*In HD, these channels run three hours ahead. / Sports programming may vary.

**In HD, these channels run three hours ahead. / Sports programming may vary.

**BD-Bend/Redmond/Sisters/Black Butte (Digital): PM-Prineville/Madras: L-La Pine: D1-DirecTV: D2-Dish Network

					NING 2/7	721	ALGO IN TID, AL	DD 600 TO CHANNEL N	MOVIES BROADCAST	SPORTS /CABLE (KIDS	DD DCIIQ	/Redmond/Sisters/Bia	ack Butte (Digital); I	PM-Prineville/Madras; l	-La Pine; D1-Direc I V	; D2-Dish Network
	BD	PM	L D	1 D2	6:00	6:30	7:00	7:30	8:00	8:3		9:00	9:30	10:00	10:30	11:00	11:30
ABC)		2			Good Morning Ame	erica (N) 🐽 🖾	KATU News This N	lorning Sunday (N)				Your Voice, Your	Sharyl Attkisson		George Stephanopou-	Paid Program 'G'	Paid Program 'G
ABC)	B	B	B 0	വത	Paid Program 'G'	Paid Program 'G'	Sunday Today With	Willie Geist (N)	Meet the Press (N)) <u>()</u> (C)		Vote © NHL Hockey Philad	 elnhia Flvers at Was	los (N) © chington Capitals Fro	om Capital One Arena	in Washington, D.C.	(N) A (Live) co
VBC)							O CC	TVIIIIC GCIST (IV)	meet the Fress (N	, ()		THE HOOKEY I IMAG	icipilia i lycio at mao	iningion Capitals i n	om oapital one Alena	iii vvaoriii giori, b.o.	(IV) W (LIVO) EE
	6	6	6 6	0	CBS News Sunday	Morning (N) 🙃 🖾		Face the Nation (N) 🕠 🚾	That Other		Road to the Super	Bowl (N) n @	Tony Goes to the	Super Bowl (N) n 🚾	The Super Bowl To	oday (N) 🐧 (Live)
CBS)		•	0 0		Outback Adven-	oh baby! o (EI)	Good Morning Am	erica (N) A m	This Wook With Go	game Show		Central Oregon Da	ily Weekend News	Journey Church	Sarvica	More Than the	Sports Stars of
ABC)	P	Ð			tures With Tim	'G'	Good Morning Am	criou (iv) vi 🖭	los (N) ©	orge otepric		(N) (Live)	my weekend news	ocumey onaron	OCIVIOC	Music 'G' 📼	Tomorrow (N)
(FXO FOX)	0		8	9 69	Paid Program 'G'	Paid Program 'G'	Xploration Awe-	Xploration Outer	Fox News Sunday					m Simon Skjodt Ass	sembly Hall in Bloom-	FOX College	College Basketl
		13	ത		Good Day Oregon	Sunday (NI)	some Planet	Space 'PG'		Hoops Tip-		ington, Ind. (N) o (L	With Chris Wallace	Daid Program 'G'	Whacked Out	Hoops Extra (N) DragonFlyTV O	Think Big It's in
KPDX MNT)						ounday (14)						(N) n 🖾	With Offins Wallace	Tula i rogium a	Sports o 'PG'	(EI) 'G' @	Air 'G' 🖾
KOAB	7	3	8 6	0 0		Elinor Wonders	Mister Rogers'	Let's Go Luna! 'Y'	Dinosaur Train 'Y'				Rick Steves' Eu-		Patagonian Chile. 0	NOVA Chemical rea	
PBS)		•			(DVS) KGW News at Suni	Why o (EI) 'Y'	Neighborhood	@ (DVS)	© (DVS) Meet the Press (N)	(DVS)		rope 'G'	rope 'G' ©	'PG' © (DVS)	om Capital One Arena	world. • 'PG' © (D'	
KGW NBC)		8				()			Weet the Fless (N) () [66]		WITE HOCKEY I IIIIa	icipilia i lycis al vvas	iningion Capitais i it	oni Capitai One Alena	iii vvasiiiigioii, b.c.	(IV) VV (LIVE) LES
VZDT2	DT2 (2) (7) (2) (2)			120	Peter Popoff Min-	Paid Program 'G'	Paid Program 'G'	In Search	Tomorrow's World					Catholic Mass 'PG' Manna-Fest With		Bend First Presbyterian-A Spacious	
(CW) OPBPL 175				\rightarrow	istries Euromaxx 'G'	In Good Shape	America-World	Start Up o 'G'	Weekend-Yank	suing genui George Hir		ance. G Genius by Stepher	'PG'	Legacy List With	Perry Stone 'G'	Christianity American Masters	Δ 'DG'
PDPL	1/5				Euromaxx G	ili Good Shape	America-world	Start op 17 G	BASIC CA			<u> </u>	i nawking () G	Legacy List With	Mall Paxion G	American wasters	() FG
A 0 F	100	44	44 00			Paid Program	Hoarders Linda & F	Kerry A hoarder pre-	Hoarders Animal c				Ann A hoarder's	Hoarders Lonnie	& Linda A hoarder fac-	Hoarders Rodents	force a woman to
A&E	130	44	44 26			o 'G'	pares for the end of		hoarders. o 'PG'			partner has had en		es potential bankr		outdoors. • 'PG' @	
AMC	102	50	50 25			r" (2013, Drama) San ded in deep space.		Clooney. Two astro-	(8:15) ★★★ "The Da	ark Knight Ri	ises" (201	2, Action) Christian	Bale, Anne Hathawa	y, Tom Hardy. Batm	an faces a masked vill	ain named Bane. 🖾	
ANPL	68	48	48 28		American Groom-A		Puppy Bowl XVII F	resents	Puppy Bowl XVII F	Presents		Puppy Bowl XVII F	resents: Cutest	Puppy Bowl XVII	: Pre-Game Show	Puppy Bowl XVII (N) 'G'
	-	_	_	\rightarrow	The Real Housewiv		The Real Housewi	ves of Atlanta	The Real Housewi			The Real Housewi		The Real Housev		The Real Housewi	
CMT					CMT Music () 'PG'		CMT Music () 'PG'		CMT Music () 'PG'			Hot 20 Countdown					
CNBC					Paid Program 'G'		Cooking with Eme		Paid Program 'G'			Emeril	Paid Program 'G'	Paid Program 'G'		Easy Indoor	Paid Program (
CNN					State-Union-Jake T		Fareed Zakaria GP Parks/Recreat	Parks/Recreat	Reliable Sources v	(8:35) The		State-Union-Jake 1	apper (9:45) The Office C	Fareed Zakaria G	The Office 'PG'	CNN Newsroom The Office 'PG'	The Office 'PG'
COTV	11	13	13 24	\rightarrow	Paid Program 'G' (5:30) City Club of		Desert	Paid Program 'G'	Extreme Desire	Frontier Un		Oregon Daily Weel	1,	Journey Church		Coffee With	Real Green 'G'
	_	15	15 35	$\overline{}$	(4:00) Washington		Washington This V		Extreme Desire	Trontici or		oregon bany weer	terra riews	ocurricy critaron	OCIVIOC	Conce With	ricui diccii d
*DIS	_	$\overline{}$	_	\rightarrow	· / •	Big City Greens	Ladybug & Cat	,	Big City Greens	Big City Gr	reens	Big City Greens	Big City Greens	Ladybug & Cat	Ladybug & Cat	Secrets-Sulphur	Secrets-Sulphu
	-	-				Destroy-Second	The Fish Guyz	Operation	Saltwater Fish	Sportsman			and Rotator square			BattleBots Hit the	
*E!	136	-	_	\rightarrow	Sex and the City	<u> </u>	Sex and the City	<u> </u>	Sex and the City	Sex and th	e City	Sex and the City	Sex and the City	Sex and the City	Sex and the City	*** "Knocked Up	, ,
ESPN					SportsCenter (N) (I Super Bowl	NFL's Greatest	NFL's Greatest Ga	ountdown (N) (Live)	Daily Wager (N) (L	ivo)	- 1	Momon's College	Basketball South Flo	orido at LICE (NI) (Li	1/0/	Women's College Women's College	
SPN2 SPNC			30 61		(5:00) College Foot			rom Nov. 23, 1996. 'G	, , , ,	ive)			rom Nov. 24, 1984. 'G		ve)	College Football (
					UFC Reloaded	than o	Conogo i Cottani i	01111101.20, 1000. 0	<u>'</u>				lumni Cornhole Inv			Johnsonville ACL	
FNC					(3:00) FOX and Frie	ends Sunday (N)	Sunday Morning F	utures	MediaBuzz (N) (Liv	/e) ©		America's News H		America's News	Headquarters (N)	Fox News Sunday	
FOOD	177	56	56 23	1 110	Paid Program 'G'	Paid Program 'G'	Trisha's Sou.	Trisha's Sou.	Valerie Home	Valerie Hor	-	Pioneer Wo.	Pioneer Wo.	Pioneer Wo.	Pioneer Wo.	Girl Meets Farm	Girl Meets Farm
FREE	_	-	_	_	Bravo XL			rland" (2010, Childre				· ,	a" (1996) Mara Wilso			(11:15) "The Hunge	
FX					Emeril Pasta		Mike & Molly ()	Mike & Molly o	Mike & Molly ()	Mike & Mol	,	Mike & Molly () Good Bones 'G'	Mike & Molly O	** "The Greatest	Showman" (2017, Mus	Good Bones 'G'	
HGTV HIST						Paid Program 'G' Coin Collecting	Good Bones 'G' Counting Cars	Counting Cars	Good Bones 'G' Counting Cars	Counting C		To Be Announced			The most powerful ma		
						Paid Program 'G'	Michael Youssef	Truths That	Amazing Facts	David Jere			Paid Program 'G'		h the Enemy" (1991, S		
					Velshi (N) (Live) 🖾			With Jonathan Cap				Weekends With Ale		Weekends With A	, , ,	Weekends With Al	
MTV						Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculous			Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness
NICK	82	35	25 30	0 171		Full House 'G'	Unfiltered	The Substitute	Power Rangers	SpongeBol			hildren's) Voices of A		0	ТВА	SpongeBob
					Dr. Phil n 'PG' @		Dr. Phil n '14' @	Packethall Dan	Dr. Phil o 'PG' @	Dookethall	_	Dr. Phil 🏠 '14' 🖾	Backethall Ban	Dr. Phil 6 '14' ©	Waman'a Callaga	Super Soul Sunda	
AC12	-	-	-	$\overline{}$				Basketball Rep. Paid Program 'G'	Basketball Rep. Bar Rescue o 'PG	Basketball		Bar Rescue Chase		Bar Rescue () 'P(Women's College	Bar Rescue o 'PG	
	-	-	_	\rightarrow			U-Box containers	r aid i rogiain G	Twilight Zone						possesses a miraculou		[69]
	_	_	_	$\overline{}$		Turning Point	Dr. Jeffress	Winning Walk	Joseph Prince	Ron Carpe	nter	Jackson Mini	In Touch	PowerPoint	It is Written	Ed Young TV	F. Mazzapica
*TBS	16	41	41 24	7 139	George Lopez () 'PG' @	George Lopez o		Everybody Loves							e Wipeout The Door		** "Overboard"
	\vdash		-	$\overline{}$		'PG' Iv Speaking" (1945)	'PG' © ★★ "The Killer That	Raymond Stalked New York" (1	Smelly Car 'PG'	0 'PG'		bonding 'PG' Re" (1942, Comer	contestants take big		Shape Shifter. • 'Perigning Woman' (1957,		(2018) eck Tauren Bacall
TCM	101	51	51 25	6 132	Rosalind Russell.) opeaning (1945)	Keyes, Charles Kor	/in. @	000, Diamaj Evelyn	Jack Benny	, Robert S	Stack. @	y, Garole Lollibaid,		and a sportswriter mari		oon, Lauren Daval
*TLC	178	57	57 28		0 1/ 1 11 0	(001-	0 1/ 1 11 0	(DO! —	Say Yes to the Dre	ss 'PG' 📼		Say Yes to the Dre		Say Yes to the Dr	ess 'PG' 🖾	Say Yes to the Dre	
*TNT	17	40	40 24	5 138	NCIS: New Orleans	ss 'PG' @ Pride faces a grand 4'	NCIS: New Orleans	Pride's teams un-	NCIS: New Orleans						" (2013, Action) Henry		oung Clark Kent
TOON					J J	Bakugan: Arm.	cover a sinister plot Teen Titans Go!		personal for Pride. • Teen Titans Go!			dies of bubonic plac Teen Titans Go!	<u> </u>	Craig of Creek	he loves from a dire t	Craig of Creek	Craig of Creek
		47	_	\rightarrow		•	Paranormal Caugh		Paranormal Caugh	1		Paranormal Caugh		Paranormal Cauc		Paranormal Caugh	
	65	63	63 30	4 106	Old Christine	Old Christine	New Adventures o						The Golden Girls		(10:45) The Golder		The Golden Girl
USA					NCIS: Los Angeles		Paid Program 'G'		In Touch	Joel Ostee		The Rev 'PG'	Chrisley Knows		ecial Victims Unit	Law & Order: Spec	
VH1	191	82	82 33	5 162	Martin 'PG'	Martin 'PG'	Martin 6 'PG'	Martin 6 'PG'	Martin o 'PG'	Martin o 'P		Martin o 'PG'	Martin o 'PG'	Martin o 'PG'	Martin o 'PG'	Martin o 'PG'	Martin () 'PG'
FS1	2F	25	2E 04	0 150	Bassmaster Fishin	a Flite Series	(6:55) EIEA Club W	orld Cup Soccer 5th	PREMIUM C				Basketball Teams TE	BA (NI) (Livo) 55		Bowling	
FS2	_	324	_	$\overline{}$	College Basketball	<u> </u>	` '	g Elite Series 'PG'		5 IDA (IV)		Bassmaster Fishir			Cup Soccer First Sem		(N) rcci
	_	-	_	$\overline{}$		*** "Francis of Ass				(8:20) ***		c" 1974 Jon Voight.			Man From Snowy Riv		· /
GOLF	28	34	34 21	8 401	PGA Golf		Golf Today (N) (Liv	e) cc				Golf Central Prega	me (N) 'G' 📼	, ,	aste Management Pho		
	-	_	_	\rightarrow		The Golden Girls				· /		·			sland" (2020) Morgan	· · · · · · · · · · · · · · · · · · ·	
	-	-	_	\rightarrow				rpion King" 2002 The		, ,			004 Vin Diesel. 'PG-	_	(10:45) *** "The E		
IFC	105	-	_	\rightarrow					3's Company	3's Compa			3's Company	3's Company		equel" 1996 Shelley	
					(5:28) ** "Bloodsp Paid Program 'G'		Kill 99 of Viruses	1991, Drama Jason	Patric, Sam Elliott. () Paid Program 'G'			(9:05) ★ <i>★ "A Walk P</i> To Catch a Smugg	mong the Tombstone Ier 'PG' ₪	To Catch a Smug		★ "New Year's Eve" To Catch a Smugg	
	-	-	-	$\overline{}$		gue Soccer Teams T		DIUTO AL	Premier League			ue Soccer Teams 1		Jacon a Sinuy	Premier League G		Caffeine-Oct.
						7	Teenage Mut.	Teenage Mut.	Teenage Mut.	Teenage M		Teenage Mut.	Teenage Mut.	Danger Force o		Unfiltered	The Substitute
	_	-	307 60	6 396	Zona's Show	Fishing Edge	Hank Parker	Bill Dance	Facts of Fishing	Lake		The Choice	Addicted, Out.	American Archer	Buckmasters 'G'	Whitetail Nation	Wardens
	500					(6:25) * "The Turnin	<u> </u>		Inside the NFL o '				06, Crime Drama Co			(11:15) *** "Air Fo	
TARZ						(6:20) ★ "The Anima			(7:46) * "All About				1, , ,		Maguire. () 'PG-13' ©	HI (5-5-	American Gods
	1706	641	401 53	6 341		of the Game" 1999			(8:01) *** "White ** "Honey" 2003				(9:35) ★★★ "Obviou		llet" 1975, Western Ge	1	
	525		EF	A sool	Best Enemies	(6:25) ** "Poms" 2	(110 I)iona Kaatan "									★★ "Madea's Famil	