

DEAR ABBY

Write to Dear Abby online at dearabby.com or by mail at P.O. Box 69440, Los Angeles, CA 90069



Dear Abby: I met my wife when we were very young and into partying. We're now middle-aged and heading in different directions.

I focus on physical and mental well-being. I work out daily, eat healthy and maintain a positive attitude. She spends her free time lying around, drinking, smoking and constantly exposing herself to negativity through the internet. She's now on medication for depression and anxiety.

My attempts at discussion are mostly met with anger and defensiveness or are dismissed as "a bad time to talk." I feel we have reached a crossroads in our health. I want her to be as fit and healthy as possible so we can enjoy our golden years together. How do I get her to join me in a healthier lifestyle before it's too late?

— *Willing in Washington*

Dear Willing: Your wife may have reached a fork in the road of her life. If your description is accurate, you are living with a woman who is depressed, angry, defensive, anxious and self-destructive.

A way to get her to join you in a healthier lifestyle would be to convince her that her own path to wellness will begin with consulting a mental health professional before it is too late and the damage she is doing to herself becomes irreversible. When you do, make sure she knows you are saying it because you love her and want to enjoy a long and happy life with her — something that is clearly not happening for her right now. If she still refuses, then con-

tinue doing what you're doing, recognizing you cannot save someone who refuses to help herself.

Dear Abby: My best friend is retired and alone, as am I. She recently moved next door so we can help each other if needed.

Since COVID, we feel safe seeing each other because we never go out in public places and all our shopping is done with delivery or curbside pickup. She doesn't like to cook, but I love to, so most evenings she's invited to dinner. She comes over about four times a week and usually takes home the leftovers for the other nights.

What bothers me is I usually eat dinner at the same time, and I remind her of it each time I invite her, yet she's invariably late. At first it was just a minute or two, but it's getting later and later. Tonight I waited 20 minutes for her.

I time my dishes to the minute, and I like my food hot and not overcooked. I don't want to make a big deal out of this, but I'm becoming increasingly irritated. Any suggestions on how I can get the message across without jeopardizing our friendship?

— *Fresh Meals in the Midwest*

Dear Fresh: Your friend may be disorganized or just plain thoughtless. The next time you invite her, tell her that because you like your dinner hot — and not overcooked — you will start eating at the appointed time and no longer continue to wait for her. You don't have to be mean about it, just firm, and then follow through.

YESTERYEAR

Deschutes dogs must wear tags in 1946

Compiled by the Deschutes County Historical Society from the archived copies of *The Bulletin* at the Deschutes Historical Museum

100 YEARS AGO

For the week ending
Feb. 13, 1921

Rescue work established by council

Ending the fight which has been waged by the citizens of Bend almost since the beginning of the new administration, the city council, in regular session last night, yielded to the wishes expressed in petitions tabled at the previous meeting and unanimously passed, under an emergency clause, the ordinance for the establishment of a woman's protective division as an adjunct of city government. Mayor E.D. Gilson appointed Dr. Anna Ries Finley as head of the division and the appointment, together with his suggestion that her salary be set at \$75 a month, with no expenses allowed, was approved.

That the passage of the ordinance was a direct concession to the wishes of the people of Bend was indicated by Mayor Gilson in remarks directed to the council and to members of the Women's Civic league in attendance at the meeting. "I hope that this appointment may be satisfactory to the council, the citizens in general, and the members of the Civic league," he said. "The matter has been one of great concern to us."

Surveyor prepares new map of county

Data are being collected by R.B. Gould, county surveyor, for a new map of Deschutes county, which will be ready some time this spring. Railroads, railroad surveys, wagon roads and contemplated highways, as well as all towns and townsites in the county, will be shown on the new map.

Woman dry agent may visit Bend

Local liquor vendors sought a safe retreat today when the report was spread about that the mysterious woman prohibition agent who has been operating successfully in Portland, not under a name, but under the initial "D", is headed for Bend.

Traveler's brought the information that she had been seen in The Dalles and that she was known to be on her way here. City and county authorities questioned this morning professed ignorance of the proposed visit and opined that if "D" were intending to work in Bend she must be coming as a free lance.

No obsolete cannon are now available

No obsolete cannon are at present available for distribution, according to a letter written from the office of the chief of ordinance, received this morning by Charles W. Erskine, member of the American Legion committee which is endeavoring to secure a field piece for Bend. The letter points out that under the law of 1896. Requests for cannon which can no longer be used by the war department must come from a municipal corporation, a soldiers' monument association, or a G.A.R. Post.

It is added, however, that as soon as any cannon are available, the request of the Bend post will receive due consideration.

75 YEARS AGO

For the week ending
Feb. 13, 1946

Sale of roller rink announced

Announcement of the sale of the Roller rink, corner of Bond street and Franklin avenue, to Mr and Mrs Frank Grimes of Eugene, was made today through the offices of the Chamber of commerce. Having completed the purchase from Clair Fuller, Mr and Mrs Grimes have returned to Eugene, expecting to come back to Bend in about two weeks and make their home. Mr and Mrs Grimes said that they planned completely to renovate the rink and reopen it about March 1. They previously had operated the Midway Roller rink at Springfield junction, near Eugene.

The Bend Roller rink was built by Fuller when work was started on Camp Abbot in 1942, the skating pavilion being created in the former Eddie Williamson garage.

Post-war building project suddenly halted

Without consulting the city commission, sans the benefit of engineering and certainly without a building permit, a large scale building program was launched in Bend last night — and police were called to halt it.



Ryan Brennecke/The Bulletin file

Julia Foran, of Bend, watches as her dog Wesley explores along the Deschutes River while visiting the Riverbend Dog Park in January. In 1946, Deschutes County started requiring all dogs to wear state issued tags. At the time, Bend was estimated to have 500 dogs.

Apparently cognizant of the building fever in Bend, members of the transient fraternity commonly known as hoboes, had started the construction of a "jungle" home along the railroad right-of-way between the roundhouse and football park.

Thinking the procedure a bit strange and believing it might interfere with the smooth movement of trains, passers by notified officers. The police, who universally frowned upon such tenements, were quick to respond with an injunction order in the form of court instructions to "move on!"

Honey flows from tree in big stream

Honey flowed from a juniper tree in the Tumalo community this week. When flames swept through the E.A. Crawford home Wednesday, a nearby juniper bee tree caught fire, at the northwest corner of the building, and burned all Wednesday night and through Thursday. Honey in the tree melted and flowed out over the ground at the root, in a big stream. It was appetizing in appearance, but due to the smoke and ashes the honey was ruined. Cause of the fire that razed the ranch home has not been determined. Mr and Mrs Crawford were in Redmond at the time.

Deschutes dogs must wear tags

Dog owners of Deschutes county are now required to buy the new 1946 license tags for their pets, officials announced here today. All dogs in Bend, as well as Deschutes county, are required to wear the tags which are issued by the state.

The tags may be obtained at the county clerk's office, Bend police station and in the city hall, it was stated.

George Simerville, city recorder, estimated that there are approximately 500 dogs in Bend which must be licensed. He said that tags for male dogs cost \$1 and for females, \$1.50. Dogs found to be unlicensed by April 1 when the city's tie-up ordinance becomes effective, will be penalized 50 cents more for the tags. The dog tie-up remains in effect until July 31.

50 YEARS AGO

For the week ending
Feb. 13, 1971

Many to observe holiday

Federal, state, and county employes and a few other Oregon workers will have a three day weekend as the result of changing the date for the observance of Washington's birthday. But for the most part, it will be "business as usual" on the new birthday date Monday. This is the first year the Father of His Country will be honored on the third Monday in February, by Congressional dictum.

In Bend, both abstract companies will observe the holiday by closing shop, along with Oregon liquor stores and other state agencies, all federal bureaus and county courthouse. There will be no day off for City of Bend employes. Also remaining open will be banks, utilities companies, schools, retail merchants, most real estate and law offices and the Chamber of Commerce.

There will be no post office window service or mail delivery Monday, but post office doors will be open to allow post office box holders to get their mail.

Barber shops will observe their regular Monday closure, but not because of the holiday. In years when Washington's birthday occurred on a weekday other than Monday, local barbers were on the job.

February 15 is also observed as Washington-Lincoln Day in Ohio and Minnesota, as Presidents' Day in Hawaii, as Span-

ish War Memorial Day in Maine and as Susan B. Anthony Day.

Bend Mighty Mites win at Bachelor

The Bend Mighty Mite skiers finished first and second in all four in a cross country meet over the weekend at Mt. Bachelor.

In the nine-and-under races, Sarah Miller, Helen Miller and Suzy Ellis finished 1-2-3 in the girl's competition. Charlie Miller and Brian Wadsworth placed first and second in the boys' race, respectively.

Jeanne Wadsworth won the girls' 10-12 race, in 7:49.2, while Mary Miller, Mary Ann Ellis and Monica McClain followed in that order.

The boys' two-lap race was won by Harold Miller in 16:16.2, with Jeff Boulet second. Jeanne Wadsworth had the best single lap time in winner her race.

25 YEARS AGO

For the week ending
Feb. 13, 1996

Logs block to fish hatchery

A jumble of logs and branches still blocked the bridge to the Wizard Falls Fish Hatchery today after Wednesday's fast-melting snow pushed the normally calm Metolius River over its banks.

The river level this morning had dropped about five feet from its peak Wednesday, when it flowed about three of four feet over the Wizard Falls bridge, said Bill Tansley, fish hatchery manager.

"When I saw that, I presumed the bridge would go. But it must be a lot better bridge than I thought," Tansley said. "It virtually dammed the river when it came up."

Tansley said the flooding never threatened the fish hatchery. But it stranded him for a time Wednesday until U.S. Forest Service crews plowed eight miles of a back road to regain access to the hatchery, said Mark Foster, head of the Camp Sherman Search and Rescue team.

Foster said the high water washed out several Forest Service access roads in the Camp Sherman area but caused little house damage. At Lake Creek Lodge, water was up to the cabins but had not run into them. Residents were having some of the biggest problems with septic systems because of flooded drain fields, Foster said.

At the Camp Sherman Store, owner Mary Lora said she'd been flooded with calls from residents worried about their vacation homes. She said a small amount of water came into the store from rapid runoff, but it was quickly pumped out.

"I've lived here for 25 years and I've never seen it quite like this," Lora said. In Sisters, creeks threatened to overflow banks but never quite did, according to Fire Chief Don Mouser. He said all the bridges in the area held up under the strain of the high water. Crews were going out today to assess property damage. "But everything looks like it's in pretty good shape this morning," he said.

Probably the area's worst damage happened Wednesday from a mudslide at Suttle Lake, which took out a section of Highway 20. At Camp Davidson, a church camp at Suttle Lake, mud buried the shop building, most of a backhoe and a pickup truck. Mud also was about a foot thick in the manager's cabin and filled the swimming pool, Foster said.

Headlines: 'Bravehart', 'Apollo 13' Lead parade of Oscar nominees — Windows 95 virus found — Baltimore prepares to embrace a football team with no name — Uterine Cancer linked to estrogen therapy — PGE hatches plan to return salmon to High Desert

YOUR HOROSCOPE *By Madalyn Aslan*

Stars show the kind of day you'll have

★★★★★ DYNAMIC | ★★★★ POSITIVE | ★★★ AVERAGE | ★★ SO-SO | ★ DIFFICULT

HAPPY BIRTHDAY FOR MONDAY, FEB. 15, 2021: Curious, imaginative and sensitive, you make your unusual dreams and visions a reality. This year, by thinking creatively out of the box — and with more patience — you succeed tremendously. If single, you like to be free to roam, so this is not the year you become committed. If attached, affection is extremely important to you, and your partner needs to give this on a daily basis. LIBRA calms your chaos.

ARIES (March 21-April 19)

★★★★ The adventurer within you awakens. You're weary of the details of daily routine and long for expansion. Keep your cheerful outlook and be aware of how associates are affecting you. Cultivate positive companions. Tonight: It's your party and you'll cry if you want to.

TAURUS (April 20-May 20)

★★★★ Peace and quiet today help you find a sense of direction. You have ideas concerning future plans that others aren't receptive to just yet. Natural beauty in a wilderness setting helps you align your natural inner rhythms. Tonight: Examine new options and seek advice.

GEMINI (May 21-June 20)

★★★★ Favors are unexpectedly returned. Friends are sincere and supportive. You will be wise in your selection of long-range goals. Working on projects that have enduring quality brings satisfaction today; think longevity. Tonight: You will feel more grounded and secure.

CANCER (June 21-July 22)

★★★★ You're shown how important you are to professional associates as well as your loved ones. Return all emails and phone calls promptly. The appropriate responses you make now will make today a success. Tonight: Others are tempted to make plans for you.

LEO (July 23-Aug. 22)

★★★★ You can travel back to an old haunt. It's also a favorable time to reread a favorite book or to review language skills. Stories or poems with a profound message have considerable appeal. You'll feel more optimistic. Tonight: Interest in forming a new partnership.

VIRGO (Aug. 23-Sept. 22)

★★★ Today brings a mystery to light, and the financial situation is clarified through details a partner brings to your attention. Don't take advice verbatim, especially about business. A second opinion is a good idea. Tonight: Indulge in something only you want to do.

LIBRA (Sept. 23-Oct. 22)

★★★ You attract compliments and adoration from unlikely sources today. Be honest about your feelings if a romantic mood is exhibited by someone to whom you're not drawn. There could be some new developments at work to analyze. Tonight: Intimate date night.

SCORPIO (Oct. 23-Nov. 21)

★★★★ Turn daily duties into a competitive game to boost morale. Your energy and enthusiasm make you an inspiration to co-workers. Don't hesitate to take on a new responsibility. And make sure to get in some exercise today! Tonight: Delicious home-cooked meal.

SAGITTARIUS (Nov. 22-Dec. 21)

★★★★ Today helps you know yourself better and tap into your potential. Others are more loving and cooperative. You can share a good joke with someone you care for. Celebrate by reaching out and focusing on creative projects and hobbies. Tonight: Fun late night.

CAPRICORN (Dec. 22-Jan. 19)

★★★★ Entertain at home; plan a family activity. Elderly relatives may have entertaining information about genealogy and family traditions. It's a splendid time to redecorate and rearrange your home. Tonight: Everyone chips in with rearranging the house — with different varying results.

AQUARIUS (Jan. 20-Feb. 18)

★★★ Commuter travel or a short neighborhood trip brings a chance encounter or experience that serves to awaken new perspectives. You will be exposed to those who have a different philosophy of life than yours. Tonight: Ongoing emails and phone calls.

PISCES (Feb. 19-March 20)

★★★★ You are slightly distracted with your work today. You will long to make some new purchases, either to give as gifts or to add pleasure to recreation hours. Be sensible and study your budget before overextending though. Tonight: Balancing online retail therapy.

■ Looking for local events or want to add your own? Go to bendbulletin.com/events

■ Questions? Call 541-383-0304 or email go@bendbulletin.com.

Flooding

Continued from A1

The Willamette River saw the biggest bumps in flood severity in simulations, with 50 to 60% increases in 100-year flood scenarios. Parts of the Snake River could see a 40% increase in 10-year floods and a 60% increase in 100-year floods.

The season for flooding on the Snake, now primarily confined to the spring, could start as early as December or January.

The Columbia River Basin and much of the Northwest have seen frequent flooding historically. The Vanport flood in 1948 essentially wiped out one of Portland's largest African-American communities at the time. Floods on the Chehalis River in

Washington have forced the closure of Interstate 5 twice in the past 15 years. High water on the Willamette River in 1996 and 2019 caused millions in damages.

The simulations did not factor in flood mitigation efforts, like the extensive system of dams throughout the basin, but Mote said the changes are large enough that they would likely overwhelm any efforts to curb them.

"We don't know how much of this increased flood risk can be managed through mitigation measures until we study the issue further," he said. "But managing a 30% to 40% increase, as is predicted for many areas, is clearly beyond our management capabilities."

One of the primary drivers for the ex-

pected shift is the warming climate. As temperatures climb, precipitation is more likely to fall as rain rather than snow. With smaller snowpacks, rivers and streams will see higher flows earlier in the season. The snowpack in the upper part of the basin, in Canada, is not likely to see large changes in volume, but the snow there will melt faster, researchers found.

Mote said the obvious next step is to use the same simulations to model what will happen with the existing mitigation measures in place.

"This work provides information and impetus for the people who manage flood risk," he said. "We'll need to know how much of this can be mitigated by existing flood control."