

THURSDAY EVENING 1/21/21

ALSO IN HD; ADD 600 TO CHANNEL No.

MOVIES

SPORTS

KIDS

*In HD, these channels run three hours ahead. / Sports programming may vary.
BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirectTV; D2-Dish Network

BROADCAST/CABLE CHANNELS																	
BD	PM	L	D1	D2	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
KATU (ABC)	2				KATU News at 6 (N) (Live) (G)		Jeopardy! (N) (G)	Wheel of Fortune (N) (G)	Celebrity Wheel of Fortune (N) (PG) (DVS)	The Chase Three new contestants compete. (N) (PG) (DVS)	The Hustler Five new contestants play the game. (N) (PG)		KATU News at 11 (N) (G)		(11:35) Jimmy Kimmel Live! '14'		
KTVZ (NBC)	5	5	21	21	NewsChannel 21 at 6 (N) (G)	NewsChannel 21 at 6:30 (N) (G)	NewsChannel 21 at 7 (N) (G)	Family Feud (PG)	Mr. Mayor The Sac (N) (PG)	Superstore Biscuit (N) (PG)	Law & Order: Special Victims Unit The Long Arm of the Witness '14'	Dateline NBC (N) (G)	NewsChannel 21 at 11 (N) (G)		Tonight Show-J. Fallon		
KBNZ (CBS)	6	6	7	7	Cent OR Daily News at 6pm	Central Oregon Daily News	Central Oregon Daily News	Central Oregon Daily News	Young Sheldon (N) (PG)	(8:31) B Positive (N) (PG)	(9:01) Mom (N) (PG)	The Unicorn The First Supper PG	Star Trek: Discovery Lorca plans a coup against the emperor. (N) '14'	Oregon Daily News at 11pm	Late Show-Colbert		
KOHD (ABC)	9	9	9	9	Inside Edition (N) (PG)	ABC World News	Jeopardy! (N) (PG)	Wheel of Fortune (N) (G)	Celebrity Wheel of Fortune (N) (PG) (DVS)	The Chase Three new contestants compete. (N) (PG) (DVS)	The Hustler Five new contestants play the game. (N) (PG)		Oregon Daily News at 11pm		(11:35) Jimmy Kimmel Live! '14'		
KFXO (FOX)	10		69	69	Modern Family (PG)	The King of Queens (PG)	The Big Bang Theory (PG)	The Big Bang Theory (PG)	Hell's Kitchen Hell Caesar! The chefs prepare Caesar salad. (N) '14'	Call Me Kat Therapy (N) '14'	Last Man Standing (N) (PG)	News Channel 21 First on FOX (N) (G)	TMZ (N) (PG)		Two and a Half Men '14'		
KPDQ (MNT)	19	19			Family Feud (PG)	Family Feud (PG)	The Big Bang Theory (PG)	The Big Bang Theory (PG)	8 O'Clock News (N)	9 O'Clock News (N)		The Big Bang Theory (PG)	The Simpsons (PG)	Family Guy '14' (DVS)	Family Guy Barely Legal '14'		
KOAB (PBS)	7	3	3	3	Outside With Greg Aiello 'G'	BBC World News Outside	PBS NewsHour (N) (G)		Oregon Art Beat (G)	Oregon Field Guide 'G'	The Victim '14' (G)	Modus Slina makes a dangerous decision. (N) '14' (G)	The Durrells in Corfu on Masterpiece Gerry's 13th birthday. (N) '14'				
KGW (NBC)	8				KGW News at 6 (N) (G)	KGW News at 6:30 (N) (G)	The Good Stuff (N) (G)	Inside Edition (N) (PG)	Mr. Mayor The Sac (N) (PG)	Superstore Biscuit (N) (PG)	Law & Order: Special Victims Unit The Long Arm of the Witness '14'	Dateline NBC (N) (G)	KGW News at 11 (N) (G)		Tonight Show-J. Fallon		
KTVZD2T (CV)	12	7	7	12	Bob's Burgers (PG)	Bob's Burgers (PG)	Family Guy '14' (DVS)	Family Guy Barely Legal '14'	Walker Pilot Cordell Walker returns home. (N) (PG)	Legacies We're Not Worthy A medieval monster arrives. (N) (PG)	Seinfeld The Shoes (PG)	Seinfeld The Money (PG)	Schitt's Creek (PG)		Schitt's Creek Allez Vous '14'		
OPBPL	175				Milk Street	My Greek Table	Genius by Stephen Hawking (G)		Tide (G)		To Catch a Comet (G)	Amanpour and Company (N) (G)	Global 3000 'G'		Articulate-Jim		
BASIC CABLE CHANNELS																	
*A&E	130	44	44	265	118	The First 48 Birthday Girl Gunmen open fire at a birthday party. '14'	The First 48 Young thugs terrorize a neighborhood. (PG)	The First 48 Presents Critical Minutes In Broad Daylight (N) (PG)	The First 48 A mother of five is killed. (N) (PG)	(10:01) Killer Cases Shirley Carter is found murdered. (N) '14'	(11:04) The First 48 An innocent bystander is gunned down. '14'						
*AMC	102	50	50	254	113	(5:30) *** "Twister" (1996, Action) Helen Hunt, Bill Paxton, Cary Elwes. Storm chasers race to test a new tornado-monitoring device. (G)	*** "Unstoppable" (2010, Action) Denzel Washington, Chris Pine. Two men try to stop a runaway train carrying toxic cargo. (G)	*** "Lethal Weapon 3" (1992, Action) Mel Gibson, Danny Glover. L.A. detectives and a wild woman crush a guns-to-gangs deal. (G)									
*ANPL	68	48	48	282	184	Ice Cold Gold (PG)	Ice Cold Gold (PG)	Gold Rush In the Black (PG)	Gold Rush Frozen Out (PG)	Gold Rush Judgment Day (PG)	Gold Rush (PG)						
BRAVO	137	58	58	237	129	Southern Charm '14'	Southern Charm '14'	Southern Charm (N) '14'	Southern Charm Treehouse of Cards Pt. 2 (N) '14'	Southern Charm '14'	Baby Mama (G)						
CMT	190	80	80	327	166	Last-Standing	Last-Standing	Last-Standing	Last-Standing	*** "Smokey and the Bandit" (1977, Comedy) Burt Reynolds, Sally Field. (G)	*** "Smokey and the Bandit II" (1980) (G)						
CNBC	54	70	70	355	208	Shark Tank (PG)	Shark Tank (DVS)	Shark Tank (PG)	The News With Shepard Smith	Streets of Dreams	Dateline Ransom (PG)						
CNN	55	67	67	202	200	Cuomo Prime Time (N) (Live)	CNN Tonight With Don Lemon (N)	CNN Tonight With Don Lemon (N)	Anderson Cooper 360 (PG)	Cuomo Prime Time (G)	CNN Tonight With Don Lemon						
COM	135	73	73	249	107	(6:15) The Office Viewing Party (PG)	(6:50) The Office	(7:25) The Office	The Office (PG)	The Office '14'	The Office (PG)	The Office '14'	The Office '14'	The Daily Show	The Office (PG)		
COTV	11					Daily	Daily News	Oregon News	Daily News	Extreme Desire	Frontier Unlim.	Get Outdoors	Visions of NW	Just for Laughs	Law and Crime	Oregon News	The Yoga Show
CSPAN	61	15	15	350	210	Politics and Public Policy Today (G)			Politics and Public Policy Today (G)								
*DIS	87	23	23	291	173	Jessie (G)	Jessie (G)	Raven's Home	Raven's Home	Jessie (G)	Jessie (G)	Bunk'd (G)	Bunk'd (G)	Big City Greens	Bunk'd (G)	Bunk'd (G)	Sydney-Max
*DISC	156	43	43	278	182	BattleBots (N) (PG)	BattleBots (N) (PG)	BattleBots Hypershock and Mammoth lock horns. (N) (PG)	BattleBots Minotaur faces off against Whiplash. (PG)								
*E!	136			236	114	(5:45) ** "Monster-in-Law" (2005) Jennifer Lopez, Jane Fonda. (G)	Total Bellas Bella Babies '14'	Total Bellas (N) (Live)	Total Bellas (N) '14'	Total Bellas '14'	Nightly Pop '14'	Monster-in-Law					
ESPN	21	28	28	206	140	College Basketball Teams TBA (N) (Live)	SportsCenter (N) (Live)	SportsCenter With Scott Van Pelt	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)						
ESPN2	22	29	29	209	143	UFC Main Event	UFC Flashback	UFC Sound	UFC Flashback	NFL Live (G)	UFC Main Event '14'	Around the Horn	Interruption	UFC 246: McGregor vs. Cerrone			
ESPN3	23	30	30	614		(5:00) College Football 'G'	College Football 'G'					College Basketball 'G'					
ESPN4	23	29	29	207	142	Around the Horn	Interruption	Jalen & Jacoby	Questionable	Around the Horn	Interruption	X Games	Jalen & Jacoby	Questionable	Around the Horn	Interruption	
FNC	57	65	65	360	205	Hannity (N) (Live)	The Ingraham Angle (N) (G)	Fox News at Night With Shannon	Tucker Carlson Tonight (G)	Hannity (G)	The Ingraham Angle (G)						
*FOOD	177	56	56	231	110	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	
FREE	67	62	62	311	180	(5:30) *** "Moana" (2016) Voices of Dwayne Johnson. (G)	grow-ish '14'	*** "Tangled" (2010, Children's) Voices of Mandy Moore. (G)	grow-ish '14'								
FX	131	46	46	248	136	(4:00) *** "X-Men: Apocalypse" (2016) (G)	** "Halloween" (2018, Horror) Jamie Lee Curtis, Judy Greer, Andi Matichak. (G)	** "Halloween" (2018, Horror) Jamie Lee Curtis, Judy Greer, Andi Matichak. (G)	** "Halloween" (2018, Horror) Jamie Lee Curtis, Judy Greer, Andi Matichak. (G)								
HGTV	176	55	55	229	112	Windy City Rehab (G)	Windy City Rehab (G)	Flipping Across America (N) (G)	Flip or Flop (G)	Flip or Flop (G)	House Hunters	Hunters Int'l	House Hunters	Hunters Int'l	House Hunters	Hunters Int'l	
*HIST	155	76	76	269	120	American Pickers (PG)	Swamp People: Serpent Invasion	Swamp People: Serpent Invasion	Swamp People: Serpent Invasion	(10:03) Mountain Men (N) (PG)	Swamp People: Serpent Invasion						
LIFE	138	59	59	252	108	Rizzoli & Isles Sailor Man '14'	Rizzoli & Isles '14'	Rizzoli & Isles '14'	Rizzoli & Isles '14'	(10:03) Rizzoli & Isles '14'	(11:03) Rizzoli & Isles '14'						
MSNBC	59	69	69	356	209	The Rachel Maddow Show (N)	The Last Word	The 11th Hour With Brian Williams	The Rachel Maddow Show (G)	The Last Word	The 11th Hour With Brian Williams						
MTV	192	81	81	331	160	Jersey Shore: Family Vacation '14'	Jersey Shore: Family Vacation '14'	Jersey Shore: Family Vacation '14'	Revenge Prank	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness		
NICK	82	35	25	300	171	The Loud House	SpongeBob	Unfiltered	The Substitute	Danger Force (G)	Danger Force (G)	** "Bee Movie" (2007, Children's) Voices of Jerry Seinfeld. (G)	Friends (PG)	Friends (PG)	Friends (PG)		
OWN	161	213		279	189	20/20 on OWN (N) '14'	20/20 on OWN (N) '14'	20/20 on OWN (N) '14'	20/20 on OWN (N) '14'	20/20 on OWN (N) '14'	20/20 on OWN (N) '14'	20/20 on OWN (N) '14'	20/20 on OWN (N) '14'	20/20 on OWN (N) '14'	20/20 on OWN (N) '14'		
PAC12	47	33	33	406		College Basketball Oregon at Utah (G)	Women's College Basketball Oregon at Arizona	Women's College Basketball Oregon at Oregon State	College Basketball Oregon at Utah (G)								
PARMT	132	75	75	241	241	Two/Half Men	Two/Half Men	** "Mr. & Mrs. Smith" (2005, Action) Brad Pitt, Angelina Jolie, Vince Vaughn. (G)	(9:45) ** "The Day After Tomorrow" (2004) Dennis Quaid, Jake Gyllenhaal. (G)								
SYFY	133	49	49	244	122	(5:00) ** "Dracula Untold" (2014) (G)	** "Jumanji" (1995, Children's) Robin Williams, Bonnie Hunt. (G)	*** "Zombieland" (2009) Woody Harelson, Jesse Eisenberg. (G)	The Movie Show	Resident Evil							
TBN	205	61	61	372	260	Drive-History	To Be Announced	The Big Bang Theory (PG)	The Big Bang Theory (PG)	Drive-History	Inexplicable (G)	Joseph Prince	Joel Osteen (PG)	Amazing Facts	Your Best Life	Drive Thru His	Amer Heritage
*TBS	16	41	41	247	139	The Big Bang Theory (PG)	The Big Bang Theory (PG)	The Big Bang Theory (PG)	The Big Bang Theory (PG)	The Big Bang Theory (PG)	The Big Bang Theory (PG)	Go-Big Show Snakes, ladders and stairs. '14'	Wipeout Hillbilly Wipeout Tackling obstacles like the Bar Crawl. 'PG'	Conan Rachel Brosnahan '14'	Go-Big Show '14'		
TCM	101	51	51	256	132	"Richest Girl in the World"	** "Splendor" (1935) Miriam Hopkins. Manhattan socialites push son's wife into an affair for money.	*** "These Three" (1936) Miriam Hopkins. A malicious lie destroys the lives of a man and two women.	(9:45) *** "Woman Chases Man" (1937, Romance-Comedy) Miriam Hopkins, Joel McCrea. (G)	(11:15) ** "Virginia City" (1940) Errol Flynn, Miriam Hopkins. (G)							
*TLC	178	57	57	280	183	Hoarding: Buried Alive (PG)	Hoarding: Buried Alive (PG)	Hoarding: Buried Alive (PG)	Dr. Pimple Popper (N) (PG)	Dr. Pimple Popper (N) '14'	Dr. Pimple Popper (N) '14'						
*TNT	17	40	40	245	138	(4:30) NBA Basketball Los Angeles Lakers at Milwaukee Bucks (N)	NBA Basketball New Orleans Pelicans at Utah Jazz From Vivint Smart Home Arena in Salt Lake City. (N) (Live)	Inside the NBA (N) (Live)	NBA Basketball Los Angeles Lakers at Milwaukee Bucks From Fiserv Forum in Milwaukee. (G)								
*TOON	84			297	177	Teen Titans Go!	Teen Titans Go!	Wrld, Gumball	Wrld, Gumball	Bob's Burgers	Bob's Burgers	American Dad	American Dad	Rick and Morty	Rick and Morty	Family Guy (PG)	Family Guy '14'
*TRAV	179	47	47	277	196	Paranormal Survivor (PG)	Extreme Paranormal Witness '14'	Extreme Paranormal Witness '14'	Extreme Paranormal Witness '14'	Extreme Paranormal Witness '14'	Extreme Paranormal Witness '14'	Extreme Paranormal Witness '14'	Extreme Paranormal Witness '14'	Extreme Paranormal Witness '14'	Extreme Paranormal Witness '14'	Extreme Paranormal Witness '14'	
TVLND	65	63	63	304	106	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Love-Raymond	Love-Raymond	Love-Raymond	Love-Raymond	Love-Raymond	Love-Raymond	King of Queens	King of Queens
USA	15	45	45	242	105	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	(10:31) The Rev	Chrisley Knows	Chrisley Knows	
VH1	191	82	82	335	162	(5:30) *** "Obsessed" (2009) Idris Elba, Beyoncé Knowles. (G)	** "Acrimony" (2018) Taraji P. Henson. A woman takes action against her philandering husband. (G)										
PREMIUM CABLE CHANNELS																	
FS1	35	35	35	219	150	College Basketball Indiana at Iowa (N) (Live)	College Basketball Colorado State at Utah State (N) (Live)	Inside Big East	TMZ Sports '14'	College Basketball Indiana at Iowa							
FS2	34	324		618	397	WWE Friday Night SmackDown (PG)	Boxing From July 20, 2019. (G)										
FXM	104	225	120	258	384	(4:40) ** "The Longest Ride" 2015 (PG-13)	(7:20) ** "The Longest Ride" 2015, Drama Scott Eastwood, Alan Alda. (PG-13)	*** "Annihilation" 2018, Science Fiction	Natalie Portman. 'R' (G)								
GOLF	28	34	34	218	401	PGA Champions	Golf Central 'G'	PGA Tour Golf The American Express, First Round (G)									
HALL	66	60	60	312	185	"One Winter Weekend" (2018) Taylor Cole, Jack Turner. (G)	"Snowcoming" (2019, Romance) Trevor Donovan, Lindy Booth. (G)	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls		
HBO	425	601	501	504	303	(5:10) ** "Tower Heist" 2011 (G)	(6:55) C.B. Strike (MA)	** "The Hangover Part II" 2011 Bradley Cooper. (G)	Euphoria: Trouble Don't	(10:45) 30 Coins Memories (MA)							
IFC	105			564	133	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men		
MAX	400	621	508	516	311	(6:15) *** "Stand and Deliver" 1988 Edward James Olmos. (PG)	** "Gamer" 2009 Gerard Butler. (R)	(9:35) *** "Assault on Precinct 13" 2005 Ethan Hawke. (R)									
NATGEO	157	77	77	276	186	Life Below Zero: Next Generation	Life Below Zero: Next Generation	Life Below Zero: Next Generation	Life Below Zero: Next Generation	Pratt Protection Alaska: Off Grid	Life Below Zero: Northern						
NBCSN	27	36	36	220	159	NHL Hockey	NHL Hockey Montreal Canadiens at Vancouver Canucks (N)	(Live)	NHL Overtime	Sailing Americas Cup Prada Challenger Series (N)	Mecum Top 10						
NTOON	89	204	115	302	178	Thundermans	Thundermans	Danger Force (G)	Young Dylan	Danger Force (G)	Side Hustle 'G'	The Loud House	The Loud House	The Loud House	The Loud House	Casagrandes	The Loud House
OUTD	37	301	307	606	396	Territories Wild	Heartland Bow	Tracks, Africa	The One	Hunting TV	Outdoors TV	Truth Hunting	Bone Collector	Bowhunter	Wild Boar Fever	Viral Outdoors	Lindsay Way
SHO	500			546	319	(6:15) Shameless (MA)	(7:15) *** "Alex Cross" 2012, Action Tyler Perry. (PG-13)	** "21 Bridges" 2019 Chadwick Boseman. 'R' (G)	(10:45) Your Honor Part Seven (MA)	(11:45) Sinister							
STARZ	300	631	408	526	361	(5:00) *** "Braveheart" 1995 Mel Gibson. (R)	In The Long Run	(8:26) *** "Tin Cup" 1996, Comedy Kevin Costner. (R)	(10:44) ** "Black and Blue" 2019 Naomi Harris. (G)								
STZENC	106	641	401	536	341	(5:03) ** "Raise Your Voice" (2010) (G)	(6:53) *** "Copycat" 1995, Suspense Sigourney Weaver. (R)	*** "Trading Places" 1983, Comedy Dan Aykroyd. (R)	*** "Scarface" 1983 Al Pacino. (G)								
TMC	525			554	329	** "Chain Reaction" 1996, Action Keanu Reeves. (PG-13)	** "The Jesus Rolls" 2019 John Turturro. (R)	*** "Barton Fink" 1991, Drama John Turturro. (R)									