

WEEKDAY AFTERNOON

ALSO IN HD; ADD 600 TO CHANNEL No.

MOVIES

SPORTS

KIDS

*In HD, these channels run three hours ahead. / Sports programming may vary.
BD-Bend/Redmond/Sisters/Black Butte (Digital); PM-Prineville/Madras; L-La Pine; D1-DirectTV; D2-Dish Network

	BD	PM	L	D1	D2	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30		
PAC12	47	33	33	406	Th	Basketball	College Basketball Arizona State at Oregon State	College Basketball California at Oregon State	College Basketball Oregon at Utah	Pac-12 Football in 60									
					F	(11:30) College Basketball	Women's College Volleyball Teams TBA (N) (Live)	Women's College Basketball	Magazine	Women's College Basketball									
					M	Pac-12 Football in 60	Pac-12 Football in 60	Basketball Rep.	Basketball Rep.	College Basketball	College Basketball								
					T	Women's College Basketball: Cougars at Ducks	Women's College Basketball: Huskies at Beavers	Pac-12 Football in 60	Pac-12 Football in 60	Pac-12 Football in 60	Pac-12 Football in 60								
PARMT	132	75	75	241	241	Th	Bar Rescue	Bar Rescue	Mom	Mom	Mom	Mom	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men			
						F													
						M													
						T													
SYFY	133	49	49	244	122	Th	Resident Evil	* Land of the Lost 2009, Comedy Will Ferrell, Anna Friel.	* The Host 2013 Saoirse Ronan. Human bodies serve as vessels for alien invaders.	** Dracula Untold 2014	** Resident Evil 2002								
						F	(11:00) Resident Evil: Extinction	** Dracula Untold 2014 Luke Evans, Sarah Gadon. (DVS)	** Resident Evil: Apocalypse 2004, Horror Milla Jovovich.	** Resident Evil 2002									
						M	(11:00) * Rings 2017, Horror Matilda Lutz.	(:17) * Mortal Kombat Annihilation 1997, Action Robin Shou.	(:18) ** Mortal Kombat 1995 Robin Shou, Linden Ashby.	Avengers: Age									
						T	(11:48) ** Mortal Kombat 1995 Robin Shou, Linden Ashby.	*** Noah 2014 Russell Crowe. Noah builds an ark to save his family from the coming flood.	** Red 2 2013 Bruce Willis. Retired operatives return to retrieve a lethal device.	** Olympus Has Fallen									
TBN	205	61	61	372	260	Th	The 700 Club	Hagee	Praise	Varied Programs	John Gray	Potter's Touch	Varied Programs						
						F													
						M													
						T													
*TBS	16	41	41	247	139	Th	Friends	Friends	Friends	Friends	Friends	Friends	American Dad	American Dad	Varied Programs	Family Guy			
						F													
						M													
						T													
TCM	101	51	51	256	132	Th	(11:45) ** Speak Easily	(:15) *** Please Don't Eat the Daisies 1960 Doris Day.	(:15) ** Critic's Choice 1963, Comedy Bob Hope, Lucille Ball.	** Of Human Bondage 1946 Eleanor Parker, Paul Henreid.	** Criss Cross 1948								
						F	*** High Wall 1947 Robert Taylor.	(:45) ** Tension 1949 Richard Basehart, Audrey Totter.	*** The Sellout 1951 Walter Pidgeon.	** Ransom 1956, Drama Glenn Ford, Donna Reed.	** Criss Cross 1948								
						M	(11:30) *** The Painted Veil	*** Rain 1932, Drama Joan Crawford, Walter Huston.	** Of Human Bondage 1946 Eleanor Parker, Paul Henreid.	** Criss Cross 1948									
						T	(11:30) *** It Started With Eve	(:15) *** All That Heaven Allows 1955 Jane Wyman.	*** Six Bridges to Cross 1955 Tony Curtis, Julie Adams.	No Angel 1992									
*TLC	178	57	57	280	183	Th	Hoarding: Buried Alive	Hoarding: Buried Alive	My 600-Lb. Life	Varied Programs									
						F	Supernatural	Supernatural	Supernatural	Varied Programs									
						M													
						T													
*TOON	84			297	177	Th	Teen Titans Go!	Teen Titans Go!	Wrld, Gumball	Wrld, Gumball	Wrld, Gumball	Wrld, Gumball	Craig of Creek	Craig of Creek	Total Drama	Total Drama			
						F													
						M													
						T													
*TRAV	179	47	47	277	196	Th	(11:50) Gunsmoke	(12:55) Gunsmoke	Gunsmoke	Gunsmoke	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith					
						F	Gunsmoke	Gunsmoke											
						M													
						T													
USA	15	45	45	242	105	Th	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Chrisley Knows	Chrisley Knows					
						F	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.					
						M													
						T													
VH1	191	82	82	335	162	Th	* Acrimony 2018 Taraji P. Henson. A woman takes action against her philandering husband.	* Tyler Perry's Temptation: Confessions of a Marriage Counselor 2013	Obsessed 2009										
						F	* He's Just Not That Into You 2009, Romance-Comedy Ben Affleck, Jennifer Aniston. Premiere.	** How to Lose a Guy in 10 Days 2003, Romance-Comedy Kate Hudson.	Movie										
						M	My Wife & Kids	My Wife & Kids	My Wife & Kids	My Wife & Kids	My Wife & Kids	My Wife & Kids	Living Single	Living Single	Living Single	Living Single	Love & Hip Hop		
						T													
GOLF	28	34	34	218	401	Th	PGA Tour Golf The American Express, First Round (N) (Live)	PGA Champions											
						F	PGA Tour Golf The American Express, Second Round (N) (Live)	PGA Champions											
						M	(11:00) Golf Today	College Central	College Golf Southwestern Invitational, First Round (N) (Live)	College Golf Southwestern Invitational, Second Round (N) (Live)	College Golf Southwestern Invitational, Final Round (N) (Live)	Golf Central	Coll. Golf						
						T													
HALL	66	60	60	312	185	Th	Movie	Movie	Movie										
						F													
						M													
						T													
NATGEO	157	77	77	276	186	Th	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Food Factory	Life Below Zero: Next Generation				
						F	The '90s: The Last Great Decade?	The '90s: The Last Great Decade?	The '90s: The Last Great Decade?	The '90s: The Last Great Decade?	The '90s: The Last Great Decade?	The '90s: The Last Great Decade?	The '90s: The Last Great Decade?	The 80's: Decade/Made					
						M	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Tiny House Nation	Tiny House Nation					
						T													
NBCSN	27	36	36	220	159	Th	(11:55) Premier League Soccer Liverpool vs Burnley (N) (Live)	Premier League Goal Zone	NHL Live	NHL Hockey Tampa Bay Lightning at Columbus Blue Jackets (N) (Live)									
						F	Horse Racing Pegasus World Cup Invitational	Horse Racing Pegasus World Cup Invitational	Mecum Top 10	College Hockey Michigan State at Notre Dame (N) (Live)	NHL Top 10								
						M	Motorcycle Race	High Stakes Duel	High Stakes Duel	Australian Poker Open	Australian Poker Open	Australian Poker Open							
						T	Premier League Soccer West Bromwich Albion vs Manchester City (N)	(:15) Premier League Goal Zone	NHL Live	NHL Hockey New York Islanders at Washington Capitals (N) (Live)									
NTOON	89	204	115	302	178	Th	Alvinn!!! and	Alvinn!!! and	Teenage Mut.	Teenage Mut.	Power Rangers	Power Rangers	Rise-Turtles	It's Pony	Henry Danger	Henry Danger	Henry Danger	Thundermans	
						F	McMillan	Beyond the Hunt	Nick's Wild Ride	Addicted, Out.	The Choice	Pat & Nicole	Shot Show New Product Premiere	Viral Outdoors	Lindsey Way	Whitetail Freaks	Headhunters TV		
						M	Fight to Survive	Limitless	Ice Pilots NWT	Headhunters TV	The Fowl Life	Gun Dog TV	Carter Andrews	Wardens	Rubber Foot	Hollywood			
						T	Trev Gowdy	BigWater	Bush Pilots	Hollywood	Kayak Fishing	Fight to Survive	Carter's W.A.R.	Home	Home	Bushwhacked	Nomad		
OUTD	37	301	307	606	396	Th	Shooting USA	Nick's Wild Ride	Addicted, Out.	The Choice	Pat & Nicole	Shot Show New Product Premiere	Viral Outdoors	Lindsey Way	Whitetail Freaks	Headhunters TV			
						F	McMillan	Beyond the Hunt	Nick's Wild Ride	Addicted, Out.	The Choice	Pat & Nicole	Shot Show New Product Premiere	Viral Outdoors	Lindsey Way	Whitetail Freaks	Headhunters TV		
						M	Fight to Survive	Limitless	Ice Pilots NWT	Headhunters TV	The Fowl Life	Gun Dog TV	Carter Andrews	Wardens	Rubber Foot	Hollywood			
						T	Trev Gowdy	BigWater	Bush Pilots	Hollywood	Kayak Fishing	Fight to Survive	Carter's W.A.R.	Home	Home	Bushwhacked	Nomad		

whattheywatch



Kyra Sedgwick of "Call Your Mother" on ABC
"I'm really loving 'Insecure.' It's about something, but it's also very funny. I feel like a voyeur watching it."



Ricky Whittle of "American Gods" on Starz

"I watch things that my friends are in ... it's kind of like my way of supporting them so I recently (watched) 'Kingdom,' which is featuring my friend Jonathan Tucker, who plays Loki in 'American Gods,' the first season. I literally just finished 'The Boys.' I was in Australia with Karen Fukuhara. ... She's this ferocious kind of character in that but she's an absolute sweetie pie in real life. So I finished a season of that one."

Missy Peregrym of "FBI" on CBS

"Schitt's Creek' is really great. .. my Canadian fellows! I try to find something that's short, because we usually only get that far (with having a new baby)."

