort, Nicholas Gonzalez. [G] [HD]	"Winter Love Story" (2019) Jen Lilley, Kevin McGarry. [G] [HD]	"Love Under the Stars" (2015) [G] [HD]						
HBO	425	601	501	504	303	Basket Art: In [G] [HD]	(12:35) *** "Lars and the Real Girl" 2007 Ryan Gosling. [G] [HD]	(2:25) *** "Dunkirk" 2017 Fionn Whitehead. [HD]	(4:15) ** "Irresistible" 2020, Comedy Steve Carell. [G] [HD]						
IFC	105			564	133	Sherman's Showcase [G] [HD]	** "Road Trip" 2000, Comedy Seann William Scott. [G] [HD]	** "Zoolander" 2001, Comedy Ben Stiller, Will Ferrell. [G] [HD]	** "Vacation" 2015 Ed Helms.						
MAX	400	621	508	516	311	* The Watch [G] [HD]	(12:29) "Killerman" 2019, Action Liam Hemsworth. [G] [HD]	(2:23) ** "Alita: Battle Angel" 2019 Rosa Salazar. [G] [HD]	(4:26) * "Vice" 2015 Bruce Willis. [G] [HD]						
NATGEO	157	77	77	276	186	Wicked Tuna Bluefin Shutdown [G] [HD]	Wicked Tuna Back to Business [G] (14)	Wicked Tuna Angry Waters [G] (14)	Wicked Tuna Pineapple Mafia [G] (14)	Wicked Tuna Crunch Time [G] (14)					
NBCSN	27	36	36	220	159	(11:30) College Basketball Teams TBA (N) [HD]	DRL Drone Racing [HD]	NHL Live (N) (Live) [HD]	NHL Hockey New York Rangers at Washington Capitals (N) (Live) [HD]						
NTOON	89	204	115	302	178	Kid Danger	Kid Danger	Henry Danger [G] [HD]	Henry Danger [G]	Henry Danger [G]	Henry Danger [G]	Henry Danger [G]	Henry Danger [G]	Danger Force [G]	Danger Force [G]
OUTD	37	301	307	606	396	MeatEater [G] (14)	A Fishing Story	Major League Fishing Cups Ten anglers compete on Belton Lake.	Fishing	Jim Shockey's Amer/Whitetail	Live 2 Hunt With Lee & Tiffany	Gregg Ritz			
SHO	500			546	319	(11:45) *** "Lethal Weapon" 1987 Mel Gibson. [HD]	(1:45) *** "Do the Right Thing" 1989 Danny Aiello. [G] [HD]	(3:45) *** "21 Bridges" 2019, Action Chadwick Boseman. [G] [HD]	(3:19) *** "Little Man" 2006 Shawn Wayans. [HD]	** "Jumanji: The Next Level"					
STARZ	300	631	408	526	361	(11:58) American Gods [G] [HD]	(12:51) *** "Kingdom of Heaven" 2005, Historical Drama Orlando Bloom. [G] [HD]	(3:15) *** "Men in Black II" 2002 Tommy Lee Jones. [G] [HD]	(4:47) *** "Starship Troopers"						
STZENC	106	641	401	536	341	(11:53) ** "Friday the 13th" 1980 Betsy Palmer. [G] [HD]	(1:31) ** "Lara Croft: Tomb Raider" 2001 [G] [HD]	(3:15) ** "Men in Black II" 2002 Tommy Lee Jones. [G] [HD]	(5:05) *** "Krisha" 2015 [G] [HD]						
TMC	525			554	329	(11:05) *** "First Cow" 2019 [HD]	(1:15) ** "Hollywoodland" 2020, Mystery Adrien Brody, Ben Affleck. [G] [HD]	** "Mojave" 2015 Oscar Isaac. [G] [HD]							
*WE	143	54	54	260	128	Law & Order House of Cards [G] (14)	Law & Order New York Minute [G] (14)	Law & Order Criminal Law [G] (14)	Law & Order Acid [G] (14) [HD]	Law & Order Bible Story [G] (14) [HD]	Law & Order Family Friend [G] (14)				